

CALENDAR CHOICES

Ongoing South Lane County events

Thursdays:		Sundays:		Wednesdays:	
NAMI Creswell Over 40	Thursdays, 10 a.m., Jack Sprats Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St.	Occupy Medical Free Clinic	Noon-4 p.m., 1717 Centennial Blvd, Springfield (Suites 4 and 7)	Kiwanis Club	Wednesday, 7 a.m., Koffee Kup
Charm Bracelet Project	Second Thursday, 10:15 a.m., Community Center	South Lane Amateur Radio Assoc.	Second Sunday, 2 p.m., Masonic Hall	Veterans Assistance	First Wednesday, 10 a.m.-1 p.m., VFW Post #3473, 3160 Hillside Dr.
Rotary Club of Cottage Grove	Thursdays, 12 p.m., El Tapatio Mexican Restaurant	Cottage Grove Historical Museum	Sundays, 1-4 p.m., Corner H & Birch St.	Genealogical Society Meeting	Second Wednesday, 10 a.m., CG Community Center
Lion's Club	Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant	Mondays:			
Senior Center Game Day	Thursdays 12:30-4 p.m. C.G. Community Center.	Caregiver Network	First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy	Genealogical Discussion Group	Third and fourth Wednesday, 10 a.m.-12 p.m., CG Community Center
South Valley Farmers Market	Thursdays 4-7pm 7th & Main, Downtown Cottage Grove May 2nd thru Oct. 31	Senior Center Bingo	12:30 p.m. Monday, CG Community Center	Lane County Veterans Services	Third Wednesday, 10 a.m.-1 p.m., American Legion, 826 Main St.
Cottage Grove Alzheimer's Caregiver Support	Third Thursday, 6:30p.m., Magnolia Gardens	Autism Peer Support Dorena Grange #835	First Monday, 4 p.m., Healing Matrix Fourth Monday, 6 p.m. Potluck; 7 p.m. Meeting, 34360 Row River Rd.	Quilts of Valor	Second Wednesday, 10 a.m.-4 p.m., VFW 3160 Hillside Dr.
LGBTQIA Teen Group Meeting Chamber Ambassadors	Thursday, 4 p.m., S. Lane Mental Health Second and fourth Thursdays, 8 a.m., El Tapatio Mexican Restaurant	Overeaters Anonymous CG City Council	7 p.m. Monday, First Presbyterian Church Second and fourth Monday, 7 p.m., City Hall	Clothes Closet - Church of Christ Pinochle Group	6th and Gibbs Monday, 11 a.m.-2 p.m. Wednesday, 11:30 a.m.-4 p.m., Senior Center
Hearing Loss Assoc.	Second Thursday, 7 p.m., 2589 Hilyard, Eugene	Creswell Grange	Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell	Kiwanis Club	Wednesday, 12 p.m., El Tapatio Mexican Restaurant
Lorane Fire Protection Dist.	Second Thursday, 7:30 p.m., 80287 Old Lorane Rd.	Tuesday:			
Poetry Night Eastern Star #4	Third Thursday, 7:30pm, Axe & Fiddle Third Thursday (no summer), 7:30 p.m., Masonic Center	South Lane Wheels Board Breast Cancer Support Group	Fourth Tuesday, 12 p.m., 1450 Birch Ave. Second Tuesday, 1 p.m., Call 541-942- 2309 for location	Veteran's Assistance	Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr.
S. Lane Fire Board	Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203 Creswell	Grief and Loss Support Group	3rd Tuesday, 1:30-3pm, CG Community Center, questions call Signature Hospice 541-246-1568	CG Children's Choir	Wednesday, 2 p.m., First Presbyterian Church (ages 6-11)
Fridays:		Veteran Support Services Alzheimer's Caregiver Support	3 p.m. Tuesday, Healing Matrix Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield	Alzheimer's/Dementia Caregivers	Third Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community
Senior Center Pinochle	Friday, 11:30-4 p.m., CG Community Center	CG Youth Choir	4-5 p.m. Thursday, First Presbyterian Church (ages 12-16)	CG Art Guild	First Wednesday, 6 p.m., Call 541-942- 8913 for location
Rosie the Riveter	Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C St., Springfield	Community Sharing Board Watershed Council Science Pub	Third Tuesday, 4:30 p.m., 1440 Birch Ave.	London 4-H Group Elks Bingo	First Wednesday, 6 p.m. London Grange Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug)
Stand for Peace/Occupy CG American Legion #32 Art Walk	Friday, 5 p.m., Seventh and Main Friday Night Bingo, 5-7pm, 826 W. Main Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG	Tirchoitillomani Support Group	Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St.	Beta Sigma Phi	First and third Wednesday, 7 p.m., call 541-942-1310 for location
Community Gospel Sing-a-long	Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St.	CG Garden Club	Second Tuesday, 5:30 p.m., Call 541-767-1730 for location	CG Planning Commission Friends of CG Carousel	Third Wednesday, 7:30 p.m., City Hall Second and Fourth Wednesday, 9 a.m. - 11:30a.m. at the Community Center
London Grange	First Friday Potluck, 6:00 p.m.; Third Friday Meeting, 72746 London Rd.	EBID	First Tuesday, 6 p.m., First Presbyterian Church	Bohemia Mining Days Board	Third Wednesday at 6:30 p.m. at CG Hotel, 811 Main St., Suite E
VFW Post #3473	First Saturday, 10 a.m., 3160 Hillside Dr.	CG 912 Project	Second Tuesday, 6 p.m., CG Community Center	All Weekdays:	
Saturdays:		Humane Society of CG Second	First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm	Beeper Show	9-10 a.m. KNND 1040 AM. Call in discussion, various topics/guests
CG Historical Society Program	Third Saturday, 10 a.m., CG Community Center	ACES Family Group Friends of Mt. David	Tuesday, 6:30 p.m., Sinclair Rm., City Hall	541-942-5548	
American Legion #32 CG Yarn Addicts	First Saturday, noon, 826 W. Main St. 1-3pm Every Saturday, Crafty Mercantile Downtown Cottage Grove	CG Recreation Assn.	Third Tuesday, 6 p.m., 1551 E. Main St. Second and fourth Tuesday, 6:30 p.m., corner of H and Birch	Please call 541-942-3325 or email: nsnyder@cgsentinel.com with updates or changes.	
Cottage Grove Historical Museum	Saturdays, 1-4 p.m., Corner H & Birch Streets		Tuesday, 7 p.m., 1440 S. 8th St.		

