

CALENDAR CHOICES

Ongoing South Lane County events

Thursdays: NAMI Creswell Over 40	Thursdays, 10 a.m., Jack Sprats Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St. Second Thursday, 10:15 a.m., Community Center 1st and 3rd Thursdays, 10:30-11:30 Community Center Thursdays, 12 p.m., Stacy's Covered Bridge Restaurant Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant Thursdays 12:30-4 p.m. C.G. Community Center. Thursdays 4-7pm 7th & Main, Downtown Cottage Grove May2dn thru Oct. 31	Mondays: Caregiver Network Senior Center Bingo Autism Peer Support Dorena Grange #835 Overeaters Anonymous CG City Council Creswell Grange	First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy 12:45 p.m. Monday, CG Community Center First Monday, 4 p.m., Healing Matrix Second Monday, 6 p.m. Potluck; Fourth Monday, 7 p.m. Meeting, 34360 Row River Rd. 7 p.m. Monday, First Presbyterian Church Second and fourth Monday, 7 p.m., City Hall Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell	Quilts of Valor Clothes Closet - Church of Christ Pinochle Group Kiwanis Club Veteran's Assistance CG Children's Choir Alzheimer's/Dementia Caregivers CG Art Guild London 4-H Group Elks Bingo Beta Sigma Phi CG Planning Commission Friends of CG Carousel Bohemia Mining Days Board	Second Wednesday, 10 a.m.-4 p.m., VFW, 3160 Hillside Dr. 6th and Gibbs Monday, 11 a.m.-2 p.m. Wednesday, 11:30 a.m.-4 p.m., Senior Center Wednesday, 12 p.m., El Tapatio Mexican Restaurant Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr. Third Wednesday, 5:30 p.m., First Presbyterian Church (ages 6-11) Third Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community First Wednesday, 6 p.m., Call 541-942- 8913 for location First Wednesday, 6 p.m. London Grange Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug) First and third Wednesday, 7 p.m., call 541-942-1310 for location Third Wednesday, 7:30 p.m., City Hall Second and Fourth Wednesday, 9 a.m. - 11:30a.m. at the Community Center Third Wednesday at 6:30 p.m. at CG Hotel, 811 Main St., Suite E
Cottage Grove Armory Alzheimer's Caregiver Support	Third Thursday, 4 p.m., Magnolia Gardens Thursday, 4 p.m., S. Lane Mental Health Second Thursday, 7 p.m., 2589 Hilyard, Eugene Second Thursday, 7:30 p.m., 80287 Old Lorane Rd. Third Thursday, 7:30pm, Axe & Fiddle Third Thursday (no summer), 7:30 p.m., Masonic Center Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203 Creswell	Chamber Greeters Oregon Avaition Historical Museum South Lane Wheels Board Breast Cancer Support Group Veteran Support Services Alzheimer's Caregiver Support CG Youth Choir Community Sharing Board Watershed Council Science Pub Tirchotillomani Support Group	Second and fourth Thursdays, 8 a.m., Fourth Tuesday, 12 p.m., 1450 Birch Ave. Second Tuesday, 1 p.m., Call 541-942- 2309 for location 3 p.m. Tuesday, Healing Matrix Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield 4-5 p.m. Thursday, First Presbyterian Church (ages 12-16) Thrid Tuesday, 4:30 p.m., 1440 Birch Ave. Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St. Second Tuesday, 5:30 p.m., Call 541-767-1730 for location First Tuesday, 6 p.m., First Presbyterian Church Second Tuesday, 6 p.m., CG Community Center First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm Tuesday, 6:30 p.m., Sinclair Rm., City Hall Third Tuesday, 6 p.m., 1551 E. Main St. Second and fourth Tuesday, 6:30 p.m., corner of H and Birch First Tuesday, 6 p.m., First Presbyterian Church Second Tuesday, 7 p.m., Axe & Fiddle Tuesday, 7 p.m., 1440 S. 8th St.		
LGBTQIA Teen Group Meeting Hearing Loss Assoc.	Friday, 11:30-4 p.m., CG Community Center Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C St., Springfield Friday, 5 p.m., Seventh and Main Friday Night Bingo, 5-7pm, 826 W. Main Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St.	CG Garden Club EBID CG 912 Project Humane Society of CG Second	Second Tuesday, 5:30 p.m., Call 541-767-1730 for location First Tuesday, 6 p.m., First Presbyterian Church Second Tuesday, 6 p.m., CG Community Center First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm Tuesday, 6:30 p.m., Sinclair Rm., City Hall Third Tuesday, 6 p.m., 1551 E. Main St. Second and fourth Tuesday, 6:30 p.m., corner of H and Birch First Tuesday, 6 p.m., First Presbyterian Church Second Tuesday, 7 p.m., Axe & Fiddle Tuesday, 7 p.m., 1440 S. 8th St.		
Lorane Fire Protection Dist.		ACES Family Group Friends of Mt. David	Wednesday, 7 a.m., Koffee Kup Restaurant First Wednesday, 10 a.m.-1 p.m., VFW Post #3473, 3160 Hillside Dr. Second Wednesday, 10 a.m., CG Community Center Third and fourth Wednesday, 10 a.m.-12 p.m., CG Community Center Third Wednesday, 10 a.m.-1 p.m., American Legion, 826 Main St.		
Poetry Night Eastern Star #4	First Saturday, 10 a.m., 3160 Hillside Dr. Third Saturday, 10 a.m., CG Community Center First Saturday, noon, 826 W. Main St. 1-3pm Every Saturday, Crafty Mercantile Downtown Cottage Grove Saturdays, 1-4 p.m., Corner H & Birch Streets	Habitat for Humanity Open Mic Night CG Recreation Assn.			
S. Lane Fire Board		Wednesdays: Kiwanis Club Veterans Assistance Genealogical Society Meeting Genealogical Discussion Group Lane County Veterans Services			
Fridays: Senior Center Pinochle					
Rosie the Riveter					
Stand for Peace/Occupy CG American Legion #32 Art Walk					
Community Gospel Sing-a-long					
Saturdays: VFW Post #3473 CG Historical Society Program					
American Legion #32 CG Yarn Addicts					
Cottage Grove Historical Museum					
Sundays: Occupy Medical Free Clinic	Noon-4 p.m., 1717 Centenial Blvd, Springfield (Suites 4 and 7)				
South Lane Amateur Radio Assoc.	Second Sunday, 2 p.m., Masonic Hall				
Cottage Grove Historical Museum	Sundays, 1-4 p.m., Corner H & Birch St.				
London Grange	First Sunday Potluck, 6:00 p.m.; Third Sunday Meeting, 72746 London Rd.				

