

CALENDAR CHOICES

Ongoing South Lane County events

Thursdays: NAMI Creswell Over 40	Thursdays, 10 a.m., Jack Sprats Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St. Second Thursday, 10:15 a.m., Community Center 1st and 3rd Thursdays, 10:30-11:30 Community Center Thursdays, 12 p.m., Stacy's Covered Bridge Restaurant Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant Thursdays 12:30-4 p.m. C.G. Community Center. Thursdays 4-7pm 7th & Main, Downtown Cottage Grove May2dn thru Oct. 31
Charm Bracelet Project	Third Thursday, 4 p.m., Magnolia Gardens Thursday, 4 p.m., S. Lane Mental Health Second Thursday, 7 p.m., 2589 Hilyard, Eugene Second Thursday, 7:30 p.m., 80287 Old Lorane Rd. Third Thursday, 7:30pm, Axe & Fiddle Third Thursday (no summer), 7:30 p.m., Masonic Center Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203 Creswell
Community Sing-Along	Friday, 11:30-4 p.m., CG Community Center Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C St., Springfield Friday, 5 p.m., Seventh and Main Friday Night Bingo, 5-7pm, 826 W. Main Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St.
Cottage Grove Rotary Club	First Saturday, 10 a.m., 3160 Hillside Dr. Third Saturday, 10 a.m., CG Community Center First Saturday, noon, 826 W. Main St. 1-3pm Every Saturday, Crafty Mercantile Downtown Cottage Grove Saturdays, 1-4 p.m., Corner H & Birch Streets
Lion's Club	
Senior Center Game Day	
South Valley Farmers Market	
Cottage Grove Armory Alzheimer's Caregiver Support	
LGBTQIA Teen Group Meeting Hearing Loss Assoc.	
Lorane Fire Protection Dist.	
Poetry Night Eastern Star #4	
S. Lane Fire Board	
Fridays: Senior Center Pinochle	
Rosie the Riveter	
Stand for Peace/Occupy CG American Legion #32 Art Walk	
Community Gospel Sing-a-long	
Saturdays: VFW Post #3473 CG Historical Society Program	
American Legion #32 CG Yarn Addicts	
Cottage Grove Historical Museum	
Sundays: Occupy Medical Free Clinic	Noon-4 p.m., 1717 Centenial Blvd, Springfield (Suites 4 and 7)
South Lane Amateur Radio Assoc.	Second Sunday, 2 p.m., Masonic Hall
Cottage Grove Historical Museum	Sundays, 1-4 p.m., Corner H & Birch St.
London Grange	First Sunday Potluck, 6:00 p.m.; Third Sunday Meeting, 72746 London Rd.

Mondays: Caregiver Network	First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy 12:45 p.m. Monday, CG Community Center First Monday, 4 p.m., Healing Matrix Fourth Monday, 6 p.m. Potluck; 7 p.m. Meeting, 34360 Row River Rd. 7 p.m. Monday, First Presbyterian Church Second and fourth Monday, 7 p.m., City Hall Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell
Senior Center Bingo	Second and fourth Thursdays, 8 a.m., Chamber Greeters Oregon Avaiton Historical Museum South Lane Wheels Board Breast Cancer Support Group
Autism Peer Support Dorena Grange #835	Fourth Tuesday, 12 p.m., 1450 Birch Ave. Second Tuesday, 1 p.m., Call 541-942- 2309 for location 3rd Tuesday, 1:30-3pm, CG Community Center, questions call Signature Hospice 541-246-1568 3 p.m. Tuesday, Healing Matrix Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield 4-5 p.m. Thursday, First Presbyterian Church (ages 12-16) Thrid Tuesday, 4:30 p.m., 1440 Birch Ave. Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St. Second Tuesday, 5:30 p.m., Call 541-767-1730 for location First Tuesday, 6 p.m., First Presbyterian Church Second Tuesday, 6 p.m., CG Community Center First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm Tuesday, 6:30 p.m., Sinclair Rm., City Hall Third Tuesday, 6 p.m., 1551 E. Main St. Second and fourth Tuesday, 6:30 p.m., corner of H and Birch Second Tuesday, 7 p.m., Axe & Fiddle Tuesday, 7 p.m., 1440 S. 8th St.
Overeaters Anonymous CG City Council	Wednesday, 7 a.m., Koffee Kup Restaurant First Wednesday, 10 a.m.-1 p.m., VFW Post #3473, 3160 Hillside Dr. Second Wednesday, 10 a.m., CG Community Center Third and fourth Wednesday, 10 a.m.-12 p.m., CG Community Center
Creswell Grange	
Tuesdays: Chamber Greeters Oregon Avaiton Historical Museum South Lane Wheels Board Breast Cancer Support Group	
Grief and Loss Support Group	
Veteran Support Services Alzheimer's Caregiver Support	
CG Youth Choir	
Community Sharing Board Watershed Council Science Pub	
Tirchotillomani Support Group	
CG Garden Club	
EBID	
CG 912 Project	
Humane Society of CG Second	
ACES Family Group Friends of Mt. David	
Habitat for Humanity Open Mic Night CG Recreation Assn.	
Wednesdays: Kiwanis Club	
Veterans Assistance	
Genealogical Society Meeting	
Genealogical Discussion Group	