Exercise and Fun

KIDS CLUB
• South Lane School District grades 1-5.
After school to 6 p.m. Mon-Fri on regular school days.
Supervised play, homework help and snack.
Cost: 1st child \$60/mo.; siblings \$40/mo.
Info: 541-228-2847

YOGA & MEDITATION
• CG Community Center, 700 E. Gibbs Ave.
For strength, flexibility, relaxation with Gloria. 541-912-7789

Saturdays 10-11:30 a.m. \$5/session
Proceeds for children's scholarships.

MINDFUL MOVEMENT YOGA
• Join a great group in its thirteenth year. Unwind as we practice mindful movement with flow, breath, & core awareness for all levels.
Wednesdays 6-7:30 p.m. Call Jane Guerber at 541-654-5087 if you have questions.

PICKLEBALL COTTAGE GROVE
• Info: 541-914-5937 or 503-318-8915

WARREN H. DAUGHERTY AQUATIC CENTER
• 1440 S. 8th St., 541-942-5533

Therapy Pool - Independent Exercise
Mon, Wed, Fri: 5:30-6:45am & 7:30am-1pm,
Tue, Thurs: 9am-1pm
• Lap Swim
Mon, Wed, Fri: 5:30-6:45am & 7:30-8:30am,
Mon-Fri: 9am-1pm (2 lanes), Sat: 11am-Noon, Mon, Wed (2 Lanes): 7:30-9am, Tue, Thurs, Fri, Sat (2 Lanes): 6-8:30pm
Both Pools
• Family and Recreation Swim
Mon, Wed: 7:30-9pm, Tue, Thurs, Fri, Sat: 6-8:30pm

BRIDGE CARD GAME
• Bridge players wanted!
For info call 541-942-4633

• Sustainable CG
First Friday, 6:30 p.m. Potluck
Healing Matrix

• Sunday Supper
5-6 p.m. Sunday, CG
Community Center

• Creswell New Hope Baptist
Wednesday, 5:15 p.m., 597 S.
Front St., Creswell

Weight Loss Support Groups

Monday:
• 9 a.m.: TOPS OR181 Take Off Pounds
Sensibly, a weight-loss support group. At the Church of Christ, Drain. Info: 541-378-7801.

