

CALENDAR CHOICES

Ongoing South Lane County events

Thursdays:

NAMI	Thursdays, 10 a.m., Jack Sprats
Creswell Over 40	Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St.
Charm Bracelet Project	Second Thursday, 10:15 a.m., Community Center
Community Sing-Along	1st and 3rd Thursdays, 10:30-11:30 Community Center
Rotary Club of Cottage Grove	Thursdays, 12 p.m., El Tapatio Mexican Restaurant
Lion's Club	Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant
Senior Center Game Day	Thursdays 12:30-4 p.m. C.G. Community Center.
South Valley Farmers Market	Thursdays 4-7pm 7th & Main, Downtown Cottage Grove May 2nd thru Oct. 31
Cottage Grove Alzheimer's Caregiver Support	Third Thursday, 6:30p.m., Magnolia Gardens
LGBTQIA Teen Group Meeting Chamber Ambassadors	Thursday, 4 p.m., S. Lane Mental Health
Hearing Loss Assoc.	Second and fourth Thursdays, 8 a.m., El Tapatio Mexican Restaurant
Lorane Fire Protection Dist.	Second Thursday, 7 p.m., 2589 Hilyard, Eugene
Poetry Night	Second Thursday, 7:30 p.m., 80287 Old Lorane Rd.
Eastern Star #4	Third Thursday, 7:30pm, Axe & Fiddle
S. Lane Fire Board	Third Thursday (no summer), 7:30 p.m., Masonic Center
	Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203
	Creswell

Fridays:

Senior Center Pinochle	Friday, 11:30-4 p.m., CG Community Center
Rosie the Riveter	Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C St., Springfield
Stand for Peace/Occupy CG	Friday, 5 p.m., Seventh and Main
American Legion #32	Friday Night Bingo, 5-7pm, 826 W. Main
Art Walk	Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG
Community Gospel Sing-a-long	Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St.
London Grange	First Friday Potluck, 600 p.m.; Third Friday Meeting, 72746 London Rd.

Saturdays:

VFW Post #3473	First Saturday, 10 a.m., 3160 Hillside Dr.
CG Historical Society Program	Third Saturday, 10 a.m., CG Community Center
American Legion #32	First Saturday, noon, 826 W. Main St.
CG Yarn Addicts	1-3pm Every Saturday, Crafty Mercantile
Cottage Grove Historical Museum	Downtown Cottage Grove
	Saturdays, 1-4 p.m., Corner H & Birch Streets

Exercise and Fun

KIDS CLUB
 South Lane School District grades 1-5.
 After school to 6 p.m. Mon-Fri on regular school days.
 Supervised play, homework help and snack.
 Cost: 1st child \$60/mo.; siblings \$40/mo.
 Info: 541-228-2847

YOGA & MEDITATION
 CG Community Center, 700 E. Gibbs Ave.
 For strength, flexibility, relaxation with Gloria. 541-912-7789
 Saturdays 10-11:30 a.m. \$5/session
 Proceeds for children's scholarships.

MINDFUL MOVEMENT YOGA

Join a great group in its thirteenth year. Unwind as we practice mindful movement with flow, breath, & core awareness for all levels. Wednesdays 6-7:30 p.m. Call Jane Guerber at 541-654-5087 if you have questions.

PICKLEBALL COTTAGE GROVE
 Info: 541-914-5937 or 503-318-8915

WARREN H. DAUGHERTY AQUATIC CENTER
 1440 S. 8th St., 541-942-5533
 Therapy Pool - Independent Exercise
 Mon, Wed, Fri: 5:30-6:45am & 7:30am-1pm,
 Tue, Thurs: 9am-1pm
 Lap Swim
 Mon, Wed, Fri: 5:30-6:45am & 7:30-8:30am,
 Mon-Fri: 9am-1pm (2 lanes), Sat: 11am-12pm, Mon, Wed (2 Lanes): 7:30-9am, Tue, Thurs, Fri, Sat (2 Lanes): 6-8:30pm

Weight Loss Support Groups

Monday
 9 a.m.: TOPS OR181 Take Off Pounds Sensibly, a weight-loss support group. At the Church of Christ, Drain. Info: 541-378-7801.

Tuesday
 5 p.m.: Weight Watchers Sinclar Room at Cottage Grove City Hall 400 E. Main St. 541-342-5386.

Wednesday
 3:45p.m. Weight Watchers is beginning a new session in Drain in the North Douglas Elementary School Library. Call Marian at 541-914-1520 with questions. All are welcome!

