Market from A1

decades, with venues ranging from parks to parking lots that achieved varying levels of success and organizational cohesiveness. The market's current iteration on Seventh Street started in 2016 and was also the beginning of an effort to create a solid network and structure.

"The market has been sort of informal over many years," said Mull. "There's always been a need to try to find local sources of healthy food in our community ... so there's always been an effort to try to network and get their communication united somehow."

Choosing Thursdays for markets was a small token of this as it coincided with the Bread Club gatherings in neighboring Kalapuya Books, which Mull felt added a touch of community fellowship.

To expand the network, though, a deeper change was needed.

The year 2016 also saw the market officially become a 501(c)(6) nonprofit, a tax status similar to 501(c)(3), but is reserved for "business leagues," such as chambers of commerce which derive much of their funding from member fees and dues.

One immediate advantage to the status change has been the market's access to government programs such as the Supplemental Nutrition Assistance Program (SNAP), the Special Supplemental Nutrition Program for Women, Infants and Children, the Double Up Food Bucks program and the Oregon Farm Direct Nutrition Program.

"We're also fully insured and licensed," Mull added, "so that anything that happens during the market covers and protects our vendors and ourselves from litigation ... so it's kind of like we have more of a business structure now."



DAMIEN SHERWOOD/COTTAGE GROVE SENTINEL

Shoppers browse the various offerings at the Farmers Market, which is open from 4 to 7 p.m. each Thursday through Oct. 31.

Networking with other farmers markets and exposure through tourism publications has come with the organization's new status as well.

As such, membership fees with the market are \$50 per year, which gives members a seat and a vote at meetings whether or not they set up a booth. Vendor spots are \$10 per day for members or \$15 for non-members.

Though the past few years have seen a relatively moderate membership size, increased interest in the organization was generated this year when a \$2,700 donation was made by an anonymous source to provide eight weeks of free vendor space to new members of the group.

"Basically, your first eight markets are free if you're a member," Mull said.

Membership with the group holds deep importance for some.

Owner of Branch Road

Farm, Andhi Reyna, has been a vendor at the various versions of the market for about eight years and is a current member of the board.

"By having the farm-to-consumer aspect that we are able to do here, we can help bring some education to the community," she said. "It's helped farmers get the word out about their place and be able to have another avenue to sell, to educate, to keep us alive here as well."

Reyna's 73-acre farm, just four miles from downtown, produces veggies, lamb and goat meat and chicken eggs, but also offers field trips for various school districts, kids' cooking classes and summer camps.

"I think the educational side of what this farmers market can do is educate the consumer of why organic is important - why local produce is important," she said.

With the enhancement of the group's organizational structure, Reyna sees an opportunity to create a deeper impact in the community.

Access to SNAP, for example, has not only given low-income people access to locally-sourced food, but also imported the Double Up Food Bucks system.

"I think that's the biggest educating point," Reyna said. "All income levels can be supported here. You spend \$10 at the info booth and you'll get \$20 back to actually spend."

It's through such education that Reyna says she wants to "get rid of the myth that nutritious food in inaccessible."

Indeed, in a typical supermarket, organic food is noticeably pricier than mass-produced food. The United States Department of Agriculture estimated in its last economic study on the topic in 2010 that organically-produced food can cost anywhere from seven to 82 percent more, depending on the season and food type. Programs now accessible to the South Valley Farmers Market have potential to reduce the financial burden of shopping for organic food.

"I think the more we can interact in conversations about it, the more we can make some bigger steps," said Reyna, who pointed to some partnerships between vendors and small businesses in the community as steps in the right direction.

"The awareness for other businesses to know that farmers are here — we're also seeking to grow in our businesses and how to mutually support each other," she said.

On top of these benefits, Reyna believes the general community spirit of a farmers market can bring with it meaningful local connectiv-

"The community camaraderie and helping lift people up individually, things like this can help to do that," she

For these reasons, South Valley Farmers Market members are eager to explore options for their own expansion.

said.

"I think there's huge room and opportunity and need for growth," said Reyna. "And I think for one thing that would be helping more vendors come to the market. When you have more vendors, you have more people interested, curious, coming through more often."

To realize this, the group has been planning on pushing the market down Seventh Street to E. Washington Ave., however the city recently denied a permit for such an expansion.

City Manager Richard Meyers cited ongoing construction involving lead in the Armory and alley access as reasons for not issuing the permit, but did not rule out the possibility in future years.

The market's current permitted space can accommodate up to 25 vendors in the neighboring park and parking lot, though Mull said she has a list of more than 35 vendors and access issues preclude fully utilizing the space they've been given.

For now, Mull has her eyes set on not just improving the market, but also the energy it attracts.

