

SATURDAY MORNING											MARCH 23		
① Charter Cable ② SLTV Cottage Grove 1 SLTV London													
	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30			
KEPB	7	231	28.1	Survival Guide	Aging	Brain Secrets With Dr.	Michael Merzenich	Suze Orman's					
KEVU	12	432	34.2	Paid Prg.	Paid Prg.	House	Estate	Garden	Rollin' TV	Raw Trav.	Cars.TV	Crossfire Ministries	
KEZI	4	61	9.1	KEZI 9 News AM	Hanna	Ocean	Rescue	Dr. Scott	Rock-	Vacation	Overwatch League		
KLSR	11	611	34.1	Earth	Rescue	Raceline	WSL Preview	NASCAR Gander					
KMTR	6	131	16.1	Voyager	Earth	Consumer	Naturally	Vets-Pets	Champion	Paid Prg.	Paid Prg.	PGA Golf	
CW	14	132	16.2	Ready-	Wildlife	This Old	Welcome	Animal T.	Invention	Campmeeting	Made	Paid Prg.	
KOBI	5	131	16.1	Voyager	Earth	Vets-Pets	Champion	Vets-Pets	Champion	Paid Prg.	Organic	PGA Golf	
KPTV	12	121	12.1	News	Better	WSL Preview	RaceDay	NASCAR Gander					
KRCW	14	132	16.2	Ready-	Wildlife	This Old	Welcome	Animal T.	Invention	Paid Prg.	Paid Prg.	Laughs	
KVAL	8	131	13.1	Innova	Inspec	2019 NCAA Basketball	Tournament	NCAA Tournament					
THIS	13	132	13.2	Angry Bir	Panther	Cybertron	Roaches	Winning	Explains	Caters TV	Dust	Because	
PURS	4	41	4.1	Lindner's	Horton	Fly Rod	Air Fryer	Sporting	F & T's	Hunting	Bond	Texas	
KTOO2	4	42	4.2	Fresh	P Allen	Garden	Greener	Sara's	Lidia	Cook	Mexican	Milk	
OPB+	23	28.2	28.2	Survival Guide	Aging	Brain Secrets With Dr.	Michael Merzenich	Suze Orman's					
A&E	23	23	23.1	Zombie Flip	Tiny House Nation	Vacation	You Can't	Rustic Remodel (N)	Live PD: Rewind				
AMC	24	24	24.1	Rifleman	Rifleman	Rifleman	Rifleman	Rifleman	(10:50) "Die Hard With a Vengeance"				
AMG	47	47	47.1	DragonFly	Zoo Diary	Dog Tale	Real Life	Think Big	Big World	Traveler	HappiHou	Jet Set	
DISC	30	30	30.1	Chasin'	Operation	Moonshiners	Think Big	Mysteries-Museum	Mysteries-Museum	Mysteries-Museum	Mysteries-Museum	Mysteries-Museum	
DISN	21	21	21.1	Duck	Big City	Raven	Raven	Bizaard	Coop	Sydney	Andi	Raven	
ESPN	31	31	31.1	College GameDay	2019 NIT Basketball	Tournament	2019 NIT Basketball	Tournament					
FREE	32	32	32.1	(7:00) "Paddington"	** "Space Jam" (1996)	** "Beetlejuice" (1988)	Alec Baldwin	Willy					
FX	45	45	45.1	King	Mother	Mother	Mother	Mother	** "What We Do in the Shadows"	Spy			
ION	20	131	13.1	Paid Prg.	Paid Prg.	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU			
LIFE	29	29	29.1	Paid Prg.	Paid Prg.	Air Fryer	Paid Prg.	Paid Prg.	Paid Prg.	"Bad Twin" (2016)	Haylie Duff.	Watching	
NICK	39	39	39.1	"SpongeBob Movie"	Sponge.	Sponge.	Loud	Loud	Loud	Loud	Loud	Loud	
PARMT	38	38	38.1	Paid Prg.	Paid Prg.	**** "Goldfinger" (1964, Action)	Sean Connery, Gert Frobe.	"Spy-Loved Me"					
TBS	10	10	10.1	King	King	** "The Replacements" (2000)	Keanu Reeves.	** "Horrible Bosses 2" (2011)					
