

SATURDAY AFTERNOON ① Charter Cable ② SLTV Cottage Grove 1 SLTV London

			1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30		
KEPB	7	231	28.1	Aging	The Brain Fitness Program			3 Steps to Pain Free Living			Weekend			
KEVU	12	342	34.2	The Mu	Immortals	Last Man	Mike	Broke Girl	Mod Fam	Funny	Paid Prg.	TMZ (N)		
KEZI	4	81	9.1	XFL Football		World of X Games		Home.	House	KEZI 9	ABC	The Jump	Basket	
KLSR	11	831	34.1	Basket	Hoops	XFL Football New York Guardians at Dallas Renegades. (N)					Boxing			
KMTR	6	151	16.1	PGA Golf			MyDest.	Big Bang	Madam Secretary		Vets-Pets	New Leaf		
KOB	14	152	16.2	Cops	Paid Prg.	The Listener		The Listener		Elementary		Elementary		
CW		61		PGA Golf				Missing	Garden	Vets-Pets	New Leaf	Carbon	News	
KPTV		121		Basket	Hoops	XFL Football New York Guardians at Dallas Renegades. (N)					Boxing			
KRCW	14			*** "Flushed Away" (2006, Children's)			Friends	Friends	World's	Sheriffs	Northwest	Pawn		
KVAL	8	131	13.1	College Basketball			College Basketball					NCIS: New Orleans		
THIS		132	13.2	Best-	Best-	Best-	Best-	Best-	Best-	Best-	Best-	Best-		
PURS		441		Bassmaster		Ultimate	Inside	Outdoor	Dog Sol	HEVI-	Hitmen	USOC	Mossy	
KTOO2		442		Kevin	Lidia	Real Rail Adv		R. Steves	Milk	Fire	Mexican	Confucius	Confucius	
OPB+	23	282	28.2	Aging	The Brain Fitness Program			3 Steps to Pain Free Living			R. Steves			
A&E	23			Live PD: Wanted		Live PD Riding along with law enforcement.					Live PD			
AMC	24			"Fantastic Four: Silver Surfer"			** "Fantastic Four" (2005, Action)			loan Gruffudd.		*** "Batman"		
AMG		471		Cal. Life	Martin	Celebrity	Tracker	Forensic Factor		Buffalo Soldiers		"Crocodile Dundee"		
DISC	30			Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs		Street Outlaws		
DISN	21			Gabby	Gabby	Raven	Raven	Raven	Just Roll	Just Roll	Sydney	Sydney	Coop	
ESPN	31			College Basketball Louisville at Virginia.			College Basketball North Carolina at Duke.					UFC 248: Prelims		
FREE	32			Pretty (:20) * "10 Things I Hate About You"				(:25) *** "Matilda" (1996) Mara Wilson.				Parent		
FX	45			"World War Z"		** "The Equalizer" (2014, Action) Denzel Washington.				"Kingsman: Serv"				
ION	20	141		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		
LIFE	29			"Killer Down"		"A Neighbor's Deception" (2017)				"Nightmare Tenant" (2019) Laurelee Bell.				
NICK	39			"Alvin and Chip"		Dylan	Sponge.	Sponge.	It's Pony	Loud	Loud	Loud	Casagran	
PARMT	38			"Hunger Games"		*** "The Hunger Games" (2012) Jennifer Lawrence, Josh Hutcherson.						Catch		
TBS	10			(12:30) "Snow White & the Huntsman"			** "Jurassic Park III" (2001) Sam Neill.				"Lost World"			
TLC	41			Hoard-Buried		Hoard-Buried		90 Day Fiancé: Before the 90 Days					90 Day Fiancé	
TNT	42			Godzilla		** "The Hobbit: An Unexpected Journey" (2012, Fantasy) Ian McKellen.						"Hobbit-Battle"		
USA	15			Chicago P.D.		Chicago P.D.		Chicago P.D.		** "xXx: Return of Xander Cage"				

