

Local sewing circle offers bloomers for BMD

By Caitlyn May
cmay@cg sentinel.com

Marjorie Steen thinks the annual Bloomer Parade hosted by Bohemia Mining Days is ironic.

"The only people who would have been seen in public in their bloomers in those days were the local madam and her girls," Steen said.

Just the same, every year a few dozen women climb into their bloomers and walk through the city as part of the traditional Bohemia Mining Days. Last year, at least six of those women were outfitted by Steen.

Her living room is full of fabric. Fabric for blankets, mermaid tails, quilts and yes, bloomers. Piles of quilts are moved from one chair to another to make room for visitors and are a reminder of the projects Steen has on her plate.

"If someone calls me Thursday, I can still get them bloomers by Friday," she said. She sews fast but promises the comfort isn't compromised.

"They used to be called step-ins," she says of the pants we call bloomers today. "In 1912, they were allowed to sew the middle up because before that, doctors said you couldn't have anything between your legs."

Steen has been sewing colonial-style garments since 1972. When she moved to Cottage Grove, she joined the local quilting group and now a handful of ladies come together to work on various projects. While they were meeting at the TLC building downtown, a temporary change has the ladies meeting at Steen's.

"We come here and get together and sew," she said.

Their latest project was inspired by a sermon, Steen says.

"He was talking about an orphanage in Mexico and when he was done speaking I asked him if there was anything they might need and he said not really but then I asked him about quilts and he said if the children could each have a blanket that was just theirs, that would make a difference," Steen said.

So, she started sewing.

Steen and her quilting group agreed to do five scrap quilts each. So far, Steen has done 25.

"You just get the scraps and I try not to make them too fancy so that the children don't all want the one fancy quilt," she said.

The quilts that turn out "too fancy" will be on sale at Bohemia Mining Days and the proceeds will go towards sending the quilts to the orphanage in Mexico.

Each quilt's price varies, as does the price for bloomers. Steen makes children's and women's size bloomers in a variety of patterns and each pair comes with a lace detail at the ankle.

"They used to just be white but if you're going to wear them to be seen, they might as well have a nice pattern," she said. "And you can wear them with any blouse, they're really very comfortable."

To order a pair of bloomers for the parade, contact Steen at (540) 226-2582 or visit the quilters booth during Bohemia Mining Days.



PHOTO BY CAITLYN MAY/COTTAGE GROVE SENTINEL

Marjorie Steen showcases her collection of bloomers. This is the second year she's provided the garment for those interested in showing off during the bloomer parade hosted by Bohemia Mining Days.

UPDATES FROM PEACEHEALTH

PeaceHealth Sacred Heart Medical Center at RiverBend continues designation as Level II Trauma Center

PeaceHealth Sacred Heart Medical Center at RiverBend has received a verification extension as a Full Level II Trauma Designation from through September 22, 2018. This achievement recognizes the trauma center's continued commitment to Oregon's trauma system.

The American College of Surgeons' verification review was conducted at RiverBend from Sept. 2015 with members of the Oregon Health Authority, Public Health Division, Emergency Medical Services and Trauma Systems in attendance.

PeaceHealth Stroke Support Group meets July 19

The Primary Stroke Center team at PeaceHealth Sacred Heart Medical Center at RiverBend offers a free support group that meets the third Wednesday of each month. This peer-led group offers opportunities for story-sharing by stroke survivors and caregivers. The next meeting is Wednesday, July 19, from 10:30 a.m. to noon at the medical center, located at 3333 RiverBend Drive in Springfield.

The group will meet in Room 22Y, on the second floor near the Internet Cafe. All are welcome; no registration is required.

The stroke team also offers an educational support group meeting with monthly topics and presents the first Wednesday of each month, 2 p.m. to 3:30 p.m. You're encouraged to attend for your first support group experience. For information, call 541-222-5144.

PeaceHealth Medical Group Nurse Midwifery Birth Center earns accolades

PeaceHealth Medical Group's (PHMG) Nurse Midwifery Birth Center has been recognized by the American College of Nurse-Midwives Benchmarking Project as being a Best Practices Birth Center in the Triple Aim Achievement.

The PHMG birth center is one of 91 practices in the country to meet the Institute for Healthcare Improvement "Triple Aim" standard, which includes improving the patient experience, reducing cost of care and improving the health of populations. Nationwide, 278 practices participated in the 2016 ACNM Benchmarking.

The PHMG birth center is a member of the American Association of Birth Centers.

PeaceHealth Cottage Grove Medical Center recognized with national quality awards

PeaceHealth Cottage Grove Medical Center in Cottage Grove, Ore. was recognized as a finalist for the Premier, Inc. QUEST® Award for High-value Healthcare for 2017 at Premier's annual Breakthroughs Conference and Exhibition on June 27, 2017.

QUEST is a national quality improvement collaborative of approximately 350 hospitals within Premier Inc., a leading healthcare performance improvement alliance of more than 3,750 hospitals and 130,000 additional providers.

PeaceHealth Cottage Grove was one of only 21 hospitals nationwide - and the only one in Oregon - to be a finalist for the High-value Healthcare Award for achieving top performance in any five of the six areas of patient care measured in Premier's nationally acclaimed QUEST collaborative. They include:

- Cost and Efficiency
- Evidence-based Care
- Mortality
- Safety
- Patient and Family Engagement
- Appropriate Hospital Use

"This recognition from QUEST speaks to our

commitment to reliably deliver the best care experience to the communities we serve," said Tim Herrmann, Cottage Grove Chief Administrative Officer. "We're proud to be a finalist of this QUEST Award as we continue down our path of improving patient outcomes and community health."

Cottage Grove also received a Premier Supply Chain Excellence Award that honors top performers based on community, teaching/academic, critical access and integrated delivery network.

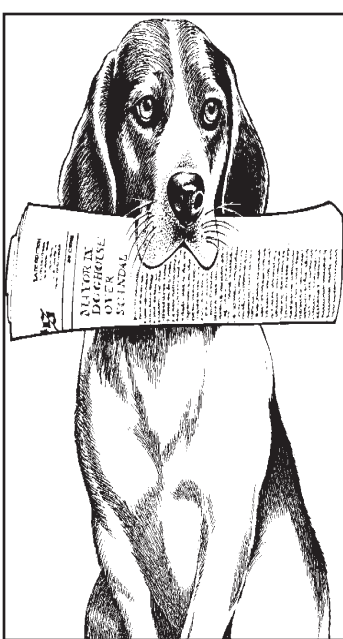
PeaceHealth University District emergency department remodel announced

PeaceHealth Sacred Heart Medical Center, University District, has announced plans to begin Phase II of its remodel of the Emergency Department (ED).

"This second phase of our ED remodel will enhance both caregiver and patient safety," said Mary Anne McMurren,

PeaceHealth Sacred Heart Medical Center, University District chief administrative officer. "It will create more secure registration and triage areas, and improve access to medication and supply storage."

The remodel is anticipated to start in October with a grand opening in July 2018.



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