

# WATER POLO

The world's best teams duel in the pool

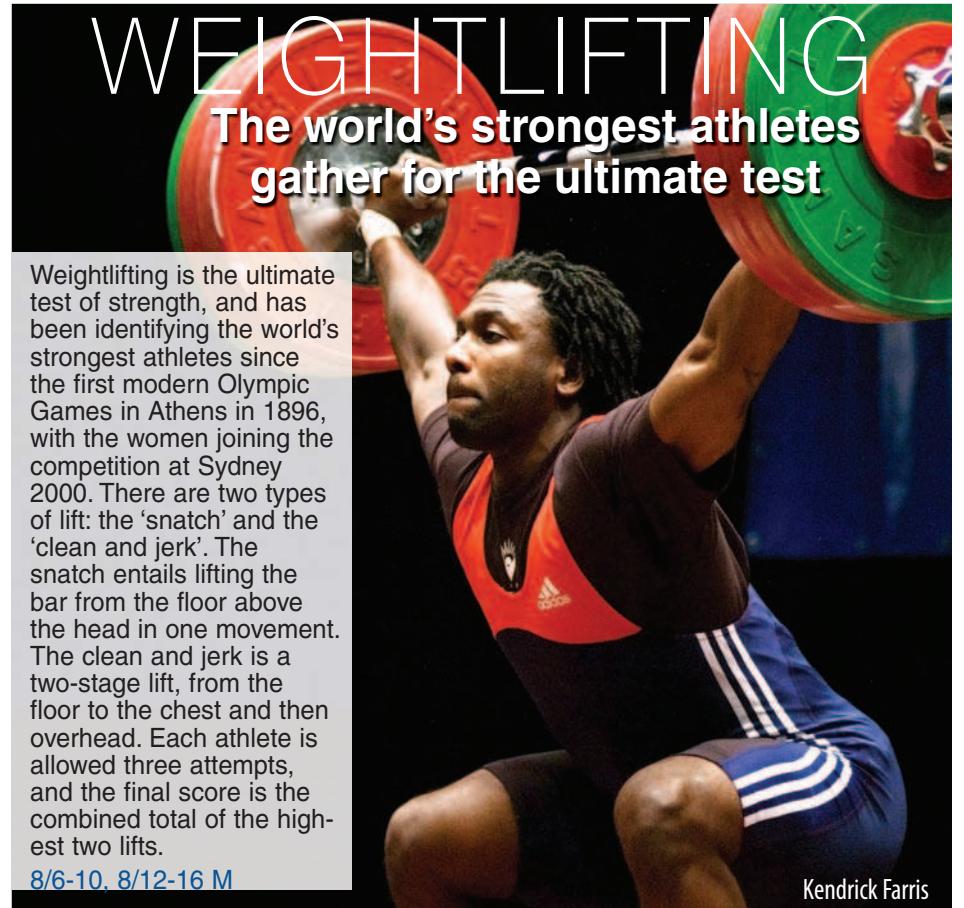


Water polo, much like handball, is played by two teams of seven with the object of throwing the ball into the opposition's goal. The matches consist of four periods of eight minutes, and each team has 30 seconds to complete its attack or risk losing possession of the ball. Fouls are called when a player touches the bottom or side of the pool, sinks the ball underwater and holds or pushes an opponent. On the men's side, 2012 gold medalists Croatia should be challenged by Hungary and Serbia while the United States women's team looks to defend its 2012 gold medal.

8/6, 8/8 - 8/18 Q; 8/19-20 M

# WEIGHTLIFTING

The world's strongest athletes gather for the ultimate test



Weightlifting is the ultimate test of strength, and has been identifying the world's strongest athletes since the first modern Olympic Games in Athens in 1896, with the women joining the competition at Sydney 2000. There are two types of lift: the 'snatch' and the 'clean and jerk'. The snatch entails lifting the bar from the floor above the head in one movement. The clean and jerk is a two-stage lift, from the floor to the chest and then overhead. Each athlete is allowed three attempts, and the final score is the combined total of the highest two lifts.

8/6-10, 8/12-16 M

Kendrick Farris

# WRESTLING



Helen Maroulis

## Changes to Olympic wrestling competition

Regular viewers of Olympic wrestling will notice changes in Rio. The women's competition goes from four classes to six and the men (both freestyle and Greco-Roman) lose a weight class, from seven to six. In another change, the matches will consist of two rounds with cumulative scoring, instead of the previous "best-of-three" format. American Jordan Burroughs is a favorite to repeat his gold medal-winning performance from London in the 163-pound men's freestyle. On the women's side, Japan's Kaori Icho will try for an Olympic-record fourth wrestling gold medal when she fights in the 128-pound weight class.

8/14-21 M



## interesting FACTS

- Rain turned the first Olympic basketball final in 1936 in Berlin into a muddy affair, as it was held outdoors on clay tennis courts. The final score: United States 19, Canada 8.
- In 1968, Swedish pentathlete Hans-Gunnar Liljenwall was the first athlete to fail a drug test. The drug? Beer, which he drank before the pistol shoot to calm his nerves.
- The first ancient Olympics were held in 776 B.C. in Olympia, Greece.
- The 1956 Summer Games in Melbourne, Australia, were the first Olympics held in the Southern Hemisphere.
- Tug of war was an event at every Summer Olympics from 1900 to 1920.