CALENDAR CHOICES

Ongoing South Lane County events

Thursdays:

Chamber Greeters Second and fourth Thursdays, 8 a.m., Village Green
NAMI Thursdays, 10 a.m., Jack Sprats
Creswell Over 40 Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St.
Charm Bracelet Project Second Thursday, 10:15 a.m., Community Center
Community Sing-Alon 1st and 3rd Thursdays, 10:30-11:30 Comm. Center
Rotary Thursdays, 12 p.m., Stacy's Covered Bridge Restaurant
Lion's Club Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant
Senior Center Game Day Thursdays 12:30-4 p.m. C.G. Community Center.
Alzheimer's Caregiver Support Third Thursday, 4 p.m., Magnolia Gardens
LGBTQIA Teen Group Meeting Thursday, 4 p.m., S. Lane Mental Health
Relay for Life of South Lane County First Thursday, 6pm, El Tapatio
Hearing Loss Assoc. Second Thursday, 7 p.m., 2589 Hilyard, Eugene
Lorane Fire Protection Dist. Second Thursday, 7:30 p.m., 80287 Old Lorane Rd.
Poetry Night Third Thursday, 7:30pm, Axe & Fiddle
Eastern Star #4 Third Thursday (no summer), 7:30 p.m., Masonic Center
S. Lane Fire Board Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203 Creswell

Fridays:

Senior Center Pinochle Friday, 11:30-4 p.m., CG Community Center
Rosie the Riveter Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C St., Springfield
Stand for Peace/Occupy CG Friday, 5 p.m., Seventh and Main
NAMI Friday, 1:30-3 p.m., Healing Matrix
American Legion #32 Friday Night Bingo, 5-7pm, 826 W. Main St.
Art Walk Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG
Community Gospel Sing-a-long Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St.

Saturdays:

VFW Post #3473 First Saturday, 10 a.m., 3160 Hillside Dr.
CG Historical Society Program Third Saturday, 10 a.m., CG Community Center
American Legion #32 First Saturday, noon, 826 W. Main St.
CG Yarn Addicts 1-3pm Every Saturday, Crafty Mercantile Downtown Cottage Grove
South Valley Farmer's Market 4pm-7pm Thursdays, May-October 7th & Main Streets
Cottage Grove Historical Museum Saturdays, 1-4 p.m., Corner H & Birch Streets

Sundays:

Occupy Medical Free Clinic 12-4 p.m., 5th Street & Washington, Eugene
South Lane Amateur Radio Assoc. Second Sunday, 2 p.m., Masonic Hall
Cottage Grove Historical Museum Sundays, 1-4 p.m., Corner H & Birch Streets
London Grange First Sunday Potluck, 6:30 p.m.; Third Sunday Meeting, 72746 London Rd.

Mondays:

Caregiver Network First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy
Senior Center Bingo 12:45 p.m. Monday, CG Community Center
Autism Peer Support First Monday, 4 p.m., Healing Matrix
Dorena Grange #835 Second Monday, 6 p.m. Potluck; Fourth Monday, 7 p.m. Meeting, 34360 Row River Rd.
NAMI Second and last Monday, 7 p.m., Healing Matrix
Overeaters Anonymous 7 p.m. Monday, First Presbyterian Church
CG City Council Second and fourth Monday, 7 p.m., City Hall
Creswell Grange Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell

Tuesdays:

Team CG Non-Profits Second Tuesday, 8 a.m. Healing Matrix
South Lane Wheels Board Fourth Tuesday, 12 p.m., 1450 Birch Ave.
Breast Cancer Support Group Second Tuesday, 1 p.m., Call 541-942-2309 for location
Veteran Support Services 3 p.m. Tuesday, Healing Matrix
Alzheimer's Caregiver Support Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield
CG Youth Choir 4-5 p.m. Thursday, First Presbyterian Church (ages 12-16)
Community Sharing Board Thrid Tuesday, 4:30 p.m., 1440 Birch Ave.
Watershed Council Science Pub Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St.
Tirchotillomani Support Group Second Tuesday, 5:30 p.m., Call 541-767-1730 for location
CG Garden Club First Tuesday, 6 p.m., First Presbyterian Church
EBID Second Tuesday, 6 p.m., CG Community Center
CG 912 Project First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm
Humane Society of CG Second Tuesday, 6:30 p.m., Sinclair Rm., City Hall
ACES Family Group Third Tuesday, 6 p.m., 1551 E. Main St.
Friends of Mt. David Second and fourth Tuesday, 6:30 p.m., corner of H and Birch
Habitat for Humanity Open Mic Night Second Tuesday, 7 p.m., Axe & Fiddle
CG Recreation Assn. Tuesday, 7 p.m., 1440 S. 8th St.

