

COMMUNITY CALENDAR

Ongoing South Lane County events

Thursdays:	
NAMI Creswell Over 40	Thursdays, 10 a.m., Jack Sprats Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St.
Charm Bracelet Project	Second Thursday, 10:15 a.m., Community Center
Community Sing-Along	1st and 3rd Thursdays, 10:30-11:30 Community Center
Rotary Club of Cottage Grove	Thursdays, 12 p.m., El Tapatio Mexican Restaurant
Lion's Club	Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant
Senior Center Game Day	Thursdays 12:30-4 p.m. C.G. Community Center.
South Valley Farmers Market	Thursdays 4-7pm 7th & Main, Downtown Cottage Grove May 2nd thru Oct. 31
Cottage Grove Alzheimer's Caregiver Support	Third Thursday, 6:30p.m., Magnolia Gardens
LGBTQIA Teen Group Meeting Chamber Ambassadors	Thursday, 4 p.m., S. Lane Mental Health Second and fourth Thursdays, 8 a.m., El Tapatio Mexican Restaurant
Hearing Loss Assoc.	Second Thursday, 7 p.m., 2589 Hilyard, Eugene
Lorane Fire Protection Dist.	Second Thursday, 7:30 p.m., 80287 Old Lorane Rd.
Poetry Night Eastern Star #4	Third Thursday, 7:30pm, Axe & Fiddle Third Thursday (no summer), 7:30 p.m., Masonic Center
S. Lane Fire Board	Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203 Creswell

Fridays:	
Senior Center Pinochle	Friday, 11:30-4 p.m., CG Community Center
Rosie the Riveter	Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C St., Springfield
Stand for Peace/Occupy CG American Legion #32 Art Walk	Friday, 5 p.m., Seventh and Main Friday Night Bingo, 5-7pm, 826 W. Main Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG
Community Gospel Sing-a-long	Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St.
London Grange	First Friday Potluck, 6:00 p.m.; Third Friday Meeting, 72746 London Rd.

Saturdays:	
VFW Post #3473 CG Historical Society Program	First Saturday, 10 a.m., 3160 Hillside Dr. Third Saturday, 10 a.m., CG Community Center
American Legion #32 CG Yarn Addicts	First Saturday, noon, 826 W. Main St. 1-3pm Every Saturday, Crafty Mercantile Downtown Cottage Grove
Cottage Grove Historical Museum	Saturdays, 1-4 p.m., Corner H & Birch Streets

Sundays:	
Occupy Medical Free Clinic	Noon-4 p.m., 1717 Centenial Blvd, Springfield (Suites 4 and 7)
South Lane Amateur Radio Assoc. Cottage Grove Historical Museum	Second Sunday, 2 p.m., Masonic Hall Sundays, 1-4 p.m., Corner H & Birch St.

Mondays:	
Caregiver Network	First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy
Senior Center Bingo	12:30 p.m. Monday, CG Community Center
Autism Peer Support Dorena Grange #835	First Monday, 4 p.m., Healing Matrix Fourth Monday, 6 p.m. Potluck; 7 p.m. Meeting, 34360 Row River Rd.
Overeaters Anonymous CG City Council	7 p.m. Monday, First Presbyterian Church Second and fourth Monday, 7 p.m., City Hall
Creswell Grange	Second Monday, 7:30 p.m., 298 W.

Tuesdays:	
South Lane Wheels Board Breast Cancer Support Group	Oregon Ave., Creswell Fourth Tuesday, 12 p.m., 1450 Birch Ave. Second Tuesday, 1 p.m., Call 541-942- 2309 for location
Grief and Loss Support Group	3rd Tuesday, 1:30-3pm, CG Community Center, questions call Signature Hospice 541-246-1568
Veteran Support Services Alzheimer's Caregiver Support	3 p.m. Tuesday, Healing Matrix Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield
CG Youth Choir	4-5 p.m. Thursday, First Presbyterian Church (ages 12-16)
Community Sharing Board Watershed Council Science Pub	Thrid Tuesday, 4:30 p.m., 1440 Birch Ave. Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St.
Tirchotillomani Support Group	Second Tuesday, 5:30 p.m., Call 541-767-1730 for location
CG Garden Club	First Tuesday, 6 p.m., First Presbyterian Church
EBID	Second Tuesday, 6 p.m., CG Community Center
CG 912 Project	First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm
Humane Society of CG Second	Tuesday, 6:30 p.m., Sinclair Rm., City Hall
ACES Family Group Friends of Mt. David	Third Tuesday, 6 p.m., 1551 E. Main St. Second and fourth Tuesday, 6:30 p.m., corner of H and Birch

