

LIONS from B1

tively with clearances of four-foot-10.

“In middle school it was me and her always first and second. It’s good to have her back,” Ladd said of jumping with Arnold, adding that this meet was for about just getting some jumps in. “We haven’t had much practice and I haven’t actually done my full jump for high jump so I was just planning on getting close to five foot for today’s meet and definitely working on it for our next week and clearing five-foot or five-foot-one.”

On the track, the Lions top finisher was sophomore Annah Nyburg who took third in the 1500 (5:25) and fourth in the 800 (2:46).

“She’s going to be someone fierce to be reckoned with,” said head coach Walton on Nyburg.

Cottage Grove’s next varsity meet is on Saturday April 6 at Marist.



Left: Mitchell Krokus gets off to a fast start in the 100. Right: Gracie Arnold attempts to clear four-foot-10 in the high jump.

Top Cottage Grove Finishers

A list of all athletes that finished in the top eight at the Pleasant Hill Ice Breaker Meet on March 13

Boys

100 Meters
6. Mitchell Krokus 12.10

400 Meters
5. Fernando Soto-Cruz 58.24

800 Meters
1. Jimmy Talley 2:08.87

1500 Meters
2. Jimmy Talley 4:20.29
6. Drew Chapman 4:33.22
7. Paesen Timm 4:34.81

3000 Meters
6. Konrad Raum 10:23.92

300m Hurdles
7. Cory Butts 46.24

4x400 Relay
2. Andrew Wiley Drew Chapman Paesenn Timm Jimmy Talley 3:55.13

Shot Put
5. Jake Hopkins 39-03
6. James Partlow 37-09

Discus
7. Jared Simmons 107-04

Javelin
7. Evan Snauer 131-04

High Jump
2. Erick Giffen 5-10

Triple Jump
1. Mitchell Krokus 40-07.50

Girls

100 Meters
8. Matty Ladd 14.13

800 Meters
4. Annah Nyburg 2:46.24
8. Eternity Reimche 3:00.02

1500 Meters
Annah Nyburg 5:25.70

3000 Meters
6. Kajsa Merz 13:44.24
7. Evie Smith 13:56.20

4x100 Meter Relay
4. Payton Cameron Matty Ladd Lexie Hall Mariah Ludiker 58.23

Shot Put
7. Raina Herzog 30-06

Javelin
5. Gracie Arnold 89-03
7. Riley Hutchins 84-08

High Jump
1. Matty Ladd 4-10
1. Gracie Arnold 4-10
3. Avery Hutchins 4-08

Pole Vault
5. Adelle Kent 6-06

Long Jump
7. Owen Dragt 13-01.25

Triple Jump
2. Matty Ladd 31-01.00

Commission approves funding for projects providing hunting, fishing access

SALEM, Ore.—The Fish and Wildlife Commission met today in Salem.

They approved funding for two Access and Habitat projects, including a new East Lane TMA on property from the former Wendling TMA and adding additional acreage. This area will offer hunter access on about 40,000 acres of private timberland in the McKenzie and Indigo Units beginning in fall 2019.

Commissioners also approved funding for several Restoration and Enhancement Projects including repair of the Pine Hollow boat ramp in Wasco County and acquisition of Peterson Point property in Tillamook County. Both projects will improve public access to fisheries.

Commissioners re-appointed William Bronson of Eugene as Landowner Representative to the Statewide A&H Board and appointed Kristin Bishop of McMinnville, co-founder of Reel Women of Fishing NW and an avid angler, to the Fish Screening Task Force representing fishing/fish conservation.

Commissioners were briefed on the Pacific Fisheries Management Council’s (PFMC) planning for 2019 ocean salmon fishery seasons. Several alternatives for ocean salmon seasons starting May 1 are currently available for public review and comment. The recreational ocean salmon fishery starting today through the end of April was adopted with last year’s regulations. A PFMC public hearing has been scheduled for March 25 in Coos Bay to discuss 2019 fisheries options. The final ocean salmon seasons and quotas as adopted by the PFMC in April will be presented to the Commission at their April 19 meeting in St. Helens.

Finally, Commissioners discussed their recent joint meetings with several Washington Fish and Wildlife Commissioners and that state’s recent changes to Columbia River fishery policy. Oregon’s commissioners agreed to consider any rulemaking changes to Columbia River fishery policy at the June 6-7 meeting, which has been moved from Gold Beach to Salem.

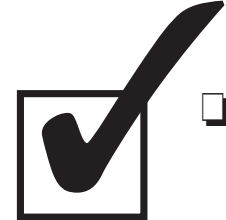
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Oregon high school student-athlete honored by NFHS

INDIANAPOLIS, IN (March 12, 2019) — Kayla Bolnick, a student-athlete at Wilsonville (Oregon) High School, has been selected as the Section 8 recipient of the “National High School Spirit of Sport Award” by the National Federation of State High School Associations (NFHS).

The National High School Spirit of Sport Award was created by the NFHS to recognize those individuals who exemplify the ideals of the spirit of sport that represent the core mission of education-based athletics.

As Wilsonville High School’s first para-athlete, Bolnick has guided the way for all future para-athletes within the school district, league and the state of Oregon. Bound to a wheelchair, Bolnick has not allowed that to define her as an athlete or as a person.

Among the many sports in which she has competed at Wilsonville High School are cross country, swimming and track. She has lettered three

times each in track and cross country and twice in swimming. In addition, she received five all-league awards, was named Sports and Spokes National Athlete of the Year in 2016 and received the 2018 All-American High School Courage Award.

Exhibiting tremendous selflessness and a burning desire to help others, Bolnick has volunteered within Special Olympics at Wilsonville High School and has helped with the Unified Basketball Team. She has also volunteered many years with Adaptive Sports Northwest, which is a non-profit designed to enable para-athletes and to allow them to participate in activities such as swimming, track, running, rugby and glowball.

Bolnick mentored elementary school students, including a female wheelchair-bound first-grade student who recently moved into the school district from China. She has also provided help within the Special Education Department, where

she organizes reading groups and helps them in their daily routines and activities. She plans to attend either San Diego (California) State University of Oregon State University to pursue a career as a special education teacher.

About the Award

The NFHS divides the nation into eight geographical sections. The states in Section 8 are Oregon, Washington, Alaska, Idaho, Montana and Wyoming.

Nominations for this award were generated through NFHS member state associations and reviewed by the NFHS Spirit of Sport Award Selection Committee composed of state association staff members.

While the national winner will be recognized June 29 at the NFHS Summer Meeting in Indianapolis, Indiana, the section winners will be recognized within their respective states and will receive awards before the end of the current school year.

-Backer DDS
-Birch Avenue Dental
-CG Physical Therapy
-Chvatal Orthodontics
-Cetera Financial
-Coast Fork
-Emerald Fitness Club
-Dave’s Place
-D&D Auto
-Grocery Outlet
-Cottage Grove Garbage Service
-Jim’s Point S Tire Factory



-NW Community Credit Union
-Oregon West RV
-Patriot Mortgage
-South Lane Fire And Rescue
-South Valley Athletics
-Starfire Lumber
-State Farm
-Village Green
-Williams & Mathis
-Cascade Home Center
-Lane Community College