

Betty Kaiser

One of the reasons that my husband and I moved to Oregon was to experience "the seasons." You know, spring, summer, fall and winter.

The latter, however, is my least favorite season. It's cold, wet and dark — and as I sit down at my computer to write this column, it's another dreary winter day. Trueblue, born and bred Oregonians revel in this weather. You can tell by my grumpy attitude, I'm an import waiting for spring.

Fortunately, my family, friends and readers have been cheering me up with lots of crazy computer cartoons, jokes and words of wisdom. Most are for senior citizens. And since my birthday this month, they have been working overtime to send me words of cheer that begin with "You know you're a senior citizen when ... "

Some of them are only too happy to add, "Of course, you're older that I am!"

So, just exactly what age is considered a senior citizen? Well, various sources say the age of a senior citizen begins

Betty Kaiser's Chatterbox: Laughter cures winter blues for senior citizens

Administration says that 67 is the age of retirement.

Bell asked me if I was a se- mall!' nior. So, I guess anyone with gray hair is fair game to be silent. Embarrassed, I said, tougher it is to lose weight elderly.

ter Kathy started a flurry of as I convince the police that senior jokes and advice with I didn't steal your dang car!" a "Welcome to the Golden Years" dialog. Someone citizen quotes are mostly passed it on to her, to pass on to me. It sounds like a friends and I don't like to mom and dad conversation because I am prone to lose selves. We tend to be bluntly traveled a long way and a lot keys.

Visualize Chuck and me ourselves too seriously. and prepare to laugh.

I must have left them in the citizen: car. Frantically, I headed for the parking lot. My husband that sells sunglasses, and has scolded me many times only sunglasses. A young for leaving my keys in the lady walked over to me and car's ignition. He's afraid that asked, "What brings you in the car could be stolen.

right; the parking lot was quite know how to respond. empty.

"It was gone.

police. I gave them my loca- once I want to say, "No, it's less, your blessings me more tion, confessed that I had left for company!" my keys in the car and that it had been stolen. Then I with me; I can't force you to made the most difficult call be right. of all to my husband, telling and it's been stolen.'

silence. I thought the call it.

at 60-65. The Social Security had been disconnected but then I heard his voice. 'Are forms always ask who is to you kidding me?' he barked. be called in case of an emer-I was about 60 when Taco 'I dropped you off at the gency. I think you should

"Now it was my turn to be 'Well, come and get me.' He because by then your body Last month, my daugh- retorted, 'I will. Just as soon

> one-liners with attitude. My waste words explaining our-

• Today I was in a store she answered. today?" I looked at her and "As I looked around the said, "I'm interested in buyparking lot, I realized he was ing a refrigerator." She didn't us at all."

litter box they always say, forgetting it isn't spring-"I immediately called the "Oh, have you got a cat?" Just time. May your troubles be

• It's okay if you disagree come through your door.

• On aging: Eventually, him 'I left my keys in the car you will reach a point when Chatterbox at 942-1317 or you stop lying about your email "There was a moment of age and start bragging about *com*

• Hospital and medical write, "An ambulance."

• The older you get, the and your fat have gotten to be really good friends.

• Being young is beautiful The following senior but being old is comfortable. • Some people try to turn back their "odometers." Not me. I want people to know WHY I look this way. I've truthful and we don't take of the roads were not paved.

• Reporters interviewed a After you read the fol- 104-year old woman. "What "The keys weren't in my lowing quips ask yourself if, do you think is the best pocket. Suddenly I realized maybe, you too are a senior thing about being 104?" they asked. "No peer pressure,"

> • Ann Landers said: "At age 20, we worry about what others think of us. At age 40, we don't care what they think of us. At age 60, we discover they haven't been thinking of

That's it for now. Thanks • When people see a cat's for making me laugh and and nothing but happiness

Contact Betty Kaiser's bchatty@bettykaiser.

EPUD now accepting scholarship applications

Emerald People's Utility District is accepting applicants for its \$15,000 annual scholarship program.

Five \$3,000 scholarships are available in 2019 to individuals to attend college or utility industry career training.

power resources and business should consider applying for our scholarship," said Patty Jo Angelini, EPUD public relations coordinator.

"A wide range of customers can apply for these funds. These scholarships are for senior high school students

• Have graduated high school or received their GED from an accredited educational institution

• Provide a school transcript showing an accumulated GPA of at least 2.0 if they are high school graduates or college students

Individuals can apply online at www.epud.org or call 541-746-1583 to request an application.

The deadline to submit an application is 11:59 p.m. Monday, April 15.

Scholarship winners will be announced in mid-May.



Pet tips 'n' tales

By Mary Ellen "Angel Scribe"

CNAs — Cat Nursing Aids

Whomever initially adopted and named Kiwi, the black and white brother and his calico sister, Mango, must have had a nutty... errr fruity sense of humor. When the siblings were six months old, they were given to a rescue center where one of 250 nursing home employees hired them on the spot.

