

CG TRACK

continued from B1

Last Friday, the teams had their first taste of competition in a squad meet that was not focused on specific times ran or distances thrown but rather to see where the team is at in relation to one another at this early part of the year. While typical running events such as the 100 and 4 x 400 were ran, also on the schedule were the 600, 300 and 1200 relay. With the captains serving as coaches, they had to make sure that each member of their team participated in at least three events.

"I think they probably learned more today than they did in the draft because some of them are coming up to me saying, 'hey, so-and-so is not here today.'

Welcome to being a coach. You better figure out how to fill those spots. It gives them a little perspective," said Knutson.

As athletes across all teams cheered each other on and tried new events, there was not the feel of agony of doing a time trial but rather the joy of competition.

"I liked it because it's also about doing things you haven't done before," said senior Hayden Glenn, captain of team 2EZ. "People were running 4x4s that usually do just the 100 or something. Or distance runners were doing the 100. It goes either way and it's just fun to go through the process with people and get to know them also."



Jared Simmons competes in discus on Friday.



Rhea Florez (left), Halle Peterson (center) and Dylan Carlton (right) compete in a relay.



Rodas Rodas Martin (left) and Cooper Ladd (right) begin their leg of the 4x400.



Tara Child completes her leg of the relay.

Meet Highlights:

Because the track events were hand-timed and the results are not posted, here are noteworthy events from the intra-squad meet.

Cottage Grove Boys:

-Five boys jumped over 18 feet in long jump including Jacob Woods who jumped over 20 feet. Last year at districts, all jumpers

who jumped at least 18 feet made it to the finals.

-Woods was also the winner of the 100 on the boys' side

-Juice Claffin won javelin and shot put. His throw of 42-1 in shot put is a personal best. Last year Claffin took third in shot put at districts.

Cottage Grove Girls:

-Senior Zarah Wemple, who

finished fourth in the 100 at districts last season, just edged out freshman Matty Ladd in the 100

-Ladd won the long jump on the girls' side with a jump of 14 feet. Last year at districts, all jumpers who jumped at least 14 feet made it to the finals.

-Adelle Kent won shot put with a throw of 30-10.

Team Scores:

1. 2EZ (165 points)
2. Blue or Bust (162 points)
3. Bruiser Brigade (158 points)
4. G.O.A.T. (153 points)

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Bowler Of The Week



Jim Chenoweth

Age: 54

Years Serving the Bowling Community: 10

High Game: 300

Reason for bowling:
It's the only sport I can participate with my entire family!

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COTTAGE GROVE HIGH SCHOOL

- 3/21
- 11:00 a.m. Boys Golf @ Oak Hills
- 4:00 p.m. Track hosts North Valley, Pleasant Hill and Thurston
- 4:30 p.m. Softball vs. Cascade
- 4:30 p.m. Baseball @ Cascade
- 3/22
- 4:00 p.m. Softball vs. Gladstone
- 4:30 p.m. Baseball vs. Douglas
- 3/23
- 3:00 p.m. Baseball @ North Bend
- 4:00 p.m. Softball vs. Marshfield
- 5:00 p.m. Baseball @ North Bend
- 3/26-27
- Softball @ Seaside Tournament

NORTH DOUGLAS HIGH SCHOOL

- 3/21
- 2:00 p.m. Baseball vs. Regis
- 3/22
- 4:30 p.m. Softball @ Centrall Linn
- 3/24
- 1:00 p.m. Baseball @ Bandon
- 3:00 p.m. Baseball @ Bandon

YONCALLA HIGH SCHOOL

- 3/21
- 4:30 p.m. Baseball @ Myrtle Point
- 3/22
- 4:30 p.m. Softball vs. Days Creek
- 3/23
- 4:30 p.m. Softball vs. Reedsport
- 3/24
- Baseball @ Coquille/Pacific
- 3/26
- 12:00 p.m. Softball @ Glendale
- 2:00 p.m. Softball @ Glendale

ELKTON HIGH SCHOOL

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