

Free screening of 'Wasted! The story of food waste' Feb. 21

As a follow up to the Climate Strike Event held in Cottage Grove last September, participating groups organized an educational series of films and lectures on the environmental issues facing our planet at this critical time.

For the fifth installment in this series of climate-related events, the community is invited to a free screening of the documentary film "Wasted! The Story of Food Waste," which will be followed by a discussion of the film.

The documentary explores how every year

1.3 billion tons of food is thrown away — adding up to one third of all food grown for human consumption.

In the United States alone, 40 percent of food goes to waste with 90 percent of that food ending up in landfills.

Directed by Anna Chai and Nari Kye and narrated by the late Anthony Bourdain, "Wasted! The Story of Food Waste" is a documentary exploring a broken food system and how overwhelming quantities of food turn into garbage and produce large quantities of

methane — a greenhouse gas — instead of feeding the millions of people starving worldwide.

Through the eyes of chefs like Bourdain, Dan Barber, Mario Batali, Massimo Bottura and Danny Bowien, audiences will see how the world's most influential chefs make the most of every kind of food — transforming what most people consider scraps and rejects into incredible dishes that feed more people and create a more sustainable food system.

The film also features several food waste reduc-

tion stories from all over the world including wasted pigs in Japan, a disposal program that has reduced household food waste by 30 percent in South Korea, and a garden education curriculum New Orleans.

The free public screening will be held Friday, Feb. 21, at the Rural Organizing Project Building, 632 E. Main St., beginning at 7 p.m.

The event is hosted by Climate Action Cottage Grove, Forest Web and Sustainable Cottage Grove.

Pet Tips 'n' Tales

By Mary Ellen "Angel Scribe"



'Best dogs' at TV wedding

On a whim, firefighter Kevin applied to TLC's television program "Little People, Big World" to appear in a wedding segment.

Five minutes later, the producer contacted him for a wedding just two months away.

With no plans on getting married for a year, Kevin had a problem. He had not told his fiancée Meredith that he had contacted the show, never thinking they would be chosen.

"Kevin and I wanted our dogs, Delilah and Winston, to be included," said Meredith.

"Delilah's litter was discovered by a garbage man who heard them in a dumpster as he was about to empty it," said Kevin. "I adopted her from a nonprofit shelter and named her Delilah, after the shelter's creator. When Delilah and I met Meredith, she had Winston and, like us, our dogs immediately fell in love."

The couple visited the Roloff's farm and met the TV crew, along with Amy and Matt Roloff. Many reality shows are often far from "real," but the Roloffs were genuine and down to earth.

"As a child, I visited their pumpkin farm and Amy climbed apple trees to help me pick fruit," said Meredith.

"We didn't know what to expect from our dogs," said Kevin. "On rehearsal day, my dad brought them to the farm. The dogs jumped out of the truck, spotted us, ran 100 yards and became instant stars! The Roloff's dog had just passed, so their entire family embraced our 'best dogs.'"

It was a challenge keeping the dogs focused walking down the aisle and to keep them lying down during rehearsal.

"Winston spotted the audio boom microphone's fluffy-black cover, his eyes locked in on the 'furry toy' above us and — like a jackrabbit — jumped straight up to grab it," said Kevin. "That got me thinking about what if Winston wiggled out or did something crazy during the wedding?"

Everything would be caught on TV fur in purr-tunity, that's what.

"It was fun having our 'best dogs' welcoming guests by shaking paws," Kevin said.

Winston sported a tie that matched Kevin's dad and the groomsmen's ties; Delilah was adorned in a floral collar that matched Meredith's bouquet.

"The brotherhood of firefighters has an indescribable bond and we were blessed to have them as part of our special day," said Kevin. "Several firefighter buddies, as well as my first chief, who's from Texas, stayed with us before and after the wedding. Our officiant was also a firefighter."

During the wedding, kindhearted Amy snuck the K-9 attendants dog treats and, after the ceremony, the Roloff's invited the couple to their potato cellar — which had been beautifully transformed into a wine cellar for the new bride and groom, who were presented with a bottle of wine. The biggest surprise?

"The bottle's label sported a painting of our dogs!" said Kevin. "Delilah and Winston were in the wedding, included on the honeymoon, but they won't be sharing the wine with us."

