

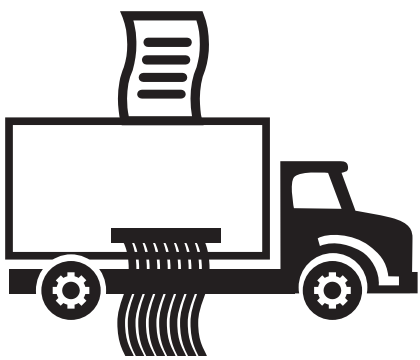


\$16 billion were stolen from 15.4 million U.S. consumers in 2016.*

Identity Theft and Fraud Crime Prevention

Identity theft and fraud crimes are more prevalent every year. PayneWest Insurance wants to help you avoid becoming a victim of identity theft and fraud by making your personal information unavailable to thieves. Sensitive information in the garbage or recycling is vulnerable to being found by thieves to steal and use for the purposes of taking your money.

► FOR THIS REASON, PAYNEWEST INSURANCE RECOMMENDS AND ENCOURAGES CITIZENS TO USE A SHREDDER (PREFERABLY CROSS-CUT) FOR SENSITIVE DOCUMENTS.



ARE YOU SHREDDING THESE DOCUMENTS?

- Credit card statements
- Financial statements
- Pre-approved credit card offers
- Old IRS tax forms
- Bank checks
- Household bills
- Other documents that may contain sensitive information

LET'S SHRED

Bring your sensitive documents to be shredded for FREE!

FRIDAY, OCT. 6, 2017
1-4PM

PayneWest Insurance
1645 East Main
in Cottage Grove

Call today
(541) 942-0555
PayneWest.com/Cottage-Grove



Event Specifics

Items no larger than staples and paper clips may be attached to the papers. Limit of three boxes per vehicle. Service will be on a first come, first served basis and limited to the capacity of the commercial-sized shredding truck.

*Source: <https://www.iii.org/fact-statistic/identity-theft-and-cybercrime>

Elks too much for Prospect



PHOTO BY ZACH SILVA

Elkton's Jesse Abraham chases down a Prospect fumble.

Elkton jumps out to big lead and never looks back as they win big over Prospect

By Zach Silva
zsilva@cgsentinel.com

After falling to Camas Valley 52-6 last week, Elkton head football coach Bill Shaw wanted to make sure that his team came out with energy against Prospect. They did exactly that as they raced to a 62-0 win at home last Friday.

"I really wanted my kids to

come out with intensity," said Shaw. "Today it was don't think about who the opponent is, come out here like we're getting another chance to come after a good football team and run our stuff right, the very best we can. And unfortunately for Prospect that meant that my guys would, I got them pretty jacked up. So everything was a home run."

After the Elks ran two offensive plays and one defensive play just 59 seconds had ticked off the clock and they were up 16-0. This as the result of a

Trentyn Halstead rushing touch-down on their second play from scrimmage and a defensive strip sack that turned into a scoop and score.

Everything the Elks did seemed to result in a touch-down. Halstead ran for another score a few minutes later that was followed by an Austin Luzier 39 yard touchdown rush. On the next Prospect drive a bad snap on fourth down sent the ball past the punter which resulted in another Elkton touch-down that put the Elks up 38-0 after one quarter.

The Elks continued their dominance and went up 62-0 with 4:00 minutes left in the first half. The backups then played the rest of the game.

Prospect has just 17 players, which is small even among 8-man, and eight of them are freshman. Through three games the team has scored just six points.

"I'd like to be tested a little bit more and we will next week with... but it was a good chance for us to come out excited and get after it and execute. And I like the way the kids executed," said Shaw.

High school sports recap

A look back at the busy week of high school sports in the area

By Zach Silva
zsilva@cgsentinel.com

Cottage Grove Cross-Country

Last Tuesday, both cross-country teams travelled to Jefferson, Oregon for the Jefferson Invitational. On the boys side, there were 12 varsity teams competing. The Lions,

that were notably without their two of their top three runners Konrad Raum and Paesen Timm who also are on the boys soccer team, finished third as a team behind Santiam Christian and Chemawa. Jimmy Talley led the way finishing in second place.

On the girls side, there were nine teams competing and the Lions took second place behind Neah-Kah-Nie. All five scoring runners for the Lions finished in the top 26 out of the field of 75. Nadia Witt finished 7th and Stella Sobotkova was 10th.

On Saturday, the team the Nike Portland XC Invite at the Portland Meadows Race Track. On the boys side, the team com-

peted in the Division 1 Varsity race against significantly larger schools from Oregon, Washington, Idaho and California. A notable team that they competed against was McFarland High School who was recently the subject of the Disney movie McFarland USA about the school's cross-country success. The Lions placed last of the 31 teams but ran fast times including Talley who took 84th place running a 17:09. His previous best time was 18:09.

The girls team raced in the Division 3 Varsity race also against big schools from across the state, Washington and California. The team was last of the 32 teams that raced. Sobotkova led the way with a time of 23:39 which was over a 30 second personal best.

Yoncalla Football (3-2, 2-0 Skyline)

The Eagles defeated Lowell at home 84-56 last Friday. After starting 0-2, the team has won three games in a row and are tied for first in league play.

Yoncalla Volleyball (3-8, 2-6 Skyline)

The week started with the Eagles falling in straight sets to Lowell on Monday and Days Creek on Tuesday. The team regrouped on Thursday and beat Umpqua Valley Christian/Melrose 3-2.

North Douglas Football (3-2, 2-0 Skyline)

Friday night the Warriors fell to Mapleton 56-36 on the road in a non-league game. They will face cross-town rival Yoncalla at home on Friday.

North Douglas Volleyball (20-5, 8-0 Skyline)

The Warriors continued their winning ways as they beat Elkton in straight sets at home on Thursday. The team is currently ranked number one in all of 1A.

Elkton Volleyball

On Tuesday the Elks beat Umpqua Valley Christian/Melrose in straight sets and then fell to North Douglas in straight sets on Thursday.

15% OFF

Any service with coupon

Schedule your appointment Today!

Not Valid on any service Exceeding \$100 - Expires 10/31/17
Not valid with any other offer.

Our People Really Make The Difference!

Brad's
COTTAGE GROVE



Chevy
CHEVROLET, INC.

541-942-4415 • 2775 Row River Road • bradschevy.com

Honorary Bowler Of The Week



Mildred Hand

League secretary for the Meri Rollers, Ball & Chain, & 5 O'Clock Shadows leagues for over 30 years.

Mildred passed away 9/3/17, so the Cottage Bowl wanted to honor her with their Inaugural Bowler of the Week award.



740 Row River Rd.
Cottage Grove
541-767-BOWL

Great Fun!
Great Food!
Great Times!

Cottage Grove Athletic Sponsors

Chrvatal Orthodontics

Cetera Financial

Cottage Grove Garbage Service

Village Green Resort & Gardens

Birch Avenue Dental

South Lane County Fire & Rescue

Patriot Mortgage Corp.

Starfire Lumber Co.

Williams & Mathis Accounting

State Farm

South Valley Athletics

Northwest Community Credit Union

Jonathan E. Backer DDS

Gerald A. Harper DDS

Cottage Grove Physical Therapy Services

Grocery Outlet

Coast Fork Farm Stand

Dave's Place

Zolezzi Insurance Agency

South Lane Physical Therapy

Jack Sprats

Sears Hometown Store

Buster's Main St. Cafe

Emerald Fitness Club

Oregon West RV

Jims Point S Tire & Auto Service

D&D Automotive

Thank You For Your Support!