SUNDAY MORNING ① Charter Cable ① SLTV Cottage Grove 1 SLTV London **MARCH 8**

			8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30
KEPB	7	28.1	Dinosaur	Arthur (E)	Mister Rogers: It's You I Like			Suze Orman's Ultimate Retirement Guide				Relieving
KEVU	12	34.2	Paid Prg.	Snowden	Crossfire Ministries		Spirit	Green	Into Wild	Heartland	Rollin' TV	Whacked
KEZI	4	9.1	KEZI 9 News AM		This Week		Rock-	oh baby!	Good	Paid Prg.	NBA	Basket
KLSR	11	34.1	Matter	Tip-Off	College Basketball Michigan at Maryland.				Fox News Sunday		RaceDay	NASCAR
KMTR	6	16.1	Meet the Press (N)		Attkisson	Premier League Soccer				PGA Golf		
KOB	14	16.2	Tomorrow	In Touch		David	Mass	P. Stone	New	Paid Prg. ROH Wrestling		
CWI			Meet the Press (N)		Premier League Soccer				PGA Golf			
KPTV			News	Tip-Off	College Basketball Michigan at Maryland.				Sports Gone Wild		RaceDay	NASCAR
KRCW	14		Paid Prg.	Jeffress	Free	Paid Prg.	Worship Hour		Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.
KVAL	8	13.1	News	Nation	College Basketball Memphis at Houston.				College Basketball			
THIS		13.2	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Pranks	Pranks	FailFact	FailFact	Un	Un
PURS			Anglen	Cabela's	Ameri	The Di	Sports	Crappie	On the	Long	Louisiana	Hobie
KTOO2			Garden	Garden	American Masters		Chef		Chef	Baking	Kitchen	J. Child
OPB+		28.2	Week	Home	Mister Rogers: It's You I Like			Suze Orman's Ultimate Retirement Guide				Relieving
A&E	23		Hoarders	Hoarders	Hoarders			Hoarders		Hoarders		Hoarders
AMC	24		(7:49) *** "Batman" (1989) Jack Nicholson, Michael Keaton.						(10:49) ** "Batman Returns" (1992)			
AMG			Nashville	The Mu	Big World	Martin	Street	Street	Tracker	50Plus	Jet Set	The Tech
DISC	30		Silver	Sports	Gold Rush: D. Turin		Gold Rush: D. Turin		Expedition Unknown		Expedition Unknown	
DISN	21		Big City	Big City	Big City	Big City	Gabby	Bunk'd	Fam Jam	Fam Jam	Jessie	Jessie
ESPN	31		SportsCenter (N)		SportsCenter (N)		College Basketball				College Basketball	
FREE	32		* "10 Things I Hate About You" (1999)				*** "Matilda" (1996) Mara Wilson.				"The Parent Trap"	
FX	45		Mike	** "Poltergeist" (2015) Sam Rockwell.				** "Passengers" (2016) Jennifer Lawrence.				
ION	20	13.1	In Touch	Paid Prg.	NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles	
LIFE	29		Amazing	Jeremiah	J. Osteen	Paid Prg.	Mobley		"Stolen by My Mother: Kamiyah"			
NICK	39		Rangers	Sponge.	LEGO	Sponge.	Sponge.	Sponge.	"Alvin and the Chipmunks"			
PARMT	38		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
TBS	10		Friends	Friends	Friends	Friends	Friends	Friends	*** "Dreamgirls" (2006) Jamie Foxx.			
TLC	41		Say Yes, Dress		Say Yes, Dress		Say Yes, Dress		Save My Skin		Save My Skin	
TNT	42		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		** "Divergent"	
USA	15		In Touch	J. Osteen	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	