Wednesdays:	
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CG Recreation Assn. Kiwanis Club	Tuesday, 7 p.m., 1440 S. 8th St. Wednesday, 7 a.m., Koffee Kup
Veterans Assistance	First Wednesday, 10 a.m.-1 p.m., VFW Post #3473, 3160 Hillside Dr.
Genealogical Society Meeting	Second Wednesday, 10 a.m., CG Community Center
Genealogical Discussion Group	Third and fourth Wednesday, 10 a.m.-12 p.m., CG Community Center
Lane County Veterans Services	Third Wednesday, 10 a.m.-1 p.m., American Legion, 826 Main St.
Quilts of Valor	Second Wednesday, 10 a.m.-4 p.m., VFW, 3160 Hillside Dr.
Clothes Closet - Church of Christ Pinochle Group	6th and Gibbs Monday, 11 a.m.-2 p.m. Wednesday, 11:30 a.m.-4 p.m., Senior Center
Kiwanis Club	Wednesday, 12 p.m., El Tapatio Mexican Restaurant
Veteran's Assistance	Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr.
CG Children's Choir	Wednesday, 2 p.m., First Presbyterian Church (ages 6-11)
Alzheimer's/Dementia Caregivers	Third Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community
CG Art Guild	First Wednesday, 6 p.m., Call 541-942- 8913 for location
London 4-H Group Elks Bingo	First Wednesday, 6 p.m. London Grange Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug)
Beta Sigma Phi	First and third Wednesday, 7 p.m., call 541-942-1310 for location
CG Planning Commission	Third Wednesday, 7:30 p.m., City Hall

All Weekdays:	
Friends of CG Carousel	Second and Fourth Wednesday, 9 a.m. - 11:30a.m. at the Community Center
Bohemia Mining Days Board	Third Wednesday at 6:30 p.m. at CG Hotel, 811 Main St., Suite E
Beeper Show	9-10 a.m. KNND 1040 AM. Call in discussion, various topics/guests 541-942-5548
Please call 541-942-3325 or email: nsnyder@cgsentinel.com with updates or changes.	



Exercise and Fun

KIDS CLUB
• South Lane School District grades 1-5.
After school to 6 p.m. Mon-Fri on regular
school days.
Supervised play, homework help and snack.
Cost: 1st child \$60/mo.; siblings \$40/mo.
Info: 541-228-2847

YOGA & MEDITATION
• CG Community Center, 700 E. Gibbs
Ave.
For strength, flexibility, relaxation with

Weight Loss Support Groups

Monday:
• 9 a.m.: TOPS OR181 Take Off Pounds
Sensibly, a weight-loss support group. At the
Church of Christ, Drain. Info: 541-378-7801.

Tuesday:
• 5 p.m.: Weight Watchers Sinclar Room at
Cottage Grove City Hall 400 E. Main St. 541-
342-5386.

Gloria. 541-912-7789
Saturdays 10-11:30 a.m. \$5/session
Proceeds for children's scholarships.

MINDFUL MOVEMENT YOGA
• Join a great group in its thirteenth year.
Unwind as we practice mindful movement
with flow, breath, & core awareness for all lev-
els. Wednesdays 6-7:30 p.m. Call Jane Guerber
at 541-654-5087 if you have questions.

PICKLEBALL COTTAGE GROVE
• Info: 541-914-5937 or 503-318-8915

**WARREN H. DAUGHERTY AQUATIC
CENTER**
• 1440 S. 8th St., 541-942-5533

Wednesday:
• 3:45p.m. Weight Watchers is beginning
a new session in Drain in the North Doug-
las Elementary School Library. Call Marian
at 541-914-1520 with questions. All are wel-
come!

Thursday:
• 10 a.m.: TOPS OR85 Take Off Pounds
Sensibly, a weight-loss support group. At the
United Methodist Church, 334 Washington
Ave., Fireside Room. Info: Ellen 541-942-
0866.

