

# CALENDAR CHOICES

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## THURSDAY

**9-10 a.m.: Adult Ukulele Class.** Free at CG Library with Nolene. Ukuleles provided.

**9-10 a.m.: KNND 1400 AM Beeper Show.** Call in discussion show - various topics/guests. 541-942-5548

**10 a.m.: NAMI.** At Jack Sprats on Main St. Info: 541-343-7688

**10 a.m.-1 p.m.: Creswell's Over-40 Social Club.** At Creswell Community Center, 99 S. 1st St., one block south of City Hall. Meet friends old and new. Socialize, learn Tai Chi, learn drawing or painting, play games, work puzzles, do chair yoga, hear speakers, bring handwork, share refreshments. All adults welcome. Info: <http://www.facebook.com/creswellover40>

**10:30-11:30 a.m.: Sing-Along.** At CG Community Center, 700 E. Gibbs Ave. All welcome.

**11 a.m.-2 p.m.: Closet at 6th and Gibbs.** Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

**Noon: CG Rotary Club.** Stacy's Covered Bridge Restaurant, 401 E. Main. Info: 541-942-9489.

**4-5:30 p.m.: LGBTQIA Teen Group Meeting.** At South Lane Mental Health, 1345 Birch Ave. Info: 541-767-4231

**4-6 p.m.: Ping Pong.** Free at CG Community Center Reception Hall, 700 E. Gibbs Ave.

**4-7 p.m.: South Valley Farmers Market.** Downtown 7th and Main. Eat fresh, buy local in the Grove!

**5:15-6:15 p.m.: TLC Community Kitchen.** Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

**6 p.m.: North County Movie Wagon.** "Flicka" showing free in Drain Civic Center Park. Pre-show fun starts at 5 p.m.

**6:30 p.m.: Humane Society of CG Board Meeting.** Sinclair Room at City Hall. Public welcome to attend.

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## FRIDAY

**9-10 a.m.: KNND 1400 AM Beeper Show.** Call in discussion show - various topics/guests. 541-942-5548

**10:30 a.m.: Story Time for Tots.** Cottage Grove Library. Ages 0-6 recommended (w/parental supervision) to listen to stories and participate in fun filled age appropriate fun.

**11:30 a.m.-4 p.m.: Pinochle Playing.** All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

**12:15 p.m.: Rosie the Riveter Meeting.** Adult Activity Center,

315 W. 'C' St., Springfield. Any woman who contributed to the war effort during WWII is welcome to come and share your stories. For more info, call 541-942-5877 or 541-942-2894.

**1:30-3 p.m.: NAMI Connection.** At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

**5-6 p.m.: Stand for Peace/Occupy CG.** Rally in the Community Square, 7th and Main Streets.

**5:30 p.m.: CG Pro-Rodeo/Dance.** Kids events first, then 7

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## SUNDAY

**8 a.m.-noon: Community Breakfast.** OLPH Catholic Church, Harvey and 19th St. Eggs, hashbrowns, choice of ham or sausage, and pancakes or biscuits and gravy, coffee and juice. Adults \$6; \$3 12 and under. Info: 541-649-1166

**12-4 p.m.: Occupy Medical Free Clinic.** At 8th and Oak Streets in Eugene.

**2 p.m.: South Lane Amateur**

**5 p.m.: Teen Games.** Cottage Grove Library. Tween and Teens invited to play board games. Play available ones at library or bring some from home. Bring a friend or two!

**5-6:30 p.m.: Community Dinner.** First Methodist Church, 334 Washington Ave. Adults \$5. Children free. Info: 541-942-3033

**5:30 p.m.: Community Sharing Board Meeting.** 20 Thornton Lane. Info: 541-942-2176.

**6:30 p.m.: Spanish Storytime.** At Cottage Grove Library, 700 E. Gibbs Ave.

**6:30-7 p.m.: Parents Connect.**

**Community Services.** 820 S. 10th St. Free clothes, shoes, bedding and emergency food boxes. Does NOT pay for electricity, gas, pharmacy or other such bills. Good useable donations welcome (clothes, bedding, bathroom, kitchen towels).

