# CALENDAR CHOICES

## Ongoing South Lane County events

### Thursdays:

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| NAMI | Thursdays, 10 a.m., Jack Sprats |
| Creswell Over 40 | Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St. |
| Charm Bracelet Project | Second Thursday, 10:15 a.m., Community Center |
| Community Sing-Alon | 1st and 3rd Thursdays, 10:30-11:30 Community Center |
| Cottage Grove Rotary Club | Thursdays, 12 p.m., Stacy's Covered Bridge Restaurant |
| Lion's Club | Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant |
| Senior Center Game Day | Thursdays 12:30-4 p.m. C.G. Community Center. |
| South Valley Farmers Market | Thursdays 4-7pm 7th & Main, Downtown Cottage Grove May2dn thru Oct. 31 |
| | Cottage Grove Armory Alzheimer's |
| Caregiver Support | Third Thursday, 4 p.m., Magnolia Gardens |
| LGBTQIA Teen Group Meeting | Thursday, 4 p.m., S. Lane Mental Health |
| Hearing Loss Assoc. | Second Thursday, 7 p.m., 2589 Hilyard, Eugene |
| Lorane Fire Protection Dist. | Second Thursday, 7:30 p.m., 80287 Old Lorane Rd. |
| Poetry Night | Third Thursday, 7:30pm, Axe & Fiddle |
| Eastern Star #4 | Third Thursday (no summer), 7:30 p.m., Masonic Center |
| S. Lane Fire Board | Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203 Creswell |

### Fridays:

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| Senior Center Pinochle | Friday, 11:30-4 p.m., CG Community Center |
| Rosie the Riveter | Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C St., Springfield |
| Stand for Peace/Occupy CG | Friday, 5 p.m., Seventh and Main |
| American Legion #32 | Friday Night Bingo, 5-7pm, 826 W. Main |
| Art Walk | Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG |
| Community Gospel Sing-a-long | Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St. |

### Saturdays:

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| VFW Post #3473 | First Saturday, 10 a.m., 3160 Hillside Dr. |
| CG Historical Society Program | Third Saturday, 10 a.m., CG Community Center |
| American Legion #32 | First Saturday, noon, 826 W. Main St. |
| CG Yarn Addicts | 1-3pm Every Saturday, Crafty Mercantile Downtown Cottage Grove |
| Cottage Grove Historical Museum | Saturdays, 1-4 p.m., Corner H & Birch Streets |

### Sundays:

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| Occupy Medical Free Clinic | Noon-4 p.m., 1717 Centenial Blvd, Springfield (Suites 4 and 7) |
| South Lane Amateur Radio Assoc. | Second Sunday, 2 p.m., Masonic Hall |
| Cottage Grove Historical Museum | Sundays, 1-4 p.m., Corner H & Birch St. |
| London Grange | First Sunday Potluck, 6:00 p.m.; Third Sunday Meeting, 72746 London Rd. |

### Mondays:

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| Caregiver Network | First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy |
| Senior Center Bingo | 12:45 p.m. Monday, CG Community Center |
| Autism Peer Support | First Monday, 4 p.m., Healing Matrix |
| Dorena Grange #835 | Second Monday, 6 p.m. Potluck; Fourth Monday, 7 p.m. Meeting, 34360 Row River Rd. |
| Overeaters Anonymous | 7 p.m. Monday, First Presbyterian Church |
| CG City Council | Second and fourth Monday, 7 p.m., City Hall |
| Creswell Grange | Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell |

### Tuesdays:

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| Chamber Greeters | Second and fourth Thursdays, 8 a.m., |
| Oregon Avaition Historical Museum | |
| South Lane Wheels Board | Fourth Tuesday, 12 p.m., 1450 Birch Ave. |
| Breast Cancer Support Group | Second Tuesday, 1 p.m., Call 541-942-2309 for location |
| Veteran Support Services | 3 p.m. Tuesday, Healing Matrix |
| Alzheimer's Caregiver Support | Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield |
| CG Youth Choir | 4-5 p.m. Thursday, First Presbyterian Church (ages 12-16) |
| Community Sharing Board | Thrid Tuesday, 4:30 p.m., 1440 Birch Ave. |
| Watershed Council Science Pub | Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St. |
| Tirchotillomani Support Group | Second Tuesday, 5:30 p.m., Call 541-767-1730 for location |
| CG Garden Club | First Tuesday, 6 p.m., First Presbyterian Church |
| EBID | Second Tuesday, 6 p.m., CG Community Center |
| CG 912 Project | First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm |
| Humane Society of CG Second | Tuesday, 6:30 p.m., Sinclair Rm., City Hall |
| ACES Family Group | Third Tuesday, 6 p.m., 1551 E. Main St. |
| Friends of Mt. David | Second and fourth Tuesday, 6:30 p.m., corner of H and Birch |
| Habitat for Humanity Open Mic Night | Second Tuesday, 7 p.m., Axe & Fiddle |
| CG Recreation Assn. | Tuesday, 7 p.m., 1440 S. 8th St. |

