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INFORMATION

Office Hours: 8:30 a.m. to 5 p.m. Monday through Friday

Phone: 541-942-3325

541-942-3328 Address:

Fax:

116 N. 6th Street

PO Box 35 Cottage Grove, OR 97424

DEADLINES:

Regular classified ads (Starts @ \$8.65 and includes up to 10 words per issue - excludes lost & found), Monday 11 a.m.; Display ads. Friday 12 p.m.; Service Directory Friday, 12:00 p.m. Boxed, Display Classified Ads & Vehicle/Boat Promos, Friday 12 p.m.

ADJUSTMENTS:

If your advertisement ap pears incorrectly, notify us immediately. We will not be responsible for more than one incorrect insertion. Such responsibility is limited to correct insertion of advertisement. No information on the classified pages will be released prior to publication.

Ads are in Area Code (541)

unless otherwise indicated in ad.

EMPLOYMENT

General Contractors

JOEL LADD CONSTRUCTION New or remodel, decks, siding, windows, doors, shops, fences. 541-913-1541 ccb# 203496

Other listings - see Gallery of

MERCHANDISE

Firewood

DRY FIR WOOD 1/2 cord \$90 541-942-4581 or 541-521-9756

Firewood-dry, seasoned fir, cedar, alder. \$180/cord, CG deliveries. 541-054-6701.

Newspaper Rolls

END ROLLS - leftover paper on rolls from the printing press. Great for wrapping and packing! No newsprint on them. Various prices, At Cottage Grove Sentinel, 116

Reduce Recycle Reuse

STATEWIDE

SPORTING GOODS:

2019 RICKREALL GUN SHOW: Sat., Dec. 14, 9-5 & Sun., Dec. 15, 9-3. Adults \$7 (Kids under 12 FREE). FREE PARKING-Polk County Fairgrounds. Rickreall, OR. 503-623-3048

SERVICES:

DIVORCE \$130. Complete preparation. Includes children, custody, support, property and bills division. No court appearances. Divorced in 1-5 weeks possible. 503-772-5295. www.paralegalalternatives.com legalalt@ msn.com DISH Network \$59.99 For

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Gordon & Assoc., Social Security Disability Attorneys, 1-855-548-1237! FREE Consultations, Local Attorneys Nationwide [Mail: 2420 N St NW. Washington DC. Office: Broward Co. FL (TX/NM Bar.)].

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Financial Benefits for those

MISCELLANEOUS:

DONATE YOUR CAR TO UNITED BREAST CANCER FOUNDATION! Your donation helps education, prevention & support programs. FAST FREE PICKUP - 24 HR RESPONSE - TAX DEDUCTION. 1-855-252-2579.

DONATE YOUR CAR, TRUCK

OR BOATTO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. CALL 1-844-533-9173.

GOT AN OLDER CAR, VAN OR SUV? Do the humane thing. Donate it to the Humane Society. Call 1-877-246-1527.



Zoning changes. Tax increases. Legislative proposals. These are just a few ways government actions can affect your life and community.

80% of all Oregon adults read a newspaper at least once during an average week, and 54% read public notices printed there.*

But federal, state, and local government agencies erroneously believe they can save money by putting public notices on their web sites instead. If that happens, how will public notices be ... well, noticed? Less than 10% of the U.S. population currently visits a government web site daily.**

You should not have to know where, when, and how to look, or what to look for, in order to be informed. It is the government's responsibility to deliver notice

Your right to know is being served right here: in your newspaper. * American Opinion Research, Princeton NI, September 2010. ** U.S. Census Bureau, May 2009

PUBLIC NOTICES

INTERESTED PERSONS Notice is hereby given that Hunter Russell has been appointed personal representative for the Estate of Robert C. Russell, by the Circuit Court of the State File No. 19PB08666. All persons having claims against the estate are hereby notified to present them to the personal representative, representative's attorney at 1400 Executive Parkway, Suite 300, Eugene, OR 97401 within four months from the date of the first claims may be barred. Date of the first publication of this notice is November 27, 2019. All persons whose rights may be affected the proceeding may obtain additional information from the records of the Court, the personal representative, or the personal representative's attorney, Kirk H. Strohman, Jr., Strohman Ford, LLC, 1400 Executive Parkway, Suite 300, Eugene, OR 97401; Phone 541-345-4312.

