

PeaceHealth earns national award

PeaceHealth Sacred Heart Medical Center at RiverBend recently received national designation as a Blue Cross Blue Shield Association (BCBSA) Blue Distinction® Specialty Care provider. The designation is designed to help prospective parents find hospitals that deliver quality, affordable maternity care.

Nearly four million babies are born in the U.S. annually, making childbirth the most common reason for hospitalization. The Blue Distinction Centers for Maternity Care program evaluates hospitals on several quality measures, including the percentage of newborns that fall into the category of early elective delivery, an ongoing concern in the medical community. Compared with babies born at 39 weeks or later, early term infants face higher risks of infant death and respiratory ailments such as respiratory distress syndrome,

pneumonia, and respiratory failure, among other conditions. These babies also have a higher rate of admission to Neonatal Intensive Care Units.

In addition, hospitals that receive a Blue Distinction Center for Maternity Care designation agreed to meet requirements that align with principles that support evidence-based practices of care, as well as having initiated programs to promote successful breastfeeding, as described in the Baby-Friendly Hospital Initiative by Baby-Friendly USA or the Mother-Friendly Hospital program by the Coalition for Improving Maternity Services (CIMS) through its "Ten Steps of Mother-Friendly Care."

The program also evaluates hospitals on overall patient satisfaction, including a willingness to recommend the hospital to others.

Volunteer event at Riverside Park

On October 28th from 9a.m. to 12p.m. the Coast Fork Willamette Watershed Council (CFWWC) will host an ivy-pulling work party at Riverside Park in Cottage Grove. If left unchecked, English ivy can climb and kill trees. Trees along river and streambanks are essential to water quality and a healthy riparian area, and protecting established trees in this park is a high priority. The CFWWC

needs your help in removing this invasive species from local streams and rivers! Please RSVP to maggie@coastfork.org or call the CFWWC office (541) 767-9717.

The CFWWC will provide tools, water, snacks and gloves. Bring your refillable water bottle and dress for the weather. This event is rain or shine. Riverside Park is located at the intersection of Main St. & South Riv-

er Rd. in Cottage Grove. Street parking is available on South River Road. If you are unable to attend but want to show your support, please consider making a donation to the Coast Fork Willamette Watershed Council. To make a donation or for more information, you may call our office (541) 767-9717 or visit our website <http://coastfork.org/about-us/make-a-donation>.

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Lorane News

This Thursday, October 5, Lorane Grange meets at 7 p.m. in their hall for the monthly meeting. Mark your calendars for Friday, October 27 for their baked potato bar dinner and bingo evening starting with dinner at 5:30 p.m. On October 14, the Rural Art Center resumes its movie nights for the next six months at Lorane Grange. This will be a family night with soup and dessert starting at 6 p.m. If you missed the Lorane Community Association meeting on October 1, call Marissa or other members, because another meeting is tentatively planned for October 15.

CAL School Board meets at Lorane Grange on Thursday, October 19 at 7 p.m. Executive session precedes the open meeting.

For the weekend of October 20, 21, and 22 enjoy an exciting event. There will be a canning, preservation, and sharing clinic at the grange. Friday night will kick off with a dinner. More information to come.

BRING YOUR DREAMS! DISCOVER IDEAS, INSPIRATION & EXPERTS

35th Lane County HOME Improvement Show

October 6 - 8

FREE Admission! Fairgrounds, Eugene
Fri. 5-9pm Sat. 10am-8pm Sun. 10am-5pm

220 Home & Garden Exhibits
Holiday Shopping & Antique Sale

Win KEZI-9 Prizes!

Leather Recliner from La-Z-Boy Furniture of Eugene
Kettler Patio Set from Emerald Pool & Patio
Corsicana Queen Mattress Set from The Mattress Company
Green Mountain Pellet Grill from Emerald Hearth, Spa & Patio

f NEW Robot-A-Day Giveaway!



NEW DESIGN STAGE



Vanessa Gardner Nagel
Landscape Designer & Author
Speaking Fri & Sat:

"Garden Evolution - 25 Years of Change"
"Renovating a Tired Garden"
Book Signing to Follow

Christine Brun

Interior Designer, Author, Columnist
Small Home Interior Design Authority

Speaking Sat & Sun:

"Big Design Ideas for Small Spaces"
"Re-Think Your Small Home & Stay Put"
Book Signings to Follow



Meet Lex & Alana LeBlanc
HGTV Star's of Listed Sisters
Home Design & Real Estate Duo!
Speaking Sat & Sun:

"The No Demo Reno" & "Get the Designer Look"

Event Details: EugeneHomeShow.com



We double-dog dare you to schedule your mammogram.



#DoubleDogDare
peacehealth.org/mammo