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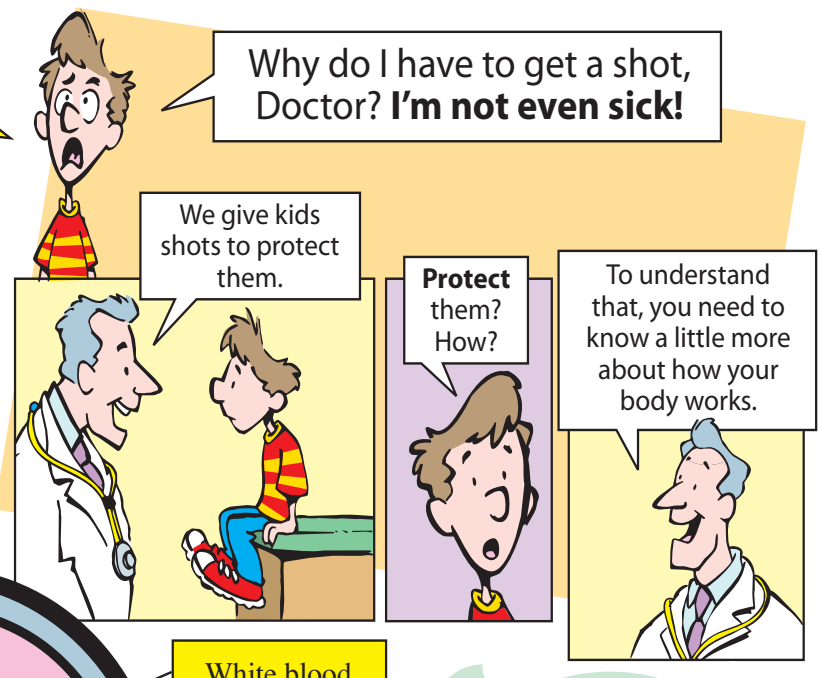
Why? Why? Why? Why?



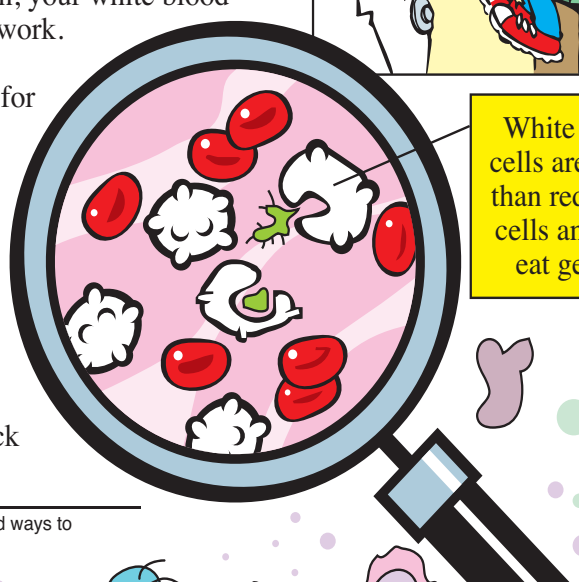
Blood Basics

Blood carries tiny cells to all parts of your body. There are fat, round, red cells. There are white cells, too. The white cells have a special job. They fight germs and kill them. White cells keep you well. When germs get in, your white blood cells go to work.

But some germs are too strong for an unprepared body. When a doctor gives you a shot, or **immunization**, this helps your white cells prepare for certain kinds of germs.

