

# **Thursdays:**

72746 London Rd NAMI Thursdays, 10 a.m., Jack Sprats Creswell Over 40 Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, Mondays: 99 S. First St. Charm Bracelet Project Second Thursday, 10:15 a.m., Community Center Caregiver Network Community Sing-Alon 1st and 3rd Thursdays, 10:30-11:30 Comm. Center Senior Center Bingo Thursdays, 12 p.m., Stacy's Covered Bridge Restaurant Rotary Autism Peer Support First Monday, 4 p.m., Healing Matrix Lion's Club Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant Meeting, 34360 Row River Rd. Senior Center Game Day Thursdays 12:30-4 p.m. C.G. Community Center. Second and last Monday, 7 p.m., Healing Matrix NAMI Third Thursday, 4 p.m., Magnolia Gardens Alzheimer's Caregiver Support Overeaters Anonymous LGBTQIA Teen Group Meeting Thursday, 4 p.m., S. Lane Mental Health CG City Council Hearing Loss Assoc. Second Thursday, 7 p.m., 2589 Hilyard, Eugene Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell Lorane Fire Protection Dist. Second Thursday, 7:30 p.m., 80287 Old Lorane Rd. Creswell Grange Third Thursday, 7:30pm, Axe & Fiddle Poetry Night Eastern Star #4 Third Thursday (no summer), 7:30 p.m., Masonic Center <u>Tuesdays:</u> Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/ S. Lane Fire Board

# Fridays:

	Senior Center Pinochle Friday, 11:30-4 p.m., CG Community Center			
	Rosie the Riveter	Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C		
		St., Springfield		
Stand for Peace/Occupy CG Friday, 5 p.m., Seventh and Main				
	NAMI	Friday, 1:30-3 p.m., Healing Matrix		
	American Legion #32	Friday Night Bingo, 5-7pm, 826 W. Main St.		
	Art Walk	Last Friday of the Month, 6-8 p.m.		
		(April thru October) Downtown CG		
Community Gospel Sing-a-long Second Friday, 6:30-8 p.m., Old Time Gospel				
	Fellowship, 103 S. Fifth St.			

May Station 203 Creswell

## Saturdays:

VFW Post #3473 Fin	rst Saturday, 10 a.m., 3160 Hillside Dr.			
CG Historical Society Program Third Saturday, 10 a.m., CG Community C				
American Legion #32 Fin	rst Saturday, noon, 826 W. Main St.			
CG Yarn Addicts 1-3	3pm Every Saturday, Crafty Mercantile Downtown			
Co	ottage Grove			
South Valley Farmer's Ma	rket 4pm-7pm Thursdays, May-October			
	7th & Main Streets			
Cottage Grove Historical	Museum Saturdays, 1-4 p.m., Corner H & Birch Streets			

# Sundays:

Occupy Medical Free Clinic

South Lane Amateur Radio Assoc. Second Sunday, 2 p.m., Masonic Hall Cottage Grove Historical Museum Sundays, 1-4 p.m., Corner H & Birch Streets

Noon-4 p.m., 1717 Centenial Blvd, Springfield

(Suites 4 and 7)

Info: 541-912-7789

Wed.: 6 pm \$5/session

342-5386.

Thursday

No class on holiday weekends.

Exercise	and
Fun	

#### KIDS CLUB

South Lane School District grades 1-5. After school to 6 p.m. Mon-Fri on regular school days.

Supervised play, homework help and snack. Cost: 1st child \$60/mo.; siblings \$40/mo. Info: 541-228-2847

YOGA & MEDITATION

CG Community Center, 700 E. Gibbs Ave. For strength, flexibility, relaxation with Gloria. Saturdays 10-11:30 a.m. \$5/session Proceeds for children's scholarships.