**1 p.m.: Breast Cancer Support Group.** Support group for women who have had a diagnosis of breast cancer. For more information and location, call Shelia at 541-942-2309.

**3 p.m.: Veterans Support Services.** Reps and caseworkers from the VA available to help veterans

seum Admin. Offices, corner of H and Birch. Info: 541-942-4269.

**6:30-11 p.m.: Open Mic Night for Musicians - Benefits Habitat for Humanity.** FREE at Axe and Fiddle, hosted by Roger Kahane, 942-3878. Donation jars available for donating to Habitat for Humanity. Help build affordable housing for lower-income families. 6:30-Sign up; 7:00-11:00 Music.

**7 p.m.: CG Recreation Assoc.** Meeting. Regular meeting of the CGR board of directors at 1440 S. 8th St. Info: 541-942-3079.

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## WEDNESDAY

**7 a.m.: Kiwanis Club Sunrises.** Koffee Kup Restaurant, 1241 Hwy 99N.

**9-10 a.m.: KNND 1400 AM Beeper Show.** Call in discussion show - various topics/guests. 541-942-5548

**10 a.m.: CG Genealogical Society.** Meeting with special program or speaker. Public Welcome, No Charge. At CG Community Center, 700 E. Gibbs Ave. Info: 541-942-9570

**11:30 a.m.-4 p.m.: Pinochle Playing.** All ages men and women at Senior Center in CG Community Center, 700 E. Gibbs. Any level of player. (Wed. and Fri.) Info: 541-942-3694

**Noon: Kiwanis Club of CG.** El Tapatio, 725 E. Gibbs Ave. Info: Cleo Dahlen 541-767-0795.

**2-3 p.m.: CG Children's Choir.** Accepting students ages 6-11. Rehearsals held at First Presbyterian Church. No audition necessary. Call Joanna Newton for registration information 541-942-4550.

**5:15 p.m.: Creswell Community Dinner.** Free at New Hope Baptist Church, 597 S. Front St., Creswell.

**6 p.m.: Community Dinner.** Free. Church of the Nazarene, 152 S. M St. Info: 541-942-4422

**6:30 -8 p.m.: Concert in the Park.** "Letters from Traffic" - folk-fueled rock and soul funk. Free at Bohemia Park Amphitheater.

**7-8:30 p.m.: NAMI Connection.** At Healing Matrix, 632 Main St. Support group program for people living with mental health issues and is operated by peers for peers. Info: 541-343-7688

## DR. JONATHAN BACKER

### Creating Smiles that Last a Lifetime!



Currently Welcoming New Patients - Call for an Appointment!  
**1551 East Main Street • Cottage Grove • (541) 942-8437**

p.m. Grand Entry. Rodeo grounds S. Hwy 99

**6:30 p.m.: First Friday Potluck.** Bring a healthy dish and come socialize and learn from your neighbors. At Healing Matrix, 632 E. Main St. Info: [www.sustainablecottagegrove.org](http://www.sustainablecottagegrove.org) or 541-942-2360

**6:30-8 p.m.: Gospel Sing-Along.** Old Time Gospel Fellowship, 103 S. 5th St. Anyone who enjoys singing the old time Gospel songs is welcome. Info: Berneda 541-942-3773

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## SATURDAY

**9-11 a.m.: 6th Annual Elementary Tri-Athlon.** At Warren Daugherty Aquatic Center, 8th and Taylor Ave.

**10 a.m.-4 p.m.: Family Fun at Fort Umpqua.** Free admission - Historic games and crafts with characters in period costume, spinning, weaving and yarn dying activities, pioneer cooking demos. Info: 541-584-2692

**5:30 p.m.: CG Pro-Rodeo/Dance.** Kids events first, then 7 p.m. Grand Entry. Rodeo grounds S. Hwy 99

**6:45 p.m.: Racing at CG Speedway.** Couple's Night - 2 for 1 general admission. Opening times: Pit Gates - 2 p.m.; Front Gates - 4 p.m.; Qualifying - 5:30 p.m.; Racing - 6:45 p.m. Info: [www.cottagegrovespeedway.com/fan-info/default.aspx](http://www.cottagegrovespeedway.com/fan-info/default.aspx)

**Warren H. Daugherty Aquatic Center**  
 1440 S. 8th St., 541-942-5533  
 Call for public hours, lap swim hours, family swim hours and costs.

