# Calendar Choices

## Ongoing South Lane County events

### Thursdays:

NAMI Thursdays, 10 a.m., Jack Sprats
Creswell Over 40 Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St.
Charm Bracelet Project Second Thursday, 10:15 a.m., Community Center
Community Sing-Along 1st and 3rd Thursdays, 10:30-11:30 Comm. Center
Rotary Thursdays, 12 p.m., Stacy's Covered Bridge Restaurant
Lion's Club Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant
Senior Center Game Day Thursdays 12:30-4 p.m. C.G. Community Center.
Alzheimer's Caregiver Support Third Thursday, 4 p.m., Magnolia Gardens
LGBTQIA Teen Group Meeting Thursday, 4 p.m., S. Lane Mental Health
Hearing Loss Assoc. Second Thursday, 7 p.m., 2589 Hilyard, Eugene
Lorane Fire Protection Dist. Second Thursday, 7:30 p.m., 80287 Old Lorane Rd.
Poetry Night Third Thursday, 7:30pm, Axe & Fiddle
Eastern Star #4 Third Thursday (no summer), 7:30 p.m., Masonic Center
S. Lane Fire Board Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203 Creswell

### Fridays:

Senior Center Pinochle Friday, 11:30-4 p.m., CG Community Center
Rosie the Riveter Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C St., Springfield
Stand for Peace/Occupy CG Friday, 5 p.m., Seventh and Main
NAMI Friday, 1:30-3 p.m., Healing Matrix
American Legion #32 Friday Night Bingo, 5-7pm, 826 W. Main St.
Art Walk Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG
Community Gospel Sing-a-long Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St.

### Saturdays:

VFW Post #3473 First Saturday, 10 a.m., 3160 Hillside Dr.
CG Historical Society Program Third Saturday, 10 a.m., CG Community Center
American Legion #32 First Saturday, noon, 826 W. Main St.
CG Yarn Addicts 1-3pm Every Saturday, Crafty Mercantile Downtown Cottage Grove
South Valley Farmers Winter Market Saturdays 1-4pm Cottage Grove Armory
Cottage Grove Historical Museum Saturdays, 1-4 p.m., Corner H & Birch Streets

### Sundays:

Occupy Medical Free Clinic Noon-4 p.m., 1717 Centenial Blvd, Springfield (Suites 4 and 7)
South Lane Amateur Radio Assoc. Second Sunday, 2 p.m., Masonic Hall
Cottage Grove Historical Museum Sundays, 1-4 p.m., Corner H & Birch Streets
London Grange First Sunday Potluck, 6:30 p.m.; Third Sunday Meeting, 72746 London Rd.

### Mondays:

Caregiver Network First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy
Senior Center Bingo 12:45 p.m. Monday, CG Community Center
Autism Peer Support First Monday, 4 p.m., Healing Matrix
Dorena Grange #835 Second Monday, 6 p.m. Potluck; Fourth Monday, 7 p.m. Meeting, 34360 Row River Rd.
NAMI Second and last Monday, 7 p.m., Healing Matrix
Overeaters Anonymous 7 p.m. Monday, First Presbyterian Church
CG City Council Second and fourth Monday, 7 p.m., City Hall
Creswell Grange Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell

### Tuesdays:

Chamber Greeters Second and fourth Thursdays, 8 a.m., Oregon Avaition Historical Museum
Team CG Non-Profits Second Tuesday, 8 a.m. Healing Matrix
South Lane Wheels Board Fourth Tuesday, 12 p.m., 1450 Birch Ave.
Breast Cancer Support Group Second Tuesday, 1 p.m., Call 541-942-2309 for location
Veteran Support Services 3 p.m. Tuesday, Healing Matrix
Alzheimer's Caregiver Support Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield
CG Youth Choir 4-5 p.m. Thursday, First Presbyterian Church (ages 12-16)
Community Sharing Board Thrid Tuesday, 4:30 p.m., 1440 Birch Ave.
Watershed Council Science Pub Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St.
Tirchotillomani Support Group Second Tuesday, 5:30 p.m., Call 541-767-1730 for location
CG Garden Club First Tuesday, 6 p.m., First Presbyterian Church
EBID Second Tuesday, 6 p.m., CG Community Center
CG 912 Project First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm
Humane Society of CG Second Tuesday, 6:30 p.m., Sinclair Rm., City Hall
ACES Family Group Third Tuesday, 6 p.m., 1551 E. Main St.
Friends of Mt. David Second and fourth Tuesday, 6:30 p.m., corner of H and Birch
Habitat for Humanity Open Mic Night Second Tuesday, 7 p.m., Axe & Fiddle
CG Recreation Assn. Tuesday, 7 p.m., 1440 S. 8th St.

