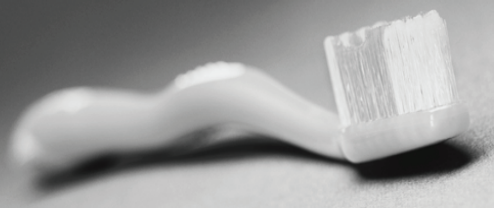


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Dr. Brent Bitner, DDS
350 Washington, Cottage Grove

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April 19th 6 :00pm

Living Faith Assembly
467 S. 10th St. • 541-942-2612

Ideas from A1

Agricultural practices within the group's vision have been instrumental in development of the Farmer's Market and Coast Fork Farm Stand as well.

In sum, Orion feels that impact on the local mentality has played an important role in the nonprofit's community interactions.

"I would say one of the main things Aprovecho has brought is the vision of living more sustainably for the community here," she said.

Despite its achievements, however, sentiments among some community members who attended Saturday's meeting were that the group's golden age has long past.

Accusations of cultural insensitivity were leveled toward the group during the meeting, especially in regard to the historical transgressions of early settlers upon the native population, who were forcibly removed from the area.

"As a board member, I've never felt I've been culturally insensitive," said member Jude Hobbs. Nonetheless, she added, "I feel like the board needs training so that people feel like we're listening more. ... We are listening to what everyone says and we will be culturally sensitive to the feedback we got."

While Hobbs attributed much of the dissatisfaction to miscommunication, Orion was hopeful about establishing a new direction for the group.

"Like any nonprofit or business in general there's kind of a life cycle of people who are involved," she said. "So now we're at a point where we can decide

what a new trajectory might be."

Concerned voices in the group expressed skepticism at the process, citing past failures to address such issues by the board. Adding to management concerns were the absence of key Aprovecho educators and board members at the meeting.

"It's a bit disturbing that they missed such a key event," said one person who asked not to be named.

Though this undercurrent of concern lingered through the session, much of the group's energy was distributed among a selection of other topics.

Facilitator Terrill Thompson led the group through a SWOT analysis, a strategic planning technique that identifies strengths, weaknesses, opportunities and threats in an organization.

Topics such as accessibility, lack of local issue awareness and income streams emerged as problems to be addressed while positive elements focused on the group's resilience, history and potential to become more deeply involved in the community outside the Aprovecho site.

Around 40 attendees were split into groups to generate productive ideas and solutions regarding these and other topics.

On the topic of community involvement, participants took an index of local groups and community needs. The necessity for more public outreach, addressing emergency preparedness and increasing accessibility to the public rose the top of the idea list.

Discussion around Aprovecho's future and what sort of meaningful change should take place was robust,

generating many ideas on the themes of cultural sensitivity to the native population and increasing the board's financial transparency.

The role and usefulness of engaging past participants also came up as contributors speculated that stronger connections to graduating members would help foster a culture of mentorship.

Finally, the group's name was put on the chopping block, partly in effort to rebrand the organization, but also because of controversy surrounding its translation.

"Aprovecho" takes its name from Spanish. Though the organization on its website translates its meaning "I make best use of," native Spanish speakers in attendance explained that the word actually translates in a more negative connotation: "to take advantage of."

One attendee pointed out that a new name should be reflective of the organization's new values and would best be informed by first constructing mission and vision statements after the ideas generated at the session were distilled.

As the session wrapped up, Thompson mentioned that it may take until this fall for transition team members to extract a useful roadmap from it all.

While still months away, the potential impact of the organization's renewed vision on the wider community has implications for issues facing Cottage Grove today.

Notably, a skilled labor force is needed for the town to energetically address its housing issue. Affordable housing project SquareOne Villages, for instance, has reportedly benefited from taking an Aprovecho

graduate on board as lead contractor.

"What I love about Aprovecho is that they are working on solving the need for young people to get the skills to make a living in this day and age," Hobbs said.

