

CALENDAR CHOICES

Ongoing South Lane County events

Thursdays:		Sundays:		Genealogical Society Meeting		Post #3473, 3160 Hillside Dr.	
NAMI	Thursdays, 10 a.m., Jack Sprats	Occupy Medical Free Clinic	Noon-4 p.m., 1717 Centenial Blvd, Springfield (Suites 4 and 7)			Second Wednesday, 10 a.m.,	CG Community Center
Creswell Over 40	Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St.	South Lane Amateur Radio Assoc.	Second Sunday, 2 p.m., Masonic Hall	Genealogical Discussion Group		Third and fourth Wednesday,	10 a.m.-12 p.m., CG Community Center
Charm Bracelet Project	Second Thursday, 10:15 a.m., Community Center	Cottage Grove Historical Museum	Sundays, 1-4 p.m., Corner H & Birch St.			Third Wednesday, 10 a.m.-1 p.m.,	American Legion, 826 Main St.
Community Sing-Along	1st and 3rd Thursdays, 10:30-11:30 Community Center			Lane County Veterans Services		Second Wednesday, 10 a.m.-4 p.m.,	VFW, 3160 Hillside Dr.
Cottage Grove Rotary Club	Thursdays, 12 p.m., Stacy's Covered Bridge Restaurant			Quilts of Valor		6th and Gibbs Monday, 11 a.m.-2 p.m.	
Lion's Club	Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant			Clothes Closet - Church of Christ		Wednesday, 11:30 a.m.-4 p.m.,	Senior Center
Senior Center Game Day	Thursdays 12:30-4 p.m. C.G. Community Center.			Pinochle Group		Wednesday, 12 p.m., El Tapatio Mexican Restaurant	
South Valley Farmers Market	Thursdays 4-7pm 7th & Main, Downtown Cottage Grove May2dn thru Oct. 31			Kiwanis Club		Third Wednesday, 12-3 p.m.,	VFW Post #3473, 3160 Hillside Dr.
Cottage Grove Armory Alzheimer's Caregiver Support	Third Thursday, 4 p.m., Magnolia Gardens			Veteran's Assistance		Wednesday, 2 p.m.,	First Presbyterian Church (ages 6-11)
LGBTQIA Teen Group Meeting Chamber Ambassadors	Thursday, 4 p.m., S. Lane Mental Health			CG Children's Choir		Third Wednesday, 5:30 p.m.,	Middlefield Oaks Senior Living Community
Hearing Loss Assoc.	Second Thursday, 7 p.m., 2589 Hilyard, Eugene			Alzheimer's/Dimentia Caregivers		First Wednesday, 6 p.m.,	Call 541-942-8913 for location
Lorane Fire Protection Dist.	Second Thursday, 7:30 p.m., 80287 Old Lorane Rd.			CG Art Guild		First Wednesday, 6 p.m. London Grange	Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug)
Poetry Night	Third Thursday, 7:30pm, Axe & Fiddle			London 4-H Group		First and third Wednesday, 7 p.m.,	call 541-942-1310 for location
Eastern Star #4	Third Thursday (no summer), 7:30 p.m., Masonic Center			Elks Bingo		Third Wednesday, 7:30 p.m.,	City Hall
S. Lane Fire Board	Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203 Creswell			Beta Sigma Phi		Second and Fourth Wednesday, 9 a.m. -	11:30a.m. at the Community Center
Fridays:		Tuesdays:		Bohemia Mining Days Board		Third Wednesday at 6:30 p.m. at CG Hotel, 811 Main St., Suite E	
Senior Center Pinochle	Friday, 11:30-4 p.m., CG Community Center	Grief and Loss Support Group	3rd Tuesday, 1:30-3pm, CG Community Center, questions call Signature Hospice 541-246-1568	CG Planning Commission			
Rosie the Riveter	Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C St., Springfield	Veteran Support Services	3 p.m. Tuesday, Healing Matrix	Friends of CG Carousel			
Stand for Peace/Occupy CG	Friday, 5 p.m., Seventh and Main	Alzheimer's Caregiver Support	Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield				
American Legion #32	Friday Night Bingo, 5-7pm, 826 W. Main	CG Youth Choir	4-5 p.m. Thursday, First Presbyterian Church (ages 12-16)				
Art Walk	Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG	Community Sharing Board	Thrid Tuesday, 4:30 p.m., 1440 Birch Ave.				
Community Gospel Sing-a-long	Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St.	Watershed Council Science Pub	Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St.				
London Grange	First Friday Potluck, 600 p.m.; Third Friday Meeting, 72746 London Rd.	Tirchotillomani Support Group	Second Tuesday, 5:30 p.m., Call 541-767-1730 for location				
Saturdays:		CG Garden Club	First Tuesday, 6 p.m., First Presbyterian Church				
VFW Post #3473	First Saturday, 10 a.m., 3160 Hillside Dr.	EBID	Second Tuesday, 6 p.m., CG Community Center				
CG Historical Society Program	Third Saturday, 10 a.m., CG Community Center	CG 912 Project	First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm				
American Legion #32	First Saturday, noon, 826 W. Main St.	Humane Society of CG Second	Tuesday, 6:30 p.m., Sinclair Rm., City Hall				
CG Yarn Addicts	1-3pm Every Saturday, Crafty Mercantile Downtown Cottage Grove	ACES Family Group	Third Tuesday, 6 p.m., 1551 E. Main St.				
Cottage Grove Historical Museum	Saturdays, 1-4 p.m., Corner H & Birch Streets	Friends of Mt. David	Second and fourth Tuesday, 6:30 p.m., corner of H and Birch				
		CG Recreation Assn.	Tuesday, 7 p.m., 1440 S. 8th St.				
		Wednesdays:					
		Kiwanis Club	Wednesday, 7 a.m., Koffee Kup Restaurant				
		Veterans Assistance	First Wednesday, 10 a.m.-1 p.m., VFW				