The kittens were housed in the facility's recreational room along with their food, litter, two scratching posts and enough toys to spoil them into accepting the paws-ition of house-mousers.

Occasionally, field mice make their way into the care home to test if the kitchen has a rodent inspector. It does, but the sneaky grey intruders still sneak in. Kiwi and Mango purr-ole the purr-e-mices(premises) "ratting" out unwanted mice.

The facility is the home for 230 physically and cognitively impaired residents. Locked doors separate each area for residents' safety. During the cats mouse-hunt quest, they patiently wait by the doors or elevator, taking a brief bath until some-



Mango and Kiwi have an un-purr-esidented 480 parents who love and care for them.

one walking by activates the locks. The furry workers saunter through an open door or ride up/down elevators with their tales confidently held high.

Kiwi is an escape artist. Residents were "trained" by their own cats to open doors for a cat, innocently opening outside doors — and therefore, aiding Kiwi's quick exit.

Recently, the nursing home received a phone call from a delivery driver.

"I think I have your cat," he announced.

After the man had completed his delivery to the care home and closed the truck's doors, he drove onto three other businesses. Three hours later, up popped Kiwi well-rested from his mobile cat nap. It was a miracle he had not jumped out the open doors at the other locations. Luckily, the driver recognized him and delivered the hitch-hiker back to his 500 waiting parents.

Students pursuing a career that could be of value in the utility industry are encouraged to apply.

"We draw on skills and expertise from many different professions. Students interested in careers in line work, communications, design, accounting, customer service, energy efficiency,

looking to start college, returning college students and others look-ing for secondcareer education or training," Angelini added.

Scholarship applicants must:

• Be EPUD customers or family members attending a college, university or trade school

• Be planning to pursue a career that could be of value in the utility industry.

"Our utility originated from the communities we serve, so it is important that we give back. Providing opportunities for our customers and families to continue their education is one way we do this," said Angelini.

Emerald PUD has offered annual scholarship opportunities to its customerowners since 1990. This is the 11th year Emerald PUD has offered the scholarship to adults interested in pursuing second-career training as well as high school seniors.

weather torecast THURSDAY FRIDAY 54° | 36° 54° | 35° **Partly Cloudy Partly Cloudy SATURDAY** SUNDAY 55° | 37° 55° | 36° **Partly Cloudy Partly Cloudy** MONDAY TUESDAY 53° | 34° 53° | 33° **Partly Cloudy** Sunny 1 in 4 employees are ill prepared for emergency. PayneWest can develop your business' emergency plan. Call today (541) 942-0555. PayneWest.com/Cottage-Grove PayneWest



DUSTIN TULLAR & RUSS OWENS 541-942-8022 • COTTAGE GROVE

VISIT THE SENTINEL ONLINE: www.CGSentinel.com

Also, there is a children's daycare a block from the care home. A teacher approached one of Kiwi's staff and said, "Every day, Jack drops in and visits our children, has snacks, then naps."

Apparently, Kiwi-Jack is a master snack detector who feels he must share his love with all humans, not caring what name they give him.

Then there was the time he visited a house and asked inside. The home owners thought he was lost, so they took him to the humane shelter! Kiwi's tattoo ear ID alerted the shelter to his owners. He was once again "adopted/rescued" for a second time by the care home!

"Many of our residents offer the kitties snacks, and the cats have favorite beds they sleep on," said a staff manager. "Visitors bring dogs but they forget that our residents love cats too. Having felines on the premises gives our facility a sense of home and heartwarming entertainment. I often see a cat being wheeled by, sitting or sleeping, on utility carts or someone's lap."

Recently, a third scratching post materialized in the hallway that the cat's perch on like pirates in a ship-mast's lookout snooper-vizing the area. The post is tall enough to keep the cats safe from wheelchair wheels but short enough for everyone walking by to pat their heads or scratch under their chins.

As for Kiwi, his days of wandering are over after he was narrowly missed by traffic. An "emergency meeting" was held and staff declared that he is "in the dog house," confining him to his work area.

Looks like the child center will now have to adopt a cat of their own!

TIPS:

• Scientists proved that purring cats lower blood pressure.

Besides being excellent mousers, the residents reported, "We like cats and love seeing them walking around," "They are pretty like fur-art-work in motion," "They make the home feel like our home again," "They brighten my day and I like petting them," "Kiwi and Mango nap on dining room chairs, but they are never on a table," and "They are purr-fessional mousers, and respected in the facility and you must admit they are pretty darn cute!"

Share your fun, amazing or crazing pet tips and tales at angelscribe@msn.com or Follow Pet Tips 'n' Tales on Facebook at www.facebook.com/PetTipsandTales. Adopt loving pets online at www.PetFinder.com. For spay or neutering, call the Humane Society at 541-942-2789.