

Cottage Bowl wins big

By Zach Silva
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Proprietors of the year Natalie Cardoza Clark (left) and Butch Cardoza (center) with local bowler Janet Batchelor (right) who nominated them for the coveted bowling award that they won.

The father daughter pair of Butch Cardoza and Natalie Cardoza Clark were named Proprietors of the Year by the Oregon State United States Bowling Congress. This award was given to them for their excellence in running the Cottage Bowl bowling center.

"It was like our Academy Awards," said Clark on receiving the honor. "As you're walking around everybody is going around shaking your hand congratulations. All the way around the whole table. It's like when you see them on the Academy Awards where they are like, 'Oh yeah you just won' and Matt Damon walks up and things like that. And that's kind of what it is, it's that level for our state."

Cardoza and Clark were nominated, unbeknownst to them, for this award by long time Cottage Grove bowler Janet Batchelor. In her nomination and speech that she gave at the ceremony at Seven Feathers Casino at the end of July, she highlighted both Cardoza and Clark's bowling histories. She talked about Clark's first 300 game at 16 and how Cardoza had aspirations of owning a bowling center at 18. She discussed the tourna-

ments they put on and how they bring bowlers together.

"Natalie and Butch actively support the local, state and national USBC associations by providing a fun recreational experience for bowlers of all skill levels," said Batchelor during her speech.

Cardoza and Clark were honored by the kind words from Batchelor and were just pleased that their work was being recognized.

"It's crazy because there are people that make a lot more than we do. There are people who have a lot more, have bigger centers and it's really cool to be recognized in this little place," said Clark.

Regardless of awards the Cottage Bowl receives, Cardoza is most proud of the support that they receive in Cottage Grove and proud to be honored for his work.

"I always say that I'm not here to get rich, I'm not. And I'm not going to get rich in this little center but we're having fun and we have a big family and people really care about us," he said. "It's amazing, it's really amazing. It blows my mind. And it really makes my day when I start thinking about it that way, talking to people. I'm going to be on cloud nine the rest of the night."

Lots of familiar faces at IAAF Championships

Former University of Oregon athletes and current athletes who train in Portland helped the United States come out on top in the medal count at the Track and Field Championships in London



PHOTO BY ZACH SILVA

Former Ducks Ariana Washington, left, and Deajah Stevens, right, competing at the NCAA Track and Field Championships in 2017. Washington competed in the 100 at the IAAF Championships and Stevens in the 100 and 200.

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Phyllis Francis wins 400

The local that achieved the most success at the World Championships was former Oregon Duck Phyllis Francis. Francis is coming home from the games with a pair of gold medals after she won the 400 and was part of the 4x400 relay.

Going into the 400, Francis was not a favorite. Fellow American Allyson Felix looked to be the one to take it but as the rain fell on the track, the former Duck found her rhythm and won in a time of 49.92.

Other Oregon Ties

After a successful qualifying round, former Oregon star Deajah Stevens ended up placing fifth in the 200 final. Dafne Schippers of the Netherlands took first.

After winning the gold medal at the Olympics last year in Rio in the 1500, former Duck Matthew Centrowitz failed to get out of the qualifying rounds of the event. Centrowitz, who noted that injuries have plagued his season and disrupted his training, finished last in his heat.

Former Duck Kyree King advanced out of the heats in the 200 but finished in fifth in his semifinal heat and failed to qualify for the final.

Great Britain's Mo Farah, who trains in Portland, ended up his time in London with a second place finish in the 5000. Farah won the 10,000 earlier in the week.

trains in Portland, took second at the 2016 Olympic Games. In this year's final, Jager led for most of the race but was passed on the final lap by Kenya's Conselus Kipruto and Morocco's Soufiane Elbakkali. Jager could not regain the lead and finished in third just 1.2 seconds after Kipruto.

On the women's side, the American women have also not seen great success in this event. But that changed this year when Emma Coburn and Courtney Freirichs, who also trains in Portland, took to the track in the final. The pair made history taking first and second in the event and which are the first medals for any American women in this event. In the process Coburn also broke her own American record with a time of 9:02.

Steeple Success

The steeple chase has not been an event that Americans have historically been successful at.

The tides began to really turn last year when Evan Jager, who

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