SUNDAY EVENING ① Charter Cable ① SLTV Cottage Grove 1 SLTV London **MARCH 8**

			6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	
KEPB	7	28.1	Country Music Country music artists reflect America.					Country Music Artists are drawn to Nashville, Tenn.					
KEVU	12	34.2	Intervention "Ginjer"		Major Crimes		Castle		*** "The Firm" (1993) Tom Cruise.				
KEZI	4	9.1	News	News	Funny Home Videos		American Idol "304 (Auditions)" (N)				The Rookie (N)		
KLSR	11	34.1	Mike	Bensinger	Simpsons	Duncan	Simpsons	Duncan	Burgers	Fam. Guy	News	World's	
KMTR	6	16.1	News	NBC 16	Little Big Shots		Little Big Shots (N)		Zoey's-Playlist		Good Girls (N)		
CW	14	16.2	Sheriffs	Fam. Guy	Ninja Warrior		Batwoman (N)		Supergirl (N)		Seinfeld	Burgers	
KOBI		6.1	News	Big Deal	Little Big Shots		Little Big Shots (N)		Zoey's-Playlist		Good Girls (N)		
KPTV		12.1	FamFeud	People	Simpsons	Duncan	Simpsons	Duncan	Burgers	Fam. Guy	10 O'Clock News (N)		
KRCW	14		Mod Fam	Mod Fam	Gold		Batwoman (N)		Supergirl (N)		News	Game On	
KVAL	8	13.1	News	Attkisson	60 Minutes (N)		God Friended Me		NCIS: Los Angeles		NCIS: New Orleans		
THIS		13.2	Dust		Dust		Dust		Dust		Dust		
PURS		4.1	Mossy	Deer &	Hitmen	Rifles	Paid Prg.	Paid Prg.	Hunting	HEVI-	Linden's	Paid Prg.	
KTOO2		4.2	American Masters		Rick	Rick	Table	Lucky Ch	Lucky Ch	Yan Can	Yan Can	Food 50	
OPB+		28.2	Country Music Country music artists reflect America.					Country Music Artists are drawn to Nashville, Tenn.					
A&E	23		(5:30) ** "Transporter 3" (2008, Action)					** "White House Down" (2013) Channing Tatum, Jamie Foxx.					
AMC	24		(4:19) "Gran Torino"		The Walking Dead		The Walking Dead		The Walking Dead		(:05) Talking Dead		
AMG		4.1	(5:00) "Breakdown"		* "Malicious" (1995) Molly Ringwald.				Forensic Factor		Forensic Factor		
DISC	30		Naked and Afraid		Naked and Afraid		Naked and Afraid (N)				Rob Riggle: Global		
DISN	21		Raven	Gabby	Gabby	Gabby	Raven	Fam Jam	Bunk'd	Gabby	Fam Jam	Sydney	
ESPN	31		XFL Football Tampa Bay Vipers at Los Angeles Wildcats. (N)						SportsCenter (N) (Live)			SportCtr	
FREE	32		(5:50) *** "Pitch Perfect" (2012) Anna Kendrick.					** "The Intern" (2015) Robert De Niro. Premiere.					
FX	45		(4:00) "Iron Man 3"		** "Thor: The Dark World" (2013) Natalie Portman					** "Thor: The Dark World"			
ION	20	6.1	NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		Chicago P.D.		Chicago P.D.		
LIFE	29		(5:30) * "When the Bough Breaks"					** "Kidnap" (2017, Action) Halle Berry.				(:03) "The Call"	
NICK	39		Loud	Loud	Loud	Henry	Dylan	Substitute	Sponge.	Sponge.	Friends	Friends	
PARMT	38		(:04) Bar Rescue		(:05) Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue (N)		
TBS	10		"Miss Congeniality 2"					*** "Wonder Woman" (2017, Action) Gal Gadot, Chris Pine.					
TLC	41		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé: Before the 90 Days (N)				(:04) Sister Wives (N)		
TNT	42		(5:30) * "Allegiant" (2016) Theo James					*** "Wonder Woman" (2017, Action) Gal Gadot, Chris Pine.					
USA	15		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Dare Me (N)		

