

NORTH DOUGLAS from B1

teams trading missed field goals before Triad began to get to the free throw line where they converted five-of-twelve foul shots in overtime which was enough to lift them to a victory.

"I (told the team), 'Hey, you've got to look past this game and go onto the next one. Triad is a great team and they're going to do well in their league.' That's a team that made it to the tournament last year. They're well-coached and they've got some athletes on their team," said Vancil of the fifth-ranked Timberwolves.

In each of their two losses on the season, North Douglas has lost by a margin of three points.

"We've lost two games by (a combined) six points. And that's just it. That's what preseason is all about. Just getting the team gelled and getting together so that when league comes, we're ready to play," said Vancil.

On Saturday against Eddyville Charter the Warriors rolled to a 71-49 win. Cal Parks led the team in scoring with 19 points as Jake Gerrard added 17 points, 15 rebounds and six assists.



Koldan Frieze of North Douglas sets up the offense on Friday night against Triad. Frieze finished the game with 15 points.

High School Sports Recap

Cottage Grove Boys Basketball

The Lions fell on the road at North Valley 41-40 on Saturday. **North Douglas Girls Basketball**

Last Friday the Warriors defeated Triangle Lake 46-30 at the Lowell Tournament. After trailing after one quarter of play, North Douglas outscored Triangle Lake 33-14 over the remainder of the game. Natalie Thompson led the team in scoring with 14 points. Abby Whipple added 10 points and 11 boards while Sofia Alcantar recorded five points, 11 assists and 10 rebounds.

On Saturday the team defeated Lowell 38-25 holding the Red Devils scoreless after one quarter. Alcantar led the team with 18 points and seven steals. Thompson added 10 points for the Warriors.

Elkton Boys Basketball

On Friday night at the Cougar Classic, the Elks lost to Country Christian 53-45. Austin Luzier had 15 points and seven rebounds while Mason Cox added 11 points and nine boards.

On Saturday against Cross-hill Christian Elkton lost 68-35. Luzier and Jaydn Woody each finished with eight points.

Elkton Girls Basketball

Last Tuesday against top-2A side Oakland, the Elks lost 54-26.

At the Cougar Classic over the weekend, the team lost to Country Christian 53-47. Aspyn Luzier led the team with 12 points as Alexis Halstead added 10 points and eight rebounds for the team. On Saturday the squad defeated Alsea 54-41 with 17 points from Kierny Carnes. Luzier finished with 10 points and 12 rebounds.

Yoncalla Boys Basketball

At the Cow Creek Classic at Riddle High School on Friday, the Eagles were defeated by East Linn Christian Academy 72-39. On Saturday the team beat Canyonville Academy 63-40.

Yoncalla Girls Basketball

At the Cow Creek Classic, Yoncalla lost to East Linn Christian Academy 39-16. On Saturday, the team rolled past Canyonville Academy 54-9. Kaleigh Soto led the team with 23 points, including three three-pointers. Shaunasi Hardy had 14 points.

First Day Hikes event returns to state parks Jan. 1, 2019

Oregon Parks and Recreation Department (OPRD) invites Oregonians outdoors on New Year's Day for the annual First Day Hikes event. Visitors can choose from 32 hikes in 31 parks across the state. All hikes will be guided by a park ranger or volunteer who will share stories about the park's history, geology, wildlife and plants.

All hikes are free; day-use parking fees will be waived at all participating parks Jan. 1 only.

Hikers can register for specific hikes online at the Oregon State Parks Store: bit.ly/ParkStoreEvents. While online registration isn't required for participation, visitors are encouraged to register. It helps park staff plan the hike and provides them with participant contact information should hike details change.

OPRD advises visitors to plan for inclement weather, dress in layers, wear sturdy shoes, bring water and remember to carry binoculars

for viewing wildlife. OPRD has sponsored First Day Hikes annually since 2012, part of a larger national event organized by America's State Parks.

Participating parks and meeting areas can be seen in full at oregonstateparks.org.

Willamette Valley/Cascades

- Champoeg State Heritage Area: 10 a.m. and 2 p.m., meet at the visitor center.

- Dexter State Recreation Site: 11:00 a.m., meet at the information kiosk for disc golf.

- Elijah Bristow State Park: noon, meet at the equestrian parking area for horse riding (bring your own horse.)

- Fort Yamhill State Heritage Area: 11 a.m., meet at the main parking lot.

- Silver Falls State Park: 10 a.m., meet at South Falls Lodge porch.

- Bullards Beach State Park: 1 p.m., meet at the meeting hall.

- Fort Stevens State Park: 10 a.m., meet at parking lot A.

SECOND from B1

happen to elevate this team; there is more than a modicum of hope. But when you finish second, it is, and I don't want to be overly dramatic or hyperbolic here, basically a pit of despair.