Tuesday:
• 5 p.m.: Weight Watchers Sinclar Room at Cottage Grove City Hall 400 E. Main St. 541-342-5386.

Wednesday:
• 3:45p.m. Weight Watchers is beginning a new session in Drain in the North Douglas Elementary School Library. Call Marian at 541-914-1520 with questions. All are welcome!

Thursday:
• 10 a.m.: TOPS OR85 Take Off Pounds
Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866.

• 5:30 p.m.: TOPS OR969 Take Off Pounds
Sensibly, a weight-loss support group. Weigh-In: 5:00 pm, Meeting: 5:30 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Marie 541-942-9465.

• 5:30 p.m.: TOPS OR1020 (Creswell) Take Off Pounds
Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.

• OLPH Catholic Church
Second Sunday (no Dec or March.) 8 a.m.-12 p.m., Harvey and 19th St.

• Masonic Lodge
Third Sunday, 8-11 a.m., 33322 Row River Rd.

• Elks Lodge
Fourth Sunday, 8-11 a.m., 755 N. River Rd.

Recurring North Douglas County Meetings

DRAIN
City Council Second Monday, 7 p.m., Civic Center
Fire Board Third Monday, 7 p.m., Fire Hall
School Board Fourth Monday, 6:30 p.m., HS Library
Cemetery Board Third Tuesday, 9:30 a.m., Civic Center (even numbered months)
Planning Board First Monday, 7 p.m., Civic Center (as needed)
Civic Center Board Third Tuesday, 5:30 p.m., Civic Center (odd numbered months)
Parks & Rec. Board Third Monday, 7 p.m., Pool Meeting Room
Library Board Third Wednesday, 6 p.m., Library
Friends of Library First Wednesday, 6 p.m., Library
ND County Fair Board Fourth Monday, 7 p.m., Civic Center
Elk Creek Watershed Council Third Tuesday, 7 p.m., Sunnydale Grange
Masons Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m.
(OES) Eastern Star Second Wednesday, 7:30 p.m.
Sunnydale Grange Second Monday, 6:30 p.m.; Potluck First Monday, Bingo 6:30 p.m.
Living Hope Outreach Lunch: Wednesday, 12:30-2 p.m.
Food Pantry: Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m.

Elk Creek Watershed Council Third Tuesday, 7 p.m. Sunnydale Grange, 5 miles west of Drain

YONCALLA
City Council Second Tuesday, 7 p.m., City Hall
ND Betterment Third Monday, 12 p.m., City Hall
Planning Commission Third Tuesday, 7 p.m., City Hall (as needed)
School Board Thrid Wednesday, 7 p.m., YHS Library
Parks and Rec First Tuesday, 7 p.m., Community Center
Library Board Thrid Wednesday, 7 p.m. (beginning July 2018)
Friends of the Library Second Thursday, 10 a.m., Library; Feb, May, Aug, Nov.
Library Book Club Second Thursday, 6:30 p.m., Library
Beautification Fourth Thursday, 5:30 p.m., City Hall
Chamber of Commerce First Thursday, 7:30 p.m., Community Center
Rodeo Club Third Thursday, 6:30 p.m., City Hall
Historical Society Third Thursday, 3 p.m., City Hall
Site Council Last Wednesday of month, 3:30 p.m., HS staff room
Applegate Pioneer Cemetery Board Third Saturday, 10 a.m. Library

ELKTON
City Council Second Thursday, 8:30 a.m., City Hall
Rebekahs First and third Tuesday, Masonic Lodge
Eastern Star Second and fourth Tuesday, Masonic Lodge
ECEC Board Meeting First Tuesday, ECEC, 541-584-2692
ECEC Book Club Second Wednesday, 12 p.m., ECEC

DR. JONATHAN BACKER

Creating Smiles that Last a Lifetime!