TUESDAY EVENING ① Charter Cable ① SLTV Cottage Grove 1 SLTV London **MARCH 10**

				6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30
KEPB	7	281	28.1	House	BBC	PBS NewsHour (N)		Rick Steves Fascism in Europe			Neil Diamond: August Night		
KEVU	12	342	34.2	The 700 Club		TMZ Live (N)		Chicago P.D.		Chicago P.D.		TMZ (N)	Holly
KEZI	4	9.1	9.1	News	News	FamFeud	ET	The Bachelor (Season Finale) (N)			(:01) For Life (N)		
KLSR	11	34.1	34.1	Hot	Hot	News at 7	Jdg Judy	The Resident (N)		Empire "Talk Less"		News	Sports
KMTR	6	16.1	16.1	News	NBC 16	Big Bang	Big Bang	Ellen's Game		This Is Us (N)		New Amsterdam (N)	
CW	14	162	16.2	Burgers	Burgers	Fam. Guy	Fam. Guy	The Flash (N)		DC's Legends		Seinfeld	Seinfeld
KOBI				NBC 5 News at 6:00		NBC		Holly		Ellen's Game		This Is Us (N)	
KPTV		121		6 O'Clock News (N)		FamFeud	FamFeud	The Resident (N)		Empire "Talk Less"		10 O'Clock News (N)	
KRCW	14			Mod Fam	Mod Fam	Gold	Gold	The Flash (N)		DC's Legends		KOIN 6 News at 10p	
KVAL	8	131	13.1	News	Inside Ed.	Jeopardy!	Wheel	NCIS "In a Nutshell"		FBI (N)		FBI: Most Wanted	
PURS		132	13.2	FailFact	FailFact	Labora	Labora	Corridor	Corridor	TV Shorts	TV Shorts	Devin	Devin
PUMS		441		Jimmy	On the	Bass Pro	Texas	Federa	American	Jimmy	On the	Bass Pro	Texas
KTOO2		441		Chef	Baking	Bare Feet	Travel	R. Steves	Painting	Milk	J. Child	Mexico	Kevin
OPB+		282	28.2	Jazzy	Pépin	Glaciers-Winds		Journey-Crane		Sex in the Wild		Amanpour-Co	
A&E	23			The First 48		The First 48		The First 48		The First 48		The First 48	
AMC	24			*** "Taken" (2008) Liam Neeson.				** "Road House" (1989, Action) Patrick Swayze.				Under	
AMG		471		Intervention		Pawn	Pawn	Cheaters	Cheaters	Jokers	Jokers	Intervention	
DISC	30			Moonshiners		Moonshiners		Moonshiners		Moonshiners: Master		Distiller (N)	
DISN	21			Jessie	Raven	Raven	Bunk'd	Bunk'd	Gabby	Sydney	Just Roll	Coop	Sydney
ESPN	31			College Basketball				SportsCenter (N)		SportsCenter (N)		SportsCenter (N)	
FREE	32			(5:30) "Pirates of the Caribbean: On Stranger Tides"				*** "Twister" (1996) Helen Hunt, Bill Paxton.					
FX	45			(5:30) *** "Deadpool" (2016, Action)				*** "Spider-Man: Homecoming" (2017, Action) Tom Holland.					
LION	20	151		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	
IFE	29			"Blue-Eyed Butcher" (2012) Sara Paxton.				* "Drew Peterson: Untouchable" (2012)				"Craigslist Killer"	
NICK	39			Blue	Loud	** "Cloudy With a Chance of Meatballs 2" (2013)				Friends		Friends	Friends
PARMT	38			Two Men	Two Men	** "The Expendables 3" (2014, Action) Sylvester Stallone.						Ink Master (N)	
TBS	10			Fam. Guy	Fam. Guy	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Miracle
TLC	41			Say Yes, Dress		Fat Fabulous		Fat Fabulous		I Am Jazz (N)		Sister Wives	
TNT	42			NBA Basketball				NBA Basketball: Clippers at Warriors				Inside the NBA (N)	
USA	15			Law & Order: SVU		Law & Order: SVU		The Biggest Loser		The Biggest Loser		Law & Order: SVU	

