

CALENDAR CHOICES

Ongoing South Lane County events

Thursdays:

NAMI Thursdays, 10 a.m., Jack Sprats
Creswell Over 40 Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St.

Charm Bracelet Project Second Thursday, 10:15 a.m., Community Center

Community Sing-Alon 1st and 3rd Thursdays, 10:30-11:30 Comm. Center

Rotary Thursdays, 12 p.m., Stacy's Covered Bridge Restaurant

Lion's Club Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant

Senior Center Game Day Thursdays 12:30-4 p.m. C.G. Community Center.

Alzheimer's Caregiver Support Third Thursday, 4 p.m., Magnolia Gardens

LGBTQIA Teen Group Meeting Thursday, 4 p.m., S. Lane Mental Health

Hearing Loss Assoc. Second Thursday, 7 p.m., 2589 Hilyard, Eugene

Lorane Fire Protection Dist. Second Thursday, 7:30 p.m., 80287 Old Lorane Rd.

Poetry Night Third Thursday, 7:30pm, Axe & Fiddle

Eastern Star #4 Third Thursday (no summer), 7:30 p.m., Masonic Center

S. Lane Fire Board Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203 Creswell

Fridays:

Senior Center Pinochle Friday, 11:30-4 p.m., CG Community Center

Rosie the Riveter Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C St., Springfield

Stand for Peace/Occupy CG Friday, 5 p.m., Seventh and Main

NAMI Friday, 1:30-3 p.m., Healing Matrix

American Legion #32 Friday Night Bingo, 5-7pm, 826 W. Main St

Art Walk Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG

Community Gospel Sing-a-long Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St.

Saturdays:

VFW Post #3473 First Saturday, 10 a.m., 3160 Hillside Dr.

CG Historical Society Program Third Saturday, 10 a.m., CG Community Center

American Legion #32 First Saturday, noon, 826 W. Main St.

CG Yarn Addicts 1-3pm Every Saturday, Crafty Mercantile Downtown Cottage Grove

South Valley Farmers Winter Market Saturdays 1-4pm

Cottage Grove Historical Museum Cottage Grove Armory

Saturdays, 1-4 p.m., Corner H & Birch Streets

Sundays:

Occupay Medical Free Clinic Noon-4 p.m., 1717 Centenial Blvd, Springfield (Suites 4 and 7)

South Lane Amateur Radio Assoc. Second Sunday, 2 p.m., Masonic Hall

Cottage Grove Historical Museum Sundays, 1-4 p.m., Corner H & Birch Streets

London Grange First Sunday Potluck, 6:00 p.m.; Third Sunday Meeting, 7:2746 London Rd.

Mondays:

Caregiver Network First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy

Senior Center Bingo 12:45 p.m. Monday, CG Community Center

Autism Peer Support First Monday, 4 p.m., Healing Matrix

Dorena Grange #835 Second Monday, 6 p.m. Potluck; Fourth Monday, 7 p.m. Meeting, 34360 Row River Rd.

NAMI Second and last Monday, 7 p.m., Healing Matrix

Overeaters Anonymous 7 p.m. Monday, First Presbyterian Church

CG City Council Second and fourth Monday, 7 p.m., City Hall

Creswell Grange Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell

Tuesdays:

Chamber Greeters Second and fourth Thursdays, 8 a.m., Oregon Avaition Historical Museum

South Lane Wheels Board Fourth Tuesday, 12 p.m., 1450 Birch Ave.

Breast Cancer Support Group Second Tuesday, 1 p.m., Call 541-942-2309 for location

Veteran Support Services 3 p.m. Tuesday, Healing Matrix

Alzheimer's Caregiver Support Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C. St., Springfield

CG Youth Choir 4-5 p.m. Thursday, First Presbyterian Church (ages 12-16)

Community Sharing Board Third Tuesday, 4:30 p.m., 1440 Birch Ave.

Watershed Council Science Pub Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St.

Tirchotillomani Support Group Second Tuesday, 5:30 p.m., Call 541-767-1730 for location

CG Garden Club First Tuesday, 6 p.m., First Presbyterian Church

EBID Second Tuesday, 6 p.m., CG Community Center

CG 912 Project First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm

Humane Society of CG Second Tuesday, 6:30 p.m., Sinclair Rm., City Hall

ACES Family Group Third Tuesday, 6 p.m., 1551 E. Main St.

Friends of Mt. David Second and fourth Tuesday, 6:30 p.m., corner of H and Birch

Habitat for Humanity Open Mic Night Second Tuesday, 7 p.m., Axe & Fiddle

CG Recreation Assn. Tuesday, 7 p.m., 1440 S. 8th St.

Wednesdays:

Kiwanis Club Wednesday, 7 a.m., Koffee Kup Restaurant

Veterans Assistance First Wednesday, 10 a.m.-1 p.m., VFW Post #3473, 3160 Hillside Dr.

