

Community News

Old-fashioned Big Top circus coming to town Thursday

With the sponsorship of the Kiwanis of the Coast Fork, the Culpepper & Merriweather Big Top Circus is coming to Bohemia Park in Cottage Grove on Thursday and Friday, May 16 and 17, with scheduled performances on at 5 and 7:30 p.m. both days.

Now in its 33rd edition, C&M Circus has become internationally known for quality family entertainment. This authentic One-Ring, Big Top Circus has been featured on National Geographic's "Explorer" TV series, "Entertainment Tonight," as well as in *The Los Angeles Times*, *The Chicago Tribune*, and featured on the A&E special, "Under the Big Top."

The community is invited circus morning to watch as a familiar place in town is transformed into a bustling circus city. Activity swirls around the grounds as animals are unloaded, the Big Top is erected and rigging is prepared for performances

later in the day. Enjoy the magic and tradition of the American circus with family and friends while creating memories that will last a lifetime.

Between 9:30 and 10 a.m. come watch the raising of the Big Top, then stay for a free tour. This presentation offers a unique face-to-face opportunity for families, schools and interested community members to meet and learn all about the Culpepper & Merriweather Circus family and includes a walking tour of the circus grounds.

Learn interesting facts about the circus performers, the history of the show and the different species of animals in our circus family.

The tent-raising and morning tour are presented so that everyone, young and old, can learn interesting facts about the Culpepper & Merriweather Circus Family.

On circus day, perform-

ers bring the magic of the circus to life in each 90-minute performance.

This year's lineup includes an all-star group of performers and entertainers that include: Miss Simone and her breath-taking single trapeze; Miss Paulina's proud "Big and Little" prancing ponies; The Arlise Troupe on its wild and crazy unicycles; Natalie's American Eskimo Escapades; Miss Georgia displaying flexibility to the extreme; and for the first time, the Wheel of Destiny and Tight Rope by The Perez Family.

In addition, there will be the performing Jungle Cats, Solomon, Delilah and Francis, presented by Mr. Trey Key. The shows are accompanied by original music composed by the talented Matt Margucci of Los Angeles, Calif.

For more information visit, www.cmcircus.com and click on the Facebook link.

Purchase tickets in ad-



COURTESY PHOTO

The Culpepper & Merriweather Circus will come to town Thursday, with a Big Top raising event open to the community from 9:30 to 10 a.m. on Thursday. Performances Thursday and Friday evening at 7:30 p.m.

vance at the following locations: Sears, Grocery Outlet, *Creswell Chronicle* and the *Cottage Grove Sentinel*.

Prices for advance tickets are \$12 for adults and \$7 for seniors (65 and over) and children ages two to 12. Children under two are admitted free to all performances.

On show day tickets will be \$15 for adults and \$8 for seniors and children.

Reserve tickets early and save.

For more information or to reserve discount tickets call 866-BIG-TOP6. Reservations will be available even on show day but, only at this number until 4 p.m. Monday through Friday.

Plant sale at Coiner Park this Saturday will benefit Tucker's Cupboard

There will be a special plant sale at Coiner Park benefitting Tucker's Cupboard, a local nonprofit program that provides assistance to canines.

A variety of vegetable, tomato and some flower starts will be available for purchase.

The sale will be held Saturday, May 18, from 10 a.m. to 4 p.m., in the gazebo at Coiner Park, 1319 East Main St. in Cottage Grove.



For more information, visit www.tuckerscupboard.org

All proceeds from the plant sale will go to fund Tucker's Cupboard.

Lane County celebrates Mental Health Month

To mark National Mental Health Awareness Month, Lane County Public Health is encouraging all community members to take a moment each day to support their mental health with the "Mind Your Mind" campaign.

The Mind Your Mind campaign was developed as a way to help encourage the people of Lane County to treat their mental health with same attention to preventative care as one would with their physical preventative care.

"Caring for our mental and emotional well-being

is just as important to our overall health as caring for our bodies," said Lane County Suicide Prevention Coordinator, Roger Brubaker.

"Just like physical health conditions, most mental illnesses are both preventable and treatable which means that developing healthy skills today can have lifetime benefits."

In Lane County, roughly one in three people experience some kind of mental health condition, but few feel that others are supportive to people in distress.

If you or a loved one is struggling with a mental health condition, don't hesitate to have a conversation about it with a medical provider, loved one or trusted friend that can help.

Visit the Mind Your Mind website at mindyourmindproject.org for a list of special events and trainings available this month focusing on mental health strategies and support, along with information on how community members can get involved in Mind Your Mind.

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From Baby to Graduate

(it seemed like just a few short years)

8th Grade, High School, or College



Grads name
School: _____

Birthday: _____

Parents: _____

Grandparents: _____

Coming Wednesday, June 5th

"Baby to Graduate Review"

Deadline is Friday, May 24th

Now is the time to reserve your graduates a spot in this special section just for them. Just bring in or mail, with the coupon below, your graduate's favorite baby picture along with a current picture to be published side by side on June 5, 2019.

What a special way to show off that graduate you are so proud of!

Enclose check for \$27⁰⁰
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Cottage Grove Sentinel
P.O. Box 35, Cottage Grove, OR 97424
or stop by our office at 116 N. 6th St., CG

Grad's name: _____	Grandparents: _____
School: _____	Your name: _____
Birth Date: _____	Address: _____
Parents: _____	Phone: _____