You bought in, you believed in this group, you had hope and were ruthlessly let down. It is Michael Dyer's knee not going down in the Auburn-Oregon National Championship in 2011. It is Oregon getting rocked in the 2015 National Championship (I had to just look up the score of that game because I had blocked it from my memory. I refuse to repeat the score here because I firmly believe we should all make a pact saying the season ended with the Rose Bowl victory over Florida State). It is Oregon bas-

ketball not being able to get a rebound against North Carolina in the 2017 Final Four (now this wasn't technically for second place, but try to convince me that the Ducks would have lost to Gonzaga). It is Atlanta United finding ways to score two goals and make everything difficult for the Portland attack on Saturday night.

To a rational human, second place is a great accomplishment. To a logical person, it would seem hypocritical to celebrate a win and deride sports all together after a loss. But alas, here I am just another irrational sports fan.

In Nelly's smash-hit song from 2001, "#1", he explains the paradox that is second-place most succinctly by stating, "Two is not a winner." My best

friend, who also is emotionally-burdened by caring too much about sports, echoed a similar sentiment in a text this weekend, writing, "We can say it was an amazing season all we want, it was, but that doesn't take away how [bad] the feeling is after the game."

So here we are, sad that second place can't be enjoyed because first place was right there; it was that close. But since this cruel relationship with sports certainly isn't going anywhere anytime soon, the road forward is simple: tell your loved ones and fellow fans that it is going to be okay, grab a drink if that's your style and get ready because I'm sure next year is our year.

Or maybe it's the year after that.

- Backer DDS
- Birch Avenue Dental
- CG Physical Therapy
- Chvatal Orthodontics
- Cetera Financial
- Coast Fork
- Emerald Fitness Club
- Dave's Place
- D&D Auto
- Grocery Outlet
- Cottage Grove Garbage Service
- Jim's Point S Tire Factory



- NW Community Credit Union
- Oregon West RV
- Patriot Mortgage
- South Lane Fire And Rescue
- South Valley Athletics
- Starfire Lumber
- State Farm
- Village Green
- Williams & Mathis Center
- Lane Community College

BRAD'S
is this Week's Tie-Breaker Panel Winner with 7 correct
Jim Escujuri
is this week's READER winner with 8 Correct

BEAT THE PICKERS PANEL FOOTBALL CONTEST

CIRCLE YOUR PICKS

CLEVELAND	AT	DENVER
HOUSTON	AT	NY JETS
ARIZONA	AT	ATLANTA
TAMPA BAY	AT	BALTIMORE
DETROIT	AT	BUFFALO
GREEN BAY	AT	CHICAGO
OAKLAND	AT	CINCINNATI
DALLAS	AT	INDIANAPOLIS
WASHINGTON	AT	JACKSONVILLE
MIAMI	AT	MINNESOTA
TENNESSEE	AT	NY GIANTS
SEATTLE	AT	SAN FRANCISCO
NEW ENGLAND	AT	PITTSBURGH

TIEBREAKER:
PHILADELPHIA AT LA RAMS
Total Points for the Sunday Night Game: _____

Name: _____
Address: _____
Phone Number: _____

SEND IN YOUR PICKS BY FRIDAY 5 PM
YOU CAN PLAY AND WIN!

NIC This Week Stats: 4-9 Season Stats: 103-61

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Jacksonville
Minnesota
Tennessee
Seattle
New England
Tie-Breaker:58

YOSHINO This Week Stats: 4-9 Season Stats: 97-67

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Seattle
Pittsburgh
Tie-Breaker:42

LUANN This Week Stats: 7-6 Season Stats: 101-63

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Tie-Breaker:47

WIN \$20 EVERY WEEK With the Football Contest

Fill out the form below for your choice of winners. The TIE-BREAKER game is the Sunday night game. Guess the total points of this game. In the event of a tie-breaker tie, the winner will be determined by a drawing. Entries must be received by Friday, 5 pm at the Cottage Grove Sentinel, 116 N. 6th Street, (P.O. Box 35), Cottage Grove, Oregon 97424. Mailed entries must be postmarked by Friday. Employees of the Cottage Grove Sentinel and their families are not eligible to win. In the event of multiple winners, final weekly winner will be drawn at random from preliminary winners.

ATTENTION: Tiebreaking Process - the designated tie-breaker game will be judged on total points ONLY. Please estimate the total points for the tie-breaker game.
One entry per family.

STAFF This Week Stats: 8-5 Season Stats: 92-72

Cottage Grove Sentinel
116 N. 6th
Cottage Grove, OR
(541) 942-3325

Cleveland
Houston
Atlanta
Tampa Bay
Detroit
Chicago
Oakland
Dallas
Washington
Miami
NY Giants
Seattle
Pittsburgh
Tie-Breaker:34

LARRY This Week Stats: 3-10 Season Stats: 84-80

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Tampa Bay
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Jacksonville
Minnesota
NY Giants
San Francisco
Pittsburgh
Tie-Breaker:31