

'Speak up. Work Safe' video contest open to Oregon high school students

High school students across Oregon are invited to let their video skills shine for a good cause: increasing awareness about workplace safety for young workers.

The annual "Speak up. Work safe." video contest is now open for submissions. The top three entries will take home cash prizes ranging from \$300 to \$500, and students will earn a matching amount for their school.

Students must create a 90-second or less video that inspires young workers to do at least one thing differently to stay safe on the job.

The video must include the theme: "Speak up. Work safe."

The video must educate young workers about the importance of speaking up in the workplace.

Participants are encouraged to develop a key mes-

sage or slogan, use humor, and get creative while em-

phasizing ways to protect themselves — and their

co-workers — from getting hurt on the job.

including:

- An original health and safety message that appeals to teen workers and safety educators

- Overall production value (video/audio quality, acting, and editing)

- "Speak up. Work safe." theme is used effectively

The deadline for submissions is Friday, Feb. 1, 2019.

Videos can be submitted online or mailed.

Contest winners will be unveiled at a screening event in spring 2019, and winning entries will be posted on YouTube.

For contest information, including rules, tips, entry forms, workplace safety and young worker resources, and a playlist of past finalist videos, go to www.youngemployeesafety.org/contest.

The deadline for contest submissions is Friday, Feb. 1, 2019.

Submissions will be judged on certain criteria,

DORENA *from A1*

in September were at mile post 11."

When April Klein and her husband bought her house in Dorena, she said her real estate agent didn't tell them the area was not covered by a fire district. And when a brush fire was spotted up the hill from her home, neighbors came with buckets of water from their wells, watering down the lawn.

"In case any of the embers landed. They could have started a fire," she said.

Klein started a social media group after the community mourned three houses that were lost in the September fire and started looking around for a solution.

"Our water is turned off when they fight a fire here on BLM land or Weyerhaeuser land and they should, I don't think they shouldn't protect that land, but when you see someone's house burn down, everything they worked for and they're using

water from Row River and turning our water off, those are our resources but they won't be used if our house is on fire," she said.

The Dorena Fire-Exploring the Options Discussion Group was launched shortly after the September fires as a way to consolidate information and generate ideas on how the community could protect itself.

Member Dan Holt planned on leading a group down to Reedsport where a 1962 Ford fire engine that was offered to the group sits in need of repairs. But not everyone in the group is convinced the truck will solve the community's problem. If the truck were repaired it would still need a volunteer force that met OSHA requirements, a place to be stored, a way for those volunteers to be notified of a fire, equipment that would allow volunteers to safely enter burning structures, fuel, water and liability insurance.

According to Raade, it would take a vote of the res-

idents in the area and conversations with SLFCR surrounding whether or not the district could absorb Dorena for the area to be covered by SLFCR.

The fire district responded to the incident in September because it has an agreement with the South Lane School District to protect schools — like Dorena School — that are within the school district but outside of the fire district. And that crew, according to Raade, was a skeleton crew, leaving behind the majority of resources for incidents that may have occurred inside the fire district.

Now, the group is left looking into grants, the 1962 fire truck and other options but hope to engage with SLFCR and other local groups to fully explore the issue.

"There's two big issues," Klein said. "We deserve to have fire protection and people are right, we have to pay for that and we have to figure out how to do that but we need local officials and



COURTESY PHOTO

Dorena, just outside of Cottage Grove is not protected by a fire district. After the latest fire in the area, residents began exploring options to obtain fire protection.

bodies around us to engage in that conversation.

"Then we need to know

from our water district: What is the alternative when you are protecting Weyer-

haeuser land with my resources?"

DISASTER PREPAREDNESS

Are you ready?

Safety Kit for the Car

First and foremost, you should always carry around items of necessity in case you are left stranded. Much like you should keep a kit in your home for unfavorable weather, you should bring along foods that won't spoil, plenty of water and several other crucial items. A few other items the Department of Motor Vehicles recommends are:

- First aid kit: Supplied with bandages, bug spray, aspirin, bandages, tweezers and antibiotic ointment; and
- Fire extinguisher: You can easily find vehicle-sized extinguishers at a local auto parts store.

Other Valuable Tools

The above items can keep you from starving and safe while you wait for vehicle assistance. You also can repair some common mechanical issues yourself to get your vehicle running until you find a qualified repair shop with the following items:

- Spare tire changing kit: Be sure your vehicle is fitted with a proper spare tire, jack, wrench to remove the lug nuts and safety triangles. Reflective triangles can be lifesavers when repairing a vehicle on the side of a busy interstate.
- Jumper cables: With the assistance of another vehicle, you will be able to jump start a dead battery.
- Additional fluids: Bring along proper oil, antifreeze and transmission fluids. If a vehicle runs low on any of these, it can cause big problems.

Severe Weather on the Road

Ideally, you want to be in a safe indoor environment when a storm hits, but it doesn't always work out that way.

Many states use flashing highway signs to indicate dangerous weather in the area. Do your best to get to a town that offers shelter.

If you are facing a tornado threat, pull over and park. Keep your seat belt secured, and cover your head with a blanket lower than window level. This should be considered a last resort only if you are unable to reach a safe building before the threat arrives.



PUT TOGETHER A PLAN

Make sure all the pieces are in place to render you and your family prepared in the event of a natural disaster.

- Listen to radio or television newscasts for the latest weather information, and follow all evacuation directions and suggestions.
- Keep a stock of non-perishable food items as well as bottled water on hand inside your home.
- Keep a 72 Hour Kit on hand inside your home that is easy to get to in the event of a disaster.

For more information and tips on disaster response and preparedness, contact your local emergency services center.

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