



Everyone has a race to run. That just means we all have a life to live. The apostle Paul says in Hebrews 12:1, "Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us" (NKJV).

Part of what that means to me is to keep going, even in the midst of the difficulties in life. Now, much of life is just ordinary, everyday living. Yet a lot of what happens comes in the form of difficult situations, from little annoyances to serious burdens.

Hard times happen to us all. But it's how we handle them that matters most. And 2 Timothy 4:7 says, "I have fought the

good fight, I have finished the race, I have kept the faith."

Keep Moving. I once kept a record of all the petty peace stealers that happened to me over a period of time. They were things like a back injury, I broke a nail, left some luggage on a plane, and had a water leak in my humidifier. I hurt my arm doing stretches for my injured back, twisted my wrist, spilled a red drink on a white couch... and I lost my pants at a spa! Some were small irritations; others were more serious.

But what I learned from this experience was simple: "Stuff" happens in life. But we don't have to let what happens keep us from fulfilling our purpose of serving God with our whole heart. It's just a waste of time getting upset over petty things. And at the very least, if you

don't know what to do in a situation, just do what you do know to do and keep moving forward.

We must learn to keep going when difficult times come. One way to do that is to get your mind off yourself and your concerns and help someone else. The truth is we are happier and more content when we're helping others than when we're focusing on ourselves.

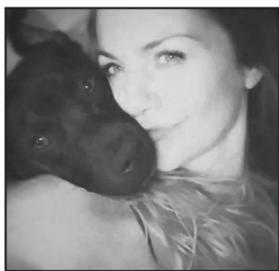
We all have problems, but our problems don't have to have us! Our victory will come as we remain determined to just keep moving, doing what God puts in our heart to do.

Rest. One major part of running your race is learning to

rest. Now, that may sound like an oxymoron, but here's what I mean. Resting isn't about doing nothing. It's about being in a place of peace and complete trust in God. From a position of rest, we can do whatever we need to do because our faith is not in ourselves but in the One who gives us the strength and ability to do it.

Obituaries available on cgsentinel.com

Deirdre Holder 1973-2017



Deirdre Ellen Holder, 44, of Cottage Grove passed away Sept. 22, 2017.

She was born June 6, 1973, in Morristown, N.J. to Ernest and Michelle (Reardon) Holder, Jr.

Deirdre was a veterinary technician and owned and operated "Timeless Treasures" antique store in Cottage Grove.

She enjoyed kayaking, gardening and anything Oregon could offer outdoors. Deirdre was a member of the Humane Society of Cottage Grove, PETA and did animal rescue.

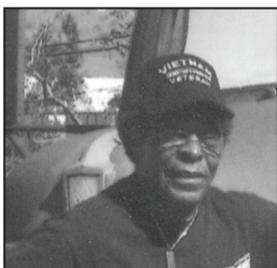
She is survived by her partner and best friend of eight years, Dan Walker of Cottage Grove, mother, Michelle Holder of Florida, brother, Christopher Holder, and two sisters, Andrea Ruch of New Jersey and Diane Goering.

A memorial service will be held at 4 p.m. on Sunday, Oct. 8 at the White House B & B, 1200 N. River Rd., Cottage Grove. Burial will be Oct. 20 at the Marcella Union Cemetery in New Jersey. Arrangements by Smith-Lund-Mills Funeral Chapel, 123 S. 7th St., Cottage Grove, OR 97424.

DEATH NOTICE

Gary Steven Davis, 68, of Cottage Grove, died Sept. 21, 2017. A celebration of life will be planned at a later date. Arrangements by Smith-Lund-Mills Funeral Chapel in Cottage Grove.

Jimmie Lawson 1942-2017



Jimmie Lee Lawson, 74, of Cottage Grove passed away Sept. 25, 2017 in Eugene, Ore.

He was born Oct. 1, 1942 in Chicago, Ill. to Anna Mae Lawson.

Jimmie graduated from East Aurora High School in 1959. He proudly served his country during the Vietnam War where he was a SP4 Specialist and mechanic. Jimmie was very passionate about his military service, patriotism and fellow veterans.

