

fill your plate at our Thanksgiving Day Buffet



**Thursday,
November 24
12 noon - 7pm**



725 Row River Rd.
Cottage Grove
541-942-2491

villagegreenresortandgardens.com



Feast your eyes on our holiday menu!

Entrées

- Oven Roasted Turkey with poultry gravy & cranberry orange sauce
- Baked Ham topped with a brown sugar bourbon glaze
- Slow Roasted Prime Rib served with rosemary au jus & creamy horseradish

Salads

- Mixed Green Salad
- Fresh Fruit Salad
- Smoked Salmon
- Pasta Salad

Sides

- Garlic Mashed Potatoes with poultry gravy
- Baked Candied Yams
- Apple/Cranberry and Herb Stuffing
- Roasted Winter Squash
- Glazed Baby Carrots
- Rolls & Butter
- Mahi served with a Sweet Chili Garlic Sauce on a bed of rice

Desserts

- Pumpkin Pie
- Chocolate Cake
- Carrot Cake
- Pumpkin Cranberry Stack
- Cookies
- Brownies
- Assorted Desserts

For Reservations, Call 541-942-2491



Students from Al Kennedy High School visited the pediatric ward at RiverBend to bring treats and Halloween trinkets to the patients there.

Kennedy students trick-or-treat in reverse

Fall is a special time bringing the vibrant colors of the turning season, leaves falling, pumpkins and children anxiously awaiting the festive Halloween activities. As the local children were planning their favorite costumes in preparation of an evening full of Trick or Treat fun, a group of Al Kennedy High School students prepared for a "Reverse Trick or Treat" event.

The idea of "Reverse Trick or Treat" was the idea of Brooke Ormsbee. Brooke graduated from Cottage Grove High School in 2015 and then entered the WIOA program (Workforce Innovation Opportunity Act), which provides worksite and career training. She wanted a way for high school students to give back to the community. She wanted a way to provide some Halloween fun for those who were not able to go out and enjoy the Trick or Treating experience. She came up with

the thought to go to the pediatric ward in a hospital and bring Halloween to the children who, due to illness, would be missing out. This was where "Reverse Trick or Treat" was born.

Working with the staff at Al Kennedy High School, a trip was planned to visit RiverBend Hospital's Pediatric Unit. Local businesses were contacted and they generously donated candy, books, and Halloween trinkets. The Al Kennedy students who participated in "Reverse Trick or Treat" dressed up in costumes and went to visit the pediatric unit individual patient rooms where they gave out candy.

One student stated, "When we went to visit the hospital it made my heart happy to know we had the opportunity to give to people that didn't have the chance to trick or treat. We made some of these patients' day and it brought me pure joy to see smiles on their faces." Another student said, "It was a very

memorable field trip to Riverbend. It was special visiting the patients and handing them a bag of candy. Who would have thought that a little bag of candy would make them happy? What really caught my eye was how sweet the nurses were and how they talked to their patients and interacted with them. You could really tell that they cared about each and every one of their patients. My favorite part of the trip was seeing the smiles and surprised looks from every patient and you could tell they really appreciated it."

After walking through the pediatric rooms, the students also got to see the Neonatal Intensive Care Unit (NICU) where they were able to learn how babies born premature are cared for. While there, the students also learned about the various health-care roles that create the health care team. Learning about the various careers sparked some interest in the students.

Before heading back to Al Kennedy High School, the students also paid a visit to London School Elementary School and visited a Kindergarten class. The high school students helped the children plant garlic. One student reflects, "I got to bond with this one little girl. She was the sweetest little thing. We all helped to plant garlic cloves and it was cool because that was my first time planting garlic. You learn something new every day and it puts a smile on my face after all we did today. I had a really good time."





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