TLC	41	41	41.1	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	
TNT	42	42	42.1	(7:00) ** "Million Dollar Arm"	** "Walking Tall" (2004)	AAF Football							
USA	15	15	15.1	Paid Prg.	Paid Prg.	Temptation Island	Temptation Island	Temptation Island	Temptation Island				

SATURDAY EVENING											MARCH 23	
① Charter Cable ② SLTV Cottage Grove 1 SLTV London												
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30		
KEPB	7	231	28.1	Rick Steves' European Trav	The Best of Trains Around North America	A Conversation With Ken Burns						
KEVU	12	432	34.2	Access (N)	Bones	Rizzoli & Isles	Castle (Part 1 of 2)	Person of Interest				
KEZI	4	61	9.1	News	News	Ent. Tonight	American Idol '202 (Auditions)	20/20				
KLSR	11	611	34.1	Mom	Mom	Chicago P.D.	MasterChef	9-1-1	News	Mod Fam		
KMTR	6	131	16.1	News	NBC 16	Big Bang	Big Bang	World Figure Skating Champion				
CW	14	132	16.2	King/Hill	King/Hill	Cleveland	Cleveland	Fam. Guy	Fam. Guy	Burgers	Burgers	Cleveland
KOBI	5	131	16.1	News	Matter	Access (N)	World Figure Skating Champion	Saturday Night Live				
KPTV	12	121	12.1	** "Basic" (2003)	John Travolta.	MasterChef	9-1-1	10 O'Clock News (N)				
KRCW	14	132	16.2	Mod Fam	Mod Fam	Mom	Mom	Two Men	Two Men	Two Men	Two Men	News
KVAL	8	131	13.1	NCAA Tournament	News	Paid Prg.	Jeopardy!	Wheel	NCIS: New Orleans	48 Hours (N)		
THIS	13	132	13.2	We Heart	Un	PuppLove	PuppLove	PuppLove	PuppLove	We Heart Animals	Un	
PURS	4	41	4.1	USOC	Linden's	Hunting	Hitmen	USVUS	Sports	Mighty	HEVI-	Ducks
KTOO2	4	42	4.2	P Allen	Taboulie	Painting	Chefs	Fresh	P Allen	Kitchen	Greener	Ellies
OPB+	23	28.2	28.2	Rick Steves' European Trav	The Best of Trains Around North America	A Conversation With Ken Burns						
A&E	23	23	23.1	(5:00) Live PD "Live PD -- 12.15.17"	Live PD: Rewind (N)	Live PD "Live PD -- 01.12.18"						
AMC	24	24	24.1	"Day-Tomorrow"	** "The Mummy" (1999)	Brendan Fraser, Rachel Weisz.	"Mummy Return"					
AMG	47	47	47.1	** "House Arrest"	** "North Dallas Forty" (1979)	** "Curse of the Swamp Creature" (1966)						
DISC	30	30	30.1	Alaskan Bush	Alaskan Bush	Alaskan Bush	Alaskan Bush People	"The Predators" (N)				
DISN	21	21	21.1	** "Hotel Transylvania"	(:35) *** "Moana" (2016, Children's)	Raven	Sydney	Coop				
ESPN	31	31	31.1	College Wrestling	Boxing Kubrat Pulev vs. Bogdan Dinu. (N)	UEFA	UFC	UFC				
FREE	32	32	32.1	(5:45) *** "Shrek" (2001, Children's)	(7:50) *** "Home Alone" (1990)	Macaulay Culkin.	Home 2					
FX	45	45	45.1	(5:00) *** "The Martian" (2015)	** "Passengers" (2016)	Jennifer Lawrence.	Star Trek					
ION	20	131	13.1	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU				
LIFE	29	29	29.1	"Mommy Group Murder" (2019)	"A Daughter's Deception" (2019, Drama)	"Mommy's Little"						
NICK	39	39	39.1	Loud	Loud	Loud	Henry	Kids' Choice Awards 2019	Henry	Kids' Choice		