Thursday
 10 a.m.: TOPS OR85 Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866.

Sundays:
 Noon-4 p.m., 1717 Centenial Blvd, Springfield (Suites 4 and 7)
 South Lane Amateur Radio Assoc. Second Sunday, 2 p.m., Masonic Hall
 Cottage Grove Historical Museum Sundays, 1-4 p.m., Corner H & Birch St.

Mondays:

Caregiver Network	First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy
Senior Center Bingo	12:30 p.m. Monday, CG Community Center
Autism Peer Support	First Monday, 4 p.m., Healing Matrix
Dorena Grange #835	Fourth Monday, 6 p.m. Potluck; 7 p.m. Meeting, 34360 Row River Rd.
Overeaters Anonymous	7 p.m. Monday, First Presbyterian Church
CG City Council	Second and fourth Monday, 7 p.m., City Hall
Creswell Grange	Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell
South Lane Wheels Board	Fourth Tuesday, 12 p.m., 1450 Birch Ave.
Breast Cancer Support Group	Second Tuesday, 1 p.m., Call 541-942-2309 for location

Tuesdays:

Grief and Loss Support Group	3rd Tuesday, 1:30-3pm, CG Community Center, questions call Signature Hospice 541-246-1568
Veteran Support Services	3 p.m. Tuesday, Healing Matrix
Alzheimer's Caregiver Support	Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield
CG Youth Choir	4-5 p.m. Thursday, First Presbyterian Church (ages 12-16)
Community Sharing Board	Thrid Tuesday, 4:30 p.m., 1440 Birch Ave.
Watershed Council Science Pub	Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St.
Tirchotillomani Support Group	Second Tuesday, 5:30 p.m., Call 541-767-1730 for location
CG Garden Club	First Tuesday, 6 p.m., First Presbyterian Church
EBID	Second Tuesday, 6 p.m., CG Community Center
CG 912 Project	First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm
Humane Society of CG Second	Tuesday, 6:30 p.m., Sinclair Rm., City Hall
ACES Family Group	Third Tuesday, 6 p.m., 1551 E. Main St.
Friends of Mt. David	Second and fourth Tuesday, 6:30 p.m., corner of H and Birch
CG Recreation Assn.	Tuesday, 7 p.m., 1440 S. 8th St.

Wednesdays:

Kiwanis Club	Wednesday, 7 a.m., Koffee Kup Restaurant
Veterans Assistance	First Wednesday, 10 a.m.-1 p.m., VFW

Both Pools
 Family and Recreation Swim
 Mon, Wed: 7:30-9pm, Tue, Thurs, Fri, Sat: 6-8:30pm

BRIDGE CARD GAME
 Bridge players wanted!
 For info call 541-942-4633

5:30 p.m.: TOPS OR969 Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:00 pm, Meeting: 5:30 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Marie 541-942-9465.

5:30 p.m.: TOPS OR1020 (Creswell) Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.

Elk Creek Watershed Council	Third Tuesday, 7 p.m. Sunnysdale Grange, 5 miles west of Drain
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YONCALLA

City Council	Second Tuesday, 7 p.m., City Hall
ND Betterment	Third Monday, 12 p.m., City Hall
Planning Commission	Third Tuesday, 7 p.m., City Hall (as needed)
School Board	Thrid Wednesday, 7 p.m., YHS Library
Parks and Rec	First Tuesday, 7 p.m., Community Center
Library Board	Thrid Wednesday, 7 p.m. (beginning July 2018)
Friends of the Library	Second Thursday, 10 a.m., Library; Feb, May, Aug., Nov.

Library Book Club	Second Thursday, 6:30 p.m., Library
Beautification	Fourth Thursday, 5:30 p.m., City Hall
Chamber of Commerce	First Thursday, 7:30 p.m., Community Center
Rodeo Club	Third Thursday, 6:30 p.m., City Hall
Historical Society	Third Thursday, 3 p.m., City Hall
Site Council	Last Wednesday of month, 3:30 p.m., HS staff room
Applegate Pioneer Cemetery Board	Third Saturday, 10 a.m. Library

ELKTON

City Council	Second Thursday, 8:30 a.m., City Hall
Rebekahs	First and third Tuesday, Masonic Lodge
Eastern Star	Second and fourth Tuesday, Masonic Lodge
ECEC Board Meeting	First Tuesday, ECEC, 541-584-2692
ECEC Book Club	Second Wednesday, 12 p.m., ECEC

