

Community News

90by30 kicks off 2019 'Roots of Empathy' program

Friday, Oct. 4, is the deadline for families to participate in the internationally known Roots of Empathy program in Lane County. Eligible families have babies between two and four months of age.

Roots of Empathy is an elementary-school based program that pairs a local family (with a newborn) with a first or second-grade classroom for an entire school year. The program is designed to develop empathy in young children and has been shown to increase pro-social behaviors and reduce aggressive behaviors — including bullying — in the children who participate compared to peers. Children first develop empathy with the infant, then with each other, and ultimately, with the wider world around them.

90by30's Roots of Empathy program piloted in 19 classrooms in the 2018-19 school year; "tiny teachers" and their families will again participate in the program at Harrison and London elementary schools this fall.

Roots of Empathy classrooms can be found in 14 countries around the world — Lane County is only the seventh approved location to implement this program in the U.S.

"We believe, and the evidence shows, that if children develop the capacity for empathy in their early years, they are unlikely to be bullies or cause harm through harassment or abuse to others as they mature," said Phyllis Barkhurst, director of 90by30. "We are excited to add this program to Lane County as a commitment to the long view — empathetic children of today become compassionate adults tomorrow."

"The Roots of Empathy program has been such a positive experience for all of us, and we are so excited to be a part of the pioneering efforts here in our community," said Brittany Hornung, parent of a Lane County "tiny teacher" this past school year.

When asked about her experience as a Roots of

Empathy family, Kelly Pelroy said, "Every time I would leave (the classroom) and walk down the hallway, I just couldn't stop smiling. It filled me up for the next month, until we went back."

To make this program work in 30 classrooms this fall, 90by30 needs more babies born between June 1 and Aug. 15 to participate in classrooms with a parent or guardian. Interested families should contact Sara Loveless, Lane County Coordinator, at saraL@90by30.com

90by30 is a child abuse prevention initiative housed in the University of Oregon's Center for the Prevention of Abuse and Neglect. It aims to reduce child abuse in Lane County by 90 percent by 2030 with a combination of community-driven, research-based prevention strategies picked by the residents of each Lane County region.

More information about 90by30 is available at www.90by30.com.

Elkton raises its glasses to Oktoberfest



COURTESY PHOTOS
Last Saturday, Elkton hosted its annual Oktoberfest with live music, family-friendly activities, Scandinavian-style food, wine and, of course, beer. All proceeds benefited ECEC's education programs.

Sunnydale Grange Bingo Nights begin next week

Sunnydale Grange No. 877 bingo nights begin in October and runs through June every year.

Bingo night is on the first Monday of each month unless there is a holiday.

Bingo is from 6:30 to 9 p.m. at the Sunnydale Grange, hall located about five miles west of Drain on

Highway 38. Traditional and special games with special cash prizes are included in the base bingo pack for \$8, which includes a final special game prize of \$25.


Net proceeds from the bingo night fund a scholarship for a graduating senior from both Yoncalla and

Drain high schools. Daubers and refreshments are available, and the Grange is wheelchair accessible.

The first bingo night will be Monday, Oct. 7.

For more information call 541-942-4732.





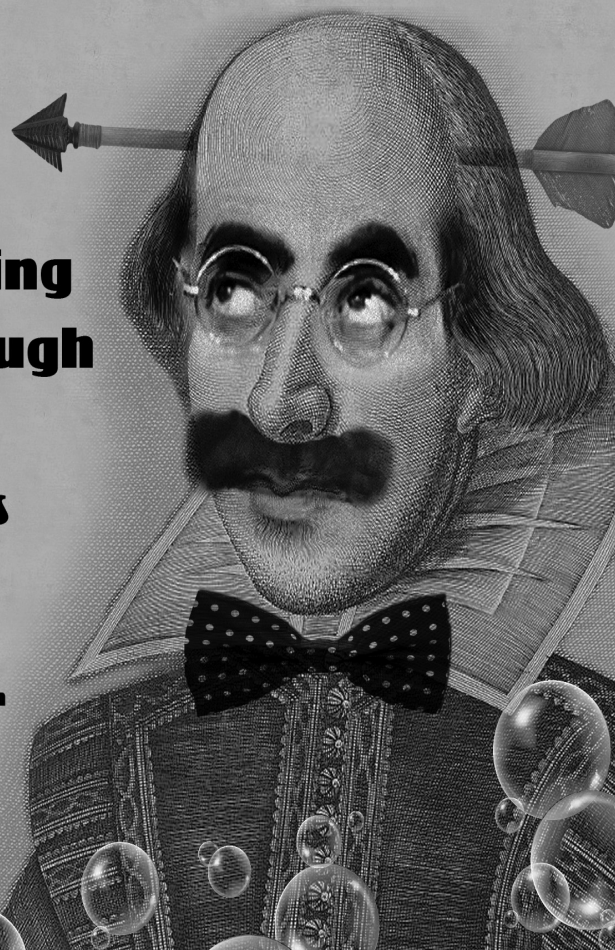
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In Honor of All Veterans

The Cottage Grove Sentinel is preparing to publish its "Honoring our Heroes" a special section devoted to all military veterans who are Cottage Grove-area residents or have a connection to this area.

If you are interested in sharing your military story in the annual Veterans Day publication, or in updating information that we have published previously, please complete the form below and submit it to the Cottage Grove Sentinel. Service photographs are also welcome.

Submit forms and photos (preferably) by e-mail to gmanly@cgsentinel.com; or by mail to Cottage Grove Sentinel, Attn: Gary Manly, PO Box 35, Cottage Grove, OR 97424; or drop forms off at the Cottage Grove Sentinel, 116 N. 6th Street, Cottage Grove.

Please be sure that all materials are carefully labeled with your name and phone number. **ALL FORMS AND PHOTOGRAPHS MUST BE SUBMITTED BY OCTOBER 30, 2019.**

Thank you for participating in this project to remember and honor our veterans.

Name: _____

Contact Phone Number: _____

Branch of Service: _____

Rank Achieved (optional): _____

Dates Served: _____

Where did you serve? _____

Special Information (E.G., POW): _____

Has your veterans information been published previously in the Cottage Grove Sentinel Veterans Publication?
YES NO

Do we have your military photo(s) on file? YES NO

(Note: If you have submitted photos in the past, we will still have them on file.)