Exercise and Fun

KIDS CLUB
South Lane School District grades 1-5.
After school to 6 p.m. Mon-Fri on regular
school days.
Supervised play, homework help and snack.
Cost: 1st child \$60/mo.; siblings \$40/mo.
Info: 541-228-2847

YOGA & MEDITATION
CG Community Center, 700 E. Gibbs Ave.
For strength, flexibility, relaxation with
Gloria. 541-912-7789
Saturdays 10-11:30 a.m. \$5/session
Proceeds for children's scholarships.

Weight Loss Support Groups

Monday
9 a.m.: TOPS OR181 Take Off Pounds
Sensibly, a weight-loss support group. At the
Church of Christ, Drain. Info: 541-378-7801.

Tuesday
5 p.m.: Weight Watchers Sinclar Room at
Cottage Grove City Hall 400 E. Main St.
541-342-5386.

MINDFUL MOVEMENT YOGA
Join a great group in its thirteenth year. Un-
wind as we practice mindful movement with
flow, breath, & core awareness for all levels.
Wednesdays 6-7:30 p.m. Call Jane Guerber at
541-654-5087 if you have questions.

YOGA SCHMOGA
Join us for sessions of simple movements
tied to the breath. Ending with Savasana,
Pranayama, and Meditation. Beginners are
more than welcome, this is an all levels class.
Monday and Thursday at 6 pm. Cottage
Grove Community Center. For more info
look up Yoga Schmoga on Facebook

PICKLEBALL COTTAGE GROVE
Coiner Park Tennis Courts
Info: Mike 541-942-0688

Wednesday
3:45p.m. Weight Watchers is beginning a new
session in Drain in the North Douglas Ele-
mentary School Library. Call Marian at 541-
914-1520 with questions. All are welcome!

Thursday
10 a.m.: TOPS OR85 Take Off Pounds
Sensibly, a weight-loss support group. At the
United Methodist Church, 334 Washington
Ave., Fireside Room. Info: Ellen 541-942-
0866.