# Weight Loss Support Groups

London Grange First Sunday Potluck, 6:30 p.m.; Third Sunday Meeting,

First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy 12:45 p.m. Monday, CG Community Center Dorena Grange #835 Second Monday, 6 p.m. Potluck; Fourth Monday, 7 p.m. 7 p.m. Monday, First Presbyterian Church Second and fourth Monday, 7 p.m., City Hall

Chamber Greeters	Second and fourth Thursdays, 8 a.m., Oregon		
Avaition Historical Museum			
Team CG Non-Profits	Second Tuesday, 8 a.m. Healing Matrix		
South Lane Wheels Board	Fourth Tuesday, 12 p.m., 1450 Birch Ave.		
Breast Cancer Support Group	Second Tuesday, 1 p.m., Call 541-942-2309 for		
	location		
Veteran Support Services	3 p.m. Tuesday, Healing Matrix		
Alzheimer's Caregiver Support	Third Tuesday, 3-4 p.m., Willamalane Adult		
	Center 215 W. C St., Springfield		
CG Youth Choir	4-5 p.m. Thursday, First Presbyterian Church		
	(ages 12-16)		
Community Sharing Board	Thrid Tuesday, 4:30 p.m., 1440 Birch Ave.		
Watershed Council Science Pub	Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E.		
	Main St.		
Tirchotillomani Support Group	Second Tuesday, 5:30 p.m., Call 541-767-1730		
	for location		
CG Garden Club	First Tuesday, 6 p.m., First Presbyterian Church		
EBID	Second Tuesday, 6 p.m., CG Community		
	Center		
CG 912 Project	First & Third Tuesday, 6:30 p.m., Stacy's		
	Covered Bridge Restaurant Conf. Rm		
Humane Society of CG	Second Tuesday, 6:30 p.m., Sinclair Rm., City		
	Hall		
ACES Family Group	Third Tuesday, 6 p.m., 1551 E. Main St.		
Friends of Mt. David	Second and fourth Tuesday, 6:30 p.m., corner		
	of H and Birch		
Habitat for Humanity Open Mic Night Second Tuesday, 7 p.m., Axe & Fiddle			
CG Recreation Assn.	Tuesday, 7 p.m., 1440 S. 8th St.		

3:00-4:00 pm Tues. & Thurs.; 11:00 am-12 pm Sat.

WARREN H. DAUGHERTY AQUATIC

CENTER 1440 S. 8th St., 541-942-5533 Call for public hours, lap swim hours, family swim hours and costs.

SHALLOW WATER AEROBICS Warren H. Daugherty Aquatic Center Mon, Wed, Fri 7:30-8:30 a.m. Call 541-942-5585 for more info & cost - first session free.

BRIDGE CARD GAME Bridge players wanted! For info call 541-942-4633

5:30 p.m.: TOPS OR1020 (Creswell) Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm.

# Wednesdays:

Kiwanis Club	Wednesday	, 7 a.m., Koffee Kup Restaurant
Veterans Assistance	First Wedr	nesday, 10 a.m1 p.m., VFW Post #3473, 3160
	Hillside Dr	c.
Genealogical Society	Meeting	Second Wednesday, 10 a.m., CG Community
0 ,	0	Center
Genealogical Discussion Group		Third and fourth Wednesday, 10 a.m12 p.m.,
		CG Community Center
Lane County Veterans Services		Third Wednesday, 10 a.m1 p.m., American
,		Legion, 826 Main St.
Quilts of Valor		Second Wednesday, 10 a.m4 p.m., VFW, 3160
		Hillside Dr.
Clothes Closet - Chur	rch of Chris	t 6th and Gibbs Monday, 11 a.m2 p.m.
Pinochle Group		Wednesday, 11:30 a.m4 p.m., Senior Center
Kiwanis Club		Wednesday, 12 p.m., El Tapatio Mexican
		Restaurant
Veteran's Assistance		Third Wednesday, 12-3 p.m., VFW Post #3473,
		3160 Hillside Dr.
CG Children's Choir		Wednesday, 2 p.m., First Presbyterian Church
		(ages 6-11)
Alzheimer's/Dimenti	a Caregivers	Third Wednesday, 5:30 p.m., Middlefield Oaks
		Senior Living Community
CG Art Guild		First Wednesday, 6 p.m., Call 541-942-8913 for location
London 4-H Group		First Wednesday, 6 p.m. London Grange
Elks Bingo		Wednesday, 6:30-9:30 p.m., Elks Lodge (no
Lino Dingo		July/Aug)
Beta Sigma Phi		First and third Wednesday, 7 p.m., call 541-942-
		1310 for location
NAMI Connection		Wednesday, 7 p.m., Healing Matrix.
CG Planning Commis	ssion	Third Wednesday, 7:30 p.m., City Hall
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All Weekdove		