Delilah and Winston joined the happily married couple on the first part of their honeymoon to the Oregon coast. But when the newlyweds flew to Hawaii, their furry kids were "doggy-sat" by their human grandma and grandpa.

"The night the show aired we celebrated with family and friends, but Winston went to bed; apparently he was not happy, being reminded that he didn't catch the boom's mic," laughed Kevin. "The wedding was a few years ago and since then we discovered that our dogs make great nannies. We have been blessed with two little girls, Olivia and Addison, one for each dog."

TIPS:

"Delilah is such a loving companion who has convinced us to only adopt from shelters. Rescued pets know you saved them and they are grateful," said Kevin.



COURTESY PHOTO

What do dogs, TV shows, weddings and pumpkins have in common? Meet Kevin, Meredith and their dogs, Winston and Delilah, and learn about their 7 million wedding guests.

Prof. of Peace Studies to speak at Presbyterian Church

Dr. Cheyney Ryan, Director of the Human Rights Program at the University of Oxford, will speak about justice, reconciliation and community on Friday, Feb. 21, beginning at 7 p.m. at First Presbyterian Church (at the corner of S. Third and Adams streets.)

Dr. Ryan has been named one of the leading scholars "on the frontier of



COURTESY PHOTO

Dr. Cheyney Ryan

peace and conflict studies" by the Washington Post.

Dr. Ryan has been a fellow of Oxford Institute for Ethics, Law and Armed Conflict (ELAC) since 2010.

Prior to that, he was a fellow of the Oxford Changing Character of War Program. For many years, he has taught at the University of Oregon as a professor of

philosophy and professor of law, where he co-founded the Program in Conflict Resolution.

Dr Ryan's recent work has focused on pacifism, nonviolence and the critique of just war theory.

His talk is open to the public and is sponsored by the Earth and Social Justice Committee of First Presbyterian Church.

Science on Tap to focus on river issues, cultural exchange

The Willamette River-Rio Laja, Mexico Twinning Project and opportunities for cross-cultural exchange will be the focus of the Feb. 18 Science on Tap, presented by the Coast Fork Willamette Watershed Council (CFWWC).

Tara Davis and Rosario Franco will discuss the similar issues facing Oregon's Willamette and Mex-

ico's Rio Laja watersheds, the Twinning Project and, most importantly, the cultural connections in watershed conservation.

With cultural diversification, inclusion and conservation at the forefront, the Willamette-Laja Twinning Project has sparked new partnerships over the shared platforms of migratory birds, habitats, education for all ages and water-

shed restoration.

The CFWWC hosts a family-friendly monthly public meeting series called Science on Tap on the fourth Tuesday of each month from 5 to 7 p.m. at the Axe & Fiddle, 657 E. Main Street in Cottage Grove.

The event begins with informal socializing, trivia, and updates about the watershed and watershed

council during the first hour. The Science on Tap presentation begins at 6 p.m.

CFWWC receives 10 percent of all sales from the evening from 5 to 7:30 p.m. The event is free to the public, with a \$5 donation suggested.

For more information, visit www.coastfork.org or [Facebook.com/CoastFork](https://www.facebook.com/CoastFork).

LORANE NEWS

CONTRIBUTED BY LIL THOMPSON FOR THE SENTINEL

- This Thursday, Feb. 13 is the open community meeting with the CAL school board to gather community input on how the district can best use the money coming from the state. There will be food and beverages (coffee, tea, cider) served starting at 6 p.m. at Lorane Grange. Hope you can make this; it is for our district and the students.

- There is a half-day of school this Friday, Feb. 14 for Inservice. There is no school Monday, Feb. 17 to acknowledge Presidents Day.

- There will be two open gym days for those wanting to practice for the

Alumni Basketball Games on Feb. 29, starting at 4:30 p.m. Practice days are Sunday, Feb. 16 and Sunday, Feb. 23, from 4 to 6 p.m. at Crow High School. They could use a few more men. For more information, call Marissa.

- Lorane Grange will have its next Spaghetti Dinner and Bingo Night on Saturday, Feb. 22, with dinner at 5:30 p.m. and bingo at 6:30 p.m. The progressive blackout was not won last month, so the amount gets larger. Let's get more out for a fun evening in Lorane.

- Wishing you all a wonderful Valentine's Day with whoever you love; you spouse, children, parents or best friend. Enjoy the day!

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