### Wednesdays:

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| Kiwanis Club | Wednesday, 7 a.m., Koffee Kup Restaurant |
| Veterans Assistance | First Wednesday, 10 a.m.-1 p.m., VFW Post #3473, 3160 Hillside Dr. |
| Genealogical Society Meeting | Second Wednesday, 10 a.m., CG Community Center |
| Genealogical Discussion Group | Third and fourth Wednesday, 10 a.m.-12 p.m., CG Community Center |
| Lane County Veterans Services | Third Wednesday, 10 a.m.-1 p.m., American Legion, 826 Main St. |
| Quilts of Valor | Second Wednesday, 10 a.m.-4 p.m., VFW, 3160 Hillside Dr. |
| Clothes Closet - Church of Christ | 6th and Gibbs Monday, 11 a.m.-2 p.m. |
| Pinochle Group | Wednesday, 11:30 a.m.-4 p.m., Senior Center |
| Kiwanis Club | Wednesday, 12 p.m., El Tapatio Mexican Restaurant |
| Veteran's Assistance | Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr. |
| CG Children's Choir | Wednesday, 2 p.m., First Presbyterian Church (ages 6-11) |
| Alzheimer's/Dimentia Caregivers | Third Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community |
| CG Art Guild | First Wednesday, 6 p.m., Call 541-942-8913 for location |
| London 4-H Group | First Wednesday, 6 p.m. London Grange |
| Elks Bingo | Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug) |
| Beta Sigma Phi | First and third Wednesday, 7 p.m., call 541-942-1310 for location |
| CG Planning Commission | Third Wednesday, 7:30 p.m., City Hall |
| Friends of CG Carousel | Second and Fourth Wednesday, 9 a.m. - 11:30a.m. at the Community Center |
| Bohemia Mining Days Board | Third Wednesday at 6:30 p.m. at CG Hotel, 811 Main St., Suite E |

### All Weekdays:

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| Beeper Show | 9-10 a.m. KNND 1040 AM. Call in discussion, various topics/guests 541-942-5548 |

*Please call 541-942-3325 or email: zsilva@cgsentinel.com with updates or changes.*

## Exercise and Fun

KIDS CLUB
South Lane School District grades 1-5.
After school to 6 p.m. Mon-Fri on regular school days.
Supervised play, homework help and snack.
Cost: 1st child $60/mo.; siblings $40/mo.
Info: 541-228-2847

YOGA & MEDITATION
CG Community Center, 700 E. Gibbs Ave.
For strength, flexibility, relaxation with Gloria.
Saturdays 10-11:30 a.m. $5/session
Proceeds for children's scholarships.
No class on holiday weekends.
Info: 541-912-7789

MINDFUL MOVEMENT YOGA
Join a great group in its thirteenth year. Unwind as we practice mindful movement with flow, breath, & core awareness for all levels. Wednesdays 6-7:30 p.m. $10/session. Call Jane Guerber at 541-654-5087 if you have questions.

PICKLEBALL COTTAGE GROVE
Coiner Park Tennis Courts
Info: Mike 541-942-0688
9:00 a.m. Tues, Thurs & Sat

COTTAGE GROVE THERAPY POOL AQUATIC EXERCISE CLASSES
Community Center, 700 E. Gibbs Ave.
Info: Teresa 541-942-1185
8:30-9:30 am Mon.-Fri.;
3:00-4:00 pm Tues. & Thurs.;
11:00 am-12 pm Sat.

WARREN H. DAUGHERTY AQUATIC CENTER
1440 S. 8th St., 541-942-5533
**Closed at this time for rennovation.**

SHALLOW WATER AEROBICS
Warren H. Daugherty Aquatic Center
**Closed at this time for rennovation.**

BRIDGE CARD GAME
Bridge players wanted!
For info call 541-942-4633

## Community Meals

Trinity Lutheran Church
Tuesday and Thursday,
5:15-6:15p.m., 675 S. Seventh St.

CG Elks Lodge
Chicken Fried Steak First Friday
5-7 p.m., 755 N. River Rd.

CG Elks Lodge
Baked Chicken & more
Second Friday
5-7 pm. 755 N. River Rd.

CG Elks Lodge
Steak Feed Third Friday
5-7 p.m., 755 N. River Rd.

CG Elks Lodge
Fish Fry Fourth Friday
5-7 p.m., 755 N. River Rd.

VFW
Friday, 5:30-6:30 p.m. 3160 Hillside Dr.

Sustainable CG
First Friday, 6:30 p.m. Potluck
Healing Matrix

Sunday Supper
5-6 p.m. Sunday, CG Community Center

Creswell New Hope Baptist
Wednesday, 5:15 p.m., 597 S. Front St., Creswell

**Breakfasts:**
VFW Post #3473
First Sunday, 8-11 a.m., 3160 Hillside Dr.

OLPH Catholic Church
Second Sunday (no Dec or March.) 8 a.m.-12 p.m., Harvey and 19th St.

Masonic Lodge
Third Sunday, 8-11 a.m., 33322 Row River Rd.

Elks Lodge
Fourth Sunday, 8-11 a.m., 755 N. River Rd.