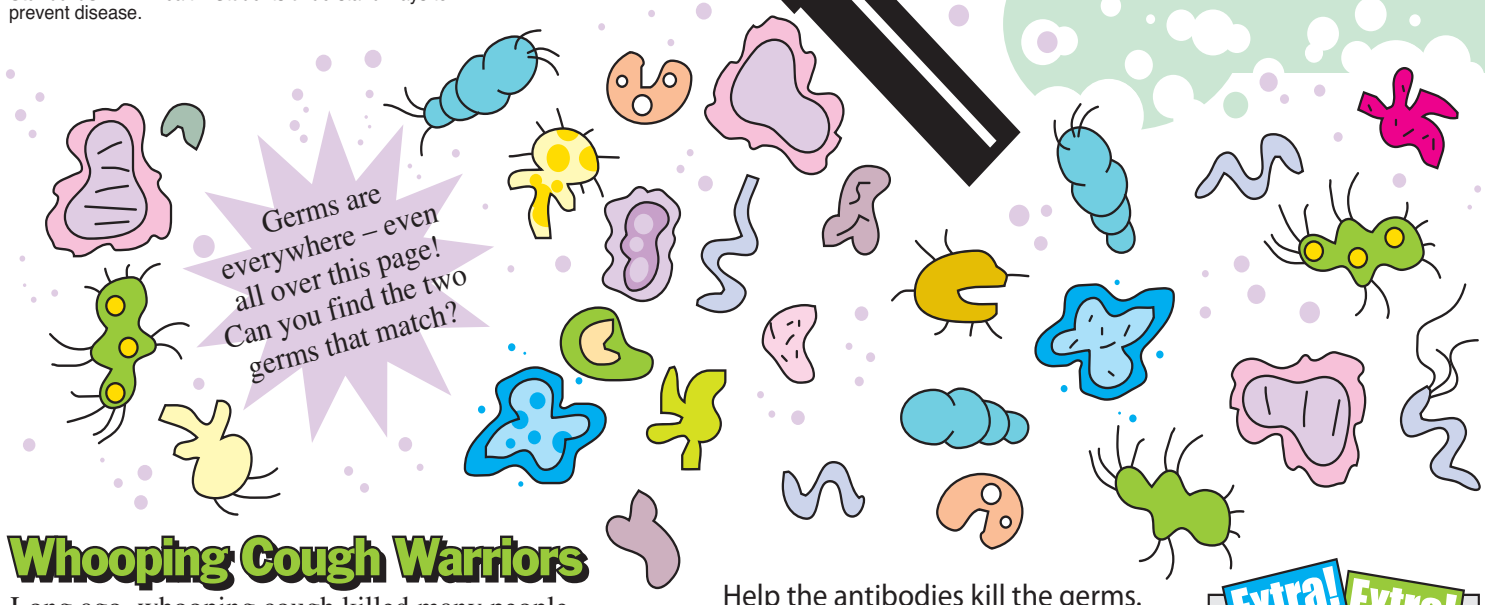
Shots are like a fire drill. A fire drill gets you ready in case of a real fire. A shot gets you ready in case of a real attack by germs.

Standards Link: Health: Students understand ways to prevent disease.



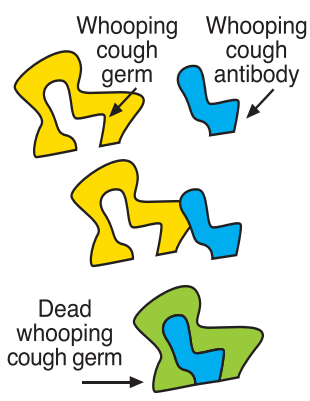
How do germs invade the body?

Germs can get into your body in many ways. They can enter through your mouth or through your nose or even through a cut in your skin.



Whooping Cough Warriors

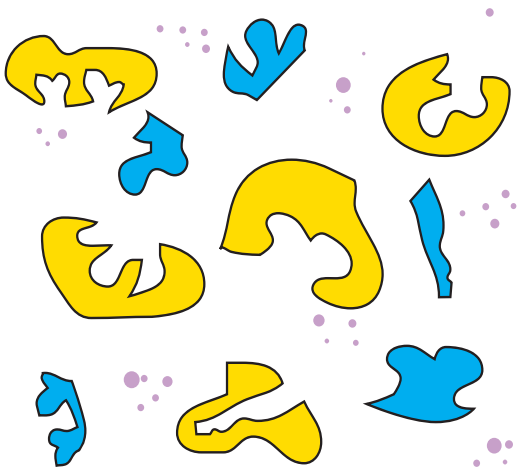
Long ago, whooping cough killed many people. Now most people never get this disease because they have been immunized with a shot.



When the doctor gives you a shot with a small amount of weak whooping cough germs, certain white cells in your body start making a germ-killing chemical called an "antibody."

Each antibody kills only one kind of germ. When an antibody and a germ match up, the antibody kills the germ.

Help the antibodies kill the germs. Draw a line from each antibody to the germ it kills.



Standards Link: Health: Students understand ways they can maintain their own health.

Extra! Extra! Body News

Trace your body on a large sheet of paper. Find information in the newspaper about the human body. Paste the articles in the outline where you found the body part mentioned.