SATURDAY EVENING ① Charter Cable ① SLTV Cottage Grove 1 SLTV London MARCH 7

			6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30
KEPB	7	281	28.1	Sesame Street: 50 Years-Still			Doo Wop to Pop Rock: My Music Celebrates				Soul Legends	
KEVU	12	442	34.2	Access Hollywood		Major Crimes		Castle	Pawn	Pawn	Pawn	Pawn
KEZI	4	81	9.1	NBA Basketball: 76ers at Warriors					Kezi 9 News Special		Ent. Tonight	
KLSR	11	841	34.1	Boxing		Chicago P.D.		Game	Bensinger	Mom	Mom	News
KMTR	6	161	16.1	News	NBC 16	Big Bang	Dateline NBC		(29) Saturday Night Live (N)			Saturday Night Live
CW	14	162	16.2	Sheriffs	Fam. Guy	Ninja Warrior	"Empire State" (2013) Dwayne Johnson.			Seinfeld	Burgers	
KOBI		61		News	Access Hollywood		Dateline NBC		(29) Saturday Night Live (N)		Saturday Night Live	
KPTV		121		Boxing		*** "The Natural" (1984) Robert Redford, Robert Duvall.						10 O'Clock News (N)
KRCW	14			Mod Fam	Mod Fam	Mom	Mom	Eye on	Two Men	Two Men	Two Men	KOIN 6 News at 10p
KVAL	8	131	13.1	News	News	Jeopardy!	Wheel	FBI	NCIS: Los Angeles		48 Hours (N)	
THIS		132	13.2	Best-	Best-	Best-	Best-	Best-	Best-	Best-	Best-	Best-
PURS		441		Struttin	Linden's	Hunting	Hunts	Elusive	Sports	Hitmen	HEVI-	Linden's
KTOO2		442		Painting	Painting	Real Rail Adv		Sara's	Ciao Italia	Ciao Italia	Cooking	Ellies
OPB+		282	28.2	Sesame Street: 50 Years-Still			Doo Wop to Pop Rock: My Music Celebrates				Soul Legends	
A+E	23			(5:00) Live PD "Live PD -- 02.28.20"					Live PD: Rewind (N)		Live PD "Live PD -- 03.07.20"	
AMC	24			(5:00) *** "Batman" (1989, Action)					** "Batman Returns" (1992) Michael Keaton, Danny DeVito.			
AMG		471		"Crocodile Dundee"		** "Crocodile Dundee II" (1988)				* "Crocodile Dundee in Los Angeles"		
DISC	30			Street Outlaws		Street Outlaws		Street Outlaws (N)		Street Outlaws (N)		Street Outlaws
DISN	21			Coop	Bunk'd	Bunk'd	Bunk'd	Big City	Big City	Big City	Big City	Owl Hse.
ESPN	31			UFC 248: Prelims		College Basketball Teams TBA. (N) (Live)				SportsCenter (N)		SportsCenter (N)
FREE	32			(5:30) *** "The Parent Trap" (1998) Dennis Quaid					(4:00) *** "Pitch Perfect" (2012) Anna Kendrick.			
FX	45			(5:00) "Kingsman: The Secret Service"					*** "Iron Man 3" (2013, Action) Robert Downey Jr.			
ION	20	141		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU
LIFE	29			"The Neighbor in the Window" (2020)					"My Nightmare Landlord" (2020) Premiere.			"Baby Monitor"
NICK	39			Loud	Loud	Loud	Loud	Henry	Dylan	Substitute	All That	Friends
PARMT	38			(5:30) *** "The Hunger Games: Catching Fire"					*** "The Hunger Games: Mockingjay, Part 1"			
TBS	10			(5:00) "The Lost World: Jurassic Park"					*** "Jurassic Park" (1993) Sam Neill, Laura Dern.			
TLC	41			90 Day Fiancé		Say Yes, Dress		Say Yes to the Dress (N)			Say Yes, Dress	
TNT	42			*** "Hobbit: Battle of the Five Armies"					*** "Kong: Skull Island" (2017) Tom Hiddleston.			
USA	15			*** "John Wick" (2014) Keanu Reeves.					*** "John Wick: Chapter 2" (2017) Premiere.			