### Wednesdays:

Kiwanis Club Wednesday, 7 a.m., Koffee Kup Restaurant
Veterans Assistance First Wednesday, 10 a.m.-1 p.m., VFW Post #3473, 3160 Hillside Dr.
Genealogical Society Meeting Second Wednesday, 10 a.m., CG Community Center
Genealogical Discussion Group Third and fourth Wednesday, 10 a.m.-12 p.m., CG Community Center
Lane County Veterans Services Third Wednesday, 10 a.m.-1 p.m., American Legion, 826 Main St.
Quilts of Valor Second Wednesday, 10 a.m.-4 p.m., VFW, 3160 Hillside Dr.
Clothes Closet - Church of Christ 6th and Gibbs Monday, 11 a.m.-2 p.m.
Pinochle Group Wednesday, 11:30 a.m.-4 p.m., Senior Center
Kiwanis Club Wednesday, 12 p.m., El Tapatio Mexican Restaurant
Veteran's Assistance Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr.
CG Children's Choir Wednesday, 2 p.m., First Presbyterian Church (ages 6-11)
Alzheimer's/Dimentia Caregivers Third Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community
CG Art Guild First Wednesday, 6 p.m., Call 541-942-8913 for location
London 4-H Group First Wednesday, 6 p.m. London Grange
Elks Bingo Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug)
Beta Sigma Phi First and third Wednesday, 7 p.m., call 541-942-1310 for location
NAMI Connection Wednesday, 7 p.m., Healing Matrix.
CG Planning Commission Third Wednesday, 7:30 p.m., City Hall

### All Weekdays:

Beeper Show 9-10 a.m. KNND 1040 AM. Call in discussion, various topics/guests 541-942-5548

*Please call 541-942-3325 or email: mjacobs@cgsentinel.com with updates or changes.*

## Exercise and Fun

KIDS CLUB
South Lane School District grades 1-5.
After school to 6 p.m. Mon-Fri on regular school days.
Supervised play, homework help and snack.
Cost: 1st child $60/mo.; siblings $40/mo.
Info: 541-228-2847

YOGA & MEDITATION
CG Community Center, 700 E. Gibbs Ave.
For strength, flexibility, relaxation with Gloria.
Saturdays 10-11:30 a.m. $5/session
Proceeds for children's scholarships.
No class on holiday weekends.
Info: 541-912-7789

BEGINNERS & INTERMEDIATE YOGA
CG Community Center, 700 E. Gibbs Ave.
Info: Jane L. Guerber 541-654-5087
Wed.: 6 pm $5/session

PICKLEBALL COTTAGE GROVE
Riverside Church
Info: Mike 541-942-0688
10 am Tues, Thurs & Sat

COTTAGE GROVE THERAPY POOL AQUATIC EXERCISE CLASSES
Community Center, 700 E. Gibbs Ave.
Info: Teresa 541-942-1185
8:30-9:30 am Mon.-Fri.;
3:00-4:00 pm Tues. & Thurs.;
11:00 am-12 pm Sat.

WARREN H. DAUGHERTY AQUATIC CENTER
1440 S. 8th St., 541-942-5533
Closed at this time for rennovation.

SHALLOW WATER AEROBICS
Warren H. Daugherty Aquatic Center
Closed at this time for rennovation.

BRIDGE CARD GAME
Bridge players wanted!
For info call 541-942-4633

## Weight Loss Support Groups

**Monday**
9 a.m.: TOPS OR181 Take Off Pounds Sensibly, a weight-loss support group. At the Church of Christ, Drain. Info: 541-378-7801.

**Tuesday**
5 p.m.: Weight Watchers Sinclar Room at Cottage Grove City Hall 400 E. Main St. 541-342-5386.

**Thursday**
10 a.m.: TOPS OR85 Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866.

5:30 p.m.: TOPS OR969 Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:00 pm, Meeting: 5:30 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Marie 541-942-9465.

5:30 p.m.: TOPS OR1020 (Creswell) Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.

## Recurring North Douglas County Meetings

**DRAIN**
City Council Second Monday, 7 p.m., Civic Center
Fire Board Third Monday, 7 p.m., Fire Hall
School Board Fourth Monday, 6:30 p.m., HS Library
Cemetery Board Third Tuesday, 9:30 a.m., Civic Center (even num bered months)
Planning Board First Monday, 7 p.m., Civic Center (as needed)
Civic Center Board Third Tuesday, 5:30 p.m., Civic Center (odd numbered months)
Parks & Rec. Board Third Monday, 7 p.m., Pool Meeting Room
Library Board Third Wednesday, 7 p.m., Library (odd numbered months)
Friends of Library First Tuesday, 7 p.m., Library
ND County Fair Board Fourth Monday, 7 p.m., Civic Center
Elk Creek Watershed Council Third Tuesday, 7 p.m., Sunnydale Grange
Masons Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m.
(OES) Eastern Star Second Wednesday, 7:30 p.m.
Sunnydale Grange Second Monday, 6:30 p.m.; Potluck First Monday, Bingo 6:30 p.m.
Living Hope Outreach Lunch: Wednesday, 12:30-2 p.m.
Food Pantry: Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m.
Elk Creek Watershed Council Third Tuesday, 7 p.m. Sunnydale Grange, 5 miles west of Drain

