

## SENIOR MEALS PROGRAMS

Offering Meals on Wheels and Cafe 60 at the following locations:  
Anyone age 60 and older is served, regardless of income, suggested donation is \$3. Guests under age 60 are welcome to attend for \$8 per meal.

MONDAY, OCT. 24: Chicken Patty Sandwich or Sloppy Joe  
TUESDAY, OCT. 25: Chicken Rice Bake or Diced Pork and Penne Pasta  
WEDNESDAY, OCT. 26: Chicken Pomodoro or Beef Shepherd's Pie

Drain/Yoncalla area

Served at 400 Main St., Yoncalla.  
(For Douglas County Meals on Wheels eligibility, call 541-440-3677.)  
Suggested donation \$3.50

THURSDAY, OCT. 20: Beef Rigatoni  
FRIDAY, OCT. 21: Roast Pork with Gravy  
TUESDAY, OCT. 25: Scaloped Potatoes and Ham or Chicken Rice Bake

Cottage Grove Riverview Terrace  
925 W. Main St., Cottage Grove  
Noon: Tues., Wed., Thurs.

Creswell Cresview Villa  
350 S. 2nd St., Creswell  
Noon: Mon., Wed., Fri.

THURSDAY, OCT. 20: Chicken Chop Suey w/Rice or Bavarian Stew  
FRIDAY, OCT. 21: Furlough Day

## MOVING UP HIGHER

with *Joyce Meyer*



## Letting go of the dead stuff in your life

Have you ever hired a professional to prune a tree in your yard? Well, Dave and I hire someone to do that for us, and there are times when he cuts the branches back so far that I've said to him, "There is nothing left. You have totally destroyed our tree!" But he says, "You just watch and see." And sure enough, before long the tree is much better looking than it was before.

Just like trees need pruning from time to time, to remove dead branches or areas where there is overgrowth, you and I need to be pruned or reshaped at different times in different areas of our lives. We may not enjoy the pruning process, but when it's over, we're much better off than we were before.

You see, God wants us to be at our very best—spiritually, emotionally and physically.

John 15:2 says, "Any branch in Me that does not bear fruit [that stops bearing] He cuts away (trims off, takes away); and He cleanses and repeatedly prunes every branch that continues to bear fruit, to make it bear more and richer and more excellent fruit."

Are you dragging around "dead branches" in your life? Maybe it's a bad relationship, an old wound from your past, or a negative attitude that keeps you from enjoying life to the fullest. It would be nice if we could see what God sees and say, "Yes, God. Let's get rid of that dead branch." But many times we're too afraid to give up what we know for something new that we just can't see or understand.

The truth is you can be miserable dragging those dead things around or you can go through the pain of letting God "prune" them away. Even though it's uncomfortable, the best thing you can do is let God prune you, because after the hard part is over, you will see some amazing results!

God doesn't want to see you struggle. He loves you so much that He will never give up on you. As we allow Him to speak into our lives, He teaches and trains us to be kind and gentle, peaceful and patient, loving and forgiving like Him. But we cannot develop that "fruit" on our own.

John 15:4 says, "Just as no branch can bear fruit of itself without abiding in (being vitally united to) the vine, neither can you bear fruit unless you abide in Me."

In other words, we need to spend time with God.

Our relationship with God is about much more than going to church on Sunday and reading the Word out of duty. He wants a personal relationship with each of us.

When we stay connected to God through meaningful study and prayer, we're abiding in Jesus. God wants us to be so rooted and grounded in His love that nothing can shake us—so we're able to bear good fruit in even the hardest, most difficult

seasons of life.

God has a good plan for your life. He wants to take you to the next level in your relationship with Him, but there are some things that He wants you to leave behind—past hurts, insecurities, or anything we look to for a sense of security other than God Himself.

Don't ever be afraid to surrender to God so He can prune the things that are hurting and hindering you from moving forward in your relationship with Him.

The apostle Paul said, "One thing I do [it is my one aspiration]: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal to win the [supreme and heavenly] prize to which God in Christ Jesus is calling us upward" (Philippians 3:13-14).

Decide today that you're going to let go of the past and press on to experience a fuller, richer, more abundant life in Christ.

You can pray today: "God, I'm tired of dragging this heavy load around with me. I'm ready to let it go so I can get on with my life and experience a new level of relationship with You. Help me to know that You love me and that You will work everything out for my good."

If we will totally give ourselves to God, He will give us His best for us. It may not be what we thought we wanted, but it will be exactly what we need. And it will be greater than anything we could have asked for.

*Joyce Meyer is a New York Times bestselling author and founder of Joyce Meyer Ministries, Inc. She has authored 100 books, including Battlefield of the Mind and Living Courageously (Hachette). She hosts the Enjoying Everyday Life radio and TV programs, which air on hundreds of stations worldwide. For more information, visit www.joycemeyer.org.*

## BIRTHS

Oct. 1, 2016

To Falcia Martineau of Cottage Grove and Steven Kiser of Redding, Cal., a son.

Oct. 3, 2016

To Holly and Dustin Davis of Creswell, a daughter.

Oct. 6, 2016

To Kyle and Amanda Simmos of Yoncalla, a son.

Oct. 8, 2016

To Tyrrah and Tyler Perry of Cottage Grove, a daughter.

Oct. 14, 2016

To Brittany Mason and Joshua

King of Cottage Grove, a daughter.

Oct. 15, 2016

To Tyler Fox and Brianna Mooney of Cottage Grove, a daughter.

## IN MEMORIAM

### Dorothy Irene Wells 1921-2016

Dorothy Irene Wells, 95, of Cottage Grove died Oct. 9, 2016.

