

CALENDAR CHOICES

Community Meals

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| Trinity Lutheran Church | Tuesday and Thursday, 5:15-6:15 p.m., 675 S. Seventh St. |
| CG Elks Lodge | First Friday (no July-Aug. or Nov./Dec.) 5-7 p.m., 755 N. River Rd., Chicken Fried Steak |
| CG Elks Lodge | Second Friday, 5-7 pm. 755 N. River Rd. Third Friday, 5-8 p.m., 755 N. River Rd., Steak Feed |
| CG Elks Lodge | Fourth Friday, 5:30-7:30 p.m., 755 N. River Rd., Fish Fry |
| VFW | Friday, 5 p.m. (no June-Aug.), 3160 Hillside Dr. |
| Sustainable CG | First Friday, 6:30 p.m. Potluck - Healing Matrix |
| Sunday Supper | 5-6 p.m. Sunday, CG Community Center |

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| Methodist Church | Second and third Monday, 5-6:30 p.m., 334 Washington Ave. |
| American Legion | Second Tuesday of odd-numbered months, 5 p.m., 826 W. Main St. |
| Creswell New Hope Baptist | Wednesday, 5:15 p.m., 597 S. Front St., Creswell |

Breakfasts:

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| VFW Post #3473 | First Sunday, 8-11 a.m., 3160 Hillside Dr. |
| OLPH Catholic Church | Second Sunday (no Dec.) 8 a.m.-12 p.m., Harvey and 19th St. |
| Masonic Lodge | Third Sunday, 8-11 a.m., 33322 Row River Rd. |
| Elks Lodge | Fourth Sunday, 8-11 a.m., 755 N. River Rd. |

Ongoing South Lane County events

Please call 541-942-3325 or email: billing@cgsentinel.com with updates or changes.

Thursdays:

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| Chamber Greeters | Second and fourth Thursdays, 8 a.m., Village Green |
| NAMI | Thursdays, 10 a.m., Jack Sprats |
| Creswell Over 40 | Thursdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St. |
| Charm Bracelet Project | Second Thursday, 10:15 a.m., Community Center |
| Closet at 6th and Gibbs | Thursdays, 11 a.m.-2 p.m. |
| Community Sing-Along | 1st and 3rd Thursdays, 10:30-11:30 Comm. Center |
| Rotary | Thursdays, 12 p.m., Stacy's Covered Bridge Restaurant |
| Lion's Club | Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant |
| Senior Center Game Day | Thursdays 12:30-4 p.m. C.G. Community Center. |
| Alzheimer's Caregiver Support | Third Thursday, 4 p.m., Magnolia Gardens |
| LGBTQIA Teen Group Meeting | Thursday, 4 p.m., S. Lane Mental Health |
| South Valley Farmer's Market | Thursday, 4-7 p.m., Seventh and Main (ends in Nov) |
| Humane Society of CG | First Thursday, 6:30 p.m., Sinclair Rm., City Hall |
| Hearing Loss Assoc. | Second Thursday, 7 p.m., 2589 Hilyard, Eugene |
| Lorane Fire Protection Dist. | Second Thursday, 7:30 p.m., 80287 Old Lorane Rd. |
| Eastern Star #4 | First and third Thursday (no summer), 7:30 p.m., Masonic Center |
| S. Lane Fire Board | Third Thursday, 7 p.m. Station 201, CG, except Nov/February/May Station 203 Creswell |

Fridays:

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| Senior Center Pinochle | Friday, 11:30-4 p.m., CG Community Center |
| Rosie the Riveter | Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C St., Springfield |
| Stand for Peace/Occupy CG | Friday, 5 p.m., Seventh and Main |
| NAMI | Friday, 1:30-3 p.m., Healing Matrix |
| Art Walk | Final Friday, 6-8 p.m. (no Dec. through March) Downtown CG |
| London Grange | First Friday Potluck, 6:30 p.m.; Third Friday Meeting, 7:2746 London Rd. |
| Community Gospel Sing-a-long | Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St. |

Saturdays:

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| VFW Post #3473 | First Saturday, 10 a.m., 3160 Hillside Dr. |
| CG Historical Society Program | Third Saturday, 10 a.m., CG Community Center |
| American Legion #32 | First Saturday, noon, 826 W. Main St. |

Sundays:

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| Occupy Medical Free Clinic | 12-4 p.m., Eighth and Oak, Eugene |
| South Lane Amateur Radio Assoc. | Second Sunday, 2 p.m., Masonic Hall |

Mondays:

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| Caregiver Network | First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy |
| Closet at 6th and Gibbs | Monday, 11 a.m.-2 p.m. |
| Senior Center Bingo | 12:45 p.m. Monday, CG Community Center |
| Autism Peer Support | First Monday, 4 p.m., Healing Matrix |
| Community Sharing Board | Second Monday, 5:30 p.m., 20 Thornton Lane |
| Dorena Grange #835 | Second Monday, 6 p.m. Potluck; Fourth Monday, 7 p.m. Meeting, 34360 Row River Rd. |
| CG 912 Project | First and third Monday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm |
| NAMI | Second and last Monday, 7 p.m., Healing Matrix |
| Overeaters Anonymous | 7 p.m. Monday, First Presbyterian Church |
| CG City Council | Second and fourth Monday, 7 p.m., City Hall |
| Creswell Grange | Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell |

Tuesdays:

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| Team CG Non-Profits | Second Tuesday, 8 a.m. Healing Matrix |
| Adventist Community Services | Tuesday, 11 a.m.-2 p.m., 820 S. 10th St. |
| South Lane Wheels Board | Fourth Tuesday, 12 p.m., 1450 Birch Ave. |
| Breast Cancer Support Group | Second Tuesday, 1 p.m., Call 541-942-2309 for location |
| Veteran Support Services | 3 p.m. Tuesday, Healing Matrix |
| Alzheimer's Caregiver Support | Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield |
| CG Youth Choir | 4-5 p.m. Thursday, First Presbyterian Church (ages 12-16) |
| Watershed Council Science Pub | Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St. |
| Tirchotillomani Support Group | Second Tuesday, 5:30 p.m., Call 541-767-1730 for location |
| CG Garden Club | First Tuesday, 6 p.m., First Presbyterian Church |
| EBID | Second Tuesday, 6 p.m., CG Community Center |
| ACES Family Group | Third Tuesday, 6 p.m., 1551 E. Main St. |
| Friends of Mt. David | Second and fourth Tuesday, 6:30 p.m., corner of H and Birch |
| Habitat for Humanity Open Mic Night | Second Tuesday, 7 p.m., Axe & Fiddle |
| KSOW Open Mic Night | Fourth Tuesday, 7 p.m., Axe & Fiddle |
| CG Recreation Assn. | Tuesday, 7 p.m., 1440 S. 8th St. |

Wednesdays:

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| Kiwanis Club | Wednesday, 7 a.m., Koffee Kup Restaurant |
| Veterans Assistance | First Wednesday, 10 a.m.-1 p.m., VFW Post #3473, 3160 Hillside Dr. |
| Genealogical Society Meeting | Second Wednesday, 10 a.m., CG Community Center |
| Genealogical Discussion Group | Third and fourth Wednesday, 10 a.m.-12 p.m., CG Community Center |
| Lane County Veterans Services | Third Wednesday, 10 a.m.-1 p.m., American Legion, 826 Main St. |
| Quilts of Valor | Second Wednesday, 10 a.m.-4 p.m., VFW, 3160 Hillside Dr. |
| Pinochle Group | Wednesday, 11:30 a.m.-4 p.m., Senior Center |
| Kiwanis Club | Wednesday, 12 p.m., El Tapatio Mexican Restaurant |
| Veteran's Assistance | Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr. |
| CG Children's Choir | Wednesday, 2 p.m., First Presbyterian Church (ages 6-11) |
| Alzheimer's/Dementia Caregivers | Third Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community |
| CG Art Guild | First Wednesday, 6 p.m., Call 541-942-8913 for location |
| London 4-H Group | First Wednesday, 6 p.m. London Grange |
| Elks Bingo | Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug) |
| Beta Sigma Phi | First and third Wednesday, 7 p.m., call 541-942-1310 for location |
| NAMI Connection | Wednesday, 7 p.m., Healing Matrix. |
| CG Planning Commission | Third Wednesday, 7:30 p.m., City Hall |

All Weekdays:

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| Beeper Show | 9-10 a.m. KNND 1040 AM. Call in discussion, various topics/guests 541-942-5548 |
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Weight Loss Support Groups

Monday

9 a.m.: TOPS OR181. Take Off Pounds Sensibly, a weight-loss support group. At the Church of Christ, Drain. Info: 541-378-7801.

Tuesday

5 p.m.: Weight Watchers. At Living Faith Assembly, 467 S. 10th St. 541-942-2612.

Thursday

10 a.m.: TOPS OR85. Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866.

5:30 p.m.:

TOPS OR969. Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Elaine 541-942-8547.

5:30 p.m.: TOPS OR1020 (Creswell). Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.

Exercise and Fun

KIDS CLUB

South Lane School District grades 1-5. After school to 6 p.m. Mon-Fri on regular school days. Supervised play, homework help and snack. Cost: 1st child \$60/mo.; siblings \$40/mo. Info: 541-228-2847

YOGA & MEDITATION

CG Community Center, 700 E. Gibbs Ave. For strength, flexibility, relaxation with Gloria. Saturdays 10-11:30 a.m. \$5/session. Proceeds for children's scholarships.

No class on holiday weekends. Info: 541-912-7789

BEGINNERS & INTERMEDIATE YOGA
CG Community Center, 700 E. Gibbs Ave. Info: Jane L. Guerber 541-654-5087
Wed.: 6 pm \$5/session

COTTAGE GROVE THERAPY POOL
AQUATIC EXERCISE CLASSES
Community Center, 700 E. Gibbs Ave. Info: Teresa 541-942-1185
8:30-9:30 am Mon.-Fri.;
3:00-4:00 pm Tues. & Thurs.;
11:00 am-12 pm Sat.

