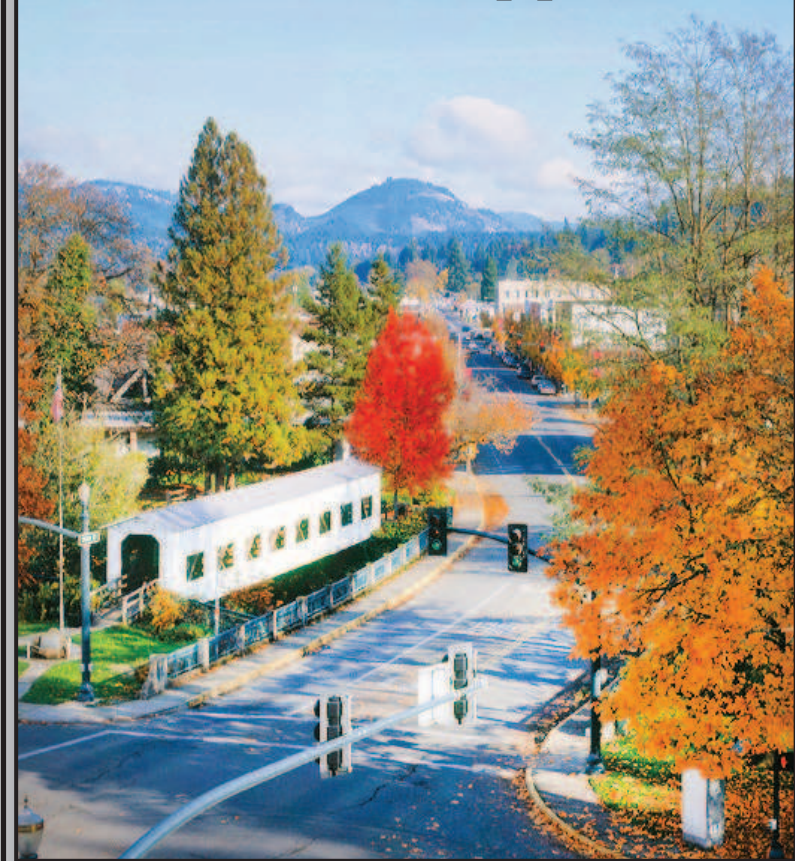


Community Volunteers Make it Happen!



Get Involved

Help Make a Difference in Cottage Grove

Volunteer Now



Restore Hope, Renew Lives

1345 Birch Ave • 541-942-3939 • www.slmh.org

South Lane Mental Health is a non-profit community mental health organization serving the greater Cottage Grove, Oregon region.

Since 1988, South Lane Mental Health has been committed to helping children and adults with mental, emotional and behavioral health issues get the services they need in order to realize full and productive lives.

Services include:

- *A broad range of therapy styles to meet the needs of individuals, families and children of all ages*
- *On-site therapy for students at all South Lane and Creswell School District schools*
- *Consultation services at Head Start classrooms in Delight Valley*
- *Psychiatric medication management services*
- *Services for individuals experiencing a mental or emotional health crisis*
- *Support with housing and accessing benefits*
- *Team-based treatment for adults with persistent mental health challenges and children and families that need intensive services*
- *Recovery services for adolescents and adults struggling with substance use issues*

Contact us to find out how you can help support mental health in our community.

Winner of Cottage Grove Area Chamber of Commerce's Non-profit of the Year Award in 2017