

IN MEMORIAM

Sue (Workman) Knight 1945-2016

Sue Knight, 70, of Mesa, Arizona passed away Jan. 5, 2016 from pneumonia.

She was born Sept. 16, 1945 to Harvey and Maxine Workman.

Sue worked as a waitress in the dining room and coffee shop at the Village Green Resort for at least 25 years. After moving to Arizona, she worked at Osco Drug Store until health issues forced her to retire.

She enjoyed crocheting, gardening and cooking.

Survivors include siblings, Roberta Bates, Judy Reel, Linda Hurst, Rieta Jones, Tammy Nelson and Tom Workman.

Her husband, Chuck Knight, passed away six weeks after Sue died. She was preceded in death by her parents and her beloved dog, Oreo.

A celebration of life will be held Saturday, Sept. 17 from 3-5 p.m. at Stacy's Covered Bridge Restaurant in Cottage Grove.

Arrangements under the care of A Wise Choice Desert View Chapel, Mesa, Arizona.



Andrew E. Taylor 1967-2016

Andrew E. Taylor, 49, died Sept. 6, 2016 in Cottage Grove.

A family viewing was held at Smith-Lund-Mills Funeral Home, and no service is planned.



Andrew was born August 9, 1967 in Anaheim, Calif. to Jack and Sally Taylor.

He grew up in Huntington Beach, Calif. and graduated from Edison High School in 1985. He served for three years in the United States Air Force as an airplane Crew Chief and several years building airplanes for McDonnell Douglas. After proudly serving his country, he, with his brother Isaac, spent many happy years expertly skiing all the single and double black diamond ski runs in the Breckenridge, Colorado area.

He moved to Cottage Grove in 1999 and loved the area. Andrew was a very kind, funny and friendly guy who helped anyone who asked. He will be deeply missed by all who knew him. Andrew is now in eternal peace and in his words has "No Worries".

Andrew is survived by his daughter and the light of his life, Raven; mother Sally of Cottage Grove; twin brother Isaac Taylor; sisters Stacy Taylor and Jane McNew; brother Gary Wright of Eugene, Aunt Jean Lawrence of Cottage Grove, several nieces and a nephew, and many cousins.

Arrangements under the care of Smith-Lund-Mills Funeral Chapel, Cottage Grove.

Richard L. Hudson 1950-2016

Rev. Richard L. Hudson, 65, of Graham, Wash., passed away Aug. 20, 2016 after an extended illness.

Richard (aka "Rich" or "Dick") was born Sept. 13, 1950, in Pasadena, Calif. to Richard and Bertha (Bangle) Hudson. In 1968 he graduated from Cottage Grove High School, where he enjoyed fast



cars and leading roles in drama productions. After serving in the Coast Guard and working for Weyerhaeuser, Rich and his wife Peggy moved to Colorado Springs, Colo., where he graduated from Nazarene Bible College. He also graduated from Mount Vernon Nazarene University in Ohio with a bachelor's degree in Religion. An ordained minister, Rev. Hudson led congregations in Johnstown and Athens, Ohio, and in Issaquah, Seattle, and Poulsbo, Washington. He enjoyed spending time with family, singing, and riding his Harley Davidson. He will be remembered as a kind, generous, selfless man of God.

Rev. Hudson is survived by his wife, Peggy (Surface) Hudson, children, John Hudson of Casa Grande, Ariz.; Angela Ward of Graham, Wash.; Joel Hudson of Orting, Wash.; Melanie Thompson of Fort Benning, Ga.; eight grandchildren, and brothers David, Rodney, and Charles Hudson.

He was preceded in death by his parents.

Rev. Hudson's memorial service was held at Puyallup Nazarene Church. Interment followed at Tahoma National Cemetery in Kent, Wash.

Death Notice

Ula Jean Strickland, 89, of Cottage Grove, OR, died Sept. 1. A memorial service will be at 1 p.m. Sunday, Oct. 9, at the Riverside Community Church of God, 1255 S. River Rd. in Cottage Grove, OR 97424. Arrangements by Smith-Lund-Mills Funeral Chapel in Cottage Grove.

Carol Mae Volesky 1934-2016

Carol Mae Volesky, 82, of Cottage Grove passed away Sept. 2, 2016.

She was born April 21, 1934, in Seattle, Wash. to Daws and Rose (Sullivan) Angel.

Carol sold Avon for 50 years and won numerous Avon awards and trips. She loved to travel, had season tickets to the Cottage Theatre, enjoyed movies, working in her yard and planting flowers, spending time with her family and her cat, Phoebe, and would sell Avon at Piccadilly Flea Market.