SUNDAY AFTERNOON ① Charter Cable ❶ SLTV Cottage Grove 1 SLTV London **MARCH 8**

			1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KEPB	7	28.1	Relieving	Mindfulness Goes		Ken Burns: The National Parks			Oregon Revealed: Wonder			Weekend
KEVU	12	34.2	Paid Prg.	Short List	Frontier	Lunker	Broke Girl	Mod Fam	Funny	Paid Prg.	Wipeout	
KEZI	4	9.1	NBA Basketball: Lakers at Clippers				Sports	Feel	Paid Prg.	Jdg Judy	News	ABC
KLSR	11	34.1	(12:30) NASCAR Cup Series FanShield 500. (N) (Live)				Paid Prg.			Greta Van	Two Men	Last Man
KMTR	6	16.1	PGA Golf				Wild Am.	MyDest.	Madam Secretary		Paid Prg.	Attkisson
CW	14	16.2	Cops	Paid Prg.	Holly	Made	*** "The Natural" (1984) Robert Redford, Robert Duvall.					
KOBI		6.1	PGA Golf				Dog Tale	Game	R Direct	R Direct	Matter	News
KPTV		12.1	(12:30) NASCAR Cup Series FanShield 500. (N) (Live)				Bensinger			Whacked	5 O'Clock News (N)	
KRCW	14		Paid Prg.	Paid Prg.	Last Man	Last Man	Mother	Mother	Friends	Friends	black-ish	black-ish
KVAL	8	13.1	Basket	College Basketball				Paid Prg.	Friends	Kds News	Inside Ed.	News
THIS		13.2	Dust		Dust		Dust		Dust		Dust	
PURS		44.1	Outdoor	Paid Prg.	Friends	American	Deer &	Long	Pursuit's	Sports	Ducks	Hunting
KTOO2	44.2		Kitchen	Baking	Milk	Jamie	Kevin	Lidia	Mexico	Kevin	Confucius	Confucius
OPB+		28.2	Relieving	Mindfulness Goes		Ken Burns: The National Parks			Oregon Revealed: Wonder			R. Steves
A&E	23		Hoarders	*** "Salt" (2010) Angelina Jolie.				** "The Transporter" (2002) Shu Qi			Transport	
AMC	24		"Batman Returns"		(1:49) ** "Batman Forever" (1995) Val Kilmer.				(19) *** "Gran Torino"			
AMG		41.1	Cal. Life	Celebrity	*** "The Firm" (1993) Tom Cruise, Jeanne Tripplehorn.						"Breakdown" (1997)	
DISC	30		Expedition Unknown		Expedition Unknown		Expedition Unknown		Naked and Afraid		Naked and Afraid	
DISN	21		Jessie	Jessie	Sydney	Sydney	Sydney	Coop	Coop	Coop	Raven	Raven
ESPN	31		College Basketball		Women's Soccer: SheBelieves Cup				MLS Soccer			
FREE	32		(12:00) *** "The Parent Trap" (1998)				(10) *** "Pretty Woman" (1990) Richard Gere, Julia Roberts.					
FX	45		*** "Kingsman: The Secret Service" (2014) Colin Firth.						*** "Iron Man 3" (2013, Action)			
ION	20	14.1	NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles	
LIFE	29		"My Nightmare Landlord" (2020)				** "Unforgettable" (2017) Rosario Dawson.					Bough
NICK	39		It's Pony	Sponge.	Sponge.	Sponge.	It's Pony	Loud	Loud	Loud	Loud	Loud
PARMT	38		Bar Rescue		Bar Rescue		(:01) Bar Rescue		(:02) Bar Rescue		(:03) Bar Rescue	
TBS	10		Dream (:45) ** "Last Holiday" (2006) Queen Latifah.						** "Miss Congeniality" (2000, Comedy)			
TLC	41		My 600-Lb. Life "Seana's Story"				My 600-Lb. Life				90 Day Fiancé	
TNT	42		(12:00) ** "Divergent" (2014)				** "Insurgent" (2015) Shailene Woodley.					Allegiant
USA	15		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	