Wednesdays:

Kiwanis Club Wednesday, 7 a.m., Koffee Kup Restaurant
Veterans Assistance First Wednesday, 10 a.m.-1 p.m., VFW Post #3473, 3160 Hillside Dr.
Genealogical Society Meeting Second Wednesday, 10 a.m., CG Community Center
Genealogical Discussion Group Third and fourth Wednesday, 10 a.m.-12 p.m., CG Community Center
Lane County Veterans Services Third Wednesday, 10 a.m.-1 p.m., American Legion, 826 Main St.
Quilts of Valor Second Wednesday, 10 a.m.-4 p.m., VFW, 3160 Hillside Dr.
Clothes Closet - Church of Christ 6th and Gibbs Monday, 11 a.m.-2 p.m.
Pinochle Group Wednesday, 11:30 a.m.-4 p.m., Senior Center
Kiwanis Club Wednesday, 12 p.m., El Tapatio Mexican Restaurant
Veteran's Assistance Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr.
CG Children's Choir Wednesday, 2 p.m., First Presbyterian Church (ages 6-11)
Alzheimer's/Dimentia Caregivers Third Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community
CG Art Guild First Wednesday, 6 p.m., Call 541-942-8913 for location
London 4-H Group First Wednesday, 6 p.m. London Grange
Elks Bingo Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug)
Beta Sigma Phi First and third Wednesday, 7 p.m., call 541-942-1310 for location
NAMI Connection Wednesday, 7 p.m., Healing Matrix.
CG Planning Commission Third Wednesday, 7:30 p.m., City Hall

All Weekdays:

Beeper Show 9-10 a.m. KNND 1040 AM. Call in discussion, various topics/guests 541-942-5548

Please call 541-942-3325 or email: mjacobs@cgsentinel.com with updates or changes.

Exercise and Fun

KIDS CLUB
South Lane School District grades 1-5.
After school to 6 p.m. Mon-Fri on regular school days.
Supervised play, homework help and snack.
Cost: 1st child $60/mo.; siblings $40/mo.
Info: 541-228-2847

YOGA & MEDITATION
CG Community Center, 700 E. Gibbs Ave.
For strength, flexibility, relaxation with Gloria.
Saturdays 10-11:30 a.m. $5/session
Proceeds for children's scholarships.
No class on holiday weekends.
Info: 541-912-7789

BEGINNERS & INTERMEDIATE YOGA
CG Community Center, 700 E. Gibbs Ave.
Info: Jane L. Guerber 541-654-5087
Wed.: 6 pm $5/session

PICKLEBALL COTTAGE GROVE
Coiner Park Tennis Courts
Info: Mike 541-942-0688
9 am Tues, Thurs & Sat

COTTAGE GROVE THERAPY POOL AQUATIC EXERCISE CLASSES
Community Center, 700 E. Gibbs Ave.
Info: Teresa 541-942-1185
8:30-9:30 am Mon.-Fri.;
3:00-4:00 pm Tues. & Thurs.;
11:00 am-12 pm Sat.

WARREN H. DAUGHERTY AQUATIC CENTER
1440 S. 8th St., 541-942-5533
Call for public hours, lap swim hours, family swim hours and costs.

SHALLOW WATER AEROBICS
Warren H. Daugherty Aquatic Center
Mon, Wed, Fri 7:30-8:30 a.m.
Call 541-942-5585 for more info & cost - first session free.

Weight Loss Support Groups

Monday
9 a.m.: TOPS OR181 Take Off Pounds Sensibly, a weight-loss support group. At the Church of Christ, Drain. Info: 541-378-7801.

Tuesday
5 p.m.: Weight Watchers Sinclar Room at Cottage Grove City Hall 400 E. Main St. 541-342-5386.

Thursday
10 a.m.: TOPS OR85 Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866.

5:30 p.m.: TOPS OR969 Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:00 pm, Meeting: 5:30 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Marie 541-942-9465.

5:30 p.m.: TOPS OR1020 (Creswell) Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.

Recurring North Douglas County Meetings

DRAIN
City Council Second Monday, 7 p.m., Civic Center
Fire Board Third Monday, 7 p.m., Fire Hall
School Board Fourth Monday, 6:30 p.m., HS Library
Cemetery Board Third Tuesday, 9:30 a.m., Civic Center (even num bered months)
Planning Board First Monday, 7 p.m., Civic Center (as needed)
Civic Center Board Third Tuesday, 5:30 p.m., Civic Center (odd numbered months)
Parks & Rec. Board Third Monday, 7 p.m., Pool Meeting Room
Library Board Third Wednesday, 7 p.m., Library (odd numbered months)
Friends of Library First Tuesday, 7 p.m., Library
ND County Fair Board Fourth Monday, 7 p.m., Civic Center
Elk Creek Watershed Council Third Tuesday, 7 p.m., Sunnydale Grange
Masons Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m.
(OES) Eastern Star Second Wednesday, 7:30 p.m.
Sunnydale Grange Second Monday, 6:30 p.m.; Potluck First Monday, Bingo 6:30 p.m.
Living Hope Outreach Lunch: Wednesday, 12:30-2 p.m.
Food Pantry: Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m.
Elk Creek Watershed Council Third Tuesday, 7 p.m. Sunnydale Grange, 5 miles west of Drain