Exercise and Fun

KIDS CLUB
South Lane School District grades 1-5.
After school to 6 p.m. Mon-Fri on regular school days.
Supervised play, homework help and snack.
Cost: 1st child \$60/mo.; siblings \$40/mo.
Info: 541-228-2847

YOGA & MEDITATION
CG Community Center, 700 E. Gibbs Ave.
For strength, flexibility, relaxation with Gloria. 541-912-7789
Saturdays 10-11:30 a.m. \$5/session
Proceeds for children's scholarships.
MINDFUL MOVEMENT YOGA

Join a great group in its thirteenth year. Unwind as we practice mindful movement with flow, breath, & core awareness for all levels.
Wednesdays 6-7:30 p.m. Call Jane Guerber at 541-654-5087 if you have questions.

YOGA SCHMOGA
Join us for sessions of simple movements tied to the breath. Ending with Savasana, Pranayama, and Meditation. Beginners are more than welcome, this is an all levels class.
Thursday at 6 pm. Cottage Grove Community Center. For more info look up Yoga Schmoga on Facebook

PICKLEBALL COTTAGE GROVE
Info: 541-914-5937 or 503-318-8915

WARREN H. DAUGHERTY AQUATIC CENTER
1440 S. 8th St., 541-942-5533
Therapy Pool - Independent Exercise
Mon, Wed, Fri: 5:30-6:45am & 7:30am-1pm,
Tue, Thurs: 9am-1pm
Lap Swim
Mon, Wed, Fri: 5:30-6:45am & 7:30-8:30am,
Mon-Fri: 9am-1pm (2 lanes), Sat: 11am-12pm, Mon, Wed (2 Lanes): 7:30-9am, Tue, Thurs, Fri, Sat (2 Lanes): 6-8:30pm
Both Pools
Family and Recreation Swim
Mon, Wed: 7:30-9pm, Tue, Thurs, Fri, Sat: 6-8:30pm

BRIDGE CARD GAME
Bridge players wanted!
For info call 541-942-4633

5:30 p.m.: TOPS OR969 Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:00 pm, Meeting: 5:30 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Marie 541-942-9465.

5:30 p.m.: TOPS OR1020 (Creswell) Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.

Recurring North Douglas County Meetings

DRAIN	
City Council	Second Monday, 7 p.m., Civic Center
Fire Board	Third Monday, 7 p.m., Fire Hall
School Board	Fourth Monday, 6:30 p.m., HS Library
Cemetery Board	Third Tuesday, 9:30 a.m., Civic Center (even numbered months)
Planning Board	First Monday, 7 p.m., Civic Center (as needed)
Civic Center Board	Third Tuesday, 5:30 p.m., Civic Center (odd numbered months)
Parks & Rec. Board	Third Monday, 7 p.m., Pool Meeting Room
Library Board	Third Wednesday, 6 p.m., Library
Friends of Library	First Wednesday, 6 p.m., Library
ND County Fair Board	Fourth Monday, 7 p.m., Civic Center
Elk Creek Watershed Council	Third Tuesday, 7 p.m., Sunnydale Grange
Masons	Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m.
(OES) Eastern Star	Second Wednesday, 7:30 p.m.
Sunnydale Grange	Second Monday, 6:30 p.m.; Potluck First Monday, Bingo 6:30 p.m.
Living Hope Outreach	Lunch: Wednesday, 12:30-2 p.m.
Food Pantry: Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m.	