NOTICE TO INTERESTED PERSONS Notice is hereby given that Karyn Brown has been appointed personal representative for the Estate of Donald A. Pye, by the Circuit Court of the State of Oregon for Lane County, Case

PUBLIC NOTICES

File No. 19PB08461. All persons having claims against the estate are hereby notified to present them to the personal representative, at the office of the personal representative's attorney at 1400 Eugene, OR 97401 within four months from the date of the first publication of this notice or their claims may be barred. Date of the November 27, 2019. All persons whose rights may be affected by the proceeding may obtain additional information from the records of the Court, the personal representative, or the personalrepresentative's Kirk H. Strohman. attorney, Jr., Strohman Ford, LLC, 1400 Executive Parkway, Suite 300. Eugene, OR 97401; Phone 541-345-4312.

GROVE STORAGE 1520 Highway 99 N, Cottage Grove, OR 97424. AUCTION: December 14, PROMPTLY at 11:00 A.M. Cottage Grove Mini Storage in accordance with ORS 87.162 will offer for Public Auction the following storage unit/s for non-payment of rent and other fees.

1. Unit #A-010 Tera Norris - Misc. goods. 2. Unit # A-031 Jessica Hollinger -

Misc. Goods 3. Unit # B-221 Christopher Butler -

Misc. goods. UNLESS PAYMENT IN-FULL IS MADE BEFORE THE TIME OF AUCTION. 1520 Hwy 99 N, Cottage Oregon 97424,

PUBLIC NOTICES

(541)942-6996. SEALED BIDS ON ENTIRE UNIT DUE IN OFFICE NO LATER THAN 11:30 AM "CASH ONLY". BID DATE: December 14, 2019. NOTIFICATION DATE: December 17, 2019.

Meeting Notice South Lane County Fire & Rescue

Civil Service Commission will be holding a public meeting on Tuesday December 17, 2019 at 9:00 a.m. Station 201 located at 233 E. Harrison Avenue Cottage Grove, OR 97424.

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY In the Matter of the Estate of Anton Otto Singler Estate No. 19PB09179 NOTICE TO INTERESTED PERSONS, NOTICE IS HEREBY GIVEN that on December 2, 2019, Christopher Anthony David Singler has been appointed and has qualified as Personal Representative of this estate. All persons having claims against said estate are hereby required to present the same, with

PUBLIC NOTICES

proper vouchers, within four months after the date of first publication of this Notice, as stated below, to the Personal Representative at 225 Oakway Center, Eugene, Oregon 97401, or they may be barred.

All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of the court, the Personal Representative, or the attorney for the Personal Representative.

Date and First Published: December 12, 2019. by: GREG ALLEN HUNT, Attorney for Personal Representative.

NOTICE TO INTERESTED PERSONS: Probate proceedings in the Estate of Alton E. Turner. deceased, are now pending in the Circuit Court for Lane County, Oregon, Case No. 19PB09212. Scot Turner has been appointed as personal representative of Decedent. All persons having claims against the Estate are required to present them, in due form, within four months after the date of first publication of this Notice. The date of first publication of this Notice is December 12, 2019. Claims shall be presented to the personal representative at this address: c/o Bryon L. Land, Arnold Gallagher P.C., 800 Willamette Street, Suite 800, PO Box 1758,

PUBLIC NOTICES

Eugene, OR 97440-1758, or they may be barred. All persons whose rights may be affected by these proceedings may obtain additional information from the records of the court, the personal representative, or his attorney, Bryon L. Land, whose address is listed above, and whose telephone number is (541) 484-0188.