YONCALLA
City Council Second Tuesday, 7 p.m., City Hall
ND Betterment Third Monday, 12 p.m., City Hall
Planning Commission Third Tuesday, 7 p.m., City Hall (as needed)
School Board Thrid Wednesday, 7 p.m., YHS Library
Parks and Rec First Tuesday, 7 p.m., Community Center
Library Board Thrid Wednesday, 7 p.m. (beginning July 2018)
Friends of the Library Second Thursday, 10 a.m., Library; Feb, May, Aug., Nov.
Library Book Club Second Thursday, 6:30 p.m., Library
Beautification Fourth Thursday, 5:30 p.m., City Hall
Chamber of Commerce First Thursday, 7:30 p.m., Community Center
Rodeo Club Third Thursday, 6:30 p.m., City Hall
Historical Society Third Thursday, 3 p.m., City Hall
Site Council Last Wednesday of month, 3:30 p.m., HS staff room
Applegate Pioneer Cemetery Board Third Saturday, 10 a.m. Library

ELKTON
City Council Second Thursday, 8:30 a.m., City Hall
Rebekahs First and third Tuesday, Masonic Lodge
Eastern Star Second and fourth Tuesday, Masonic Lodge
ECEC Board Meeting First Tuesday, ECEC, 541-584-2692
ECEC Book Club Second Wednesday, 12 p.m., ECEC

DR. JONATHAN BACKER
Creating Smiles that Last a Lifetime!

Currently Welcoming New Patients - Call for an Appointment!
1551 East Main Street • Cottage Grove • (541) 942-8437

Community Meals

Trinity Lutheran Church
Tuesday and Thursday,
5:15-6:15p.m., 675 S. Seventh St.

CG Elks Lodge
Chicken Fried Steak First Friday
5-7 p.m., 755 N. River Rd.

CG Elks Lodge
Baked Chicken & more
Second Friday
5-7 pm. 755 N. River Rd.

CG Elks Lodge
Steak Feed Third Friday
5-7 p.m., 755 N. River Rd.

CG Elks Lodge
Fish Fry Fourth Friday
5-7 p.m., 755 N. River Rd.

VFW
Friday, 5:30 p.m. (no June-Aug.),
3160 Hillside Dr.

Sustainable CG
First Friday, 6:30 p.m. Potluck
Healing Matrix

Sunday Supper
5-6 p.m. Sunday, CG Community Center

Methodist Church
First and Third Mondays,
5-6:30p.m.,
334 Washington Ave.
American Legion
Second Tuesday of odd-numbered months, 5 p.m., 826 W. Main St.

Creswell New Hope Baptist
Wednesday, 5:15 p.m., 597 S. Front St., Creswell

Breakfasts:
VFW Post #3473
First Sunday, 8-11 a.m., 3160 Hillside Dr.

OLPH Catholic Church
Second Sunday (no Dec or March.) 8 a.m.-12 p.m., Harvey and 19th St.

Masonic Lodge
Third Sunday, 8-11 a.m., 33322 Row River Rd.

Elks Lodge
Fourth Sunday, 8-11 a.m., 755 N. River Rd.

Addiction Recovery Groups

Thursday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate
6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.
6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228

Friday
6:30 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 1447 Pacific Hwy 99 (behind Koffee Kup) Info: 541-520-8071
7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.
8 p.m.: AA meeting-Gratitude Group. Open meeting. At OLPH Knights of Columbus building, 1025 N. 19th St.

Saturday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate
Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Riverside Church of God. Info: 541-510-4228 or 541-942-2809.
7 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.
7 p.m.: Al-Anon Meeting-Open Literature Discussion Group. CG Comm. Center, 700 Gibbs Ave.

Sunday
Noon: AA Meeting. At OLPH Knights of Columbus building 1025 N. 19th St.
6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

Monday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate
6 p.m.: AA Open Meeting for women only. "We're working on it!" Church of Christ, 6th & Gibbs. Info: 541-228-4751 or 541-510-4228.
7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.
7 p.m.: AA Meeting- No Name Group. At OLPH Knights of Columbus building, 1025 N. 19th St.

Tuesday
Noon: AA Meeting- Noon Group. Big Book Study meeting. At OLPH Knights of Columbus building
7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, back room, 700 Gibbs Ave. 541-603-8162

Wednesday
7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate
7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. At OLPH Knights of Columbus building, 1025 N. 19th St.

OLPH: Our Lady of Perpetual Help Catholic Church