

# Celebrating Cottage Grove and running



Left: Runners preparing for the start of last year's Jingle Bell Run. Right: Families get ready to take part in the Great Ice Cream Bowl run/walk in 2015.

PHOTO C/O JIM SETTELMAYER

**By Zach Silva**  
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Jonathan Stinnett, who loves all things Cottage Grove, wanted to share his appreciation of this city with more people. And as a runner, he thought that there would be no better way for people to enjoy this area than on foot.

While taking on the mindset of both a city promoter and runner, he started, with a group of friends, Run CG Run. The goal of the group is to get people in the city running, to have more local races and get maintain the trails.

"We are trying to show off Cottage Grove and give off a positive view of it," said Stinnett. "We love it here and we think that you will too."

While Eugene is known as TrackTown USA

and a sanctuary for running, Stinnett points out that Cottage Grove also has nice trails and a history of running that dates back to Dyrrol Burleson who is from here and went to the 1960 and 1964 Olympics in the 1500.

With not only the history but also the future of running in mind, Stinnett figured that despite some trails and local races, the city had more to offer to its loyal runners. With that the group then took over the Gold Rush 5K that takes place on the Friday of Bohemia Mining Days. They also offer two other 5K's, the Fools Rush that takes place on April 1st, the Jingle Bell run which takes place in December and a handful of other races throughout the year.

Jim Settelmeyer, the head cross-country coach at Cottage Grove High School and an individu-

al who seems to know all runners in town, sees that this group is serving the need of the different groups of runners throughout the city.

"There are some adults that have been running for a long time, fitness walking for a long time," said Settelmeyer. "There's always some group that is trying out that exercise as kind of a fitness fad thing and then there are all of the students in local schools that at least are open to looking at new adventures."

Settelmeyer sees that Run CG Run works to

bring them altogether in a way that benefits everyone. The group uses its funds in a number of ways but it starts with trail maintenance. But it doesn't stop there. The group also gives funds to the cross-country program for various meets where they stay places overnight to who can not afford a new pair of running shoes.

"It's a group that really helps directly impact kids' interest in running," said Settelmeyer.

## BOWLING SCORES

### Monday Super Bowl

Date bowled 7/3/17

TEAMS	Won	Loss
Jack & The Rippers	18	12
Party Patrol	18	12
Two Cards	17	13
Fun 44	15.5	14.5
Where's Wendy	12	18
Pocket Pounders	9.5	20.5

### High Averages

Butch Cardoza 220  
Natalie Clark 219

### Three High Series

1. Chad Renfro 754, Natalie Clark 727
2. Tom Mathis 714, Janet Batchelor 486
3. Ernie Owen 712, Anita Cardoza 477

### Summer JR Adult

Date bowled 6/27/17

TEAMS	Won	Loss
I'm with Stupid	29	5
Dynomites	21	13
Venom	20	15
Team T	20	15

### Homeschool Vale

Ally Cats	18	17
The Alley Striker	17	18
Scratch Your Balls	17	18
Quack Attack	17	18
The Pin Heads	16.5	18.5
Mini & Me	16	19
Partners N Crime	11	14
Split Personalities	15	20
Plan B	14	21
Ball Breakers	13	22
Bowling Stones	0	0

### High Game

1. Ron Bascue 209
2. Tiffanie Williams 202

### Three High Series

1. Andy Tillotson 702, Tiffanie Williams 712, Chris Allen 661, Fayth Stewart 651
2. Bryan Ferriera 669, Tonya Thomason 484, Josh Stewart 602, Hope Stewart 462

### Wednesday Super Bowl

Date bowled 7/5/17

TEAMS	Won	Loss
Off Nightly	20	4

### Beyond Belief

Old Skool Kids	15	9
Gutter Gang	14	10
Crushed It!	14	10
Funseekers	8.5	15.5
Pinkie Swear	7.5	16.5
Late To Dinner	0	0

### High Game

1. Mark Willhite 217
2. Natalie Clark 220

### Three High Series

1. Andy Mitchell 790
  2. Jason Simmins 716
  3. Vince Fiattarone 689
- Handicap Game  
1. Stephanie Hurst, 284  
Series: Stephanie Hurst 751

*For a race recap of the Gold Rush 5K  
Twilight Run and the Kids BMD Gold  
Dash, turn to page B3.*

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