## Weight Loss Support Groups

**Monday**
9 a.m.: TOPS OR181 Take Off Pounds Sensibly, a weight-loss support group. At the Church of Christ, Drain. Info: 541-378-7801.

**Tuesday**
5 p.m.: Weight Watchers Sinclar Room at Cottage Grove City Hall 400 E. Main St. 541-342-5386.

**Wednesday**
3:45p.m. Weight Watchers is beginning a new session in Drain in the North Douglas Elementary School Library. Call Marian at 541-914-1520 with questions. All are welcome!

**Thursday**
10 a.m.: TOPS OR85 Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866.

5:30 p.m.: TOPS OR969 Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:00 pm, Meeting: 5:30 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Marie 541-942-9465.

5:30 p.m.: TOPS OR1020 (Creswell) Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.

## Recurring North Douglas County Meetings

**DRAIN**

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|---|---|
| City Council | Second Monday, 7 p.m., Civic Center |
| Fire Board | Third Monday, 7 p.m., Fire Hall |
| School Board | Fourth Monday, 6:30 p.m., HS Library |
| Cemetery Board | Third Tuesday, 9:30 a.m., Civic Center (even num bered months) |
| Planning Board | First Monday, 7 p.m., Civic Center (as needed) |
| Civic Center Board | Third Tuesday, 5:30 p.m., Civic Center (odd num-bered months) |
| Parks & Rec. Board | Third Monday, 7 p.m., Pool Meeting Room |
| Library Board | Third Wednesday, 7 p.m., Library (odd numbered months) |
| Friends of Library | First Tuesday, 7 p.m., Library |
| ND County Fair Board | Fourth Monday, 7 p.m., Civic Center |
| Elk Creek Watershed Council | Third Tuesday, 7 p.m., Sunnydale Grange |
| Masons | Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m. |
| (OES) Eastern Star | Second Wednesday, 7:30 p.m. |
| Sunnydale Grange | Second Monday, 6:30 p.m.; Potluck First Monday, Bingo 6:30 p.m. |
| Living Hope Outreach | Lunch: Wednesday, 12:30-2 p.m. |

Food Pantry: Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m.

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| Elk Creek Watershed Council | Third Tuesday, 7 p.m. Sunnydale Grange, 5 miles west of Drain |

**YONCALLA**

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| City Council | Second Tuesday, 7 p.m., City Hall |
| ND Betterment | Third Monday, 12 p.m., City Hall |
| Planning Commission | Third Tuesday, 7 p.m., City Hall (as needed) |
| School Board | Thrid Wednesday, 7 p.m., YHS Library |
| Parks and Rec | First Tuesday, 7 p.m., Community Center |
| Library Board | Thrid Wednesday, 7 p.m. (beginning July 2018) |
| Friends of the Library | Second Thursday, 10 a.m., Library; Feb, May, Aug., Nov. |
| Library Book Club | Second Thursday, 6:30 p.m., Library |
| Beautification | Fourth Thursday, 5:30 p.m., City Hall |
| Chamber of Commerce | First Thursday, 7:30 p.m., Community Center |
| Rodeo Club | Third Thursday, 6:30 p.m., City Hall |
| Historical Society | Third Thursday, 3 p.m., City Hall |
| Site Council | Last Wednesday of month, 3:30 p.m., HS staff room |
| Applegate Pioneer Cemetery Board | Third Saturday, 10 a.m. Library |

**ELKTON**

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|---|---|
| City Council | Second Thursday, 8:30 a.m., City Hall |
| Rebekahs | First and third Tuesday, Masonic Lodge |
| Eastern Star | Second and fourth Tuesday, Masonic Lodge |
| ECEC Board Meeting | First Tuesday, ECEC, 541-584-2692 |
| ECEC Book Club | Second Wednesday, 12 p.m., ECEC |

## Addiction Recovery Groups

Thursday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate
6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.
6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228

Friday
6:30 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 1447 Pacific Hwy 99 (behind Koffee Kup) Info: 541-520-8071
7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.
8 p.m.: AA meeting-Gratitude Group. Open meeting. At OLPH Knights of Columbus building, 1025 N. 19th St.

Saturday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate
Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Riverside Church of God. Info: 541-510-4228 or 541-942-2809.
7 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.
7 p.m.: Al-Anon Meeting-Open Literature Discussion Group. CG Comm. Center, 700 Gibbs Ave.

Sunday
Noon: AA Meeting. At OLPH Knights of Columbus building 1025 N. 19th St.
6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

Monday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate
6 p.m.: AA Open Meeting for women only. "We're working on it!" Church of Christ, 6th & Gibbs. Info: 541-228-4751 or 541-510-4228.
7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.
7 p.m.: AA Meeting- No Name Group. At OLPH Knights of Columbus building, 1025 N. 19th St.

Tuesday
Noon: AA Meeting- Noon Group. Big Book Study meeting. At OLPH Knights of Columbus building
7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, back room, 700 Gibbs Ave. 541-603-8162

Wednesday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate
7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. at CG Comm. Center, 700 Gibbs Av

*OLPH: Our Lady of Perpetual Help Catholic Church*

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