Genealogical Society Meeting	Post #3473, 3160 Hillside Dr. Second Wednesday, 10 a.m., CG Community Center
Genealogical Discussion Group	Third and fourth Wednesday, 10 a.m.-12 p.m., CG Community Center
Lane County Veterans Services	Third Wednesday, 10 a.m.-1 p.m., American Legion, 826 Main St.
Quilts of Valor	Second Wednesday, 10 a.m.-4 p.m., VFW, 3160 Hillside Dr.
Clothes Closet - Church of Christ	6th and Gibbs Monday, 11 a.m.-2 p.m.
Pinochle Group	Wednesday, 11:30 a.m.-4 p.m., Senior Center
Kiwanis Club	Wednesday, 12 p.m., El Tapatio Mexican Restaurant
Veteran's Assistance	Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr.
CG Children's Choir	Wednesday, 2 p.m., First Presbyterian Church (ages 6-11)

Alzheimer's/Dimentia Caregivers	Third Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community
CG Art Guild	First Wednesday, 6 p.m., Call 541-942-8913 for location
London 4-H Group	First Wednesday, 6 p.m. London Grange
Elks Bingo	Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug)
Beta Sigma Phi	First and third Wednesday, 7 p.m., call 541-942-1310 for location
CG Planning Commission	Third Wednesday, 7:30 p.m., City Hall
Friends of CG Carousel	Second and Fourth Wednesday, 9 a.m. - 11:30a.m. at the Community Center
Bohemia Mining Days Board	Third Wednesday at 6:30 p.m. at CG Hotel, 811 Main St., Suite E

All Weekdays:

Beeper Show	9-10 a.m. KNND 1040 AM. Call in discussion, various topics/guests
	541-942-5548
Please call 541-942-3325 or email: nsnyder@cgsentinel.com with updates or changes.	



Community Meals

Trinity Lutheran Church
 Tuesday and Thursday,
 5:15-6:15p.m., 675 S. Seventh St.

CG Elks Lodge
 Chicken Fried Steak First Friday
 5-7 p.m., 755 N. River Rd.

CG Elks Lodge
 Baked Chicken & more
 Second Friday
 5-7pm 755 N River Rd.

CG Elks Lodge
 Steak Feed Third Friday
 5-7 p.m., 755 N. River Rd.

CG Elks Lodge
 Fish Fry Fourth Friday
 5-7 p.m., 755 N. River Rd.

VFW
 Friday, 5:30-6:30 p.m.3160 Hillside Dr.

Sustainable CG
 First Friday, 6:30 p.m. Potluck
 Healing Matrix

Sunday Supper
 5-6 p.m. Sunday, CG
 Community Center

Creswell New Hope Baptist
 Wednesday, 5:15 p.m., 597 S. Front St., Creswell

Breakfasts:
 VFW Post #3473
 First Sunday, 8-11 a.m., 3160 Hillside Dr.

OLPH Catholic Church
 Second Sunday (no Dec or March.) 8 a.m.-12 p.m., Harvey and 19th St.

Masonic Lodge
 Third Sunday, 8-11 a.m., 33322 Row River Rd.

Elks Lodge
 Fourth Sunday, 8-11 a.m., 755 N. River Rd.

Addiction Recovery Groups

Thursday
 7 a.m.: AA Open Meeting, “On Awakening” at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036.
 Enter bldg, thru front patio gate
 6 p.m.: AA Open Meeting for women only. “We’re working on it!” Church of Christ, 6th & Gibbs. Info: 541-228-4751 or 541-510-4228.
 7 p.m.: Nar-A-Non Family Meeting, CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.

Tuesday
 7 p.m.: Narcotics Anonymous. “A Way Back to Reality”, open participation. At CG Community Center, back room, 700 Gibbs Ave. 541-603-8162

Wednesday
 7 a.m.: AA Open Meeting, “On Awakening” at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036.
 Enter bldg, thru front patio gate
 7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting, at CG Comm. Center, 700 Gibbs Av

Friday

7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.

Saturday
 7 a.m.: AA Open Meeting, “On Awakening” at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036.
 Enter bldg, thru front patio gate
 Noon: AA Meeting-Women's Good Grief Group. Closed meeting, Open to women alcoholics only. At Riverside Church of God. Info: 541-510-4228 or 541-942-2809.
 7 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.
 7 p.m.: Al-Anon Meeting-Open Literature Discussion Group. CG Comm. Center, 700 Gibbs Ave.

DR. JONATHAN BACKER

Creating Smiles that Last a Lifetime!



Currently Welcoming New Patients - Call for an Appointment!

1551 East Main Street • Cottage Grove • (541) 942-8437