Also, following back-to-back weather disasters in the Cottage Grove area, emergency preparedness has emerged as a concern for those in both rural and urban settings. Elements of Aprovecho's philosophy and practices of self-sufficiency may have a place in addressing those worries.

"I think they're one and the same," said Hobbs. "If you are truly sustainable and you are prepared for the electricity being out for three weeks, then that's emergency preparedness."

Techniques such as back-up systems, wood heat, eliminating the need for flushing, water catchment and buildings designed for heat efficiency all contribute to a state of resilience in the face of disaster.

"Part of permaculture is 'design for catastrophe,'" Hobbs said. "I love the idea of us doing more training in preparedness."

As the organization ended the session and set forth to digest the ideas raised, the skepticism of some concerned voices was balanced by an optimism from those on the board, particularly regarding community engagement and future workshops.

"One of the goals has been and always will be education," said Hobbs. "So what kind of educational workshops and classes do people want to see in this community and how can we serve the community that way?"

Vets from A7

According to the Department of Veterans Affairs, the

suicide rate for veterans in Oregon in 2016 — the most recent year for which data is available — increased 25.9 percent between 2005 and 2016.

And overall, rates of suicide have been increasing for both men and women — across all age groups — in the United States for the past 20 years.

According to a recent CDC report, the age-adjusted rate of suicide increased by 24 percent between 1999 and 2014.

The military has attempted to make counseling services and support more available to vets and the money allocated for these services has increased dramatically during the ongoing wars in Afghanistan and Iraq. Unfortunately, these efforts have met an increasing tide of servicemen and women suffering from Post-Traumatic Stress Syndrome (PTSD) in addition to serious brain injuries and the effects of being deployed to a war zone on multiple occasions.

There has also been an apparent disconnect between the policy of promoting education and connecting with vets and its implementation.

The Department of Veterans Affairs had a 2017 budget of \$6.5 million for public outreach and education yet only used \$57,000 of the money allocated for that purpose.

"A lot of people in the public think the problem is financial, but there is money literally sitting there that is supposed to be used for suicide prevention and it is not being used," Shore said.

Still, every day, more than 400 VA Suicide Prevention Coordinators and their teams, located at every VA medical center, connect veterans with care and work towards educating the community about suicide prevention programs and resources.

The question is whether the availability of these services will be able to meet the rising rate of veteran suicides in Oregon, as well as around the U.S.

If you or someone you know is experiencing depression or talks about suicide the Veterans Crisis Line is available 24 hours a day, seven days a week at 1-800-273-8255.

In addition, there are also walk-in veteran out-patient clinics in Newport, North Bend and Eugene that will see clients without an appointment.

Worship Directory

DRAIN:
HOPE U.M.C.
131 W "A" St. Drain, OR
541-315-1617
Pastor: Lura Kidner-Miesen
Fellowship & Song: 11:30am
Potluck Lunch: 12:00pm
Worship: 12:30pm

COTTAGE GROVE:
6th & Gibbs Church of Christ
195 N. 6th St. • 541-942-3822
10:00am
Christian Education:
Pre-K through 5th
www.6thandgibbs.com

Calvary Baptist Church
77873 S 6th St • 541-942-4290
Pastor: Riley Hendricks
Sunday School: 9:45am
Worship: 11:00am
The Journey: Sunday 5:00pm
Praying Thru Life: Wednesday 6:00pm

Church of Christ
420 Monroe St • 541-942-8565
Sunday Service: 10:30am

Cottage Grove Bible Church
1200 East Quincy Avenue
541-942-4771
Pastor: Bob Singer
Worship 11am
Sunday School: 9:45am
AWANA age 3-8th Grade,
Wednesdays Sept-May, 6:30pm
www.cgbible.org

Cottage Grove Faith Center
33761 Row River Rd.
541-942-4851
Lead Pastor: Kevin Pruet
www.cg4.tv
Full Children's Ministry available
Services: 9:00am & 10:45am