PARMT	38	38	38.1	*** "Tomorrow Never Dies" (1997, Action)	Pierce Brosnan.	*** "Casino Royale" (2006, Action)						
TBS	10	10	10.1	NCAA	2019 NCAA Basketball Tournament	Inside	Drop/Mic	Jokers	Full			
TLC	41	41	41.1	Untold Stories of ER	Trading Spaces	Trading Spaces (N)	While You Were Out	Nate & Jeremiah				
TNT	42	42	42.1	2019 NCAA Basketball Tournament	Drop/Mic	Jokers	** "McFarland, USA" (2015)					
USA	15	15	15.1	** "San Andreas"	** "London Has Fallen" (2016, Action)	** "The Magnificent Seven" (2016)						

SUNDAY AFTERNOON											MARCH 24	
① Charter Cable ② SLTV Cottage Grove 1 SLTV London												
	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30		
KEPB	7	231	28.1	Great Performances at the Met	BSO 360	Focus	GZERO	Contrary	Wash	Hoover	Weekend	
KEVU	12	432	34.2	Paid Prg.	Frontier	Outdoors	Lunker	The Mu	Green	Last Man	Rick	Wipeout
KEZI	4	61	9.1	(12:00) Overwatch League Stage 1	Finals.	Sports	Paid Prg.	Paid Prg.	Jdg Judy	News	ABC	
KLSR	11	611	34.1	(12:00) "The Truman Show"	** "The Out-of-Towners" (1999)	Larry	Mod Fam	Mod Fam				
KMTR	6	131	16.1	PGA Golf	Wild Am.	On	Madam Secretary	Better	Attkisson			
CW	14	132	16.2	Rules	Rules	King/Hill	King/Hill	"Among Thieves" (2009)	Meghan Duffy.	Seinfeld	Seinfeld	
KOBI	5	131	16.1	PGA Golf	Dog Tale	JB Show	Financial	Paid Prg.	Pawn	News		
KPTV	12	121	12.1	Paid Prg.	Paid Prg.	Paid Prg.	** "The Gift" (2000, Suspense)	Cate Blanchett.	5 O'Clock News (N)			
KRCW	14	132	16.2	One-Day	Paid Prg.	Last Man	Mother	Mother	Friends	blackish	blackish	
KVAL	8	131	13.1	NCAA Tournament	2019 NCAA Basketball	Tournament	Paid Prg.	Hope-	Tail-Valor	News		
THIS	13	132	13.2	College	FailArmy: The Flop	Try	Because	Because	Because	Because	Because	Because
PURS	4	41	4.1	Outdoor	Shrp	Friends In	Hitmen	Deer &	Gunwerks	Exit	Sports	Ducks
KTOO2	4	42	4.2	Painting	Chefs	Fresh	P Allen	House	Milk	Taste	Moveable	Martha
OPB+	23	28.2	28.2	Animal Su	Animal Babies	Whole	Between	Ireland's Wild Coast	Burt Wolf	R. Steves		
A&E	23	23	23.1	The Toe Bro	The Toe Bro	PD Cam	PD Cam	PD Cam	PD Cam	** "Armageddon"		
AMC	24	24	24.1	(11:58) ** "The Mummy" (1999)	(2:48) ** "The Mummy Returns" (2001)	Brendan Fraser.						
AMG	47	47	47.1	Cal. Life	Celebrity	"The Ramen Girl" (2008)	Brittany Murphy.	"American Bandits"	Naked and Afraid	Naked and Afraid		
DISC	30	30	30.1	Building Off the Grid	Building Off the Grid	Building Off the Grid	Naked and Afraid	Naked and Afraid	Naked and Afraid	"Stomping Grounds" (N)	Alaskan Bush	
DISN	21	21	21.1	Coop	Coop	Sydney	Big City	(:40) *** "Moana" (2016)				
ESPN	31	31	31.1	2019 NIT Basketball Tournament	SportsCenter (N)	NCAA Women's Basketball						
FREE	32	32	32.1	** "The Game Plan" (2007)	Madison Pettis	(:40) *** "Home Alone" (1990)	Macaulay Culkin.					
