



ZACH SILVA/COTTAGE GROVE SENTINEL

First responders from South Lane County Fire inspect the attic space of a home on Grant Avenue, where a fire broke out last week and was quickly extinguished by firefighters.

Fire Crew Quickly Extinguishes Small Fire On Grant Ave.

By Zach Silva

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South Lane County Fire and Rescue (SLCFR) responded to a house fire on Grant Avenue in Cottage Grove last Thursday afternoon. According to

officials, they believe a faulty ceiling fan in an upstairs bathroom was responsible for the blaze, which caused minor damage to the home. Residents were in the home at the time of the fire but safely evacuated the premises.

“On our arrival, we saw

light to moderate smoke coming from the eaves of the second story of the house,” said SLCFR Division Chief Aaron Smith, who was on the scene. “We were able to make entry, go offensive and fight the seed of the fire and extinguish the fire within seconds.”

Two engines and two medic units responded to the fire.

Smith noted that fires started by ceiling fans are not uncommon. “Those ceiling fans have caused the fire service problems for a number of years. Those things they need to be maintained,” said Smith.

Cottage Grove Business Challenge returns

The Cottage Grove Area Chamber of Commerce, Cottage Grove Community Development Corporation and LCC Small Business Development Center to host kick-off event

first-place prize of \$6,000; Joey Jaraczewski of Sohr Performance + Nutrition won \$3,000; and Kim Johnson with Real Live Food Oregon won \$1,000.

Later this month, entrepreneurs are invited once again to take the challenge and submit their business plan ideas for a chance to win up to \$10,000 in start-up funding. Submissions must come in the form of a (no more than four-page) executive summary of their business plan and the business must create new jobs in the Cottage Grove area.

In 2017, a local resident and business owner walked into the Cottage Grove Chamber of Commerce office with an idea about how to encourage entrepreneurship, create new jobs and give back to the community that contributed to his own success. Harold Frazier of New Breed Seed Company donated \$10,000 and said he simply wanted it to go to someone with a great business plan that would create new jobs in the Cottage Grove area. The Chamber of Commerce, Cottage Grove Community Development Corporation and RAIN Eugene joined for several months of meeting, and in those meetings the Cottage Grove Business Challenge was born.

Twenty-four hopeful entrepreneurs took the challenge and three were chosen to receive funds to help start their businesses: Mike Caven of Sanity Chocolate won the

Those who accept the challenge will have access to a series of classes through Lane Community College and the Small Business Development Center. Liveplan business plan writing software will be provided by Palo Alto, as well as mentor support from seasoned business leaders.

Submissions for the Cottage Grove Business Challenge are due May 1.

A kickoff networking event to generate interest will be held Wednesday, Feb. 27, from 6 to 8 p.m., at The Brewstation, 106 Sixth St. in Cottage Grove. All interested parties including entrepreneurs, investors, sponsors and business leaders are encouraged to attend the kickoff event. Additional challenge information can be found at www.cgbizplan.com.

Submitted Report

Healthy teeth start early

Do you know the most common chronic disease that faces young children today?

It's not asthma or hay fever. It's actually cavities in children's teeth, according to the American Academy of Pediatrics.

Fortunately, this common health problem can be corrected if it's caught early enough and good habits are taught from a young age.

CRITICAL TO HEALTH

For children, cavities are about more than mouth pain. They can distract students from learning or keep them home from school, which can have a big impact on their educational goals. It's tough for a child to "be himself" when he is distracted by tooth pain, after all.

To keep your child's teeth in tip-top shape, experts recommend they see a dentist for a checkup by their first birthday, or shortly after their first teeth appear. That's an early visit — and one too many parents skip — but it can help catch oral health problems quickly and also set the stage for a lifetime of healthy teeth.

GOOD HABITS

One of the most important aspects of good oral health is maintaining good habits, and that's especially true for children.

It's another reason why regular dental visits are so important for young people.

When children go to the dentist, they're not only getting work done on their teeth. They're also learning lessons about oral hygiene that can last a lifetime.

Ideally, you'll want to find a dentist who is good at teaching children how to take care of their teeth properly. If the dentist can make it fun for the child — and show them how important it is to take care of their oral health — they'll be much better off later in life.

After all, the habits they pick up now will likely stick with them for a long time.

BABY TEETH

Some parents may wonder why they need to pay so much attention to their children's baby teeth when they won't last through adulthood anyway. But the truth is that the health of their gums and teeth as children can impact their smile as an adult.

Experts at the American Academy of Pediatric Dentistry say that baby teeth play three big roles:

- Maintaining good nutrition by permitting your child to chew properly.
- Play a part in speech development.
- Help the permanent teeth by saving space for them.

In the end, having healthy teeth is also an important part of having a healthy body. They will help your child eat right, learn to speak and smile with confidence.



Every Child Deserves A Healthy Smile

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