Delight Valley
Church of Christ
33087 Saginaw Rd. East
541-942-7711 • Pastor: Bob Friend
Two Services:
9am - Classic in the Chapel
10:30am - Contemporary in the Auditorium

First Baptist Church
301 S. 6th St • 541-942-8242
Pastor: David Chhangle
Sunday School 9:30am
Worship Service 11:00am
Youth Wednesday 6:30pm
cgfirstbaptist.com

First Presbyterian Church
3rd and Adams St
541-942-4479
Rev.: Karen Hill
Worship: 10:00am
Sunday School: 10:00am
fpcgrove.com

Hope Fellowship
United Pentecostal Church
100 S. Gateway Blvd.
541-942-2061
Pastor: Dave Bragg
Worship: 11:00am Sunday
Bible Study: 7:00pm Wednesday
www.hopefellowshipupc.com
"FINDING HOPE IN YOUR LIFE"

Living Faith Assembly
467 S. 10th St. • 541-942-2612
Worship Services Sundays: 9a & 11a
Youth Worship Sundays: 11a (all ages welcome)
Mondays: 5:30p (6th-12th grades)

Non-Denominational Church of Christ
1041 Pennoyer Ave
541-942-8928
Preacher: Tony Martin
Sunday Bible Study: 10:00am
Sunday Worship: 10:50am & 5:30pm
www.pennoyeravecoc.com

Old Time Gospel Fellowship
103 S. 5th St. • 541-942-4999
Pastor: Jim Edwards
Sunday Service: 10:00am
Join in Traditional Christian Worship

Our Lady of Perpetual Help and St. Philip Benizi Catholic Churches
1025 N. 19th St.
541-942-3420
Father John J. Boyle
Holy Mass:
Saturday Vigil - 5:30 PM
Sunday - 10:30 PM
For weekday and Holy Day of Obligation schedule see website OLPHCG.net
Confession: 4 PM to 5 PM
Saturdays or by appointment
St. Philip Benizi, Creswell
552 Holbrook Lane
Sunday 8:30 AM
St. Andrews Episcopal Church
1301 W. Main • 541-767-9050
Rev. Lawrence Crumb
"Church with the flags."
Worship: Sunday 10:30am
All Welcome

Seventh-day Adventist Church
820 South 10th Street
541-942-5213
Pastor: Kevin Miller
Bible Study: Saturday, 9:15 am
Worship Service: Saturday, 10:40
Mid-week Service: Wednesday, 1:00

Trinity Lutheran Church
6th & Quincy • 541-942-2373
Pastor: James L. Markus
Sunday School & Adult Education
9:15am
Sunday Worship 10:30 am
Comm. Kitchen Free Meal Tue & Thur
5:00pm TLC Groups
tlccg.com

United Methodist Church
334 Washington • 541-942-3033
Pastor: Lura Kidner-Miesen
Worship: 10:30am
umcgrove.org

"VICTORY" Country Church
913 S. 6th Street • 541-942-5913
Pastor: Barbara Dockery
Worship Service: 10:00am
Message: "WE BELIEVE IN MIRACLES"

CRESWELL:
Creswell Presbyterian Church
75 S 4th S • 541-895-3419
Rev. Seth Wheeler
Adult Sunday School 9:15am
Sunday Worship Service 10:30 am
website www.creswellpres.org

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EASTER SERVICES

LIVING FAITH ASSEMBLY
SUNDAY APRIL 21ST

NURSERY AND CHILDREN'S CLASSES 9:00 AM AND 11:00AM

467 S. 10TH ST



6th & Gibbs Church of Christ
195 N. 6th Street
Cottage Grove, OR

Good Friday Service : 7 p.m.
Easter Service : 10 a.m.

Children's Church during service
Ages 3 yrs to 5th grade
Nursery provided

Easter egg hunt after service

Our Worship Directory is a weekly feature in this newspaper. If your congregation would like to be a part of this directory, contact us today!

Cottage Grove
Sentinel 541-942-3325
116 N. 6th Street
Cottage Grove, OR