**YONCALLA**
City Council Second Tuesday, 7 p.m., City Hall
ND Betterment Third Monday, 12 p.m., City Hall
Planning Commission Third Tuesday, 7 p.m., City Hall (as needed)
School Board Thrid Wednesday, 7 p.m., YHS Library
Parks and Rec First Tuesday, 7 p.m., Community Center
Library Board Thrid Wednesday, 7 p.m. (beginning July 2018)
Friends of the Library Second Thursday, 10 a.m., Library; Feb, May, Aug., Nov.
Library Book Club Second Thursday, 6:30 p.m., Library
Beautification Fourth Thursday, 5:30 p.m., City Hall
Chamber of Commerce First Thursday, 7:30 p.m., Community Center
Rodeo Club Third Thursday, 6:30 p.m., City Hall
Historical Society Third Thursday, 3 p.m., City Hall
Site Council Last Wednesday of month, 3:30 p.m., HS staff room
Applegate Pioneer Cemetery Board Third Saturday, 10 a.m. Library

**ELKTON**
City Council Second Thursday, 8:30 a.m., City Hall
Rebekahs First and third Tuesday, Masonic Lodge
Eastern Star Second and fourth Tuesday, Masonic Lodge
ECEC Board Meeting First Tuesday, ECEC, 541-584-2692
ECEC Book Club Second Wednesday, 12 p.m., ECEC


DR. JONATHAN BACKER
Creating Smiles that Last a Lifetime!

Currently Welcoming New Patients - Call for an Appointment!
1551 East Main Street • Cottage Grove • (541) 942-8437


## Community Meals

Trinity Lutheran Church
Tuesday and Thursday,
5:15-6:15p.m., 675 S. Seventh St.

CG Elks Lodge
Chicken Fried Steak First Friday
5-7 p.m., 755 N. River Rd.

CG Elks Lodge
Baked Chicken & more
Second Friday
5-7 p.m. 755 N. River Rd.

CG Elks Lodge
Steak Feed Third Friday
5-7 p.m., 755 N. River Rd.

CG Elks Lodge
Fish Fry Fourth Friday
5-7 p.m., 755 N. River Rd.

VFW
Friday, 5:30-6:30 p.m.
3160 Hillside Dr.

Sustainable CG
First Friday, 6:30 p.m. Potluck
Healing Matrix

Sunday Supper
5-6 p.m. Sunday, CG Community Center

Methodist Church
First and Third Mondays,
5-6:30p.m.,
334 Washington Ave.
American Legion
Second Tuesday of odd-numbered months, 5 p.m., 826 W. Main St.

Creswell New Hope Baptist
Wednesday, 5:15 p.m., 597 S. Front St., Creswell

**Breakfasts:**

VFW Post #3473
First Sunday, 8-11 a.m., 3160 Hillside Dr.

OLPH Catholic Church
Second Sunday (no Dec or March.) 8 a.m.-12 p.m., Harvey and 19th St.

Masonic Lodge
Third Sunday, 8-11 a.m., 33322 Row River Rd.

Elks Lodge
Fourth Sunday, 8-11 a.m., 755 N. River Rd.

## Addiction Recovery Groups

Thursday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate
6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.
6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228

Friday
6:30 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 1447 Pacific Hwy 99 (behind Koffee Kup) Info: 541-520-8071
7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.
8 p.m.: AA meeting-Gratitude Group. Open meeting. At OLPH Knights of Columbus building, 1025 N. 19th St.

Saturday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate
Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Riverside Church of God. Info: 541-510-4228 or 541-942-2809.
7 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.
7 p.m.: Al-Anon Meeting-Open Literature Discussion Group. CG Comm. Center, 700 Gibbs Ave.

Sunday
Noon: AA Meeting. At OLPH Knights of Columbus building 1025 N. 19th St.
6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

Monday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate
6 p.m.: AA Open Meeting for women only. "We're working on it!" Church of Christ, 6th & Gibbs. Info: 541-228-4751 or 541-510-4228.
7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.
7 p.m.: AA Meeting- No Name Group. At OLPH Knights of Columbus building, 1025 N. 19th St.

Tuesday
Noon: Al-Anon Meeting Recoving with Literature in Cottage Grove (AFG) Coottage Grove Community Center, 700 Gibbs Ave.
Noon: AA Meeting- Noon Group. Big Book Study meeting. At OLPH Knights of Columbus building
7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, back room, 700 Gibbs Ave. 541-603-8162

Wednesday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate
7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. at CG Comm. Center, 700 Gibbs Av

*OLPH: Our Lady of Perpetual Help Catholic Church*