FX	45	45	45.1	Star Trek	*** "The Martian" (2015)	Matt Damon, Jessica Chastain.	** "Passengers" (2016)					
ION	20	131	13.1	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	
LIFE	29	29	29.1	"Stalked by My Ex"	"Psycho Ex-Girlfriend" (2018, Suspense)	"The Perfect Soulmate" (2017, Suspense)						
NICK	39	39	39.1	Sponge.	Sponge.	Sponge.	Sponge.	Loud	Loud	Loud	Loud	Loud
PARMT	38	38	38.1	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue
TBS	10	10	10.1	This Is 40	** "Step Brothers" (2008)	Will Ferrell.	Big Bang	2019 NCAA Basketball Tournament				
TLC	41	41	41.1	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes, Dress	
TNT	42	42	42.1	"Django Unchained"	NCAA Tip-Off (N)	2019 NCAA Basketball Tournament						
USA	15	15	15.1	Temptation Island	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU			

MONDAY EVENING											MARCH 25	
① Charter Cable ② SLTV Cottage Grove 1 SLTV London												
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30		
KEPB	7	231	28.1	Old	Business	PBS NewsHour (N)	Antiques Roadshow	Oregon	Oregon	Women, War		
KEVU	12	432	34.2	The 700 Club	Dr. Phil	The Dr. Oz Show (N)	Law Order: CI	Law Order: CI				
KEZI	4	61	9.1	News	News	FamFeud	ET	American Idol '207 (Hollywood Week) (N)	The Fix	"Revenge"		
KLSR	11	611	34.1	Million.	DailyMail	News at 7	DailyMail	The Resident (N)	9-1-1 (N)	News	SPORTS	
KMTR	6	131	16.1	News	NBC 16	Big Bang	Big Bang	The Voice "The Battles, Part 1" (N)	The Enemy Within			
CW	14	132	16.2	American	American	Fam. Guy	Fam. Guy	Arrow "Inheritance"	Penn & Teller	Page Six	Gold	
KOBI	5	131	16.1	NBC 5 News at 6:00	NBC	Access	The Voice "The Battles, Part 1" (N)	The Enemy Within				
KPTV	12	121	12.1	6 O'Clock News (N)	FamFeud	FamFeud	The Resident (N)	9-1-1 (N)	10 O'Clock News (N)			
KRCW	14	132	16.2	Mod Fam	Mod Fam	Gold	Arrow "Inheritance"	Penn & Teller	News	Friends		
KVAL	8	131	13.1	News	Inside Ed.	Jeopardy!	Wheel	Neighbor	Man-Plan	Magnum P.I. (N)	Bull (N)	
THIS	13	132	13.2	React	Try	TableTop	TableTop	Because	Because	Explains	Caters TV	Dust (N)
PURS	4	41	4.1	Reaper	The	Outdoor	Final	Cabela's	Paid Prg.	West	Jason Pe	Win/Drury
KTOO2	4	42	4.2	Mexican	Milk	Old	Globe Trekker	Lidia	Cook	Simply	Ellies	Travels
OPB+	23	28.2	28.2	Lidia	Dining	Slovakia-Heart	Earth's Great	I'll Have What Phil's	Amanpour-Co			
A&E	23	23	23.1	The First 48	The First 48	The First 48	The First 48	The First 48	(:01) The First 48			
AMC	24	24	24.1	(5:59) ** "National Treasure" (2004, Adventure)	Nicolas Cage.	Into the Badlands	Into the Badlands	Into the Badlands				
AMG	47	47	47.1	Sanctuary	Pawn	Pawn	Cheaters	Cheaters	Jokers	Jokers	Lever	