MONDAY EVENING ① Charter Cable ❶ SLTV Cottage Grove 1 SLTV London **MARCH 9**

			6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30		
KEPB	7	28.1	28.1	BBC	PBS NewsHour (N)		John Sebastian Presents: Folk Rewind				Mister Rogers			
KEVU	12	34.2	34.2	The 700 Club		TMZ Live (N)		Law & Order: SVU		TMZ (N)		Holly		
KEZI	4	9.1	9.1	News	News	FamFeud	ET	The Bachelor (N)			The Good Doctor (N)			
KLSR	11	34.1	34.1	Hot	Hot	News at 7	Jdg Judy	9-1-1: Lone Star (Season Finale) (N)			News	Sports		
KMTR	6	16.1	16.1	News	NBC 16	Big Bang	Big Bang	The Voice "The Blind Auditions, Part 4"			(:01) Manifest (N)			
CW	14	16.2	16.2	Burgers	Burgers	Fam. Guy	Fam. Guy	All American		Black Lightning		Seinfeld	Seinfeld	
KOBI		6.1		NBC 5 News at 6:00		NBC	Holly	The Voice "The Blind Auditions, Part 4"			(:01) Manifest (N)			
KPTV		12.1		6 O'Clock News (N)		FamFeud	FamFeud	9-1-1: Lone Star (Season Finale) (N)			10 O'Clock News (N)			
KRCW	14			Mod Fam	Mod Fam	Gold	Gold	All American		Black Lightning		KOIN 6 News at 10p		
KVAL	8	13.1	13.1	News	Inside Ed.	Jeopardy!	Wheel	Neighbor	Bob Heart	All Rise (N)		Bull "Missing" (N)		
THIS		13.2	13.2	FailFact	FailFact	College	College	Pets	Pets	Un	Un	FailFact	FailFact	
PURS		4.1		USOC	Outdoor	Outdoor	Friends	MidWest	Paid Prg.	Crappie	Bassmaster	Paid Prg.		
KTOO2		4.2		Chef	Chef	Week	Backyard	R. Steves	Painting	Milk	Kitchen	Simply	Cook	
OPB+	28.2	28.2		Lidia	Dining	Samantha	Samantha	Coastal Railways		Basel		Amanpour-Co		
AAE	23			Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live Rescue "Live Rescue ~ 03.02.20" (N)				
AMC	24			"Captain Phillips"		*** "Taken" (2008) Liam Neeson.				Better Call Saul (N)		Dispatches From		
AMG		4.1		Intervention		Pawn	Pawn	Cheaters	Cheaters	Jokers	Jokers	Intervention		
DISC	30			Outlaws		Outlaws		Street Outlaws (N)						
DISN	21			Jessie	Raven	Raven	Bunk'd	Fam Jam	Gabby	Sydney	Just Roll	Coop	Sydney	
ESPN	31			College Basketball				SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		
FREE	32			"Dr. Seuss-Lorax"		*** "Kung Fu Panda" (2008)				*** "Kung Fu Panda 2" (2011)				
FX	45			(5:00) * "Baywatch" (2017)			*** "Deadpool" (2016, Action) Ryan Reynolds.				Breeders		Better	
ION	20	1.1		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		
LIFE	29			Grey's Anatomy		Grey's Anatomy		** "Magic Mike XXL" (2015) Channing Tatum, Matt Bomer.						
NICK	39			Loud	It's Pony	"Cloudy With a Chance of Meatballs"			Friends	Friends	Friends	Friends		
PARMT	38			Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops (N)	Cops	
TBS	10			Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	American	American	
TLC	41			Say Yes, Dress		Say Yes, Dress		90 Day Fiancé: Before the 90 Days			90 Day Fiancé			
TNT	42			"Batman v Superman: Dawn"			(45) *** "Wonder Woman" (2017) Gal Gadot, Chris Pine.							Bat v Sup
USA	15			Mod Fam	Mod Fam	Mod Fam	Mod Fam	WWE Monday Night RAW (N Same-day Tape)						