**Shallow Water Aerobics**  
 Warren H. Daugherty Aquatic Center  
 Mon, Wed, Fri 7:30-8:30 a.m.  
 Call 541-942-5585 for more info & cost - first session free.

**Radio Assoc.** Masonic Hall, 33322 Row River Rd. Meeting and information. Free to attend. Info: Mona 541-953-0274

**5-6 p.m.: "Sunday Supper".** Free supper and brown bag meal to take. Cottage Grove Community Center. Volunteers encouraged to help.

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## MONDAY

**9-10 a.m.: KNND 1400 AM Beeper Show.** Call in discussion show - various topics/guests. 541-942-5548

**10 a.m.-4 p.m.: Quilts of Valor.** Quilters needed. Meet at VFW Hall, 3160 Hillside Dr. Also need donations of materials. Info: Wanda 541-942-7432 or quiltsforallfoundation.org

**11 a.m.-2 p.m.: Closet at 6th and Gibbs.** Church of Christ 6th and Gibbs, together with Lane Pregnancy Support Center, offer diapers and maternity, infant and other clothing sizes as supplies allow.

**12:45 p.m.: Bingo.** Reception Room at Community Center, 700 Gibbs. Public welcome. 5 cents per card per game

**1-4 p.m.: Pine Needle Basketry.** Instruction for making pine needle baskets for those 12 years and older. Materials cost depends on project. At Crafty Mercantile on Main Street. Info: Pat Easton 541-530-9221

Fun-filled hour of story-time and literacy activities, songs and crafts. Presented in English and Spanish. For you and your children aged up to 6 years old to enjoy books at the library with support from S. Lane School District Family Resource Center. Library is located at 700 E. Gibbs, Ave.

**7 p.m.: NAMI.** Friends and family free support group at Healing Matrix, 632 Main St. Info: 541-214-1473.

**7 p.m.: Overeaters Anonymous.** First Presbyterian Church, 216 S. 3rd St. (corner 3rd and Adams). Enter on 3rd St. No dues, fees or weigh-ins. Info: 541-942-6403

**7 p.m.: CG City Council.** City Hall, 400 Main St. Info: 541-942-5501.

**7:30 p.m.: Creswell Grange.** Meets at 298 W. Oregon Ave., Creswell. Info: Gary Prichard 541-747-2053

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## TUESDAY

**8-9:30 a.m.: Team Cottage Grove Non-Profits.** All non-profit organizations are welcome to send a representative. Meet at Healing Matrix, corner of 7th and Main. Info: 541-942-2104

**9-10 a.m.: KNND 1400 AM Beeper Show.** Call in discussion show - various topics/guests. 541-942-5548

**11 a.m.-2 p.m.: Adventist**

connect to resources and benefits. At Healing Matrix, 632 E. Main St. Info: 541-767-3707

**4-5 p.m.: CG Youth Choir.** Students age 12-16 may join. Rehearsals at First Presbyterian Church. Call Joanna Newton 541-942-4550 to audition and register.

**5 p.m.: Spaghetti Feed.** All you can eat spaghetti, salad, garlic bread. \$6 pp. At American Legion Hall, 826 W. Main St. Proceeds to scholarships.

**5:15-6:15 pm: TLC Community Kitchen.** Free. Trinity Lutheran Church, 675 S. 7th. Doors Open 5 pm. Info: 541-942-2373.

**5:30-7 p.m.: Willamette Valley Trichotillomania Support Group.** Free Peer Support Group. For all who are affected by Trichotillomania, an impulse control disorder. Meets at a private residence. For further info contact: Teresa, 541-767-1730 or email: [willamettevalleytrich@yahoo.com](mailto:willamettevalleytrich@yahoo.com)

**6 p.m.: Economic and Business Improvement District (EBID) Meeting.** At Community Center, Shepherd Room, 700 E. Gibbs Ave. Info: George Devine 541-942-1301

**6 p.m.: WOE Heritage Fair Meeting.** Meets at WOE Fairgrounds. You are invited to help plan the upcoming WOE Heritage Fair. Bring ideas and your enthusiasm. New volunteers welcome!