WARREN H. DAUGHERTY AQUATIC CENTER
1440 S. 8th St., 541-942-5533
Call for public hours, lap swim hours, family swim hours and costs.

SHALLOW WATER AEROBICS

Warren H. Daugherty Aquatic Center
Mon, Wed, Fri 7:30-8:30 a.m.
Call 541-942-5585 for more info & cost - first session free.

Addiction Recovery Groups

Thursday

6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.

6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228

7 p.m.: Narcotics Anonymous Book Study. Open Meeting. At Knights of Columbus, 1025 N. 19th St. Contact: 541-225-7061.

Friday

6:30 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 1447 N. Pacific Highway. Info: 541-520-8071

7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.

8 p.m.: AA meeting-Gratitude Group. Open meeting. At Knights of Columbus, 1025 N.

19th St. Info: 541-942-3942.

Saturday

7 a.m.: AA Open Meeting. At CG Community Center, 700 Gibbs Ave.
Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Riverside Church, 1255 S. River Road. Info: 541-942-0647 or 541-510-4228.

7 p.m.: AA Meeting-Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

8 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.

8 p.m.: Al-Anon Meeting-Step Study Group. CG Comm. Center, 700 Gibbs Ave.

Sunday

Noon: AA Meeting. At Knights of Columbus, 1025 N. 19th St.
6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

Monday

6 p.m.: AA Open Meeting for women only.

"We're working on it!" Church of Christ, 6th & Gibbs. Info: Billie 541-228-4751 or Elaine 541-510-4228.

7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.
7 p.m.: AA Meeting- No Name Group. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Tuesday

Noon: AA Meeting- Noon Group. Big Book Study meeting. At Knights of Columbus, 1025 N. 19th. Info: 541-942-3942.

6:30 p.m.: Up the River Group. At Dorena Mercantile. Info: 541-946-1631

7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, back room, 700 Gibbs Ave.

Wednesday

7 a.m.: AA Open Meeting. At CG Community Center, 700 Gibbs Ave.
7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

Recurring North Douglas County Meetings

DRAIN

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| City Council | Second Monday, 7 p.m., Civic Center |
| Fire Board | Third Monday, 7 p.m., Fire Hall |
| School Board | Fourth Monday, 6:30 p.m., HS Library |
| Cemetery Board | Third Tuesday, 9:30 a.m., Civic Center (even numbered months) |
| Planning Board | First Monday, 7 p.m., Civic Center (as needed) |
| Civic Center Board | Third Tuesday, 5:30 p.m., Civic Center (odd numbered months) |
| Parks & Rec. Board | Third Monday, 7 p.m., Pool Meeting Room |
| Library Board | Second Tuesday, 4 p.m., Library (odd numbered months) |
| Friends of Library | Second Monday, 1 p.m., Library |
| ND County Fair Board | Fourth Monday, 7 p.m., Civic Center |
| Elk Creek Watershed Council | Third Tuesday, 7 p.m., Sunnydale Grange |
| Masons | Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m. |
| (OES) Eastern Star | Second Wednesday, 7:30 p.m. |
| Sunnydale Grange | Second Monday, 6:30 p.m.; Potluck First Monday, Bingo 6:30 p.m. |
| Living Hope Outreach Lunch | Wednesday, 12:30-2 p.m. |
| Food Pantry | Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m. |

Elk Creek Watershed Council Third Tuesday, 7 p.m. Sunnydale Grange, 5 miles west of Drain

YONCALLA

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| City Council | Second Tuesday, 7 p.m., City Hall |
| ND Betterment | Third Monday, 12 p.m., City Hall |
| Planning Commission | Third Tuesday, 7 p.m., City Hall (as needed) |
| School Board | Second Monday, 7 p.m., Community Center |
| Parks and Rec | First Tuesday, 7 p.m., Community Center |
| Library Board | Second Wednesday, 2 p.m. (Jan, Apr, June, Sept, Nov) |
| Friends of the Library | Second Thursday, 10 a.m., Library; Feb, May, Aug., Nov. |
| Library Book Club | Second Thursday, 6:30 p.m., Library |
| Beautification | Fourth Thursday, 5:30 p.m., City Hall |
| Chamber of Commerce | First Thursday, 7:30 p.m., Community Center |
| Rodeo Club | Third Thursday, 6:30 p.m., City Hall |
| Historical Society | Third Thursday, 3 p.m., City Hall |
| Site Council | Last Wednesday of month, 3:30 p.m., HS staff room |
| Applegate Pioneer Cemetery Board | Third Saturday, 10 a.m. Library |

ELKTON

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| City Council | Second Thursday, 8:30 a.m., City Hall |
| Rebekahs | First and third Tuesday, Masonic Lodge |
| Eastern Star | Second and fourth Tuesday, Masonic Lodge |
| ECEC Board Meeting | First Tuesday, ECEC, 541-584-2692 |
| ECEC Book Club | Second Wednesday, 12 p.m., ECEC |

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