

# DanceAbility fall class schedule announced

Weekly DanceAbility classes in Eugene have resumed at the Hilyard Community Center, 2580 Hilyard St., Tuesday afternoons from 4 to 5:15 p.m.

Classes are open to all people regardless of ability or disability.

DanceAbility classes consist of dance and movement exercises and explorations that build camaraderie, physical awareness and expressive capabilities. The DanceAbility method is a contemporary dance practice taught in a way that ensures no one is isolated, regardless of experience, abilities or disabilities.

Classes will be taught by Certified DanceAbility Teacher Madeleine Sisson, with guest teachers throughout the term. Teachers love sharing this work with all who want to dance.

In class, students will learn about dance and dancing with others while exploring their own unique movement in a shared and creative environment.

For these classes, non-disabled family members of participants with disabilities are encouraged and welcome to join. Additionally, classes welcome people without disabilities



PHOTO COURTESY MICHAEL KEVIN DALY

From left: instructor Laura, class participant Craig and DanceAbility founder Alito participate in the DanceAbility class at the Hilyard Community Center.

who are interested in the experience of connecting through creative movement and the study of improvisation.

The class runs now through Dec. 3. The cost is \$80 to \$100 for the entire session, with full and partial scholarships available to all who need them.

No one will be turned away for lack of funds.

Drop-ins (suggested donation \$10 per class) are welcome too.

Register for classes at the door; advanced registration for classes is not

required.

To sponsor the participation of a teen with a disability, contact john@danceability.com or call 541-357-4982. Information is also available on our website www.danceability.com and on our Facebook page.

This program is funded in part by donations from individuals and grants from Oregon Arts Commission and Lane Arts Council, with support from the City of Eugene-Hilyard Community Center.

DanceAbility International's Mission is to create opportunities for people with and without disabilities to dance and move together.

The program's vision is that, through dance and movement, people from very diverse backgrounds experience the art of being together.

The work of DanceAbility International helps decrease prejudice and misconceptions about diversity in the field of dance, and by extension in society.



## Pet Tips 'n' Tales

By Mary Ellen "Angel Scribe"

### Mr. Kitty's Angel



The bond of love between Donna and her 9-year-old 'Angel' helps them purr-severe life's ups and downs.

"I was heartbroken when my Husky wolf-dog died and I vowed to never have another dog," said Donna. "But six months later, my son phoned while in a drug rehabilitation facility and pleaded, 'Please come and get this, stray dog, Angel. She has the kindest heart and is trying to adopt us. She is going to the pound if no one takes her.'"

Kindhearted Donna thought, "Anything to help one of God's creatures," and took Angel for the weekend.

"Angel is loving and appreciative," said Donna, "and transformed my house into a home — so we agreed to adopt each other."

Her rental has a "No Animals" policy, so the landlord sent her a letter demanding that she get rid of her dog. Donna wrote back to say "My dog is staying."

And guess what!? Eight years later and they are both still here.

"Soon after Angel arrived," said Donna, "we were out walking her off-leash and encountered a jogger. Angel circled the jogger and 'woofed.' I had no clue as to Angel's life before adopting me, so we signed up for doggy school. The runner incident was the only time that Angel displayed aggression. In fact, please excuse the expression, but she's a real pussycat."

However, she's no wimp either. One time when a purr-petually angry neighbor yelled at Donna, Angel woofed a warning to him that she did not approve of bullies.

"When Angel looks into my eyes, she looks deep into my soul," Donna said. "Usually, when you look at a dog, it looks away. But Angel doesn't. Our bond is so strong."

Angel loves car rides, so Donna drove 1,000 miles to a wedding. But, two years ago, her car was rear-ended and totaled. She suffered no injuries, and neither did Angel. Or so it seemed until, a few weeks later, Angel started limping slightly and dragging her right rear leg.

"I assumed that she was tired from walking and swimming at the beach," said Donna. "I regret not having her immediately checked after the accident because she actually did suffer consequences from the collision's impact, which put her hips out of alignment."