Therapy Pool - Independent Exercise
Mon, Wed, Fri: 5:30-6:45am & 7:30am-
1pm, Tue, Thurs: 9am-1pm
• Lap Swim
Mon, Wed, Fri: 5:30-6:45am & 7:30-
8:30am, Mon-Fri: 9am-1pm (2 lanes), Sat:
11am-Noon, Mon, Wed (2 Lanes): 7:30-9am,
Tue, Thurs, Fri, Sat (2 Lanes): 6-8:30pm
Both Pools
• Family and Recreation Swim
Mon, Wed: 7:30-9pm, Tue, Thurs, Fri, Sat:
6-8:30pm

BRIDGE CARD GAME
• Bridge players wanted!
For info call 541-942-4633

• 5:30 p.m.: TOPS OR969 Take Off
Pounds Sensibly, a weight-loss support group.
Weigh-In: 5:00 pm, Meeting: 5:30 pm. Meets
at Jefferson Park Community Room, 325 5th
Street. Info: Marie 541-942-9465.

• 5:30 p.m.: TOPS OR1020 (Creswell) Take
Off Pounds Sensibly, a weight-loss support
group. Weigh-In: 5:30 pm, Meeting: 6 pm.
Meets at Creswell Grange Hall, 298 W. Ore-
gon Ave. Info: 541-895-3156.

Recurring North Douglas County Meetings

DRAIN City Council Fire Board School Board Cemetery Board	Second Monday, 7 p.m., Civic Center Third Monday, 7 p.m., Fire Hall Fourth Monday, 6:30 p.m., HS Library Third Tuesday, 9:30 a.m., Civic Center (even num- bered months)
Planning Board Civic Center Board bered	First Monday, 7 p.m., Civic Center (as needed) Third Tuesday, 5:30 p.m., Civic Center (odd num- months)
Parks & Rec. Board Library Board Friends of Library	Third Monday, 7 p.m., Pool Meeting Room Third Wednesday, 6 p.m., Library First Wednesday, 6 p.m., Library
ND County Fair Board Elk Creek Watershed Council	Fourth Monday, 7 p.m., Civic Center Third Tuesday, 7 p.m., Sunnysdale Grange
Masons (OES) Eastern Star Sunnysdale Grange	Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m. Second Wednesday, 7:30 p.m. Second Monday, 6:30 p.m.; Potluck First Monday, Bingo 6:30 p.m.
Living Hope Outreach Food Pantry: Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m.	Lunch: Wednesday, 12:30-2 p.m.

Elk Creek Watershed Council	Third Tuesday, 7 p.m. Sunnysdale Grange, 5 miles west of Drain
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YONCALLA City Council ND Betterment Planning Commission School Board Parks and Rec Library Board Friends of the Library	Second Tuesday, 7 p.m., City Hall Third Monday, 12 p.m., City Hall Third Tuesday, 7 p.m., City Hall (as needed) Thrid Wednesday, 7 p.m., YHS Library First Tuesday, 7 p.m., Community Center Thrid Wednesday, 7 p.m. (beginning July 2018) Second Thursday, 10 a.m., Library; Feb, May, Aug., Nov.
Library Book Club Beautification Chamber of Commerce Rodeo Club Historical Society Site Council Applegate Pioneer Cemetery Board	Second Thursday, 6:30 p.m., Library Fourth Thursday, 5:30 p.m., City Hall First Thursday, 7:30 p.m., Community Center Third Thursday, 6:30 p.m., City Hall Third Thursday, 3 p.m., City Hall Last Wednesday of month, 3:30 p.m., HS staff room Third Saturday, 10 a.m. Library

ELKTON City Council Rebekahs Eastern Star ECEC Board Meeting ECEC Book Club	Second Thursday, 8:30 a.m., City Hall First and third Tuesday, Masonic Lodge Second and fourth Tuesday, Masonic Lodge First Tuesday, ECEC, 541-584-2692 Second Wednesday, 12 p.m., ECEC
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Community Meals

• Trinity Lutheran Church
Tuesday and Thursday,
5:15-6:15p.m., 675 S. Seventh St.

• CG Elks Lodge
Chicken Fried Steak First Friday
5-7 p.m., 755 N. River Rd.

• CG Elks Lodge
Baked Chicken & more
Second Friday
5-7pm. 755 N River Rd.