Carol was a member of the Bohemia Mining Association.

She married Ulyess Woody in 1951 and divorced in 1968, then married Vern Volesky on May 21, 1971.

Carol is survived by four sons, Steve (Debbi) Woody and Brad Woody both of Cottage Grove, Mike (Barbara) Woody of West Jordan, Utah, and Dave (Terry) Woody of Portland, Ore., 11 grandchildren and 18 great-grandchildren.

She was preceded in death by husband Vern Volesky in 2003, son Matthew Woody, and sisters; Nadine Emery and Claudia Kimery.

visitation will be held from 6-8 p.m. on Friday, Sept. 16, 2016 at Smith-Lund-Mills Funeral Chapel and a funeral will be at 1 p.m. on Saturday, Sept. 17, 2016 at Smith-Lund-Mills Funeral Chapel with burial to follow at Hawley Cemetery in Cottage Grove. Memorial contributions may be made to Greenhill Humane Society and Shriners Hospital for Children. Arrangements under the care of Smith-Lund-Mills Funeral Chapel, 123 S. 7th St., Cottage Grove, OR 97424.



MOVING UP HIGHER

with *Joyce Meyer*



Who's really in control?

Learning how to overcome impulsive behaviors

When we enter into a relationship with God, we experience a divine exchange where He takes our sin and gives us His righteousness. He also puts the seed of the Fruit of the Spirit in us (see Galatians 5:22-23). But in order for this fruit to grow in our lives, we have to study the Word and spend time with God so He can do this work in our soul.

Our soul is our mind, will and emotions and it tells us what we think, what we want and how we feel. As we pursue a personal relationship with God, the Holy Spirit helps renew our mind and turn our will to God's will so we can learn how to manage our emotions. And learning how to manage our emotions is the key to being stable and not letting our emotions rule or control us.

Understanding your emotions An emotion is "a moving of the mind or soul; hence, any agitation of mind or excitement of sensibility" (American Dictionary of the English Language, Noah Webster, 1828). Another definition of emotion is "a conscious mental reaction (as anger or fear) subjectively experienced as strong feeling...typically accompanied by physiological and behavioral changes in the body" (Merriam-Webster's Collegiate Dictionary, Eleventh Edition). In other words, your feelings rise up, move out and want you to follow them and do whatever they say.

Now, our emotions are unreliable, so instead of letting them dictate the things we do, we have to learn to live beyond them. For people who have suffered abuse, this can be very difficult. See, when you have wounded emotions, your natural tendency is likely to be impulsive and do things emotionally without wisdom or thinking it through, which causes a separation between you and God. Romans 8:8 says, "So then those who are living the life of the flesh [catering to the appetites and impulses of their carnal nature] cannot please or satisfy God, or be acceptable to Him."

But God has a healing for you and He wants you to go deeper with Him and learn to control your emotional impulses.

Managing your emotions To begin the process of controlling our emotions, we have to go deeper with God. Going deeper in God means we stop living by how we feel; we own those feelings and say, "I have feelings, but they are not going to have me."

Peter is a great example of someone who learned to live beyond his emotions and go deeper with God. In Luke 5:1-6, Peter had just come in from fishing all night when Jesus met Him. Jesus then told him to go out again and lower the nets on the other side of the boat. Peter, having fished all night, was tired and discouraged but he stepped out beyond his emotions and trusted God. He went deeper into the water and received the benefits. Verse 6 says, "When they had done this, they caught a great number of fish...their nets were [at the point of] breaking" (AMP).

The main way we go deeper in God is by knowing and studying His Word. When we know

the Word of God, we can judge when what we are thinking and feeling lines up with God or when it's our flesh or garbage from the enemy.

We also need to pray for God to help us control our emotions. Remember the Fruit of the Spirit? God has given us the fruit of self-control so that we don't have to be impulsive with our behaviors or emotions; we can deal properly with things and not let them keep us from following God's will. Through God's Word and prayer, we can begin to control our emotions, and as we do, we gain power over the flesh.

Gaining power over the flesh When God puts His finger on something in your life, such as an excessive habit or emotional addiction, you will have to wean your flesh off of it, much like a baby is weaned off a bottle or pacifier. This is because our flesh holds strongly to those emotions and believes it needs them to be satisfied.

A good example of this is when I weaned my children off of their pacifiers. The first night was horrible. They would scream and scream, then fall asleep, wake up and scream more. It was so hard to watch them struggle but eventually they would stop screaming and their cries became just a small snuffle.

