

MOVING UP HIGHER

with *Joyce Meyer*



How a little courage can change your whole life

Have you ever decided to stay in a bad situation simply because you were afraid to move?

I can remember my knees feeling so weak when God was trying to take me to a new level in my ministry. In fact, it was very tempting to stay where I was at the time because I was comfortable. But somehow I knew that if I gave in to my fear, I would regret it.

Too often, we decide to wait for our fears to subside before we will do what God is asking us to do. Unfortunately, our fears may never subside—so instead of waiting, we need to learn how to be courageous.

My husband, Dave, defines courage as the willingness to risk who you are and what you have for what you want and who you want to be. It's a definition that has helped me face my fears to become the person I am today.

Whatever difficulties you're facing right now, "I will not fear," is the attitude you need to embrace. I want you to understand that you've got what it takes to make it through every challenge that comes your way.

It is what it is, so don't worry. God gave me a test recently, and it was a pretty major one. My doctors thought they'd found something in me that would have been a serious health problem, and even though I was going through a stressful time, I knew God wanted me to keep quiet about it.

So here I am, waiting for test results, doing mental gymnastics for about two weeks. And I just kept saying to myself, "It is what it is. Whatever I need to deal with, God will help me deal with it, so I'm just going to take this thing one day at a time."

Thankfully, the test results came back showing nothing wrong. But what if something was wrong? You know, in so many of the difficult situations we face, what God wants from us is to simply trust in His plan and keep on going day by day, not giving up.

You see, there are some things we just can't change in life. But we can always pray and study and depend on the Holy Spirit to change what's happening inside us. You and I can have peace in the midst of all our trials and tragedies.

It takes courage to wait on God.

God is never late in answering our prayers, but He's generally not early and He doesn't work on our timetable. Actually, He's really good at arriving at our "midnight hour." But the whole reason for that is to keep stretching our faith—building a solid foundation for our trust in Him.

Philippians 4:6 says, "Do not fret or have any anxiety about anything, but in every circumstance and in everything, by prayer and petition (definite requests), with thanksgiving, con-

tinue to make your wants known to God."

Sometimes you have to press in to an attitude of praise and thanksgiving. And it takes a lot of faith and patience, but you can trust that God has your future in His hands.

You can stay happy and not have your way. You can have peace and not understand what God's doing in your life or why you're going through a time of difficulty.

Psalm 37 is a great place to go in the Bible when you need to draw courage from God. I encourage you to read it through in its entirety.

Verses 39-40 say, "But the salvation of the [consistently] righteous is of the Lord; He is their Refuge and secure Stronghold in the time of trouble. And the Lord helps them and delivers them; He delivers them from the wicked and saves them, because they trust and take refuge in Him."

No matter what your life looks like at any given moment—take courage. God is still God, He is most assuredly with you, and He will help you do whatever you need to do.

*Joyce Meyer is a New York Times bestselling author and founder of Joyce Meyer Ministries, Inc. She has authored more than 80 books, including Battlefield of the Mind and Power Thoughts (Hachette). She hosts the Enjoying Everyday Life radio and TV programs, which air on hundreds of stations worldwide. For more information, visit [www.joycemeyer.org](http://www.joycemeyer.org).*

BIRTHS

July 28, 2016

To Beau and Shannon Cheney of Creswell, a son.

IN MEMORIAM

Rachel Ellen Harwood 1927-2016

Rachel Ellen Harwood, 89, of Cottage Grove passed away July 26, 2016 of respiratory failure.

She was born Jan. 2, 1927 in Eugene, Ore. to Harold and Genevieve (Koepp) Bessonette.



She graduated from high school and went on to work as a full-cycle bookkeeper for a lumber company.

On June 28, 1947 in Deadwood, Ore., she and Neil Harwood were married.

Rachel enjoyed her flower garden, pottery making and many creative sewing projects. She also enjoyed music and playing piano. She had a large collection of dolls and was skilled at repairing them and making clothes for them.

She is survived by her husband of Cottage Grove, two sons, David (Janette) Harwood of Walterville, Ore. and Jeffery Harwood of Cottage Grove, a sister, Fernadele DeBunce of Medford, Ore., two grandchildren and three great-grandchildren.

No service is planned. Arrangements under the care of Smith-Lund-Mills Funeral Chapel, Cottage Grove.

Warren Reddick, Jr. 1944-2016

Warren died of complications of pneumonia on July 25, 2016.