• CG Elks Lodge
Steak Feed Third Friday
5-7 p.m., 755 N. River Rd.

• CG Elks Lodge
Fish Fry Fourth Friday
5-7 p.m., 755 N. River Rd.

• VFW
Friday, 5:30-6:30 p.m.3160 Hill-
side Dr.

• Sustainable CG
First Friday, 6:30 p.m. Potluck
Healing Matrix

• Sunday Supper
5-6 p.m. Sunday, CG Community
Center

• Creswell New Hope Baptist
Wednesday, 5:15 p.m., 597 S.
Front St., Creswell

Breakfasts:
• VFW Post #3473
First Sunday, 8-11 a.m., 3160
Hillside Dr.

• OLPH Catholic Church
Second Sunday (no Dec or
March.) 8 a.m.-12 p.m., Harvey
and 19th St.

• Masonic Lodge
Third Sunday, 8-11 a.m., 33322
Row River Rd.

• Elks Lodge
Fourth Sunday, 8-11 a.m., 755
N. River Rd.

Addiction Recovery Groups

Thursday:
• 7 a.m.: AA Open Meeting. “On
Awakening” at CG Community
Center, 700 Gibbs Ave. Info:
541-510-4228 or 541-517-2036.
Enter bldg. thru front patio gate
• 6 p.m.: Celebrate Recovery. At
Calvary Chapel Cottage Grove,
1447 Pacific Hwy 99 (behind
Koffee Kup) Info: 541-554-8135
• 6:30 p.m.: AA Meeting- Rush
Hour. Open Meeting. At CG
Community Center, 700 Gibbs
Ave.
• 6:30 p.m.: Al-Anon Meeting.
At CG Community Center, 700
Gibbs Ave. Info: 541-554-7994
or 541-510-4228
• 7:30 p.m.: NA Meeting- Open
Meeting at the American Legion
Hall 826 W. Main Street

Friday:
• 7 p.m.: Open AA meeting -
Good Medicine Group. At CG
Community Center, 700 Gibbs
Ave., in Activity Room. Info:
Karen 541-513-5126.

Saturday:
• 7 a.m.: AA Open Meeting. “On
Awakening” at CG Community
Center, 700 Gibbs Ave. Info:
541-510-4228 or 541-517-2036.
Enter bldg. thru front patio gate
• Noon: AA Meeting-Women's
Good Grief Group. Closed
meeting. Open to women alco-
holics only. At Riverside Church
of God. Info: 541-510-4228 or
541-942-2809.
• 7 p.m.: AA Meeting-Open
Candlelight Group. CG Comm.
Center, 700 Gibbs Ave. On the

last Sat. of the month - Open
AA Speakers Meeting.
• 7 p.m.: Al-Anon Meeting-Open
Literature Discussion Group.
CG Comm. Center, 700 Gibbs
Ave.

Sunday:
• 6 p.m.: AA Meeting - New
Beginnings. CG Comm. Center,
700 Gibbs Ave.

Monday:
• 7 a.m.: AA Open Meeting. “On
Awakening” at CG Community
Center, 700 Gibbs Ave. Info:
541-510-4228 or 541-517-2036.
Enter bldg. thru front patio gate
• 6 p.m.: AA Open Meeting for
women only. “We’re working
on it!” Church of Christ, 6th &
Gibbs. Info: 541-228-4751 or
541-510-4228.
• 7 p.m.: Nar-A-Non Family
Meeting. CG Comm. Center,
700 Gibbs Ave. For family and
friends of addicts.

Tuesday:
• 7 p.m.: Narcotics Anonymous.
“A Way Back to Reality”, open
participation. At CG Community
Center, back room, 700 Gibbs
Ave. 541-603-8162

Wednesday:
• 7 a.m.: AA Open Meeting. “On
Awakening” at CG Community
Center, 700 Gibbs Ave. Info:
541-510-4228 or 541-517-2036.
Enter bldg. thru front patio gate
• 7 p.m.: AA Meeting- Wednes-
day Night Beginners. Open
meeting, at CG Comm. Center,
700 Gibbs Ave.

OLPH: Our Lady of Perpetual Help
Catholic Church

DR. JONATHAN BACKER

Creating Smiles that Last a Lifetime!

Currently Welcoming New Patients - Call for an Appointment!

1551 East Main Street • Cottage Grove • (541) 942-8437