This is just like our flesh. When we say no to our flesh, at first it will scream. But after we practice self-control over and over, through the power of the Holy Spirit, it becomes easier. Eventually, our flesh realizes it doesn't need that habit or addiction and we have our freedom.

The important thing to remember is that we will always have emotions and circumstances that try to stir us up to become impulsive and emotional, but God has given us the ability to manage those emotions. As we practice self-control in our emotions, God changes us and our relationship with Him grows deeper.

God always has your best interest at heart. That's why He wants to change you more than He does your circumstances.

RON EKLUND
Baby to Eighty
HAPPY BIRTHDAY DAD!
Sept. 18, 2016
Love, Carla

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Vangie Thies Nov. 23, 1924 Aug. 2, 2016

Vangie Thies passed away on August 2, 2016, at her home in Enterprise, Oregon, with family at her side. She was 91. Vangie was born on November 23, 1924, in Marcola, Oregon, to John and Florence Condos. She attended Marcola schools through her freshman year of high school. She then moved to Cottage Grove, Oregon, in 1939, where she met Richard Thies who was to become the love of her life. They were married August 15, 1942, in Vancouver, Washington. They raised three children, Harold, Cheron, and Ron in Cottage Grove. Richard, a logger and mechanic, eventually established Thies Richfield service station. Vangie served as bookkeeper for the business in addition to her household duties of cleaning, cooking, baking, and maintaining their home in her signature, immaculate style.

For many years they spent their free time traveling together to the Wallowa Mountains for fun and to hunt deer and elk. In 1971 they moved to Enterprise, Oregon, where Richard purchased another service station and established their ARCO service station. Vangie continued as the bookkeeper for the business among her other duties. They continued hunting deer and elk together and with family and friends who often joined in the hunt and enjoyed the accommodations at Richard and Vangie's "hunting lodge."

Along with hunting, Vangie had many interests which included bowling, golfing, fishing, sewing, canning, pen and ink drawings, oil and acrylic painting, sculpting, playing the steel guitar, flower gardening, stained glass, basket weaving, knitting, crocheting, tating, cross-stitch, embroidery, and collecting stamps and coins. She copied and organized scrapbooks of photographs into a history of family and friends. Occasionally, she surprised family and friends with hatbands made from rattlesnake skins that she had treated and prepared herself. She won many ribbons for her talents from items she entered in the Wallowa County Fair. She also won the hearts of family and friends with whom she generously shared the bounty produced from her kitchen and studio of her talents. But most of all, they enjoyed her yummy chocolate chip cookies, which no one has yet been able to replicate!

Vangie's father immigrated to America from Greece through Ellis Island in the early 1900's when he was a young boy. She embraced her Greek heritage by teaching herself to read and write some phrases of the Greek language. She then used Greek greetings and closings for cards she sent to her relatives in Greece and Belgium. Many of her cards were exquisite pen-and-ink creations that she produced herself.

She and Richard were able to travel to Greece and Belgium twice in the mid-1990s to visit her relatives. She was especially grateful to visit the small island village where her father was born. Her father's family still owned the small stone abode where he was born and the property and land on which he was raised.

All of Vangie's family and friends would agree that she was always a fun, sweet, and caring person who would not hesitate to cook, bake, clean, craft, and/or ORGANIZE anything at any time there was a need, and we would all agree even when there was not a need. A prized possession of hers was the labeling machine that one of her granddaughters gave her. One thing we probably will not be able to solve is how she found the time to do so much for so many. "Grammy" was greatly loved and will be greatly missed by many.

Vangie was preceded in death by her parents, her brother, Gene Condos, and sister, Lavonne Condos. She is survived by her husband of 73 years, Richard, two sons, Harold Thies (Paula) of Central Point, Oregon, and Ron Thies (Leslie) of Enterprise, Oregon, and a daughter, Cheron Taylor (Tony) of Junction City, Oregon; six grandchildren, Alicia Eilenberger, Nyssa Comer, Trina Como, Jeff Taylor, Rick Thies, and Rock Thies; thirteen great-grandchildren, Tyler, Marissa, Ashley, Autumn, Ashton, Aiden, Taylor, Jack, Carter, Adiana, Milly, Alesha, and Flynn; and numerous nieces and nephews.



A private graveside service was held by her family at the Wallowa Cemetery in Wallowa, Oregon, on August 5, 2016. In Grammy's memory, please bake some cookies for someone you love.

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