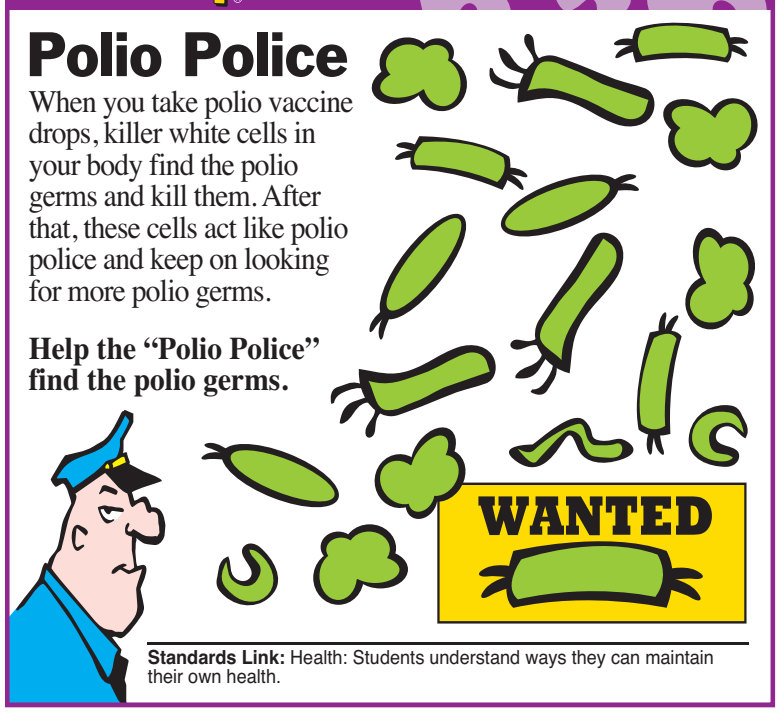
Standards Link: Health: Students identify body parts and describe their functions.

Kid Scoop Puzzler

Polio Police

When you take polio vaccine drops, killer white cells in your body find the polio germs and kill them. After that, these cells act like polio police and keep on looking for more polio germs.

Help the "Polio Police" find the polio germs.



Standards Link: Health: Students understand ways they can maintain their own health.

Double Double Word Search

Find the words in the puzzle. How many of them can you find on this page?

SHOTS
PROTECT
GERMS
CELLS
NOSE
POLIO
VACCINE
DISEASE
HUMAN
COUGH
DRILL
MOUTH
ANTIBODIES
MANY
CUT

M	I	T	U	C	D	P	M	M	U
O	N	E	O	I	R	R	O	Z	S
U	N	U	N	O	S	E	I	L	A
T	G	A	T	I	T	T	L	L	I
H	O	E	M	N	C	E	O	G	L
S	C	A	R	U	C	C	P	H	Y
T	Y	N	A	M	H	Y	A	E	S
S	E	S	A	E	S	I	D	V	B
S	E	I	D	O	B	I	T	N	A

Standards Link: Letter sequencing. Recongized identical words. Skim and scan reading. Recall spelling patterns.

Proof It!

Are you an eagle-eyed reader? Circle the seven errors in the article below. Then, rewrite it correctly.

Checkups

Why go to the docttor when you're not sick? Regular checkups is important for kids. These visits can happen when your feeling fine and are sometimes called "well-child" visits because, well, you're well. Get it?

At a checkup the doctor cheecks to see that you're growing and developing normally. It's also a chance for you and you're parents to tawk with the doctor about your body. For example, you might wonder when you will grow taller, or if you weigh the right amount.

What a Character!™

Determination is ...

... continuing to practice something at which you want to succeed.

Kid Scoop VOCABULARY BUILDERS

This week's word:

IMMUNE

Immune means to be protected from a disease naturally or by getting a vaccination.

Katie was **immune** to the flu bug going around school last winter.

Try to use the word **immune** in a sentence today when talking with your friends and family.

FROM THE Kid Scoop LESSON LIBRARY

Stay Healthy

Cut out five advertisements in the newspaper that show products designed to help you stay healthy. Why did you choose each product?

Standards Link: Health: Students understand ways they can maintain their own health.

Write On!

If I Were a Teacher

How would you set up your classroom? What rules would you have? What subject would you teach?

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