**6:30-8:30 p.m.: Friends of Mount David.** Meets at CG Mu-

## EXERCISE and FUN

**KIDS CLUB**  
 South Lane School District grades 1-5.  
 After school to 6 p.m. Mon-Fri on regular school days.  
 Supervised play, homework help and snack.  
 Cost: 1st child \$60/mo.; siblings \$40/mo.  
 Info: [cgkidsclub@gmail.com](mailto:cgkidsclub@gmail.com)  
 541-946-3035

**Yoga & Meditation**  
 CG Community Center, 700 E. Gibbs Ave.  
 All levels with Gloria.  
 Saturday's 10:00-11:30 a.m.  
 No class on holidays.  
 \$5/class  
 No class on holiday weekends.  
 Info: 541-912-7789

**Beginners & Intermediate Yoga**  
 CG Community Center, 700 E. Gibbs Ave.  
 Info: Jane L. Guerber  
 541-942-5876  
 Mon & Wed.: 6 pm \$5/session

**Cottage Grove Therapy Pool Aquatic Exercise Classes**  
 Community Center, 700 E. Gibbs Ave.  
 Info: Teresa 541-942-1185  
 8:30-9:30 am Mon.-Fri.;  
 3:00-4:00 pm Tues. & Thurs.;  
 11:00 am-12 pm Sat.

**Warren H. Daugherty Aquatic Center**  
 1440 S. 8th St., 541-942-5533  
 Call for public hours, lap swim hours, family swim hours and costs.

**Shallow Water Aerobics**  
 Warren H. Daugherty Aquatic Center  
 Mon, Wed, Fri 7:30-8:30 a.m.  
 Call 541-942-5585 for more info & cost - first session free.

## Addiction Recovery groups

### Addiction Recovery Groups

**Thursday**  
 6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.

6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228

7 p.m.: Narcotics Anonymous Book Study. Open Meeting. At Knights of Columbus, 1025 N. 19th St. Contact: 541-225-7061.

**Friday**  
 6:30 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 1447 N. Pacific Hwy. Info: 541-520-8071

7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.

8 p.m.: AA meeting-Gratitude Group. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

**Saturday**  
 Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Riverside Community Church of God, 1255 River Rd. Info: 541-942-2809 or 541-914-3003.

8 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting.

8 p.m.: Al-Anon Meeting-Step Study Group. CG Comm. Center, 700 Gibbs Ave.

**Sunday**

Noon: AA Meeting. At Knights of Columbus, 1025 N. 19th St.

6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

**Monday**  
 6 p.m.: AA Open Meeting for women only. "We're working on it!" Church of Christ, 6th & Gibbs. Info: Billie 541-228-4751 or Elaine 541-510-4228.

7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.

7 p.m.: AA Meeting- No Name Group. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-3942.

**Tuesday**  
 Noon: AA Meeting- Noon Group. Big Book Study meeting. At Knights of Columbus, 1025 N. 19th. Info: 541-942-3942.

6:30 p.m.: Up the River Group. At Dorena Mercantile. Info: 541-946-1631

7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, back room, 700 Gibbs Ave.

**Wednesday**  
 7 a.m.: AA Open Meeting. At CG Community Center, 700 Gibbs Ave.

7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting. At Knights of Columbus, 1025 N. 19th St. Info: 541-942-

## WEIGHT LOSS

**Tuesday**  
 5 p.m.: Weight Watchers. At Living Faith Assembly, 467 S. 10th St. 541-942-2612.

**Thursday**  
 10 a.m.: TOPS OR85. Take Off Pounds Sensibly, a weight-loss support group. At the United Methodist Church, 334 Washington Ave., Fireside Room. Info: Ellen 541-942-0866 .

5:30 p.m.: TOPS OR969. Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Jefferson Park Community Room, 325 5th Street. Info: Elaine 541-942-8547.

5:30 p.m.: TOPS OR1020 (Creswell). Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.