Currently Welcoming New Patients - Call for an Appointment!

1551 East Main Street • Cottage Grove • (541) 942-8437



Community Meals

• Trinity Lutheran Church
Tuesday and Thursday,
5:15-6:15p.m., 675 S. Seventh St.

• CG Elks Lodge
Chicken Fried Steak First Friday
5-7 p.m., 755 N. River Rd.

• CG Elks Lodge
Baked Chicken & more
Second Friday
5-7 pm 755 N River Rd.

• CG Elks Lodge
Steak Feed Third Friday
5-7 p.m., 755 N. River Rd.

• CG Elks Lodge
Fish Fry Fourth Friday
5-7 p.m., 755 N. River Rd.

• VFW
Friday, 5:30-6:30 p.m.3160
Hillside Dr.

• Sustainable CG
First Friday, 6:30 p.m. Potluck
Healing Matrix

• Sunday Supper
5-6 p.m. Sunday, CG
Community Center

• Creswell New Hope Baptist
Wednesday, 5:15 p.m., 597 S.
Front St., Creswell

Breakfasts:
• VFW Post #3473
First Sunday, 8-11 a.m., 3160
Hillside Dr.

• OLPH Catholic Church
Second Sunday (no Dec or
March.) 8 a.m.-12 p.m., Harvey
and 19th St.

• Masonic Lodge
Third Sunday, 8-11 a.m., 33322
Row River Rd.

• Elks Lodge
Fourth Sunday, 8-11 a.m., 755
N. River Rd.

Addiction Recovery Groups

Thursday:
• 7 a.m.: AA Open Meeting.
“On Awakening” at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate
• 6 p.m.: Celebrate Recovery. At
Calvary Chapel Cottage Grove,
1447 Pacific Hwy 99 (behind
Koffee Kup) Info: 541-554-8135
• 6:30 p.m.: AA Meeting- Rush
Hour. Open Meeting. At CG
Community Center, 700 Gibbs
Ave.
• 6:30 p.m.: Al-Anon Meeting.
At CG Community Center, 700
Gibbs Ave. Info: 541-554-7994
or 541-510-4228
• 7:30 p.m.: NA Meeting- Open
Meeting at the American Legion
Hall 826 W. Main Street

Friday:
• 7 p.m.: Open AA meeting -
Good Medicine Group. At CG
Community Center, 700 Gibbs
Ave., in Activity Room. Info:
Karen 541-513-5126.

Saturday:
• 7 a.m.: AA Open Meeting.
“On Awakening” at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate
• Noon: AA Meeting-Women’s
Good Grief Group. Closed
meeting. Open to women alco-
holics only. At Riverside Church
of God. Info: 541-510-4228 or
541-942-2809.
• 7 p.m.: AA Meeting-Open
Candlelight Group. CG Comm.

Center, 700 Gibbs Ave. On the
last Sat. of the month - Open
AA Speakers Meeting.
• 7 p.m.: Al-Anon Meeting-
Open Literature Discussion
Group. CG Comm. Center, 700
Gibbs Ave.

Sunday:
• 6 p.m.: AA Meeting - New
Beginnings. CG Comm. Center,
700 Gibbs Ave.

Monday:
• 7 a.m.: AA Open Meeting.
“On Awakening” at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate
• 6 p.m.: AA Open Meeting for
women only. “We’re working
on it!” Church of Christ, 6th &
Gibbs. Info: 541-228-4751 or
541-510-4228.
• 7 p.m.: Nar-A-Non Family
Meeting. CG Comm. Center,
700 Gibbs Ave. For family and
friends of addicts.

Tuesday:
• 7 p.m.: Narcotics Anonymous.
“A Way Back to Reality”, open
participation. At CG Community
Center, back room, 700 Gibbs
Ave. 541-603-8162

Wednesday:
• 7 a.m.: AA Open Meeting.
“On Awakening” at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate
• 7 p.m.: AA Meeting-
Wednesday Night Beginners.
Open meeting, at CG Comm.
Center, 700 Gibbs Ave.

OLPH: Our Lady of Perpetual Help
Catholic Church