

Sky-Em District Championships

Sentman

Continued from B1

by none other than Cottage Grove High School physical education teacher and baseball coach Dan Geiszler, a man who has influenced multiple CGHS students to pursue a career in a teaching and coaching hybrid.

Because Blake's major will likely take more than the standard four year time period to complete, he and Rinta have discussed the possibility of Blake redshirting his freshman year. Blake said this will give him an advantage of "a year to develop, get stronger, get used to the system."

Blake is now less than a month from graduation, and he plans to head to Lewiston in August to begin his next chapter as a college athlete.

"I just can't wait to get up there and start meeting the guys and playing," Blake said.

Ducks dominate PAC-12

The Oregon Ducks track and field team rolled again. Eleven consecutive Pac-12 titles for the men's team and nine straight for the women's team. There are few teams that dominate their conference in all of college sports the way the Ducks do in track. If there were any questions if the Ducks would roll again this year, they were put to bed quickly when both teams opened up the afternoon with a bang by dominating the 4x100 relays on the track.

It was believed by many that it would be a close battle between Oregon and USC for the Pac-12 championship this weekend at Hayward Field, but the Ducks dominated. The Oregon men finished the weekend with 175 team points, USC finished second 115.5. The Ducks women scored 189 points, the Trojans finished second with 135. Oregon rolled, again.

"Super surprised by the margin looking at it. We always have more of an optimistic view, but under the circumstances, I did not think it would be 50 or 60 points," Ducks coach, Robert Johnson said.

The women's team entered the final day of the Pac-12 championships trailing in team points, despite Rhesa Foster winning an individual Pac-12 title in the long jump on Saturday. However, they quickly pulled away Sunday with strong performances from those like Alaysha Johnson, who had a time of 12.90 in the 100-meter hurdle to finish 1st.

"Our girls have a big group chat. Every morning we send motivating messages to each other. Today was basically us against everyone else, and no matter what, we wanted to put our color in front of all the other colors. That was the message - do everything we can do to win," said Johnson.

Then the Oregon women got a major boost in the 100-meter race when Ariana Washington, DeaJah Stevens, Hannah Cunliffe finished 1st, 2nd, and 3rd. Things only got better for the Duck women as Stevens won the 200 with a time of 22.09, the fastest time in the world this year and the fastest Pac-12 championship time ever. Raevyn Rogers also dominated the 800 with a time of 2:02.93. The Duck women were helped by ChaQuinn Cook, who opened the triple jump with a PR of 44-1 1/2 on her first attempt.

When asked if it was important to get going early, cook said "It was very important actually, because I wanted to make sure I got it instead of scratching. Having to hurry up last minute, I thought I was able to have a little freedom and have some fun."

Saturday, the Oregon men's team got a strong performance out

Continued on B3

Boys Results

100 Meters Varsity - Finals
1 Jacob Woods 11.37a
5 Cooper Ladd 11.86a

100 Meters Varsity - Prelims
2 Jacob Woods 11.30h
4 Cooper Ladd 11.40h
14 Gavin Ostrander 12.30h

200 Meters Varsity - Finals
2 Jacob Woods 23.17a
5 Cooper Ladd 23.88a
6 Chad Bottorff 24.14a PR

200 Meters Varsity - Prelims
2 Jacob Woods 23.70h
3 Cooper Ladd 23.90h
8 Chad Bottorff 24.71h

400 Meters Varsity - Finals
8 Chad Bottorff 55.11a

400 Meters Varsity - Prelims
7 Chad Bottorff 53.80h
12 Fernando Soto-Cruz 55.80h
Tucker Porter DNF

800 Meters Varsity - Finals
6 Eric Cortes 2:13.96a PR

800 Meters Varsity - Prelims
8 Eric Cortes 2:15.10h
11 Daniel Dunn 2:18.10h
15 Matteo Liserre 2:29.40h

1500 Meters Varsity - Finals
3 Konrad Raum 4:18.90a PR
6 James Talley 4:25.00a
7 Paesen Timm 4:28.43a

3000 Meters Varsity - Finals
2 Konrad Raum 9:40.70h
3 James Talley 9:42.30h
5 Paesen Timm 9:48.30h

110m Hurdles - 39" Varsity - Finals
5 Joshua Claffin 16.93a PR

110m Hurdles - 39" Varsity - Prelims
6 Joshua Claffin 17.70h
9 Colton Benner 18.10h

300m Hurdles - 36" Varsity - Finals
7 Colton Benner 45.13a PR

300m Hurdles - 36" Varsity - Prelims
7 Colton Benner 47.00h
9 Joshua Claffin 49.10h

4x100 Relay Varsity - Finals
2 Hayden Glenn 44.60a
Cooper Ladd
Chad Bottorff
Jacob Woods

4x400 Relay Varsity - Finals
5 Chad Bottorff 3:51.38a
Erick Vallejo Giffen
Konrad Raum
Fernando Soto-Cruz

Shot Put - 12lb Varsity - Finals
2 Hunter Hall 43-00.25
3 Joshua Claffin 41-06.50
8 Jasper Nichols-Ferguson 39-02.00

Shot Put - 12lb Varsity - Prelims
2 Hunter Hall 43-00.25
3 Joshua Claffin 40-06.50
9 Jasper Nichols-Ferguson 36-04.00

Discus - 1.6kg Varsity - Finals
6 Jared Simmons 105-04
9 Jasper Nichols-Ferguson 93-00

Discus - 1.6kg Varsity - Prelims
5 Jared Simmons 105-04
9 Jasper Nichols-Ferguson 93-00
11 Hunter Hall 90-04