## All Weekdays:

Beeper Show

various topics/guests 541-942-5548

Please call 541-942-3325 or email: mjacobs@cgsentinel.com with updates or changes.

# Community Meals

Trinity Lutheran Church Tuesday and Thursday, 5:15-6:15p.m., 675 S. Seventh St.

CG Elks Lodge Chicken Fried Steak First Friday 5-7 p.m., 755 N. River Rd.

CG Elks Lodge Baked Chicken & more Second Friday 5-7 p.m. 755 N. River Rd.

CG Elks Lodge Steak Feed Third Friday 5-7 p.m., 755 N. River Rd.

CG Elks Lodge Fish Fry Fourth Friday 5-7 p.m., 755 N. River Rd.

VFW Friday, 5:30-6:30 p.m.

Sunday Supper 5-6 p.m. Sunday, CG Community Center

9-10 a.m. KNND 1040 AM. Call in discussion.

Methodist Church First and Third Mondays, 5-6:30p.m., 334 Washington Ave. American Legion Second Tuesday of odd-numbered months, 5 p.m., 826 W. Main St.

Creswell New Hope Baptist Wednesday, 5:15 p.m., 597 S. Front St., Creswell

## **Breakfasts:**

VFW Post #3473 First Sunday, 8-11 a.m., 3160 Hillside Dr.

OLPH Catholic Church Second Sunday (no Dec or March.) 8 a.m.-12 p.m., Harvey and 19th St.

Masonic Lodge Third Sunday, 8-11 a.m., 33322 Row River Rd.

BEGINNERS & INTERMEDIATE YOGA CG Community Center, 700 E. Gibbs Ave. Info: Jane L. Guerber 541-654-5087

PICKLEBALL COTTAGE GROVE Riverside Church Info: Mike 541-942-0688 9 am Tues, Thurs & Sat

COTTAGE GROVE THERAPY POOL AQUATIC EXERCISE CLASSES Community Center, 700 E. Gibbs Ave. Info: Teresa 541-942-1185 8:30-9:30 am Mon.-Fri.;

## Monday

9 a.m.: TOPS OR181 Take Off Pounds Sensibly, a weight-loss support group. At the Church of Christ, Drain. Info: 541-378-7801.

## Tuesday

5 p.m.: Weight Watchers Sinclar Room at Cottage Grove City Hall 400 E. Main St. 541-

# **Recurring North Douglas County Meetings**

# DRAIN

City Council	Second Monday, 7 p.m., Civic Center				
Fire Board	Third Monday, 7 p.m., Fire Hall				
School Board	Fourth Monday, 6:30 p.m., HS Library				
Cemetery Board	Third Tuesday, 9:30 a.m., Civic Center (even num				
	bered months)				
Planning Board	First Monday, 7 p.m., Civic Center (as needed)				
Civic Center Board	Third Tuesday, 5:30 p.m., Civic Center (odd numbered				
	months)				
Parks & Rec. Board	Third Monday, 7 p.m., Pool Meeting Room				
Library Board	Third Wednesday, 7 p.m., Library (odd numbered				
	months)				
Friends of Library	First Tuesday, 7 p.m., Library				
ND County Fair Board Fourth Monday, 7 p.m., Civic Center					
Elk Creek Watershed Council Third Tuesday, 7 p.m., Sunnydale Grange					
Masons	Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m.				
(OES) Eastern Star	Second Wednesday, 7:30 p.m.				
Sunnydale Grange	Second Monday, 6:30 p.m.; Potluck First Monday,				
	Bingo 6:30 p.m.				
Living Hope Outreach Lunch: Wednesday, 12:30-2 p.m.					
Food Pantry: Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m.					

Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866.

10 a.m.: TOPS OR85 Take Off Pounds

5:30 p.m.: TOPS OR969 Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:00 pm, Meeting: 5:30 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Marie 541-942-9465.

Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.

Third Tuesday, 7 p.m. Sunnydale Grange, 5 Elk Creek Watershed Council miles west of Drain

**YONCALLA** City Council Second Tuesday, 7 p.m., City Hall ND Betterment Third Monday, 12 p.m., City Hall Planning Commission Third Tuesday, 7 p.m., City Hall (as needed) School Board Thrid Wednesday, 7 p.m., YHS Library Parks and Rec First Tuesday, 7 p.m., Community Center Library Board Thrid Wednesday, 7 p.m. (beginning July 2018) Friends of the Library Second Thursday, 10 a.m., Library; Feb, May, Aug, Nov. Library Book Club Second Thursday, 6:30 p.m., Library Beautification Fourth Thursday, 5:30 p.m., City Hall Chamber of Commerce First Thursday, 7:30 p.m., Community Center Third Thursday, 6:30 p.m., City Hall Rodeo Club Third Thursday, 3 p.m., City Hall Historical Society Site Council Last Wednesday of month, 3:30 p.m., HS staff room Applegate Pioneer Cemetery Board Third Saturday, 10 a.m. Library

#### **ELKTON**

Second Thursday, 8:30 a.m., City Hall City Council Rebekahs First and third Tuesday, Masonic Lodge Second and fourth Tuesday, Masonic Lodge Eastern Star ECEC Board Meeting First Tuesday, ECEC, 541-584-2692 ECEC Book Club Second Wednesday, 12 p.m., ECEC

# DR. JONATHAN BACKER **Creating Smiles that Last a Lifetime!**



Currently Welcoming New Patients - Call for an Appointment! 1551 East Main Street • Cottage Grove • (541) 942-8437 3160 Hillside Dr.

Sustainable CG First Friday, 6:30 p.m. Potluck Healing Matrix

# Addiction Recovery Groups

Thursday

7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate 6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs 6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228

## Friday

6:30 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 1447 Pacific Hwy 99 (behind Koffee Kup) Info: 541-520-8071 7 p.m.: Open AA meeting -Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126. 8 p.m.: AA meeting-Gratitude Group. Open meeting. At OLPH Knights of Columbus building, 1025 N. 19th St.

#### Saturday

7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Riverside Church of God. Info: 541-510-4228 or 541-942-2809. 7 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting. 7 p.m.: Al-Anon Meeting-Open Literature Discussion Group. CG Comm. Center, 700 Gibbs Ave.

# Elks Lodge

Fourth Sunday, 8-11 a.m., 755 N. River Rd.

# Sunday

Noon: AA Meeting. At OLPH Knights of Columbus building 1025 N. 19th St. 6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

## Monday

7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg thru front patio gate 6 p.m.: AA Open Meeting for women only. "We're working on it!" Church of Christ, 6th & Gibbs. Info: 541-228-4751 or 541-510-4228

7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.

7 p.m.: AA Meeting- No Name Group. At OLPH Knights of Columbus building, 1025 N. 19th St.

#### Tuesday

Noon: AA Meeting- Noon Group. Big Book Study meeting. At OLPH Knights of Columbus building 7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, back room, 700 Gibbs Ave. 541-603-8162

#### Wednesday

7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate 7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. at CG Comm. Center, 700 Gibbs Av

OLPH: Our Lady of Perpetual Help Catholic Church