

# Cross Country travels to Seaside, hosts final home meet on Thursday

Lions compete in various courses based on difficulty

The Cross Country Team of Cottage Grove High made their annual trek to Seaside last Friday and Saturday to join thousands of other high school running enthusiasts in the unconventional "Three Course Challenge".

There was way more drama in determining which course each athlete would run than there was during any race day so far this season. Each group of seven teammates drew colored chips to determine their race. Then they each ran in the one of the three races determined by the color of the chip they drew for their contribution to a combined single team score. Those that drew a white chip out of an empty coffee can ran the easy course; blue chip pickers ran the moderate

course, and those lucky enough to draw the red chip were rewarded with the chance to run the difficult course.

Thirty-three Lions have tales to tell after their adventures through their course of the meadows, mud pits, dunes and trails at Camp Rilea. Head Coach Jim Settelmeyer says effort from each athlete was never in question, and their running showed much overall improvement in fitness, specifically with how they were able to attack the mostly unknown courses. The team led this outing by three divisional top 10 finishers: Jesse Ellingworth (second, easy), Paesen Timm (second, moderate) and Sabrina James (eighth, difficult).

This Thursday (Sept. 22) the Lions invite all their fans to come out to Schwarz Park, just below Dorena Reservoir to root them on as they host their final home meet of the year. Twenty high schools are coming to join them. Friends, family and community members that come and join are invited to hop into the JV (and Open) run to experience the challenge this meet is famous for. Harrier's Challenge is celebrating its 15th annual partnership with the Corps of Engineers and an army of local volunteers to create a fun event. Over 300 runners are expected to participate this year.



## Cycle the Lakes another success

Saturday saw the sixth annual Cycle the Lakes bike ride. The ride is put on by the Rotary Club of Cottage Grove and funds are raised to support local and international projects in health, education, literacy and youth development. A total of 237 riders showed up with 93 volunteers helping with the event. Oregon, California, Nevada and Colorado were all represented among the riders. There were five different routes to choose from: 32, 42, 67, 77 and 102-mile routes.



## FOOTBALL

CONTINUED FROM PG 1B

touchdown and two-point conversion almost rattled Cottage Grove. The Indians were able to score due to a fairly controversial pass-interference call on Parent. As time was winding down, Cottage Grove made a final drive to get inside the 20-yard line. Cottage Grove sent out Giffen and the field goal unit to try to put the game away. Parent, who holds the ball for Giffen, made an incredibly athletic play when the snap flew nearly a foot behind his back but still managed to control the ball and place it in time for Giffen to kick the ball through the uprights.

"It was a combination of Kory's hold and the fact that Erick's a one-step kicker," Roberts said.

Roberts says that this win shows that the Lions are capable of responding to adversity.

"We don't have a lot of bodies, so these kids are playing a full four quarters of football," he added.

The win didn't do much for the Lions in terms of OSAA rankings. Cottage Grove currently sits at 16th, five spots behind Elmira (also 3-0). The Falcons haven't yet gotten a quality win like Cottage Grove's nail-biter against a strong Scappoose program, but they will get their chance against Junction City this week.

Meanwhile, the Lions are preparing for their own Sky-Em opener at Sweet Home this Friday. The Huskies are 1-2 with their most recent loss this past Friday in Stayton.

# BEAT THE PICKERS PANEL FOOTBALL CONTEST

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DAVE This Week Stats:9-4 Season Stats:20-6



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Tie-Breaker:32

LARRY This Week Stats:8-5 Season Stats:17-9

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Tie-Breaker:34

TRAVIS This Week Stats:10-3 Season Stats:19-7



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Tie-Breaker:50

GARY This Week Stats:5-8 Season Stats:14-12

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Tie-Breaker:32

### HORNERS

is this Week's Panel Winner with 10 correct  
**Roberta Schauer**  
is this week's READER Tie-Breaker winner with 12 correct!

### CIRCLE YOUR PICKS

|               |    |               |
|---------------|----|---------------|
| COTTAGE GROVE | AT | SWEET HOME    |
| LOWELL        | AT | NORTH DOUGLAS |
| YONCALLA      | AT | McKENZIE      |
| COLORADO      | AT | OREGON        |
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| DENVER        | AT | CINCINNATI    |
| DETROIT       | AT | GREEN BAY     |
| BALTIMORE     | AT | JACKSONVILLE  |
| CLEVELAND     | AT | MIAMI         |

### TIEBREAKER:

CHICAGO AT DALLAS

Total Points for the Sunday Night Game: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### WIN \$20 EVERY WEEK With the Football Contest

Fill out the form below for your choice of winners. The TIE-BREAKER game is the Sunday night game. Guess the total points of this game. In the event of a tie-breaker tie, the winner will be determined by a drawing. Entries must be received by Friday, 5 pm at the Cottage Grove Sentinel, 116 N. 6th Street, (P.O. Box 35), Cottage Grove, Oregon 97424. Mailed entries must be postmarked by Friday. Employees of the Cottage Grove Sentinel and their families are not eligible to win. In the event of multiple winners, final weekly winner will be drawn at random from preliminary winners. ATTENTION: Tiebreaking Process - the designated tie-breaker game will be judged on total points ONLY. Please estimate the total points for the tie-breaker game.

One entry per family.

BRENT This Week Stats:9-4 Season Stats:18-8

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Tie-Breaker:32

DAN This Week Stats:7-6 Season Stats:16-10



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Tie-Breaker:28

NIC This Week Stats:10-3 Season Stats:17-9



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Tie-Breaker:46

LUANN This Week Stats:8-5 Season Stats:16-10

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Tie-Breaker:37

LARRY This Week Stats:6-7 Season Stats:16-10



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Tie-Breaker:47