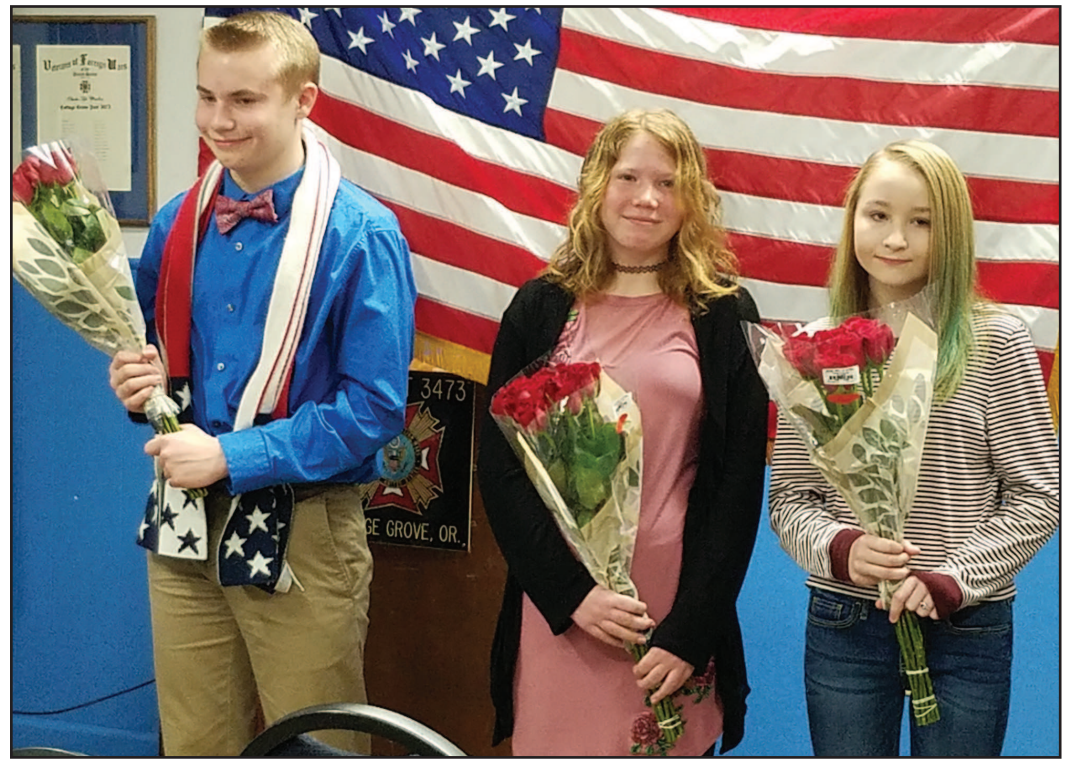


VFW names Teacher of Year, winners for Voice of Democracy, Patriot Pen



COURTESY PHOTOS

Local Veterans of Foreign Wars Post #3473 selected winners for its two annual scholarship awards. Winners of the Voice of Democracy Award (above left) included first place winner Sophie Morton, second place winner Natasha Lamm and third place winner Abby DeGarlis. All three are pictured above with Teacher of the Year winner, Cottage Grove High School counselor and teacher Vicki Evans. Patriot Pen winners (above right) included Isbella Hermansen in first place, Jessalyn Pershall in second and Jace Cooper in third.

New American Heritage Girls troop collecting funds for fire victims

The girls forming the local American Heritage Girls troop are gathering cash donations and gift cards to send as aid to the Paradise, Calif., community through the Paradise Foursquare Church, which was destroyed in the Paradise Camp Fire.

There are four collection jars in the community located at the Cottage Grove Sentinel office, Dirt Cheap Copies, the UPS Store and The Bookmine.

The American Heritage Girls is a faith-based, character building, and service oriented organization for girls from the

ages 5 to 17.

The Cottage Grove troop sponsor is the local VFW chapter, and is meeting at the VFW Hall, 3160 Hillside Dr., on Tuesdays at 7 p.m.

The Senior Pastor at Paradise Foursquare Church, Chris Hines, said Walmart, Target,

gas, Winco and Visa cards are best for helping the California wildfire victims.

He also said GoFundMe accounts are not the best route at this time since it can take away from FEMA federal assistance.

All cash donated by our community will be turned into

one of the recommended cards and sent down in three batches leading up to Christmas.

Many churches in the Paradise area are stepping up for immediate needs for the many people in their community, regardless if they are church members.

Many victims are able to receive immediate need but the impact of the devastating fires is ongoing.

For more information, contact Sandy Camerat 541-942-6417.

Video contest on workplace safety now open to Oregon high school students

High school students across Oregon are invited to let their video skills shine for a good cause: increasing awareness about workplace safety for young workers.

The annual "Speak up. Work safe." video contest is now open for submissions. The top three entries will

take home cash prizes ranging from \$300 to \$500, and students will earn a matching amount for their school.

