8A | JULY 9, 2020 COTTAGE GROVE SENTINEL DCPH warns travel as leading cause of viral spread

residents have been asking why there has been a steady increase in positive confirmed cases in the last few weeks.

The answer is travel. The majority of the unions, weddings, etc. county's recent cases have been directly linked to travel outside Douglas County, and especially those residents that have chosen to travel outside COVID-19 safe manner. of Oregon.

mer, schools releasing students and staff for summer vacation, and the recent approval for Douglas County to enter Phase Two of the Gover-

Many Douglas County plan, county health of- and then bringing it back community. ficials are seeing a surge to Douglas County," statin the number of people that are traveling in and out of the county for vacations, getaways, camping trips, family re- still here, still infectious

> Whatever the reason for traveling, county health officials encourage residents and travelers to do so in a "We have enjoyed a

With the onset of sum- very low attack rate in Douglas County thus far, but every time someone decides to travel or make a stopover in a highly infected COVID-19 area, they run a very high risk risk to yourself, your nor's Phased Reopening of contracting the virus family and to the local

ed Dr. Bob Dannenhoffer, our Douglas County Public Health Officer.

and will be around for quite some time. Current data from the CDC and OHA show that traveling and coming into contact with people from other areas does significantly increase the chance of getting and spreading helping us to prevent the COVID-19.

Before traveling, attending a party or inviting relatives from out of Douglas County Board state to visit, assess the of Commissioners.

The bottom line is that each and every person needs to take personal responsibility for their The COVID-19 virus is actions and adopt the precautionary proper measures for COVID-19 protection.

> "We know it has been difficult, and we know you are anxious to get back to living your life, but we ask that you please continue to be vigilant in spread of COVID-19 in our county," said Chris Boice, Chair of the

Testing from A1

plan for lining up for the testing has been announced.

Priority will be given to individuals in high-risk groups, first responders, individuals who have not been able to maintain physical distancing throughout the outbreak (e.g. having had to work) and those displaying symptoms.

However, LCPH advises that if an individual has COVID-19 symptoms, they should not wait for one of these events to get tested. Instead, immediately see a healthcare provider for testing.

The health agency also asks that people only come to testing events in their local area.

All tests are offered free from LCPH, which is partnering with Head

ad percent off with

this coupon

Start of Lane County. Though it is not required, people may bring their health insurance card.

Most test results will become available after 48 hours.

All test results and personal medical information is confidential and will not be shared. If an individual tests positive, they will be contacted by LCPH with the contact information they share.

LCPH has provided the following information on fliers:

Why is it important to test for Covid-19?

Prevent the Spread Testing will help understand what COVID-19 looks like in our community and help prevent further out-

Know for Certain

SALES SERVICE & REPAIR

COVID-19 symptoms can look different for different people. Some people may not have symptoms at all. The only way to know for certain is to do a test.

> Protect Those Around You

> COVID-19 spreads between people in close contact. One way to help protect yourself and those around you is to test to know if you have the virus.

> "Regardless of the test results, continue to practice good hand washing and social distancing,"

the flier concludes.

In a press release, LCPH stated the free testing is a way that it can "better understand how COVID-19 is moving through rural communities and provide a low-barrier testing op-

Additional informa-



BMD's Helena Saloon to be collection site for donations

Days' famous Helena rest of this year. Saloon on Main Street, July 16-18, to serve as a and Friday, from 4 to visual reminder of what 6 p.m., Saturday from should've been.

Festival volunteers in- Sunday from 10 a.m. to vite BMD supporters to 4 p.m.

"Bohemia City" will stop by the tennis court not be in Coiner Park parking lot and make a this year. In its place cash donation to sustain will be Bohemia Mining the organization for the

Drop by on Thursday noon to 8 p.m., or on



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THIS IS JUST AN INTERMISSION. THE CURTAIN WILL RISE AGAIN SOON.

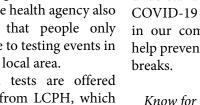
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