Elk Creek Watershed Council	Third Tuesday, 7 p.m. Sunnydale Grange, 5 miles west of Drain
YONCALLA	
City Council	Second Tuesday, 7 p.m., City Hall
ND Betterment	Third Monday, 12 p.m., City Hall
Planning Commission	Third Tuesday, 7 p.m., City Hall (as needed)
School Board	Thrid Wednesday, 7 p.m., YHS Library
Parks and Rec	First Tuesday, 7 p.m., Community Center
Library Board	Thrid Wednesday, 7 p.m. (beginning July 2018)
Friends of the Library	Second Thursday, 10 a.m., Library; Feb, May, Aug, Nov.
Library Book Club	Second Thursday, 6:30 p.m., Library
Beautification	Fourth Thursday, 5:30 p.m., City Hall
Chamber of Commerce	First Thursday, 7:30 p.m., Community Center
Rodeo Club	Third Thursday, 6:30 p.m., City Hall
Historical Society	Third Thursday, 3 p.m., City Hall
Site Council	Last Wednesday of month, 3:30 p.m., HS staff room
Applegate Pioneer Cemetery Board	Third Saturday, 10 a.m. Library
ELKTON	
City Council	Second Thursday, 8:30 a.m., City Hall
Rebekahs	First and third Tuesday, Masonic Lodge
Eastern Star	Second and fourth Tuesday, Masonic Lodge
ECEC Board Meeting	First Tuesday, ECEC, 541-584-2692
ECEC Book Club	Second Wednesday, 12 p.m., ECEC

Community Meals

Trinity Lutheran Church
Tuesday and Thursday,
5:15-6:15p.m., 675 S. Seventh St.

CG Elks Lodge
Chicken Fried Steak First Friday
5-7 p.m., 755 N. River Rd.

CG Elks Lodge
Baked Chicken & more
Second Friday
5-7 pm 755 N River Rd.

CG Elks Lodge
Steak Feed Third Friday
5-7 p.m., 755 N. River Rd.

CG Elks Lodge
Fish Fry Fourth Friday
5-7 p.m., 755 N. River Rd.

VFW
Friday, 5:30-6:30 p.m.3160 Hillside Dr.

Sustainable CG
First Friday, 6:30 p.m. Potluck
Healing Matrix

Sunday Supper
5-6 p.m. Sunday, CG
Community Center

Creswell New Hope Baptist
Wednesday, 5:15 p.m., 597 S. Front St., Creswell

Breakfasts:
VFW Post #3473
First Sunday, 8-11 a.m., 3160 Hillside Dr.

OLPH Catholic Church
Second Sunday (no Dec or March.) 8 a.m.-12 p.m., Harvey and 19th St.

Masonic Lodge
Third Sunday, 8-11 a.m., 33322 Row River Rd.

Elks Lodge
Fourth Sunday, 8-11 a.m., 755 N. River Rd.

Addiction Recovery Groups

Thursday
7 a.m.: AA Open Meeting, “On Awakening” at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg, thru front patio gate
6 p.m.: AA Open Meeting for women only. “We’re working on it!” Church of Christ, 6th & Gibbs. Info: 541-228-4751 or 541-510-4228.
7 p.m.: Nar-A-Non Family Meeting, CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.

Tuesday
7 p.m.: Narcotics Anonymous. “A Way Back to Reality”, open participation. At CG Community Center, back room, 700 Gibbs Ave. 541-603-8162

Wednesday
7 a.m.: AA Open Meeting, “On Awakening” at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg, thru front patio gate
7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting, at CG Comm. Center, 700 Gibbs Av

Friday
7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.

Saturday
7 a.m.: AA Open Meeting, “On Awakening” at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg, thru front patio gate
Noon: AA Meeting-Women's Good Grief Group. Closed meeting, Open to women alcoholics only. At Riverside Church of God. Info: 541-510-4228 or 541-942-2809.
7 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.
7 p.m.: Al-Anon Meeting-Open Literature Discussion Group. CG Comm. Center, 700 Gibbs Ave.

DR. JONATHAN BACKER

Creating Smiles that Last a Lifetime!

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