Genealogical Society Meeting Second Wednesday, 10 a.m., CG Community Center

Genealogical Discussion Group Third and fourth Wednesday, 10 a.m.-12 p.m., CG Community Center

Lane County Veterans Services Third Wednesday, 10 a.m.-1 p.m., American Legion, 826 Main St.

Quilts of Valor Second Wednesday, 10 a.m.-4 p.m., VFW, 3160 Hillside Dr.

Clothes Closet - Church of Christ 6th and Gibbs Monday, 11 a.m.-2 p.m.

Pinochle Group Wednesday, 11:30 a.m.-4 p.m., Senior Center

Kiwanis Club Wednesday, 12 p.m., El Tapatio Mexican Restaurant

Veteran's Assistance Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr.

CG Children's Choir Wednesday, 2 p.m., First Presbyterian Church (ages 6-11)

Alzheimer's/Dementia Caregivers Third Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community

CG Art Guild First Wednesday, 6 p.m., Call 541-942-8913 for location

London 4-H Group First Wednesday, 6 p.m. London Grange

Elks Bingo Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug)

Beta Sigma Phi First and third Wednesday, 7 p.m., call 541-942-1310 for location

NAMI Connection Wednesday, 7 p.m., Healing Matrix.

CG Planning Commission Third Wednesday, 7:30 p.m., City Hall

Friends of CG Carousel Second and Fourth Wednesday, 9 a.m. - 11:30a.m. at the Community Center

Bohemia Mining Days Board Third Wednesday at 6:30 p.m. at CG Hotel, 811 Main St, Suite E

All Weekdays:

Beeper Show 9-10 a.m. KNND 1040 AM. Call in discussion, various topics/guests 541-942-5548

Please call 541-942-3325 or email: mjacobs@cgsentinel.com with updates or changes.

Exercise and Fun

KIDS CLUB
South Lane School District grades 1-5. After school to 6 p.m. Mon-Fri on regular school days. Supervised play, homework help and snack. Cost: 1st child \$60/mo.; siblings \$40/mo. Info: 541-228-2847

YOGA & MEDITATION
CG Community Center, 700 E. Gibbs Ave. For strength, flexibility, relaxation with Gloria. Saturdays 10-11:30 a.m. \$5/session. Proceeds for children's scholarships.

No class on holiday weekends. Info: 541-912-7789
BEGINNERS & INTERMEDIATE YOGA
CG Community Center, 700 E. Gibbs Ave. Info: Jane L. Guerber 541-654-5087
Wed.: 6 pm \$5/session

PICKLEBALL COTTAGE GROVE
Riverside Church
Info: Mike 541-942-0688
10 am Tues, Thurs & Sat

COTTAGE GROVE THERAPY POOL
AQUATIC EXERCISE CLASSES
Community Center, 700 E. Gibbs Ave. Info: Teresa 541-942-1185
8:30-9:30 am Mon.-Fri.;
3:00-4:00 pm Tues. & Thurs.;
11:00 am-12 pm Sat.

WARREN H. DAUGHERTY AQUATIC CENTER
1440 S. 8th St., 541-942-5533
Closed at this time for rennovation.

SHALLOW WATER AEROBICS
Warren H. Daugherty Aquatic Center
Closed at this time for rennovation.

BRIDGE CARD GAME
Bridge players wanted!
For info call 541-942-4633

Wednesday
3:45p.m. Weight Watchers is beginning a new session in Drain in the North Douglas Elementary School Library. Call Marian at 541-914-1520 with questions. All are welcome!

Thursday
10 a.m.: TOPS OR85 Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866.

5:30 p.m.: TOPS OR969 Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:00 pm, Meeting: 5:30 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Marie 541-942-9465.

5:30 p.m.: TOPS OR1020 (Creswell) Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.

Weight Loss Support Groups

Monday
9 a.m.: TOPS OR181 Take Off Pounds Sensibly, a weight-loss support group. At the Church of Christ, Drain. Info: 541-378-7801.

Tuesday
5 p.m.: Weight Watchers Sinclair Room at Cottage Grove City Hall 400 E. Main St. 541-342-5386.

Recurring North Douglas County Meetings

DRAIN

City Council Second Monday, 7 p.m., Civic Center

Fire Board Third Monday, 7 p.m., Fire Hall

School Board Fourth Monday, 6:30 p.m., HS Library

Cemetery Board Third Tuesday, 9:30 a.m., Civic Center (even numbered months)

Planning Board First Monday, 7 p.m., Civic Center (as needed)

Civic Center Board Third Tuesday, 5:30 p.m., Civic Center (odd numbered months)

Parks & Rec. Board Third Monday, 7 p.m., Pool Meeting Room

Library Board Third Wednesday, 7 p.m., Library (odd numbered months)

Friends of Library First Tuesday, 7 p.m., Library

ND County Fair Board Fourth Monday, 7 p.m., Civic Center

Elk Creek Watershed Council Third Tuesday, 7 p.m., Sunnysdale Grange

Masons Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m.