Javelin - 800g Varsity - Finals
3 Hunter Hall 157-08
8 Brady Covey 134-05 PR

Javelin - 800g Varsity - Prelims
3 Hunter Hall 147-02
9 Brady Covey 134-03
14 Lake Fultz 105-04 PR

High Jump Varsity - Finals
1 Erick Vallejo Giffen 6-01.00 PR
7 Joshua Claffin 5-05.00 SR
11 Justin Francis 4-11.00 PR

Pole Vault Varsity - Finals
4 Max Gause 11-00.00
6 Cooper Ladd 9-06.00
12 Takoda Brooks 8-06.00

Long Jump Varsity - Finals
1 Tucker Porter 20-08.00
2 Jacob Woods 20-06.00
7 Erick Vallejo Giffen 18-08.00

Long Jump Varsity - Prelims
1 Tucker Porter 20-08.00
3 Jacob Woods 19-11.25
7 Erick Vallejo Giffen 18-08.00

Triple Jump Varsity - Finals
2 Tucker Porter 40-02.00
4 Markus Julien 38-02.25 PR
5 Erick Vallejo Giffen 38-00.50

Triple Jump Varsity - Prelims
2 Tucker Porter 39-09.00
3 Markus Julien 38-02.25
5 Erick Vallejo Giffen 37-08.75

Girls Results

100 Meters Varsity - Finals
2 Hannah Albrecht 13.00a SR
4 Zarah Wemple 13.07a PR

100 Meters Varsity - Prelims
2 Hannah Albrecht 13.10h
5 Zarah Wemple 13.20h
10 Angelica Manuntag 13.90h

200 Meters Varsity - Finals
2 Hannah Albrecht 27.16a SR
3 Zarah Wemple 28.01a

200 Meters Varsity - Prelims
2 Hannah Albrecht 28.20h
4 Zarah Wemple 29.30h
12 Katie Geisler 31.00h

400 Meters Varsity - Finals
1 Hannah Albrecht 1:01.77a
6 Payton Cameron 1:07.59a PR

400 Meters Varsity - Prelims
1 Hannah Albrecht 1:02.90h
6 Payton Cameron 1:08.00h

800 Meters Varsity - Finals
2 Hudson Weybright 2:29.85a SR
7 Nadia Witt 2:48.33a

800 Meters Varsity - Prelims
4 Hudson Weybright 2:40.20h
8 Nadia Witt 2:45.40h
13 Aramie Nydam 3:06.40h

1500 Meters Varsity - Finals
2 Sabrina James 5:08.98a PR
9 Abril Leal 5:45.81a SR
11 Aramie Nydam 5:54.38a SR

3000 Meters Varsity - Finals
2 Sabrina James 11:31.30h
4 Hudson Weybright 11:40.60h
8 Abril Leal 12:58.30h

100m Hurdles - 33" Varsity - Finals
2 Faryn Dahlen 16.97a PR
4 Celeste Pelham 17.62a SR
5 Tyra Gordon 17.76a

100m Hurdles - 33" Varsity - Prelims
2 Faryn Dahlen 16.90h
3 Tyra Gordon 17.40h
7 Celeste Pelham 17.52h

300m Hurdles - 30" Varsity - Finals
6 Celeste Pelham 53.04a SR
6 Tyra Gordon 53.40a SR

300m Hurdles - 30" Varsity - Prelims
6 Celeste Pelham 54.90h
7 Tyra Gordon 55.30h
9 Sydney Boxberger 57.50h

4x100 Relay Varsity - Finals
4 Angelica Manuntag 53.75a
Zarah Wemple
Tailor Mehan
Faryn Dahlen

4x400 Relay Varsity - Finals
2 Hannah Albrecht 4:20.70a
Zarah Wemple
Sabrina James
Hudson Weybright

Shot Put - 4kg Varsity - Finals
1 Cassidy Herbert 30-10.50
5 Arianna Rodman 26-10.75
7 Kaitlyn Brooks 26-02.50

Shot Put - 4kg Varsity - Prelims
1 Cassidy Herbert 30-10.50
5 Arianna Rodman 26-10.75
7 Kaitlyn Brooks 26-02.50

Discus - 1kg Varsity - Finals
3 Cassidy Herbert 97-01 PR
7 Miranda McCasline 70-01

Discus - 1kg Varsity - Prelims
2 Cassidy Herbert 97-01
7 Miranda McCasline 70-01
10 Melissa Powers 61-02

Javelin - 600g Varsity - Finals
3 Melissa Powers 107-00
4 Kaitlyn Brooks 102-06
8 Sydney Boxberger 89-11

Javelin - 600g Varsity - Prelims
3 Melissa Powers 103-04
5 Kaitlyn Brooks 93-11
8 Sydney Boxberger 82-09

High Jump Varsity - Finals
2 Keara Murphy 4-10.00
10 Sydney Boxberger 4-02.00

Pole Vault Varsity - Finals
7 Hayle Maitia 7-06.00
Chelsea Armstrong NH
Celeste Pelham NH

Long Jump Varsity - Finals
4 Tyra Gordon 14-08.00

Long Jump Varsity - Prelims
4 Tyra Gordon 14-08.00
10 Keara Murphy 13-11.75
11 Lexie Hall 13-10.25

Triple Jump Varsity - Finals
3 Keara Murphy 31-02.50 PR
5 Sydney Boxberger 30-09.00 PR

Triple Jump Varsity - Prelims
4 Keara Murphy 30-03.50
5 Sydney Boxberger 30-03.00
10 Tailor Mehan 27-06.00 PR

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