

# BEYOND THE GROVE

Regional news from Lane County and CG's neighbors

## NDHS' Bowen excels at leadership conference

More than 9,380 of America's best and brightest high school students traveled to Atlanta to connect with top future business leaders and showcase their talents as they competed for the opportunity to win more than \$179,000 in cash awards.

The Future Business Leaders of America (FBLA) National Leadership Conference was held June 29-July 2 in Atlanta. Participants from across the United States and abroad attended this exciting conference to enhance their business skills, expand their networks, and participate in more than 65 business and business-related competitive events.

Abigail Bowen from North Douglas High School in Drain received national recognition at the FBLA Awards of Ex-

cellence Program on July 2. Bowen competed in Impromptu Speaking and brought home second place. For the Impromptu Speaking event, students are given a topic, two note cards and 10 minutes to prepare a four-minute speech related to one or more of the FBLA goals. At the end of the 10-minute prep time, students give their speech in front of judges. "After the finals round I was more confident than I had ever been after a competition, but when it came down to sitting in the crowd and waiting for them to call names for top ten I have never been more nervous. I'm so lucky to have finally reached my ultimate FBLA goal and I couldn't have done it without my amazing advisor or the support of Oregon FBLA," said Bowen.



Abigail Bowen

## BRIEFS FROM BEYOND

### 'Stand by Me' art market

The Brownsville Art Association is presenting a one-of-a-kind Art Market on Saturday, July 23 from 10 a.m. to 5 p.m. especially for the 30th Anniversary of the release of the movie Stand By Me which was filmed in Brownsville. Artists from

around Oregon will be presenting their original wares at the Brownsville Art Center at 255 Main St, Brownsville.

### Houseman graduates from Ithaca

Sutherland native Rachel

Houseman graduated from Ithaca College's School of Health Sciences and Human Performance with a degree in Occupational Therapy, the college announced. The degree was awarded in May 2016.

Located in New York's Finger Lakes region, the College is home to 6,100 undergraduate and 460 graduate students.

### LCC Board of Education meets July 13

The Lane Community College Board of Education meets Wednesday, July 13, at 6:30 p.m. in the boardroom, building 3, 4000 E. 30th Ave., Eugene.

## Senior Meals programs

Offering Meals on Wheels and Cafe 60 at the following locations:

Anyone age 60 and older is served, regardless of income, suggested donation is \$3. Guests under age 60 are welcome to attend for \$8 per meal.

Cottage Grove Riverview Terrace  
925 W. Main St., Cottage Grove  
Noon: Tues., Wed., Thurs.

Creswell Cresview Villa  
350 S. 2nd St., Creswell  
Noon: Mon., Wed., Fri.

Thursday, July 14: Breaded Chicken Patty or Beef Liver & Onions  
Friday, July 15: Furlough Day.  
Monday, July 18: Roast Pork w/Orange Glaze or Country Steak w/Gravy  
Tuesday, July 19: Meatloaf Sandwich Half or Shaved Turkey Sandwich Half  
Wednesday, July 20: Turkey Patty w/Gravy or Beef Mushroom Patty

Drain/Yoncalla area

Served at 400 Main St., Yoncalla.  
(For Douglas County Meals on Wheels eligibility, call 541-440-3677.)  
Suggested donation \$3.50

Thursday, July 14: Homestyle Turkey Patty w/Gravy  
Friday, July 15: Mini Garden Chicken Salad  
Tuesdays, July 19: Chicken Rice Bake

## LORANE COUNTRY NEWS

BY LIL THOMPSON  
For the Sentinel

Ladies of Lorane are invited to join the church ladies for a no-host lunch at the Lorane Deli at 12:30 pm today, Wednesday, July 13. This is a chance for community women to enjoy lunch and get to know each other better.

Lorane Fire Board meets this Thursday, July 14 at 7:30 p.m. Anyone interested in coaching football or boys or girls basketball is asked to call the CAL

District Office at 541-686-2100 to see if the positions are still open. Call any of the Rural Art Center members if you are interested in attending the RAC Summer Film camp in August.

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## Grab a BITE of Cottage Grove

# Restaurant GUIDE

**Meet the DJ/Program Host**

**DALLAS MCCORD**  
Cowboy Cultural Corner on Sunday 1-4  
KNND 1400 AM Dallas and PJ McCord love hosting the Cowboy Culture Corner every Sunday afternoon from 1-4 on KNND. It gives us a chance to share the finest cowboy music and poetry that you would ever want to stick an ear to. Dallas, an excellent singer, songwriter, emcee and storyteller has been involved with the cowboy genre for 30+ years. Many of the artist he and PJ play on the radio are friends and fellow performers. This brings a personal touch to the show. In 2007 Dallas was awarded Small Region Disc Jockey of the year from the Academy of Western Artist in Arlington, Texas. What a thrill to represent KNND and receive the award from Lynn Anderson. Tune in pert-ner every Sunday, settle back and enjoy the old and new western music and cowboy poetry. You will not be disappointed.

321 Main Street  
Cottage Grove, OR 97424  
Lobby Phone: 541.942.2468  
Studio Line: 541.942.5548  
Online requests: request@knnd.com

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6 a.m.-10 p.m.  
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