(OES) Eastern Star Second Wednesday, 7:30 p.m.

Sunnysdale Grange Second Monday, 6:30 p.m.; Potluck First Monday, Bingo 6:30 p.m.

Living Hope Outreach Lunch: Wednesday, 12:30-2 p.m.

Food Pantry: Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m.

Elk Creek Watershed Council Third Tuesday, 7 p.m. Sunnysdale Grange, 5

miles west of Drain

YONCALLA

City Council Second Tuesday, 7 p.m., City Hall

ND Betterment Third Monday, 12 p.m., City Hall

Planning Commission Third Tuesday, 7 p.m., City Hall (as needed)

School Board Thrid Wednesday, 7 p.m., YHS Library

Parks and Rec First Tuesday, 7 p.m., Community Center

Library Board Third Wednesday, 7 p.m. (beginning July 2018)

Friends of the Library Second Thursday, 10 a.m., Library; Feb, May, Aug, Nov.

Library Book Club Second Thursday, 6:30 p.m., Library

Beautification Fourth Thursday, 5:30 p.m., City Hall

Chamber of Commerce First Thursday, 7:30 p.m., Community Center

Rodeo Club Third Thursday, 6:30 p.m., City Hall

Historical Society Third Thursday, 3 p.m., City Hall

Site Council Last Wednesday of month, 3:30 p.m., HS staff room

Applegate Pioneer Cemetery Board Third Saturday, 10 a.m. Library

ELKTON

City Council Second Thursday, 8:30 a.m., City Hall

Rebekahs First and third Tuesday, Masonic Lodge

Eastern Star Second and fourth Tuesday, Masonic Lodge

ECEC Board Meeting First Tuesday, ECEC, 541-584-2692

ECEC Book Club Second Wednesday, 12 p.m., ECEC

Community Meals

Trinity Lutheran Church Tuesday and Thursday, 5:15-6:15p.m., 675 S. Seventh St.

CG Elks Lodge Chicken Fried Steak First Friday 5-7 p.m., 755 N. River Rd.

CG Elks Lodge Baked Chicken & more Second Friday 5-7 pm 755 N River Rd.

CG Elks Lodge Steak Feed Third Friday 5-7 p.m., 755 N. River Rd.

CG Elks Lodge Fish Fry Fourth Friday 5-7 p.m., 755 N. River Rd.

VFW Friday, 5:30-6:30 p.m. 3160 Hillside Dr.

Sustainable CG First Friday, 6:30 p.m. Potluck Healing Matrix

Sunday Supper 5-6 p.m. Sunday, CG Community Center

Creswell New Hope Baptist Wednesday, 5:15 p.m., 597 S. Front St., Creswell

Breakfasts:
VFW Post #3473 First Sunday, 8-11 a.m., 3160 Hillside Dr.

OLPH Catholic Church Second Sunday (no Dec or March) 8 a.m.-12 p.m., Harvey and 19th St.

Masonic Lodge Third Sunday, 8-11 a.m., 33322 Row River Rd.

Elks Lodge Fourth Sunday, 8-11 a.m., 755 N. River Rd.

Addiction Recovery Groups

Thursday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate 6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.
6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228

Friday
6:30 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 1447 Pacific Hwy 99 (behind Koffee Kup) Info: 541-520-8071
7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.
8 p.m.: AA meeting-Gratitude Group. Open meeting. At OLPH Knights of Columbus building, 1025 N. 19th St.

Saturday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Riverside Church of God. Info: 541-510-4228 or 541-942-2809.
7 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.
7 p.m.: Al-Anon Meeting-Open Literature Discussion Group. CG Comm. Center, 700 Gibbs

Ave.
Sunday
Noon: AA Meeting. At OLPH Knights of Columbus building 1025 N. 19th St.
6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

Monday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate 6 p.m.: AA Open Meeting for women only. "We're working on it!" Church of Christ, 6th & Gibbs. Info: 541-228-4751 or 541-510-4228.
7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.

7 p.m.: AA Meeting- No Name Group. At OLPH Knights of Columbus building, 1025 N. 19th St.

Tuesday
Noon: AA Meeting- Noon Group. Big Book Study meeting. At OLPH Knights of Columbus building
7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, back room, 700 Gibbs Ave. 541-603-8162

Wednesday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate 7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting at CG Comm. Center, 700 Gibbs Av

OLPH: Our Lady of Perpetual Help Catholic Church

DR. JONATHAN BACKER

Creating Smiles that Last a Lifetime!



Currently Welcoming New Patients - Call for an Appointment!
1551 East Main Street • Cottage Grove • (541) 942-8437