Lane County Veterans Services	Third Wednesday, 10 a.m.-1 p.m., American Legion, 826 Main St. Second Wednesday, 10 a.m.-4 p.m., VFW, 3160 Hillside Dr. 6th and Gibbs Monday, 11 a.m.-2 p.m. Wednesday, 11:30 a.m.-4 p.m., Senior Center Wednesday, 12 p.m., El Tapatio Mexican Restaurant Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr. Wednesday, 2 p.m., First Presbyterian Church (ages 6-11) Third Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community First Wednesday, 6 p.m., Call 541-942- 8913 for location First Wednesday, 6 p.m. London Grange Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug) First and third Wednesday, 7 p.m., call 541-942-1310 for location Third Wednesday, 7:30 p.m., City Hall Second and Fourth Wednesday, 9 a.m. - 11:30a.m. at the Community Center Third Wednesday at 6:30 p.m. at CG Hotel, 811 Main St., Suite E
Quilts of Valor	
Clothes Closet - Church of Christ Pinochle Group	
Kiwanis Club	
Veteran's Assistance	
CG Children's Choir	
Alzheimer's/Dementia Caregivers	
CG Art Guild	
London 4-H Group Elks Bingo	
Beta Sigma Phi	
CG Planning Commission Friends of CG Carousel	
Bohemia Mining Days Board	

All Weekdays:
Beeper Show
9-10 a.m. KNND 1040 AM. Call in
discussion, various topics/guests
541-942-5548

Please call 541-942-3325 or email: nsnyder@cgsentinel.com
with updates or changes.



Exercise and Fun

KIDS CLUB
South Lane School District grades 1-5.
After school to 6 p.m. Mon-Fri on regular
school days.
Supervised play, homework help and snack.
Cost: 1st child \$60/mo.; siblings \$40/mo.
Info: 541-228-2847

YOGA & MEDITATION
CG Community Center, 700 E. Gibbs Ave.
For strength, flexibility, relaxation with
Gloria. 541-912-7789
Saturdays 10-11:30 a.m. \$5/session
Proceeds for children's scholarships.
MINDFUL MOVEMENT YOGA

Join a great group in its thirteenth year. Un-
wind as we practice mindful movement with
flow, breath, & core awareness for all levels.
Wednesdays 6-7:30 p.m. Call Jane Guerber at
541-654-5087 if you have questions.

YOGA SCHMOGA
Join us for sessions of simple movements
tied to the breath. Ending with Savasana,
Pranayama, and Meditation. Beginners are
more than welcome, this is an all levels class.
Monday and Thursday at 6 pm. Cottage
Grove Community Center. For more info
look up Yoga Schmoga on Facebook

PICKLEBALL COTTAGE GROVE
Info: 541-914-5937 or 503-318-8915

COTTAGE GROVE THERAPY POOL
AQUATIC EXERCISE CLASSES

Community Center, 700 E. Gibbs Ave.
Info: Teresa 541-942-1185
8:30-9:30 am Mon.-Fri.;
3:00-4:00 pm Tues. & Thurs.;
11:00 am-12 pm Sat.