Students must create a 90-second or less video that inspires young workers to do at least one thing differently to stay safe on the job. The video must include the theme: "Speak up.

Work safe." The video must educate young workers about the importance of speaking up in the workplace. Participants are encouraged to develop a key message or slogan, use humor, and get creative while emphasizing ways to protect themselves — and their co-workers — from getting hurt on

the job.

Submissions will be judged on certain criteria, including:

- An original health and safety message that appeals to teen workers and safety educators
- Overall production value (video/audio quality, acting, and editing)

• "Speak up. Work safe." theme is used effectively

The deadline for submissions is Friday, Feb. 1, 2019. Videos can be submitted online or mailed.

For contest information, visit www.youngemployeesafety.org/contest/.

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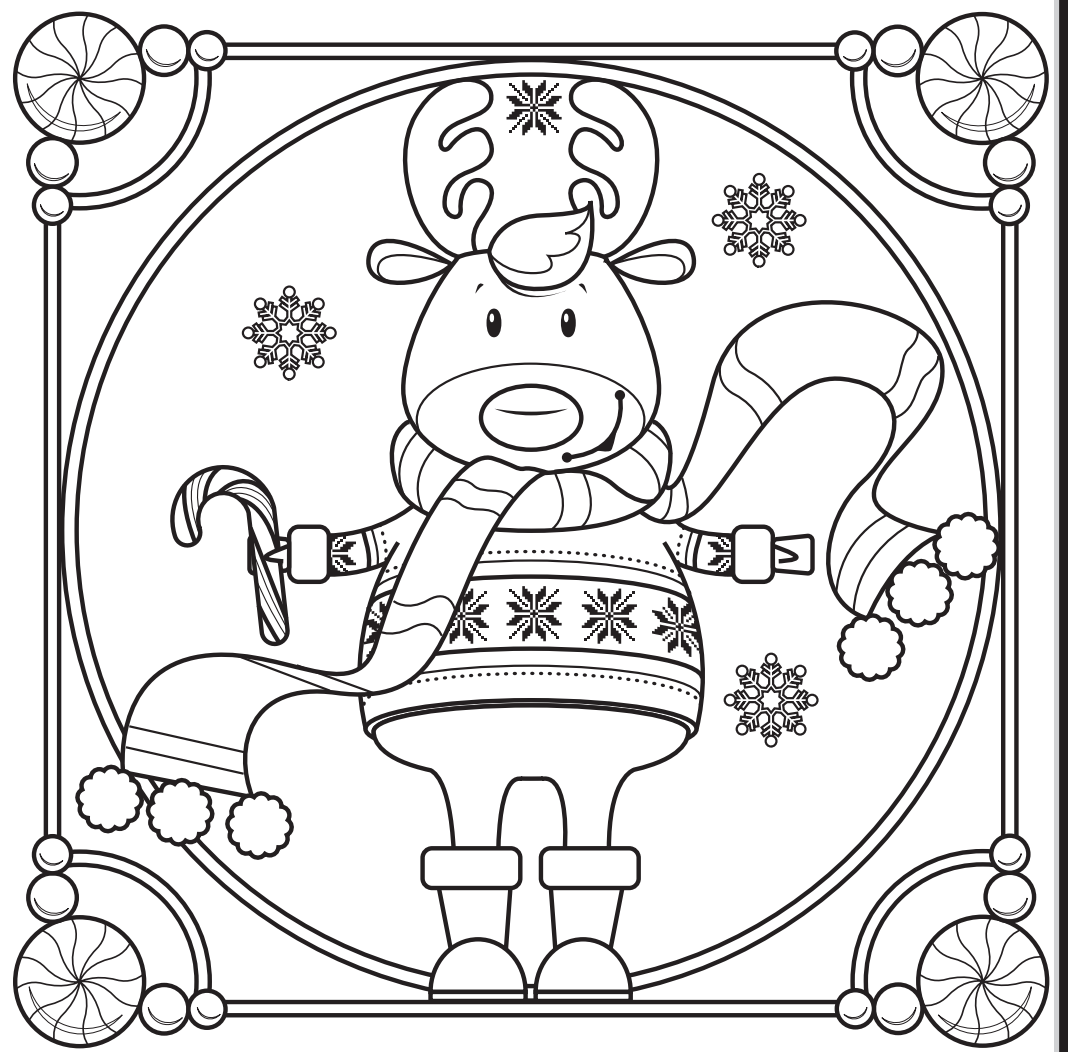


Directed by Kory Weimer, Music Direction by Keri Davis, Choreography by Sophie Blades
 Book & Lyrics by Tom Jones, Music by Harvey Schmidt
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 Thursday-Saturday 8:00 pm; Sunday 2:30 pm. \$25 Adult, \$15 Youth (18 and under)

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