



GET REAL
WITH RICK DANCER

At one time or another all of us feel invisible. This month on Ricki Lake TV we examine the topic in the stories of a couple of different people.

Sundays at 4:30 on KEVU or anytime online.

Ricki Lake Television:
Real Stories, Real People, Real Easy to watch.

*Channel Numbers are for SLTV, check local listings for cable/satellite channel numbers.

FRIDAY EVENING				① Charter Cable ② SLTV Cottage Grove 1 SLTV London										JANUARY 4			
				7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30		
KEPB	7	23.1	28.1	PBS NewsHour (N)		800 Words ① ②		The Inspector Lynley Mysteries			(3:5) Mairght ① ②			PBS NewsHour ①			
KEVU	12	34.2	34.2	Dr. Phil ① ②		The Dr. Oz Show ①		CSI: Miami ① ②		CSI: Miami ① ②		Portland		Mom ①		Broke Girl Two Men	
KEZI	4	9.1	9.1	FamFeud		ET		Fresh- Speech		20/20 ① ②		News		Jimmy Kimmel Live		Nightline	
KLRS	11	34.1	34.1	News at 7		DailyMail		Last Man Cool Kids		Hell's Kitchen (N) ①		News		SPORTS		Mod Fam Mike Two Men Mother	
KMTR	6	16.1	16.1	Big Bang		Big Bang		The Blacklist ②		The Blacklist (N) ①		Dateline NBC (N) ①		NBC16		Tonight Show Meyers	
CW	14	16.2	16.2	Fam. Guy		Fam. Guy		Whose? Whose?		Walk of Fame		Page Six Gold		Gold		Seinfeld Seinfeld Rules	
KOBI	6	12.1	12.1	NBC		Access		The Blacklist ②		The Blacklist (N) ①		Dateline NBC (N) ①		News		Tonight Show Meyers	
KPTV	12.1	12.1	12.1	FamFeud		FamFeud		Last Man Cool Kids		Hell's Kitchen (N) ①		10 O'Clock News (N)		News		Page Six (12:05) TMZ Live (N)	
KRCW	14	14	14	Gold		Gold		Whose? Whose?		Walk of Fame		News Friends		Two Men		Two Men Seinfeld Seinfeld	
KVAL	8	13.1	13.1	Jeopardy!		Wheel		MacGyver (N) ②		Hawaii Five-0 (N) ①		Blue Bloods (N) ①		News		Late Show-Colbert Corden	
THIS	13.2	13.2	13.2	TableTop		TableTop		Because Because		College College		JailArmy Best-		Best- Best-		Best- Best-	
PURS	44.1	44.1	44.1	Modern		Shoot		Road Trip		The Way		Conquest Carnivore		Koenig The		Paid Prg. Paid Prg. Paid Prg. Paid Prg.	
PTO02	44.2	44.2	44.2	Old		Globe Trekker ②		Lidia		Cook		Simply		Ellies Travels		Lidia Cook Mexican Belton	
KPOB	23.2	28.2	28.2	A Year in Space ①		Wash		Hoover		American Masters		Major League		Amanpour-Co		How We Got to Now	
ABE+	23	23	23	(5:00) Live PD ①		(5:00) Live PD: Rewind		Live PD "Live PD - 01.04.19" (N Same-day Tape) ① ②		Live PD ① ②						Live PD ① ②	
AMC	24	24	24	(6:00) *** "Cast Away" (2000) ②				*** "The Green Mile" (1999, Drama) Tom Hanks, David Morse. ②									
AMC	47.1	47.1	47.1	Pawn		Pawn		Cheaters Cheaters		Pawn Pawn		Leverage ②		Forensic Forensic		Cheaters Celebrity	
DISC	30	30	30	Gold Rush (N) ②		Gold Rush: The Dirt		Gold Rush ①		Gold Rush WW		Gold Rush ① ②		Gold Rush ① ②		Gold Rush ① ②	
DISN	21	21	21	Raven		Raven		*** "Cinderella" (2015) Kate Blanchett.		Raven		Raven		Coop Andi		Bizzard Bizzard	
ESPN	31	31	31	Basket		NBA Basketball: Thunder at Trail Blazers				SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter ②	
FREE	32	32	32	Paddington		*** "The Goonies" (1985) Sean Astin. ① ②		grown-ish		grown-ish		The 700 Club ②		"Cinderella"			
FX	45	45	45	(6:00) "Taken 2" ①		** "Taken 3" (2014) Liam Neeson, Forest Whitaker. ① ②		** "Taken 3" (2014) Liam Neeson. ①									
ION	20	41.1	41.1	CSI: Crime Scene		CSI: Crime Scene		CSI: Crime Scene		CSI: Crime Scene		CSI: Crime Scene		CSI: Crime Scene		CSI: Crime Scene	
LIFE	29	29	29	Surviving R. Kelly		Surviving R. Kelly		Surviving R. Kelly (N)		Surviving R. Kelly (N)		Surviving R. Kelly		Surviving R. Kelly		Surviving R. Kelly	
NICK	39	39	39	Lip Sync		Double		Cousins		Sponge.		Sponge.		To Be Announced		Friends Friends Friends	
PARMT	38	38	38	Friends		Friends		Friends		Friends		*** "Meet the Fockers" (2004) Robert De Niro. ①		*** "Meet the Parents" ①			
TBS	10	10	10	Burgers		Burgers		*** "Star Wars: Return of the Jedi" (1983) Mark Hamill.				**** "Star Wars: A New Hope" (1977)					
TLC	41	41	41	Four Weddings ①		90 Day Fiance "Extended: Episode 11" (N)		Dr. Pimple Popper		I Am Jazz ①		90 Day Fiance ②					
TNT	42	42	42	Bones ① ②		★ "Abraham Lincoln: Vampire Hunter"		(1:5) *** "Zombieland" (2009, Comedy)									
USA	15	15	15	Hell Fam Mod Fam		Hell Fam Mod Fam		Hell Fam Mod Fam		Hell Fam Mod Fam		Hell Fam Mod Fam		Hell Fam Mod Fam		Hell Fam Mod Fam	