He was born Nov. 3, 1944 in San Mateo, Calif. to Esther and Warren Reddick Sr.



Warren graduated from Sequoia High School in Redwood City, Calif. in 1963. He then took mechanical engineering classes at De Anza College before joining the U.S. Navy as a Seabee in a construction battalion, as his father had done during WWII. He was deployed to Antarctica as part of a support team for Operation Deep Freeze. When the scientists did the first ice-core drilling left for the winter, he was part of a small crew that managed the base in virtual isolation from the outside world.

He returned home to the Bay Area and worked at Ray-Chem and was known as "The Wizard". In search of outdoor pursuits, he moved to Cottage Grove in 1976, where he purchased a farmhouse on five acres and began his 22-year career as manager of Plant Operations at the old Cottage Grove Hospital.

In 1980, he married Kathleen Opheim and his son, Aaron, was born. In 1990, he married Lynn Chamberlain, who also worked at the hospital. They enjoyed traveling to Mexico and the wild areas of Oregon from the Steens to the Wallows. They also designed and worked on a new modern home together with sons Aaron and John-Paull.

Warren has left behind his wife, his sons Aaron and John-Paull, many friends in the local community and his brother Jim Daugherty, three grandchildren and many nieces and nephews.

There will be a memorial service at 2 p.m., Saturday, Aug. 13 at Smith-Lund-Mills Funeral Chapel in Cottage Grove.

Second annual Emergency Fair happens Aug. 13

The City of Cottage Grove has long been aware of regional natural hazards, including earthquakes, wild fires, severe storms, landslides and flooding. In line with the State of Oregon and Lane County, Cottage Grove's mission is to prevent loss of life and property and to return the City to normal operations as soon as possible after an event affects the area.

The City of Cottage Grove will host its annual Emergency Preparedness Fair on Saturday, Aug. 13 from 11 a.m.-3 p.m., an event that aims to to better inform the public of what can be done to prepare and stay safe no matter what the emergency. The Fair is open to the public and will be held at the Cottage Grove Community Medical Center helipad at 1515 Village Drive. It also presents an opportunity to meet the first responders and state, county and local groups dedicated to the community's preparedness and safety.

Partners in this event include: Life Flight, South Lane County Fire & Rescue, Lane County Emergency Manage-

ment, Cottage Grove Community Development and Emergency Management, the Oregon Department of Forestry, United States Forest Services, Cottage Grove Community Hospital, Peace Health Medical Services, Lane County Public Health, Pacific Power, EPUD, William's Pipeline, CG Sentinel, SLARA, EcoTech, and Civil Air Patrol.

Activities will include: prizes and games, tours of the Life Flight helicopter, emergency vehicle displays and interactive tours, a Disaster Prize Wheel, Sparky the Fire Dog, Smokey the Bear, an electrical safety panel, 72-hour emergency kit raffle, a bouncy house, and more. Along with all of that, attendees will have the opportunity to receive a free sandwich from Big Stuff BBQ at the event upon visiting all of the Fair's vendors and exhibitors.

Professionals across the field of emergency management will be available to answer questions, supplying personal and professional experience in preparing for and responding to emergencies.

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Death Notice

Carolyn (Shrock) Levens, 70, of Medford, Ore., formerly of Cottage Grove, passed away on July 23, 2016.

**Cottage Grove Sentinel**  
 Our Community Newspaper since 1889

**Celebrating our 6 YEAR ANNIVERSARY!**  
 Bring in this coupon to receive a free pack of batteries. Expires June 30th.

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**Emergency Preparedness Fair 2016**

**August 13th**  
 Saturday 11:00am-3:00pm

- Prizes
- FREE Big Stuff BBQ
- Helicopter & Emergency Vehicle Displays
- Informational Booths, Exhibits, and more!



How many a dispute could have been deflated into a single paragraph if the disputants had dared to define their terms.

— Aristotle

FREE Preschool!

5 Days a Week - 5 Hours a Day

South Lane School District is taking applications for a new federally funded Preschool Program for children 3-5 years old to begin in September

All families in South Lane are eligible to apply regardless of your home school attendance area.

The Preschool Classrooms will be located at Dorena and Bohemia schools

Income eligibility requires families to earn no more than 200% of poverty level (approximately \$50,000. for a family of 4)

Interested families please call the South Lane School District Family Resource Center 541-942-4967

Or register today with United Way of Lane County at 541-741-6000