9:00 a.m. Tues, Thurs & Sat

**COTTAGE GROVE THERAPY POOL
AQUATIC EXERCISE CLASSES**
Community Center, 700 E. Gibbs Ave.
Info: Teresa 541-942-1185
8:30-9:30 am Mon.-Fri.;
3:00-4:00 pm Tues. & Thurs.;
11:00 am-12 pm Sat.

**WARREN H. DAUGHERTY AQUATIC
CENTER**
1440 S. 8th St., 541-942-5533
Closed at this time for rennovation.

SHALLOW WATER AEROBICS
Warren H. Daugherty Aquatic Center
Closed at this time for rennovation.

5:30 p.m.: TOPS OR969 Take Off Pounds
Sensibly, a weight-loss support group. Weigh-
In: 5:00 pm, Meeting: 5:30 pm. Meets at
Jefferson Park Community Room, 325 5th
Street. Info: Marie 541-942-9465.

5:30 p.m.: TOPS OR1020 (Creswell) Take
Off Pounds Sensibly, a weight-loss support
group. Weigh-In: 5:30 pm, Meeting: 6 pm.
Meets at Creswell Grange Hall, 298 W. Ore-
gon Ave. Info: 541-895-3156.

Recurring North Douglas County Meetings

DRAIN	
City Council	Second Monday, 7 p.m., Civic Center
Fire Board	Third Monday, 7 p.m., Fire Hall
School Board	Fourth Monday, 6:30 p.m., HS Library
Cemetery Board	Third Tuesday, 9:30 a.m., Civic Center (even num bered months)
Planning Board	First Monday, 7 p.m., Civic Center (as needed)
Civic Center Board	Third Tuesday, 5:30 p.m., Civic Center (odd num- months)
Parks & Rec. Board	Third Monday, 7 p.m., Pool Meeting Room
Library Board	Third Wednesday, 7 p.m., Library (odd numbered months)
Friends of Library	First Tuesday, 7 p.m., Library
ND County Fair Board	Fourth Monday, 7 p.m., Civic Center
Elk Creek Watershed Council	Third Tuesday, 7 p.m., Sunnysdale Grange
Masons	Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m.
(OES) Eastern Star	Second Wednesday, 7:30 p.m.
Sunnysdale Grange	Second Monday, 6:30 p.m.; Potluck First Monday, Bingo 6:30 p.m.
Living Hope Outreach	Lunch: Wednesday, 12:30-2 p.m.
Food Pantry:	Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m.

Elk Creek Watershed Council Third Tuesday, 7 p.m. Sunnysdale Grange,
5 miles west of Drain

YONCALLA
City Council Second Tuesday, 7 p.m., City Hall
ND Betterment Third Monday, 12 p.m., City Hall
Planning Commission Third Tuesday, 7 p.m., City Hall (as needed)
School Board Thrid Wednesday, 7 p.m., YHS Library
Parks and Rec First Tuesday, 7 p.m., Community Center
Library Board Thrid Wednesday, 7 p.m. (beginning July 2018)
Friends of the Library Second Thursday, 10 a.m., Library; Feb, May, Aug,
Nov.

Library Book Club Second Thursday, 6:30 p.m., Library
Beautification Fourth Thursday, 5:30 p.m., City Hall
Chamber of Commerce First Thursday, 7:30 p.m., Community Center
Rodeo ClubThird Thursday, 6:30 p.m., City Hall
Historical Society Third Thursday, 3 p.m., City Hall
Site CouncilLast Wednesday of month, 3:30 p.m., HS staff room
Applegate Pioneer Cemetery Board Third Saturday, 10 a.m. Library

ELKTON
City Council Second Thursday, 8:30 a.m., City Hall
Rebekahs First and third Tuesday, Masonic Lodge
Eastern Star Second and fourth Tuesday, Masonic Lodge
ECEC Board Meeting First Tuesday, ECEC, 541-584-2692
ECEC Book Club Second Wednesday, 12 p.m., ECEC

Community Meals

Trinity Lutheran Church
Tuesday and Thursday,
5:15-6:15p.m., 675 S. Seventh St.

CG Elks Lodge
Chicken Fried Steak First Friday
5-7 p.m., 755 N. River Rd.

CG Elks Lodge
Baked Chicken & more
Second Friday
5-7 pm. 755 N. River Rd.

CG Elks Lodge
Steak Feed Third Friday
5-7 p.m., 755 N. River Rd.

CG Elks Lodge
Fish Fry Fourth Friday
5-7 p.m., 755 N. River Rd.

VFW
Friday, 5:30-6:30 p.m.3160
Hillside Dr.