THURSDAY EVENING					① Charter Cable ② SLTV Cottage Grove 1 SLTV London								JANUARY 3	
		7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	
KEPB	28.1	PBS NewsHour (N)		Art Beat	Field	Midsomer Murders		Midsomer	Unforgotten on Masterpiece (i)		PBS NewsHour (i)			
KEVU	34.2	Dr. Phil (i)		The Dr. Oz Show (i)		The Good Wife (i)		The Good Wife (i)		Portland	Mom (i)	Broke Girl Two Men		
KEZI	9.1	FamFeud ET		Conners Conners		The Last Days of JFK Jr. (N) (i) (ss)				News	Jimmy Kimmel Live Nightline			
KLSR	34.1	News at 7 DailyMail		Gotham "Year Zero"		(N) (i)	News	SPORTS		Mod Fam	Mike	Two Men Mother		
KMTR	16.1	Big Bang	Big Bang	The Titan Games (N) (ss)				The Blacklist (ss)		NBC16	Tonight Show		Meyers	
CW	16.2	Fam. Guy	Fam. Guy	Supernatural (ss)			Legacies (i) (ss)		Page Six	Gold	Gold	Seinfeld	Seinfeld Rules	
KOBH	5.1	NBC	Access	The Titan Games (N) (ss)				The Blacklist (ss)		News	Tonight Show		Meyers	
KPTV	12.1	FamFeud	FamFeud	Gotham "Year Zero"		The Orville (N) (i)		10 O'Clock News (N)		News	Page Six	(12:05) TMZ Live (N)		
KRCW	14	Gold	Gold	Supernatural (ss)		Legacies (i) (ss)		News	Friends	Two Men	Two Men	Seinfeld	Seinfeld	
KVAL	13.1	Jeopardy!	Wheel	Big Bang	Sheldon	(0:01) Mom	Murphy	S.W.A.T. "School"		News	Late Show-Colbert		Corden	
THIS	13.2	TableTop	TableTop	Because	Because	Parks	Parks	Trending	While You	Best-	Best-	Best-	Best-	
PURS	44.1	The	Shoot	Wayne	Trophy	Gunwerks	Paid Prg.	The	American	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	
KTOO2	44.2	Crafts	Travel	Backyard	Martha	Kitchen	No Passport	Rudy	Martha	Kitchen	Joanne	Belton		
OPB+	28.2	This Old House Hr			How We Got to Now		City in the Sky		NOVA Wonders (i)		Amanpour-Co		Grantchester	
A&E	23	(:06) Live PD: Rewind		Live PD "Live PD - 01.03.19" (N) (ss)			60 Days In (i) (ss)		(:13) The First 48 (i)		(12:03) Live PD (i)			
AMC	24	(5:30) "Twister" (ss)		** "The Day After Tomorrow" (2004) Dennis Quaid.				** "Deep Impact" (1998, Drama)		Robert Duval. (ss)				
AMG	47.1	Pawn	Pawn	Cheaters	Cheaters	Jokers	Jokers	Leverage (ss)		Forensic	Forensic	Cheaters	Celebrity	
DISC	30	Naked and Afraid (i)			Naked and Afraid (i) (ss)						Naked and Afraid (i)			
DISN	21	Movie (i)	(:40) Movie (i) (ss)				Raven	Bunk'd	Bunk'd	Bunk'd	Raven	Raven	Bizaard Bizaard	
ESPN	31	Wm. Basketball		College Basketball			Stanford at UCLA. (N)		SportsCenter (N)		SportsCenter (N)		Fiesta Bowl	
FREE	32	(6:00) ** "Miss Congeniality"		** "Miss Congeniality 2: Armed and Fabulous" (i)						The 700 Club (ss)		"Another Cinderella"		
FX	45	"Maze Runner"		** "Riddick" (2013) Vin Diesel, Karl Urban. (i) (ss)			** "Riddick" (2013) Vin Diesel, Karl Urban. (i) (ss)							
ION	20	Chicago P.D. (ss)		Chicago P.D. (ss)		Chicago P.D. (ss)		Chicago P.D. (ss)		Chicago P.D. (ss)		Chicago P.D. (ss)		
LIFE	29	** "Aaliyah: The Princess of R&B" (ss)				Surviving R. Kelly		Surviving R. Kelly (N)		Surviving R. Kelly		Surviving R. Kelly		
NICK	39	Henry Danger (ss)		Sponge.	Sponge.	*** "Madagascar: Escape 2 Africa" (i)		Friends		Friends	Friends	Friends	Friends	
PARMT	38	Friends	Friends	Friends	Friends	*** "Star Trek Beyond" (2016) Chris Pine, Karl Urban. (i) (ss)		Friends		Friends	Friends	** "Battleship" (i)		
TBS	10	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Big Bang	Big Bang	Big Bang	Big Bang	Seinfeld	Seinfeld	Seinfeld	Seinfeld	
TLC	41	Family by the Ton		Dr. Pimple Popper		Dr. Pimple Popper		To Be Announced		Sextuplets		Dr. Pimple Popper		
TNT	42	Basket	NBA Basketball: Rockets at Warriors			Inside the NBA (N)			NBA Basketball: Raptors at Spurs					
USA	15	NCIS (ss) (DVS)		NCIS (ss) (DVS)		NCIS (ss) (DVS)		NCIS (ss) (DVS)		Mod Fam	Mod Fam	Mod Fam	Mod Fam	