

Lions from *B1*

Marist's seemingly lackluster overall record belies their talent level. In preseason, non-league play the Spartans had a number of matches against top-ranked opponents - like Sisters, Hidden Valley and Valley Catholic - a conscious decision by coach Shari Pimental to better prepare her team for the season.

Last Thursday, they certainly appeared to be a well-prepared squad with experience and a defensive-minded playstyle that gave the Lions fits early.

"They have a pretty experienced defensive team. I know their setter is a senior and I feel like at least one, if not two, of the kids that were back there are upperclassmen and have been with the program for a while," Anderson said of their opponents.

Against a Marist team with seven seniors, the senior-less Lions eventually found their footing and a talented roster of freshmen, sophomores and juniors led the girls to their fourth league win.

"Last year was the first year they were back in our league, so our big thing was, we beat them on the way out, now we're going to beat them on the way in. It's always been a rivalry, but not as much recently, just because they haven't been in our league," Anderson said, downplaying the historic matchup but still happy with her team's performance.



Sophomore Gracie Arnold has been a consistent contributor all season, especially for an underclassmen. Here is one of her 12 kills against Marist.

City in our second-to-last league game, but everyone else in front of that is so important because we want to keep where we're at and then set ourselves up for that chance [to win the league]."

LMS XC Record Finishes At Stayton And Florence

Girls Team Win Woahink Lake Invite

BY BEN DEATHERAGE
COTTAGE GROVE SENTINEL

The Lincoln Middle School cross country team had a busy week in which they were deployed into action twice over the course of three days.

The first stop was a return to the Stayton Nature Trails for the Regis/Stayton Invite on Thurs., Oct. 3. Then, the Tigers took a

long journey to Florence on Sat., Oct. 5 for the Woahink Lake Invitational.

In Stayton, the girls team put in an outstanding effort to end the meet third place overall. Gracee Dizick-Kaleese was the highest placer, finishing the race in seventeenth place out of 199 racers.

In the boys category, the team was sixth in the standings with Carter Bengston as the lone Tiger in the top ten. Bengston was eighth out of 281 racers.

Come Saturday, the team was ready to rip once again for their first trip west of the Coastal Range. The girls went on to win their fourth meet of the 2019 season. Dizick-Kaleese ended the weekend fifth and as the only Lincoln runner among the top five. Bella Keating, Addison Voelkel and Jordynn Owens were seventh through ninth, respectively, out of 166 entrants.

In boys competition, Carter Bengston was the only Tiger among the top

ten with another eighth-place finish out of 129 participants. The team ended the meet in third.

The Lincoln Middle School cross country team has just three more races in 2019. Thurs., Oct. 10 is the next competition as the team travels to Avery Park in Corvallis for the Northwest Middle School XC Showdown presented by HOTV.



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