Sustainable CG
First Friday, 6:30 p.m. Potluck
Healing Matrix

Sunday Supper
5-6 p.m. Sunday, CG
Community Center

Creswell New Hope Baptist
Wednesday, 5:15 p.m., 597 S.
Front St., Creswell

Breakfasts:
VFW Post #3473
First Sunday, 8-11 a.m., 3160
Hillside Dr.

OLPH Catholic Church
Second Sunday (no Dec or
March.) 8 a.m.-12 p.m., Harvey
and 19th St.

Masonic Lodge
Third Sunday, 8-11 a.m., 33322
Row River Rd.

Elks Lodge
Fourth Sunday, 8-11 a.m., 755
N. River Rd.

Addiction Recovery Groups

Thursday
7 a.m.: AA Open Meeting. "On
Awakening" at CG Community
Center, 700 Gibbs Ave. Info:
541-510-4228 or 541-517-2036.
Enter bldg. thru front patio gate
6:30 p.m.: AA Meeting- Rush
Hour. Open Meeting. At CG
Community Center, 700 Gibbs
Ave.
6:30 p.m.: Al-Anon Meeting.
At CG Community Center, 700
Gibbs Ave. Info: 541-554-7994
or 541-510-4228
7:30 p.m.: NA Meeting- Open
Meeting at the American Legion
Hall 826 W. Main Street

Friday
6:30 p.m.: Celebrate Recovery.
At Calvary Chapel Cottage
Grove, 1447 Pacific Hwy 99
(behind Koffee Kup) Info: 541-
520-8071
7 p.m.: Open AA meeting -
Good Medicine Group. At CG
Community Center, 700 Gibbs
Ave., in Activity Room. Info:
Karen 541-513-5126.
8 p.m.: AA meeting-Gratitude
Group. Open meeting. At
OLPH Knights of Columbus
building, 1025 N. 19th St.

Saturday
7 a.m.: AA Open Meeting. "On
Awakening" at CG Community
Center, 700 Gibbs Ave. Info:
541-510-4228 or 541-517-2036.
Enter bldg. thru front patio gate
Noon: AA Meeting-Women's
Good Grief Group. Closed
meeting. Open to women alco-
holics only. At Riverside Church
of God. Info: 541-510-4228 or
541-942-2809.
7 p.m.: AA Meeting-Open
Candlelight Group. CG Comm.
Center, 700 Gibbs Ave. On the
last Sat. of the month - Open
AA Speakers Meeting.
7 p.m.: Al-Anon Meeting-Open

Literature Discussion Group.
CG Comm. Center, 700 Gibbs
Ave.

Sunday
Noon: AA Meeting. At OLPH
Knights of Columbus building
1025 N. 19th St.
6 p.m.: AA Meeting - New
Beginnings. CG Comm. Center,
700 Gibbs Ave.

Monday
7 a.m.: AA Open Meeting. "On
Awakening" at CG Community
Center, 700 Gibbs Ave. Info:
541-510-4228 or 541-517-2036.
Enter bldg. thru front patio gate
6 p.m.: AA Open Meeting for
women only. "We're working
on it" Church of Christ, 6th &
Gibbs. Info: 541-228-4751 or
541-510-4228.
7 p.m.: Nar-A-Non Family
Meeting. CG Comm. Center,
700 Gibbs Ave. For family and
friends of addicts.
7 p.m.: AA Meeting- No Name
Group. At OLPH Knights of
Columbus building, 1025 N.
19th St.

Tuesday
Noon: AA Meeting- Noon
Group. Big Book Study meeting.
At OLPH Knights of Columbus
building
7 p.m.: Narcotics Anonymous.
"A Way Back to Reality", open
participation. At CG Community
Center, back room, 700 Gibbs
Ave. 541-603-8162

Wednesday
7 a.m.: AA Open Meeting. "On
Awakening" at CG Community
Center, 700 Gibbs Ave. Info:
541-510-4228 or 541-517-2036.
Enter bldg. thru front patio gate
7 p.m.: AA Meeting- Wednesday
Night Beginners. Open meet-
ing, at CG Comm. Center, 700
Gibbs Av

OLPH: Our Lady of Perpetual Help
Catholic Church

DR. JONATHAN BACKER

Creating Smiles that Last a Lifetime!

Currently Welcoming New Patients - Call for an Appointment!

1551 East Main Street • Cottage Grove • (541) 942-8437