**WARREN H. DAUGHERTY AQUATIC
CENTER**
1440 S. 8th St., 541-942-5533
Closed at this time for renovation.

SHALLOW WATER AEROBICS
Warren H. Daugherty Aquatic Center
Closed at this time for renovation.

BRIDGE CARD GAME
Bridge players wanted!
For info call 541-942-4633

5:30 p.m.: TOPS OR969 Take Off Pounds
Sensibly, a weight-loss support group. Weigh-
In: 5:00 pm, Meeting: 5:30 pm. Meets at
Jefferson Park Community Room, 325 5th
Street. Info: Marie 541-942-9465.

5:30 p.m.: TOPS OR1020 (Creswell) Take
Off Pounds Sensibly, a weight-loss support
group. Weigh-In: 5:30 pm, Meeting: 6 pm.
Meets at Creswell Grange Hall, 298 W. Ore-
gon Ave. Info: 541-895-3156.

Recurring North Douglas County Meetings

DRAIN City Council Fire Board School Board Cemetery Board	Second Monday, 7 p.m., Civic Center Third Monday, 7 p.m., Fire Hall Fourth Monday, 6:30 p.m., HS Library Third Tuesday, 9:30 a.m., Civic Center (even num bered months) First Monday, 7 p.m., Civic Center (as needed) Third Tuesday, 5:30 p.m., Civic Center (odd num- months) Third Monday, 7 p.m., Pool Meeting Room Third Wednesday, 7 p.m., Library First Tuesday, 7 p.m., Library Fourth Monday, 7 p.m., Civic Center Third Tuesday, 7 p.m., Sunnydale Grange Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m. Second Wednesday, 7:30 p.m. Second Monday, 6:30 p.m.; Potluck First Monday, Bingo 6:30 p.m. Lunch: Wednesday, 12:30-2 p.m. Food Pantry: Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m.
Planning Board Civic Center Board bered Parks & Rec. Board Library Board Friends of Library ND County Fair Board Elk Creek Watershed Council Masons (OES) Eastern Star Sunnydale Grange	
Living Hope Outreach	

Elk Creek Watershed Council	Third Tuesday, 7 p.m. Sunnydale Grange, 5 miles west of Drain
YONCALLA City Council ND Betterment Planning Commission School Board Parks and Rec Library Board Friends of the Library	Second Tuesday, 7 p.m., City Hall Third Monday, 12 p.m., City Hall Third Tuesday, 7 p.m., City Hall (as needed) Thrid Wednesday, 7 p.m., YHS Library First Tuesday, 7 p.m., Community Center Thrid Wednesday, 7 p.m. (beginning July 2018) Second Thursday, 10 a.m., Library; Feb, May, Aug, Nov. Second Thursday, 6:30 p.m., Library Fourth Thursday, 5:30 p.m., City Hall Chamber of Commerce First Thursday, 7:30 p.m., Community Center Rodeo ClubThird Thursday, 6:30 p.m., City Hall Historical Society Third Thursday, 3 p.m., City Hall Site CouncilLast Wednesday of month, 3:30 p.m., HS staff room Applegate Pioneer Cemetery Board Third Saturday, 10 a.m. Library
ELKTON City Council Rebekahs Eastern Star ECEC Board Meeting ECEC Book Club	Second Thursday, 8:30 a.m., City Hall First and third Tuesday, Masonic Lodge Second and fourth Tuesday, Masonic Lodge First Tuesday, ECEC, 541-584-2692 Second Wednesday, 12 p.m., ECEC

Community Meals

Trinity Lutheran Church
Tuesday and Thursday,
5:15-6:15p.m., 675 S. Seventh St.

CG Elks Lodge
Chicken Fried Steak First Friday
5-7 p.m., 755 N. River Rd.

CG Elks Lodge
Baked Chicken & more
Second Friday
5-7 pm. 755 N. River Rd.

CG Elks Lodge
Steak Feed Third Friday
5-7 p.m., 755 N. River Rd.

CG Elks Lodge
Fish Fry Fourth Friday
5-7 p.m., 755 N. River Rd.

VFW
Friday, 5:30-6:30 p.m.3160
Hillside Dr.