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY In the Matter of the Estate of Lvnn A. Hufstader Estate No: 19PB09010 NOTICE TO INTERESTED PERSONS, NOTICE IS HEREBY GIVEN that December 3, 2019 Derick Hufstader and Cindy Hamel have been appointed and has qualified as Co-Personal Representatives of this estate. All persons having claims against said estate are hereby required to present the with proper within four months after the date

of first publication of this Notice as stated below, to the Personal Representatives at 225 Oakway

PUBLIC NOTICES

Center, Eugene, Oregon 97401, or they may be barred. All persons whose rights may be affected by the proceedings in this estate may obtain additional

information from the records

Representatives, or the attorney for

the court, the Personal

the Personal Representatives. Date and First Published: December 12, 2019. by: GREG ALLEN HUNT, Attorney for Personal Representatives.

North Douglas Co. Fire & EMS Board of Directors Meeting-December 16, 2019 531 S. Cedar ST. Drain, Or 97435

Old Business: Seismic upgrade

Old Treasures **NEW FINDS** List your sale items today! Call us

541-942-3325

Sweeten The Season With **Delicious, Nutritious Dried Fruit**

(NAPS)—Here's encouraging news for many people who like to indulge around the holidays: you can enjoy a sweet treat as a snack, a sauce, a spread and even dessert, that's actually good for you. That is when you whet your appetite for dried fruits such as cranberries and cherries.

According to studies published by the National Institutes of Health, dried fruit consumption, in contrast with fresh fruit, can provide significant proportions of daily requirements of several micronutrients, particularly folate, and that people who eat dried fruit tend to weigh less and ingest more nutrients, than those who don't.

Ounce for ounce, dried fruits contain more fiber and more protective antioxidants than fresh fruit, adds Harvard's Dr. Anthony Komaroff. The fiber fights heart disease, obesity, some types of cancer and possibly degenerative brain diseases.

What's more, the anthocyanin in cherries may help with muscle recovery after a workout. Basically, dried fruit can be a great

and easy way to enhance nutrient density. There are many ways you and your family can enjoy these tasty treats,

during the holidays or at any time. Here are a couple of easy recipes you

nay care to try: Oatmeal Smoothie With Dried Fruit

½ cup nut milk

spices and enjoy.

- ½ cup old-fashioned rolled oats ½ cup yogurt (optional)
- 1 teaspoon chia seeds 1 teaspoon flaxseed milled
- 1 teaspoon hemp seeds ½ banana mashed
- Dried cherries, dried cranberries, nuts, and/or spices to top

Add milk, oats, yogurt, chia seeds, flaxseed, hemp seeds, and banana to a bowl and stir. Transfer to jar, place lid on jar and refrigerate for 5-8 hours. Top with dried fruit, nuts, and/or



Four pounds of dried fruit can go a long way toward making your holiday baking and cooking more nutritious and delicious.

For the more sophisticated palates among your family and friends, there's

Cran-Cherry Rosemary Spread

- 8 ounces of cream cheese, softened 1 Tablespoon fresh rosemary
- 2 Tablespoons dried cranberries,
- chopped 1 teaspoon fresh chives 2 teaspoons heavy cream
- 1 Tablespoon dried cherries, chopped 1 teaspoons garlic powder

In a medium bowl, combine the cream cheese, cranberries, cherries, heavy cream, and garlic powder. Finely chop the chives and rosemary and place into the bowl. Mix thoroughly with a fork until combined well. Scoop into a serving dish and place in the refrigerator until ready

Making these recipes even easier is that you can now get a four pound box from Michigan's dried fruit experts, Graceland, that includes a two pound bag of dried cranberries and a two pound bag of dried cherries. It's available at Meijer's throughout MI. Learn More

For further facts, tips and recipes, go to www.gracelandfruit.com.

