

## GOLF SCORES

Middlefield Mens Club  
Thursday 2/6/2020  
Game: 2,3,1 Points

<b>First Place</b>	<b>91</b>
Bruce Schennum	
Gary Sparks	
Mike Stahl	
Darrell Lee	
<b>Second Place</b>	<b>88</b>
Jake Cox	
Jim Cunningham	
Frank Gates	
Keith Rowling	
<b>Third Place</b>	<b>86</b>
Gary Culp	
Steve Ellickson	
Jim Lehl	
Gary Ingram BD	
<b>Fourth Place</b>	<b>85</b>
Tom Arney	
Jerry Pennington	
Phil Hamilton	
Jim Cunningham BD	
<b>Fifth Place</b>	<b>82</b>
Gary Ingram	
John Kallbrier	
Larry Zuvich	
Pat Rickard BD	
<b>Sixth Place</b>	<b>78</b>
Larry Eyman	
Pat Hoover	
Jim Rickard	
Jim Wamsley	
<b>Low Gross</b>	
Jake Cox	<b>71</b>
Gary Sparks	<b>75</b>

<b>Low Net</b>	
Darrell Lee	<b>60</b>
Jerry Pennington	<b>63</b>
Steve Ellickson	<b>66</b>
Larry Zuvich	<b>67</b>

**Closest to the Pin**  
#5 Gary Sparks  
#7 Jake Cox  
#14 Mike Stahl

Middlefield Mens Club  
Monday 2/10/2020  
Game: 2M Points

<b>First Place (tie)</b>	<b>94</b>
John Kallbrier	
Dan Pearson	
Dan Smith	
Larry Zuvich	
<b>First Place (tie)</b>	<b>94</b>
Gary Culp	
Todd Dennis	
Jerry Haugen	
Jim Wamsley	
<b>Third Place</b>	<b>92</b>
Steve Ellickson	
Larry Eyman	
Leon Hayes	
Todd Dennis BD	
<b>Fourth Place</b>	<b>91</b>
Jake Cox	
Frank Gates	
Gary Ingram	
Pat Rickard	
<b>Fifth Place</b>	<b>89</b>
Tom Arney	
Jim Cunningham	
Jerry Pennington	
Bruce Schennum	
<b>Sixth Place</b>	<b>87</b>
Jack Doleman	
Mike Stahl	
Dave Tooker	
Phil Hamilton	
<b>Low Gross</b>	
Dan Smith	<b>66</b>
Todd Dennis	<b>70</b>
Gary Sparks	<b>74</b>
<b>Low Net</b>	
Gary Culp	<b>60</b>
Frank Gates	<b>63</b>
Jerry Pennington	<b>64</b>
John Kallbrier	<b>65</b>
Larry Zuvich	<b>65</b>
Jim Wamsley	<b>66</b>
Larry Eyman	<b>66</b>

**Closest to the Pin**  
#5 Larry Zuvich  
#7 Gary Sparks  
#14 Larry Zuvich

<b>Longest Putt</b>	
#15 Larry Strickland	

## Districts from B1

It's really nice that we have something that's not only good for our student athletes and good for the pool, but good for the town."

While the CGHS swimmers — and myriad citizens of the Grove — have delighted in using their top-tier facility over the past few months, the biggest event thus far in the Daugherty Center's recent history involved around five high school swim teams.

On Friday, 12 teams will converge on the pool, pushing the pool deck to the limits of its capacity, while also setting the stage for a buzzworthy local event that will bring hundreds of out-of-towners to Cottage Grove and give the Lions a chance to show off their new home.

"I always kind of liked the idea of building the pool to help bring in some money into the town, help out the economy a little bit," Pilling said. "I really

think this will be one of those meets that's a step in the right direction."

On the competition side of things, Pilling also noted that, throughout the 2019-20 swim season, a number of 5A and 6A teams requested to use the Daugherty pool because of its speed and quality, a feather in the cap for members of the local swim community and those involved in the renovation.

"Not only is it such a great setup, but the way that it was built I really have to give a lot of credit to Matt Allen, James Miller, Bud Taylor and the pool committee for really making sure that the components you need to have for the tank were as good as they could be," Pilling said.

The biggest effect of the pool, however, is simple. After a season of transience while the local facility was being updated — using pools in Drain, Eugene and beyond — the CGHS swim team has felt the effects of finally having a home, not just in their level of comfort and amount of travel,

but in their preparation for important, late-season meets like this weekend's districts.