She was born in Corning, Iowa on July 7, 1921 to Fred and Jennie (Macready) Glade.



She graduated from Molalla (Oregon) High School.

On Sept. 21, 1940 in Vancouver, Wash., she and Marrion L. "Roy" Wells were married.

Dorothy was a wonderful homemaker and a devoted mother. She enjoyed quilting, sewing, needle craft and especially enjoyed spending time with her family.

She is survived by her two daughters, Sonja Michaelis and husband, Larry, of Cottage Grove, and Treva Majors and husband, Rick, of Boise, Idaho, a sister, Gloria Bertlein of Tillamook, Oregon, seven grandchild-

dren, 11 great-grandchildren and six great-great-grandchildren.

She was preceded in death by her husband, Marrion L. "Roy" Wells, and brothers, Ernest, Donald and Roland Glade.

A service for Dorothy will be held at a later date. Memorial contributions may be made to the Elks Lodge in Cottage Grove. Smith-Lund-Mills Funeral Chapel in Cottage Grove is in charge of arrangements.

### Roselea Blom 1941-2016

Roselea Blom, 74, of Cottage Grove died Oct. 13, 2016.

She was born Oct. 25, 1941 in Red Oak, Okla. to Leo Lyons and June (Smoke) Holmes.

She graduated from Chowchilla High School.

On May 26, 1962 in Coos Bay, Ore., she and Emil Blom



were married.

Once all her children were attending school, Roselea obtained her license and sold real estate for a time and served as a reserve police officer. She worked for Washington Mutual Bank until she retired, at which time she provided day care for her grandsons and was the bookkeeper for Blom Construction.

Indoors, Roselea enjoyed reading and loved to cook, always trying new recipes. She enjoyed being outdoors, spending time at the family cabin with friends, and she had a great love of nature. For many years she and Emil made trips south to Mexico during the winter months. They took their time and different routes so they could enjoy sites along the way. She loved to travel all over the country, and also made trips to Taiwan, Hong Kong, Mexico, Canada, and Costa Rica. She was a member of Kiwanis and the Prospectors and Goldiggers and, until her passing, was a member and volunteer of the Hospital Auxiliary.

Survivors include two daughters, Renee Dodd Blom of Eu-

gene and Krista Blom of Cottage Grove, a son, Emil Robert Blom, Jr. of Eugene, a sister, Tony Barker of Monmouth, and two grandchildren.

A service will be held at 3 p.m. on Thursday, Oct. 27, 2016 at Smith-Lund-Mills Chapel, 123 S. 7th St., in Cottage Grove. In lieu of flowers, please send remembrances to St. Jude Children's Hospital, 65 Roses, or Smile Train.

### Memorial Notices

A Celebration of Life will be held for Tom Boggs, 80, of Cottage Grove on Oct. 22, 2016 at 11 a.m. at City Life Church, 33133 Row River Road in Cottage Grove. A reception will follow.

Ray Fred Annett, 86, of Creswell passed away Oct. 13. A memorial service will be held at noon Saturday, Oct. 29 at Lorane Grange in Lorane, Ore. An inurnment will take place at the IOOF Cemetery in Lorane. Arrangements by Smith-Lund-Mills Funeral Chapel in Cottage Grove.

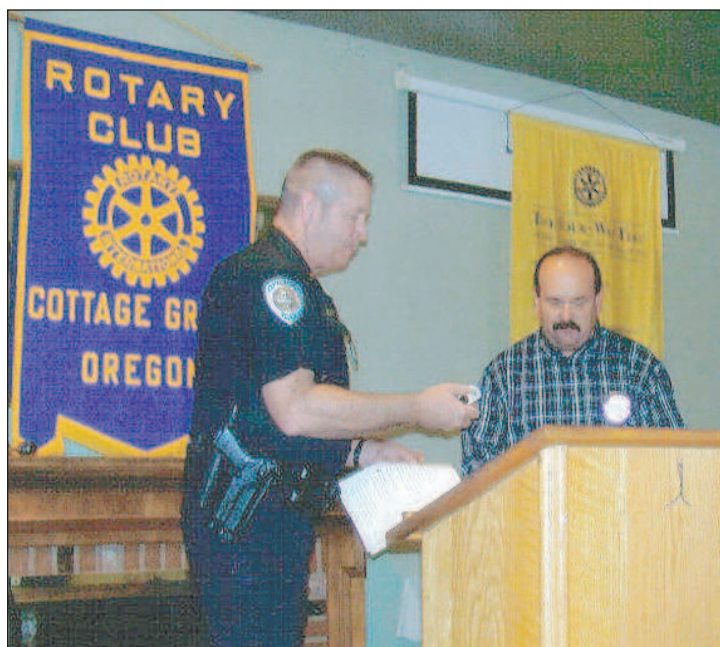


photo by Don Williams

Police Chief Scott Shepherd receives a commemorative Rotary covered bridge from club President Joe Raade.

### Chief Shepherd addresses Rotarians

Police Chief Scott Shepherd outlined CPGD's priorities during a meeting of the noon Rotary club on Thursday. Shepherd stated that the Department aims to fill open positions for police officer and community service officer and is accepting applications.

The Department will continue to connect and be more visible to the community, Shepherd said. "We will continue to use the Cottage Grove Police Facebook page, the Cottage Grove Police Department Twitter feed, to get important community information out. Also, we will continue to update and put out information on our department website. Officers will increase

foot patrols in many areas around town."

Shepherd also hopes to bolster the reserve officer program.

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— Aristotle

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