Sustainable CG
First Friday, 6:30 p.m. Potluck
Healing Matrix

Sunday Supper
5-6 p.m. Sunday, CG
Community Center

Creswell New Hope Baptist
Wednesday, 5:15 p.m., 597 S.
Front St., Creswell

Breakfasts:
VFW Post #3473
First Sunday, 8-11 a.m., 3160
Hillside Dr.

OLPH Catholic Church
Second Sunday (no Dec or
March.) 8 a.m.-12 p.m., Harvey
and 19th St.

Masonic Lodge
Third Sunday, 8-11 a.m., 33322
Row River Rd.

Elks Lodge
Fourth Sunday, 8-11 a.m., 755
N. River Rd.

Addiction Recovery Groups

Thursday
7 a.m.: AA Open Meeting. "On
Awakening" at CG Community
Center, 700 Gibbs Ave. Info:
541-510-4228 or 541-517-2036.
Enter bldg. thru front patio gate
6:30 p.m.: AA Meeting- Rush
Hour. Open Meeting. At CG
Community Center, 700 Gibbs
Ave.
6:30 p.m.: Al-Anon Meeting.
At CG Community Center, 700
Gibbs Ave. Info: 541-554-7994
or 541-510-4228
7:30 p.m.: NA Meeting- Open
Meeting at the American Legion
Hall 826 W. Main Street

Friday
6:30 p.m.: Celebrate Recovery.
At Calvary Chapel Cottage
Grove, 1447 Pacific Hwy 99
(behind Koffee Kup) Info: 541-
520-8071
7 p.m.: Open AA meeting -
Good Medicine Group. At CG
Community Center, 700 Gibbs
Ave., in Activity Room. Info:
Karen 541-513-5126.
8 p.m.: AA meeting-Gratitude
Group. Open meeting. At
OLPH Knights of Columbus
building, 1025 N. 19th St.

Saturday
7 a.m.: AA Open Meeting. "On
Awakening" at CG Community
Center, 700 Gibbs Ave. Info:
541-510-4228 or 541-517-2036.
Enter bldg. thru front patio gate
Noon: AA Meeting-Women's
Good Grief Group. Closed
meeting. Open to women alco-
holics only. At Riverside Church
of God. Info: 541-510-4228 or
541-942-2809.
7 p.m.: AA Meeting-Open
Candlelight Group. CG Comm.
Center, 700 Gibbs Ave. On the
last Sat. of the month - Open
AA Speakers Meeting.
7 p.m.: Al-Anon Meeting-Open

Literature Discussion Group.
CG Comm. Center, 700 Gibbs
Ave.

Sunday
Noon: AA Meeting. At OLPH
Knights of Columbus building
1025 N. 19th St.
6 p.m.: AA Meeting - New
Beginnings. CG Comm. Center,
700 Gibbs Ave.

Monday
7 a.m.: AA Open Meeting. "On
Awakening" at CG Community
Center, 700 Gibbs Ave. Info:
541-510-4228 or 541-517-2036.
Enter bldg. thru front patio gate
6 p.m.: AA Open Meeting for
women only. "We're working
on it" Church of Christ, 6th &
Gibbs. Info: 541-228-4751 or
541-510-4228.
7 p.m.: Nar-A-Non Family
Meeting. CG Comm. Center,
700 Gibbs Ave. For family and
friends of addicts.
7 p.m.: AA Meeting- No Name
Group. At OLPH Knights of
Columbus building, 1025 N.
19th St.

Tuesday
Noon: AA Meeting- Noon
Group. Big Book Study meeting.
At OLPH Knights of Columbus
building
7 p.m.: Narcotics Anonymous.
"A Way Back to Reality", open
participation. At CG Community
Center, back room, 700 Gibbs
Ave. 541-603-8162

Wednesday
7 a.m.: AA Open Meeting. "On
Awakening" at CG Community
Center, 700 Gibbs Ave. Info:
541-510-4228 or 541-517-2036.
Enter bldg. thru front patio gate
7 p.m.: AA Meeting- Wednesday
Night Beginners. Open meet-
ing, at CG Comm. Center, 700
Gibbs Av

OLPH: Our Lady of Perpetual Help
Catholic Church

DR. JONATHAN BACKER

Creating Smiles that Last a Lifetime!

Currently Welcoming New Patients - Call for an Appointment!

1551 East Main Street • Cottage Grove • (541) 942-8437