How To Choose A Christmas Tree: Tips From Expert Arborist Mark Chisholm

(NAPS)—There's more to decking the halls with just the right Christmas tree than many people realize. Here are seven hints that can help:

Select Your Location

Before you head to the lot or store to pick out this year's tree, you must be certain of where you want to place the tree and the space available. Try to avoid spots near heat sources such as radiators, fireplaces, heating vents and even televisions or sun-drenched windows. Also, try to tuck the tree into a low-traf-



Mark Chisholm

fic area to avoid accidental bumping and possible safety issues. Next, you'll need to measure the space dimensions you have to work with, bearing in mind that a tree stand will add a few extra inches of height, as will a star or angel to finish the top.

Consider a Charitable Tree Lot If you're like me and look forward to contributing to the spirit of the season while picking a tree, you can look for charitable lots. One I like to shop at donates all of its proceeds to a children's hospital. Another option would be to get an extra tree and then donate it to a family that can't afford one or to an organization that will find that tree the right home. Select the Right Tree for You

At the lot you will likely see three or

four common varieties of trees. Some things to consider when choosing are the color, shape and feel of the tree. Some trees are dark green, and others have gray or white shades. There are trees with tight branching patterns and some with more spaces. One thing to remember is that if the tree looks very full while absent of ornaments, it may be difficult to decorate. Most trees that end up on a lot have been groomed and sheared to look great during the selection process. Then you get it home and realize that there's very little space for ornaments. Choosing one with some empty spaces might be a better route. You could bring a few of your favorite ornaments with you to test at the store. Also, be sure that the first foot of trunk is straight, or you could have one heck of a time getting it to stand up correctly at home.

Try a Live Tree

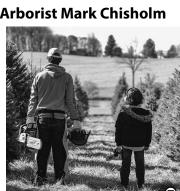
Balled and burlap or container trees can be a nice choice for a live tree. It will be heavier and need more diligent care once home. After the holidays are over, it can be added to the landscape. One extra step you'll need to adopt is assessing the planting space for proper growing space, sunlight and watering needs. Make sure the species you choose will thrive where

Test Your Tree for Freshness Once you have the look you want,

you'll need to test the tree for freshness. Trees that are on a lot could have been cut and shipped weeks earlier. Look for greener trees with no signs of wilting or browning. What can be tricky is that many trees have undergone a colorizing treatment before they were shipped. That's why a quick pull test is next on my list. Grab a limb or two and pull them toward you. Release the limb slowly, letting it pull through your hand. A fresh tree will keep most or all of its needles in this test and the limb will not feel brittle or snap. Flexibility in the limbs is a must if the tree is to remain green for the next few weeks indoors. The final test is a quick drop test. Lift the tree a few inches off the ground and then let the butt of the tree hit the ground. That quick shock will release any dry needles and give you a good feel for how fresh the tree truly is. Don't worry about a few needles letting

ose within the interior. **Prepare Your Tree for Indoors**

Once you pick your tree and truck it home, make a fresh cut at the base,



Taking seven steps can help you get the right Christmas tree for your home and family.

unless it was already done for you. One thing I like to do before I bring my tree inside is to take out my STIHL blower and give the tree a quick blast to remove any loose needles, debris wedged in the branches and, most importantly, remove any insects or egg masses that might have survived the journey.

Recycle Your Tree

After Christmas is over, you'll need to dispose of the family tree. There are many recycling programs all over the country that account for the recycling of 93% of all trees nationally. Most get ground into mulch to be given back to the community or used as mulch in flower beds and parks. Some places have extensive erosion programs that take advantage of this biodegradable resource. Check websites such as RealChristmas-Trees.org for more information. Learn More

For further facts on tree care, go to www.stihlusa.com/information/how-to-

guides/tips-for-choosing-real-christmas-**About Mark Chisholm** One part acrobat, one part expert

rope climber, one part tree physiologist, and several parts competitor and thrill seeker, Mark Chisholm is a third-generation certified arborist with his family owned Aspen Tree Expert Company and STIHL Inc. spokesperson.