He married his life partner of 32 years, Patricia Manning, on Dec. 19, 2015 in Cottage Grove.

He worked for Transparts in Portland, Ore. as a mechanic, retiring in 2008.

Jimmie was an avid car enthusiast of classic cars and refurbished old gas pumps with his creativity and artistry and would take yearly road trips on Route 66.

Survivors include his wife, three sons, Michael Manning of Vancouver, Wash., Parrish Lawson of Wyoming and Sean Lawson of Delaware, one daughter, Chenita Lawson of Aurora, Ill., and many grandchildren and great-grandchildren.

Jimmie was preceded in death by his mother, Anna Mae Lawson.

A celebration of life will be held Saturday, Oct. 7 at 11 a.m. at Smith-Lund-Mills Funeral Chapel. Interment will be at Roseburg National Cemetery at a later date. Arrangements in the care of Smith-Lund-Mills Funeral Chapel, Cottage Grove.

Patty Jo Lang 1935-2017



Patty Jo Lang, 82 of Dorena, Oregon passed away September 5, 2017. She was born August 1, 1935, in Webbers Falls, OK to John and Mary (McCorkle) Herron. Patty graduated from High School in Holtville, CA and attended Pasadena City College. She was a teacher's assistant at Saint Elizabeth School in Pasadena, CA. Patty enjoyed art, was a nature lover, birdwatching, cared for wild critters, photography, painter of water colors and oil and enjoyed visiting with family and friends. She married Elmer Author Lang on Sept. 29, 1956, in Fullerton, CA. Patty is survived by son Jeff (Patty) Lang, son Mike Lang, daughter Teresa Lang and Joe Wright, sister Charlotte Pouzar and grandchild Sarah Lang-Wright. She was preceded in death by her husband Elmer Lang and brothers; Lou and David Herron. A memorial will be held at 11:00 AM on Friday October 13, 2017, at the Trinity Lutheran Church, 675 S. 7th St., Cottage Grove, OR. Arrangements by Smith-Lund-Mills Funeral Chapel, 123 S. 7th St., Cottage Grove, OR.

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William R. (Bill) Salleng December 16, 1923 to September 27, 2017

Born in Omaha, Nebraska to Roy and Grace Salleng, Bill is survived by his beloved wife of 49 years, Laverne Salleng, daughters, Marilyn Franc and Jennifer Salleng, sons, Larry White (Sheila) and Kevin White, and daughter-in-law, Donna White, 5 grandchildren, 6 great-grandchildren. Bill grew up a farm boy near Rosebud South Dakota till age 13 then moved to Woodland, California. At 17 he volunteered for the Marine Corp and served as a Raider in WWII South Pacific as a Master Sergeant and Platoon Leader. He re-enlisted and served during the Korean Conflict. He was a lifelong Mason. Bill came to Oregon in 1946 to log in Powers. He spent his life in Oregon and Alaska logging and road building and was still splitting firewood at age 89. He could build anything from a multi-floored shop to wooden wine glasses on a lathe. He had a photographic memory for people and places during his 93 years and was an excellent storyteller. He had great strength, drive and determination. All work and no play, if he didn't like you, he told you so. If he didn't think you were doing something right, he'd show you how to do it "right". He will be dearly missed.

We wish to thank the Signature Hospice staff, Colleen, Scott, Nicole, Heather, John and Kathleen. Also Shirley's nighttime angels, Jeanette, Denise and Diane. And a special thank you to Dr. John Haines and his wife.

Visitation will be held on October 10, 2017 from 5:00 - 7:00p.m. at Smith Lund Mills Funeral Chapel, 123 S. 7th St., Cottage Grove, OR 97424

Funeral Services and Reception will be held on October 11, 2017, at 10a.m. at Masonic Lodge #51 33322 Row River Rd, Cottage Grove, OR 97424. Interment will be at the Roseburg National Cemetery Annex in Roseburg. Arrangements by Smith Lund Mills Funeral Chapel, Cottage Grove.

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