WEDNESDAY EVENING ① Charter Cable ② SLTV Cottage Grove 1 SLTV London **MARCH 11**

				6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30		
KEPB	7	281	28.1	Journeys	BBC	PBS NewsHour (N)		Nature "The Whale Detective"			Oregon Revealed: Wonder				
KEVU	12	449	34.2	The 700 Club		TMZ Live (N)		Dateline		Dateline		TMZ (N)	Holly		
KEZI	4	61	9.1	News	News	FamFeud	ET	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam		
KLSR	11	341	34.1	Hot	Hot	News at 7	Jdg Judy	The Masked Singer		(:01) LEGO Masters		News	Sports		
KMTR	6	161	16.1	News	NBC 16	Big Bang	Big Bang	Chicago Med		Chicago Fire		Chicago P.D.			
CW	14	162	16.2	Burgers	Burgers	Fam. Guy	Fam. Guy	Riverdale (N)		Nancy Drew (N)		Seinfeld	Seinfeld		
KOBI		61		NBC 5 News at 6:00		NBC		Holly		Chicago Med		Chicago Fire			
KPTV		121		6 O'Clock News (N)		FamFeud	FamFeud	The Masked Singer		(:01) LEGO Masters		10 O'Clock News (N)			
KRCW	14			Mod Fam	Mod Fam	Gold	Gold	Riverdale (N)		Nancy Drew (N)		KOIN 6 News at 10p			
KVAL	8	131	13.1	News	Inside Ed.	Jeopardy!	Wheel	Survivor (N)		(:01) SEAL Team (N)		S.W.A.T. "Knockout"			
THIS		132	13.2	FailFact	FailFact	Try	Try	React	React	React	React	Try	FBE:		
PURS		441		Game	Fly Rod	Elusive	Deer &	Paid Prg.	Paid Prg.	The High	Outdoor	Pursuit's	Paid Prg.		
KTOO2		442		Kitchen	J. Child	Burt Wolf	Samantha	R. Steves	Painting	Milk	Lidia	Jamie	Cook		
OPB+		282	28.2	L. McIn	Farmer	"Penny & Red"		American Masters			Orchard		Amanpour-Co		
A&E	23			PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	America's Top Dog		PD Cam	PD Cam		
AMC	24			(5:30) ** "Road House" (1989, Action)				*** "Speed" (1994, Action) Keanu Reeves.				Deep			
AMG		471		Intervention		Pawn	Pawn	Chatters	Cheaters	Jokers	Jokers	Intervention			
DISC	30			Expedition Unknown		Expedition Unknown		Expedition Unknown Josh Gates chases a lost treasure. (N)							
DISN	21			Jessie	Raven	Raven	Bunk'd	Bunk'd	Gabby	Sydney	Just Roll	Coop	Sydney		
ESPN	31			NBA Basketball		NBA Basketball: Pelicans at Kings					SportsCenter		SportCtr		
FREE	32			(5:30) *** "Twister" (1996) Helen Hunt.				*** "The Blind Side" (2009) Sandra Bullock, Tim McGraw.							
FX	45			(5:00) *** "Spider-Man: Homecoming"				** "Pitch Perfect 3" (2017)				"Pitch Perfect 3"			
ION	20	441		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods			
LIFE	29			(5:30) Married at First Sight		Married		Married at First Sight (N)				Bride & Prejudice			
NICK	33			Loud	Loud	"Alvin and the Chipmunks"				Friends	Friends	Friends	Friends		
PARMT	38			Two Men	Two Men	Two Men	*** "The Italian Job" (2003) Mark Wahlberg.					68 Whiskey (N)			
TBS	10			Fam. Guy	Fam. Guy	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Full		
TLC	41			My 600-Lb. Life "Ashley B's Story"				My 600-Lb. Life "Tommy's Story" (N)				Dr. Pimple Popper			
TNT	42			Supernat. ** "Walking Tall" (2004)				All Elite Wrestling: Dynamite				"Transformers"			
WUSA	15			Chicago P.D.		Chicago P.D.		WWE NXT (N Same-day Tape)						Miz &	Miz &