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Local VB players receive honors

Both Skyline and Sky-Em league coaches met recently to vote on their All-League selections. Players from both the Cottage Grove Lions and the North Douglas Warriors received honors.

For Cottage Grove, a team with a single senior on the roster, juniors Matty Ladd (OH) and Avery Hutchins (OH) were named to the Sky-Em All-League First Team. Sophomores Peyton Kidd (S) and Gracie Arnold — who missed time towards the end of the season due to injury — were

named to the Honorable Mention Team.

North Douglas had six players honored by Skyline coaches. Making the All-League First Team were seniors Rilie-Jo Olds (MB) and Nicki Derrick (S) along with sophomore Halli Vaughn (OH) and freshman Brooklyn Williams (OH). Senior Natalie Draeger (MB) was named to the All-League Second Team. As noted for this week's Athlete of the Week, sophomore Samantha MacDowell was named Skyline Libero of the Year.

10 ways to be a better cougar hunter

Oregon's population of about 6,000 cougars occupies a wide variety of habitats across the state, offering a year-round, readily-accessible hunting opportunity.

Their nocturnal habits and stealthy character make cougars a challenging big game animal to hunt. ODFW wildlife biologists Scott Napoli from the White River Wildlife Area and Herman Biederbeck from the north Coast offer these tips to help you harvest more cougars.

1. Ditch the calendar. Winter, after other big game seasons have closed, is a great time to hunt cougar. Damp, snowy ground can make it easier to track cougar. Also deer and elk begin to concentrate in lower elevation areas, becoming major attractions to hungry cougars.

2. Scout, locate, document. Prior to your hunt, spend time in the field scouting for cougar the same way an elk hunter scouts for elk. Locate cougar signs like tracks (be sure you know what a cougar track looks like), kill sites (cougars cover their kill and return to it later) and even scent markers (a scrape of leaves and twigs that cougars use to mark their territories with urine and poo). Document what you find on a map or GPS. As you begin to collect data, you might start seeing patterns in how a cougar travels in their territory.

3. Set up trail cameras on ridgelines and game trails to see what's happening when you're not there. Even better, focus on canyon areas, where cats like to spend time.

4. Use good quality calls. Predator calling is the best option for targeting cougars and being successful. But be prepared to spend money on a good call. Consider both the source of the sounds they are recording and the quality of the digital playback.

Don't overlook using cat calls. Cougars are very territorial and

are likely to investigate the sound of another cat in their territory.

5. Call long and hard. Call longer for cats — 45 minutes of continuous calling or more. Twenty minutes of calling now and then may work for some predators like coyote, but it's not the way to call cougar.

6. Call safely. Cats are quiet and stealthy — you don't want one creeping up on you while you're calling. Here are a couple of techniques to stay safe. Call while sitting back-to-back with a buddy. You'll have a 360 degree view around you and will be able to take turns calling as loud and long as you can. Set up with your back to something like a tall canyon wall that will keep a cougar from creeping up behind you. Stay still, especially when using mouth calls. Moving may cause a cougar to think you're the prey.

7. Consider a moving decoy. They became legal at the beginning of 2019. Set one up and start calling at a kill site or canyon entrance and watch for cougar.

8. Don't overlook the details. Sometimes it's the smallest things that can ruin your hunt. Be quiet. Once you arrive at your hunting site, try to be as stealthy as the cats you're hunting. Don't slam the car doors, keep conversation to minimum, walk slowly and quietly to your calling site, etc. Manage your scent -- cougars have a keen sense of smell. Where possible, set up downwind of the direction from which you expect a cougar to approach, use scent sprays to treat you and your clothes. Take advantage of shade and cover to make yourself harder for a cat to see.

9. Be ready, even if you aren't necessarily cougar hunting. Most cougars are seen and taken by deer and elk hunters. Have a cougar tag with so you can take advantage when a cougar opportunity presents itself.

10. Consider cougar for dinner. Most people don't know how good cougar meat can be, so it's worth taking some back strap home and giving it a try. (Although you're not legally required to salvage cougar meat.)

GOLF	
Middlefield Men's Club Monday 11/4/2019 Game: 2M Best Ball	
First Place	-28
Jack Doleman	
Frank Gates	
Phil Hamilton	
Keith Rowling	
Second Place	-24
Tom Arney	
Larry Eyman	
John Kallbrier	
Bruce Schennum	
Third Place (tie)	-23
Jake Cox	
Rick LeBrun	
Pat Rickard	
Mike Stahl	
Third Place (tie)	-23
Todd Dennis	
Steve Lindholm	
Bob McCarty	
Jerry Pennington	
Third Place (tie)	-23
Ron Ackerman	
Steve Ellickson	
Tom Lemmon	
Bob Martindale	
Sixth Place	-22
Jim Cunningham	
Don Perkins	
Larry Strickland	
Todd Dennis BD	
Seventh Place	-21
Gary Sparks	
Walter Ali	
Larry Zuvich	
Pat Rickard BD	
Low Net	
Keith Rowling	61
Larry Eyman	61
Ron Ackerman	62
Jack Doleman	63
Jerry Singer	63
John Kallbrier	63
Thursday 11/7/2019 Game: 3, 2, 1 Points	
First Place (tie)	99
Walter Ali	
John Kallbrier	
Jerry Pennington	
Dave Tooker	
First Place (tie)	99
Ricky Ambrose	
Bruce Dorman	
Larry Eyman	
Mike Stahl	
Third Place (tie)	96
Russell Bryce	
Jim Cunningham	
Pat Rickard	
Gary Welch	
Third Place (tie)	96
Jim Lehl	
Rick LeBrun	
Steve Lindholm	
Dan Pearson	
Fifth Place	94
Adrian Chatigny	
Frank Gates	
Bob McCarty	
Russell Bryce BD	
Sixth Place (tie)	93
Jake Cox	
Phil Hamilton	
Larry Strickland	
Jim Cunningham BD	
Sixth Place (tie)	93
Bill Avery	
Steve Ellickson	
Rudy Nellermeoe	
Bruce Schennum	
Low Net	
Phil Hamilton	59
Don Perkins	61
Jerry Pennington	61
John Kallbrier	61
Jim Cunningham	62



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