"It's absolutely huge," Pilling said. "We have a home now, for one, but it helps in and out of the water. It helps the physical game, it helps the mental game, it helps all the way around."

The Lions' swimmers have spent the last couple weeks preparing for districts, tapering off from their more intense workouts, and despite some nerves, they appear ready to go.

"It's going absolutely fantastic," said junior Fisher Nash. "We went out [preparing for districts], we went out hard, we showed up, we put in our work and we're just swimming fast. We're enthusiastic and optimistic."

As for expectations, Pilling's are high as usual, but the coaching staff's belief in their squad is right there with the swimmers.

"Our expectation is always to win. But, we're as prepared as we can be for

districts. We just wanna get locked in, get our races in, do what we need to do to win and then start looking towards the state meet."

Races will begin at 1 p.m. at the Daugherty Center on Fri., Feb. 14. The start time for day two of the event is yet to be determined.

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## Cottage Grove Sentinel

Contact: Meg Fringer  
541-942-3325 x1200  
[mfringer@cgsentinel.com](mailto:mfringer@cgsentinel.com)

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## Wrestling from B1

vance. This year, there were 12 girls total in her weight class and, despite having a bye in the first round as the top seed, she won four matches on her way to the south regional title.

"I had more nerves because I know that it's not guaranteed," Herzog said. "Even going into the finals, I know that I'm guaranteed to go to state, but I won it last year and there's all the nerves and stuff that go with that so ... when you win it like this it's just a lot more exciting."

With greater expectations comes greater pressure — true in both life and in sport — but CGHS head coach and Raina's father, Rich Herzog, sees the maturity with which his daughter handles her lofty status as a top-ranked athlete.

"That's always a funny feeling," Rich said. "For the state regionals for her, there's always that doubt of, 'What if I don't win this again?' So, when you do execute, then that confidence and that affirmation of self-worth and self-belonging really builds for you."

The necessity of getting through four opponents this year, as opposed to two last year, is indicative of the other big takeaway from this event: girls wrestling has exploded in popularity in the state of Oregon.

"When I was in high school there was one girl on our team and there may have been five or six throughout the state," said Rich.

"It's not uncommon for teams to have 10, 15, even upwards of 30 or 35 girls on their teams now, which is great. I expect to see it grow even further. If you look at the middle school and the Mat Club, they have several girls in there, so I see it continuing to evolve and grow."

The growth of the sport locally in Cottage Grove has matched the growth seen state-wide. This same event last year — the first year girls wrestling was a sanctioned OSAA sport — hosted 180 wrestlers from 53 teams. In 2020, 269 wrestlers from 59 teams converged in Thurston, marking an 11 percent increase in teams and a whopping 49 percent increase in total competitors. In the 2020 state tournament, each weight class will have an eight-girl bracket. Last year, it was just four.

"And I expect in the next five years for that to grow," Rich said. "We'll likely see a full 32-girl bracket, just like the boys. They'll probably need their own weekend and their own gym space for their own state tournament."

As for the other Lions wrestlers, a number of them had hard-luck losses on day two of the tournament, losing in what the wrestling community calls the "blood round": the last round of the bracket a wrestler needs to win in order to earn one of the six podium spots.

For Rich Herzog and the other coaches at CGHS, those results point to the mental and physical difficulties that exist in wrestling and particularly a multi-day event like the regionals. It's two days of matches, sometimes with down time in between, sometimes without, and the ability to maintain focus is paramount.

"Some of them competed well," Rich said. "But it's that grind: six minutes, match after match, in this case day after day. You're up early, you're not 100%, you're sore, you're banged up a little, tired, maybe hungry. It's not always the best wrestler who wins these tournaments. It's who can get themselves mentally prepared to give that top performance as if it was their first one."

While Raina will eventually have to recapture her focus in order to earn another state title, she had a slightly different plan following last weekend's triumph.

"Probably celebrate a little. We're gonna get a milkshake after this. My tournament traditions are either a Snickers at the tournament or some kind of ice cream afterwards," she said laughing.

Next up for the Lions wrestlers is the boys regionals, to be held at CGHS on Feb. 21-22. Girls who didn't qualify for state at regionals will be entered into the boys regionals, so their season isn't over and the coaching staff emphasizes that every wrestler has the responsibility of helping their teammates prepare.

To see more team and individual results, turn to page 4B. For more photos of the event, see 8B.

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