"I'm trying to actively work with making this a vibrant downtown," she said.

This year's market runs May 2 to Oct. 31.



First Presbyterian Church

3rd and Adams St

Worship: 10:00am

Sunday School: 10:00am

541-942-4479

fpcgrove.com

Rev.: Karen Hill

DRAIN: HOPE U.M.C. 131 W "A" St. Drain, OR 541-315-1617 Pastor: Lura Kidner-Miesen Fellowship & Song: 11:30am Potluck Lunch: 12:00pm Worship: 12:30pm

COTTAGE GROVE: 6th & Gibbs Church of Christ 195 N. 6th St. • 541-942-3822

United Pentecostal Church 100 S. Gateway Blvd. 541-942-2061 Pastor: Dave Brag

Hope Fellowship

Seventh-day Adventist Church 820 South 10th Street 541-942-5213 Pastor: Kevin Miller Bible Study: Saturday, 9:15 am Worship Service: Saturday, 10:40 Mid-week Service: Wednesday, 1:00

Trinity Lutheran Church

6th & Quincy • 541-942-2373 Pastor: James L. Markus Sunday School & Adult Education 9:15am Sunday Worship 10:30 am Comm. Kitchen Free Meal Tue & Thur 5:00pm TLC Groups tlccg.com



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Calvary Baptist Church 77873 \$ 6th St • 541-942-4290 Pastor: Riley Hendricks Sunday School: 9:45am Worship: 11:00am The Journey: Sunday 5:00pm Praying Thru Life: Wednesday 6:00pm

Church of Christ

420 Monroe St • 541-942-8565 Sunday Service: 10:30am

Cottage Grove Bible Church

1200 East Quincy Avenue 541-942-4771 Pastor:Bob Singer Worship 11am Sunday School:9:45am AWANA age 3-8th Grade, Wednesdays Sept-May, 6:30pm www.cgbible.org

Cottage Grove Faith Center

33761 Row River Rd. 541-942-4851 Lead Pastor: Kevin Pruett www.cg4.tv Full Children's Ministry available Services: 9:00am & 10:45am

Delight Valley

Church of Christ 33087 Saginaw Rd. East 541-942-7711 • Pastor: Bob Friend Two Services: 9am - Classic in the Chapel 10:30am - Contemporary in the Auditorium

First Baptist Church

301 S. 6th st • 541-942-8242 Pastor: David Chhangte Sunday School 9:30am Worship Service 11:00am Youth Wednesday 6:30pm cgfirstbaptist.com

Worship: 11:00am Sunday Bible Study: 7:00pm Wednesday www.hopefellowshipupc.com "FINDING HOPE IN YOUR LIFE"

Living Faith Assembly

467 S. 10th St. • 541-942-2612 Worship Services Sundays: 9a & 11a Pastor:Lura Kidner-Miesen Youth Worship Sundays: 11a (all ages Worship: 10:30am welcome) Mondays: 5:30p (6th-12th grades)

Non-Denominational

Church of Christ 1041 Pennoyer Ave 541-942-8928 Preacher: Tony Martin Sunday Bible Study: 10:00am Sunday Worship:10:50am & 5:30pm www.pennoyeravecoc.com

Old Time Gospel Fellowship

103 S. 5th St. • 541-942-4999 Pastor: Jim Edwards Sunday Service: 10:00am Join in Traditional Christian Worship

Our Lady of Perpetual Help and St. Philip Benizi **Catholic Churches** 1025. N. 19th St. 541-942-3420 Father John J. Boyle Holy Mass: Saturday Vigil – 5:30 PM

Sunday – 10:30 PM For weekday and Holy Day of Obligation schedule see website OLPHCG.net Confession: 4 PM to 5 PM Saturdays or by appointment St. Philip Benizi, Creswell 552 Holbrook Lane Sunday 8:30 AM St. Andrews Episcopal Church 1301 W. Main • 541-767-9050 Rev. Lawrence Crumb "Church with the flags." Worship: Sunday 10:30am

United Methodist Church

334 Washington • 541-942-3033 umcgrove.org

"VICTORY" Country Church

913 S. 6th Street • 541-942-5913 Pastor: Barbara Dockery Worship Service: 10:00am Message: "WE BELIEVE IN MIRACLES"

CRESWELL:

Creswell Presbyterian Church 75 S 4th S • 541-895-3419 Rev. Seth Wheeler Adult Sunday School 9:15am Sunday Worship Service 10:30 am website www.creswellpres.org

Worship With Us!

Our Worship Directory is a weekly feature in this newspaper. If your congregation would like to be a part of this directory, contact us today!

All Welcome



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