As a result, Angel has developed irreversible inflammation and myopathy of her spine, crippling her, causing a horrific limp and the need for a dog-wheelchair.

"This makes us sad as it limits our activities during our precious time together," Donna lamented.

A few months ago, Donna's other son found a kitten in the hills; he was concerned that wolves or coyotes would snack on it. He phoned his mother using the same "line" his brother had used regarding Angel. And yes, Donna also adopted the kitten.

When she carried "Mr. Kitty" into her home, he looked around and decided that it was a good place to stay. Did Angel have a say in the matter? No way. There was no altercation because Angel knew her new "brother" was going to be the alpha dog ... errr, alpha kitty?

"When I sit in my chair," said Donna, "Angel sits at my feet and Mr. Kitty sits on the back of the chair purring so loud that I can barely hear the TV."

Her five-year-old grandson, Ryder, adores Angel. Last month, she said to Ryder, "Angel loves you, and you love her." Donna said Ryder looked at her and said, "I love her more than you."

Donna said she wasn't sure if Ryder meant he loved the dog more than she does, "or if he loves the dog more than he loves me," she laughed. "Either way, it's love."

**TIPS:**  
"Animals are creatures of God just as people are and deserve to be treated with love and respect," says Tips 'n' Tales reader Dick Kazan. "If you have a pet that you can no longer care for — for whatever reason — find another good and loving home for it. Don't abandon a creature that loves and needs you and may not survive without you."

In addition to being a regular reader, Kazan is a former syndicated business columnist, former Los Angeles radio talk show host and real estate investor.

Share your fur-avorite pet memory or adventure at [angelscribe@msn.com](mailto:angelscribe@msn.com). Visit Pet Tips 'n' Tales on Facebook at [www.facebook.com/PetTipsandTales](https://www.facebook.com/PetTipsandTales) Humane Society for Neuter/Spay Assistance Program. 541-942-2789

## LORANE NEWS

CONTRIBUTED BY LIL THOMPSON FOR THE SENTINEL

gressive blackout, so it's more than \$250 now. With so many activities in November and December, the next dinner and bingo won't be until January.

The Crow High School Halloween Dance is this Friday, Oct. 25, from 7 to 10 p.m.

The Booster Club is looking for volunteers for the Halloween Harvest party at Applegate Elementary School this Friday, Oct. 25. For any high school students needing volunteer hours, this is a great opportunity to help and have fun. Contact Marissa Cooper or the school for more information.

Speaking of Halloween, it is next Thursday (Oct. 31). Lorane Christian Church is holding its annual Trunk 'n' Treat in the parking lot. There

will be lots of goodies for the kids and soup and hot beverages for adults handing out treats. The fire department is also taking part. The event is truly a safe place to take children. Be sure to watch for costumed children and their families Halloween night if you are driving that night.

Mark your calendars for Wednesday, Nov. 6, to attend the Fall Sports Awards Night at the high school. It begins at 6:30 p.m.

The Community Christmas Food Boxes for Lorane will be up at the Grange before the Rural Art movie night.

Trick or Treat on Main Street  
Thursday, October 31

# HALLOWEEN

If you are a business and want to set up a booth downtown and be a part of the festivities, contact Travis at the chamber office (541) 942-2411.

## 6-day weather forecast

|  |   |
|--|---|
| <p><b>THURSDAY</b><br/>70°   43°<br/>Partly Sunny</p>  | <p><b>FRIDAY</b><br/>70°   43°<br/>Sunny</p>  |
| <p><b>SATURDAY</b><br/>57°   36°<br/>Partly Cloudy</p> | <p><b>SUNDAY</b><br/>58°   33°<br/>Sunny</p>  |
| <p><b>MONDAY</b><br/>56°   32°<br/>Sunny</p>           | <p><b>TUESDAY</b><br/>56°   34°<br/>Sunny</p> |

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